

ELK GROVE UNIFIED SCHOOL DISTRICT

RESOLUTION NO. 50, 2025-2026

**Recognizing the first Monday in March as Social and Emotional Learning Day in the
ELK GROVE UNIFIED SCHOOL DISTRICT**

WHEREAS, Social and Emotional Learning (SEL) is the process through which all young people and adults acquire and apply the knowledge, skills, and attitudes to develop healthy identities, manage emotions, achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships, and make responsible and caring decision; and

WHEREAS, SEL supports individuals and communities coping with significant challenges to build protective factors for mental health and wellness, to develop resiliency skills, to seek help when needed, and to exhibit care for fellow citizens; and

WHEREAS, SEL competencies develop throughout people's lives—from early childhood, through adolescence, and beyond—and are essential to success in schools, workplaces, homes, and communities; and

WHEREAS, Elk Grove Unified School District encourages the teaching of the five core SEL competencies: self-awareness, self-management, social awareness, responsible decision-making, and relationship skills; and

WHEREAS, SEL competencies enhance educators' capacity to navigate stressors and to foster positive learning environments and connections among colleagues and students; and

WHEREAS, SEL advances educational equity and excellence through authentic school-family-community partnerships to establish learning environments and experiences that feature trusting and collaborative relationships, rigorous and meaningful curriculum and instruction, and ongoing evaluation; and

WHEREAS, SEL can be incorporated into different subject matters and seamlessly embedded in everyday instruction; and

WHEREAS, the first Monday in March is Social and Emotional Learning Day is a day to showcase, promote, advocate, and support SEL in our schools and community;

THEREFORE, BE IT RESOLVED that the Governing Board of the Elk Grove Unified School District hereby supports the goals of Social and Emotional Learning and will work with a broad spectrum of local community stakeholders, parents, students, teachers, and staff to raise awareness on the importance of social and emotional learning for all individuals.

DAVID E. REILLY, SUPERINTENDENT and SECRETARY
to the GOVERNING BOARD of
ELK GROVE UNIFIED SCHOOL DISTRICT