

Menu Name:

PRE-SCHOOL BREAKFAST

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Tuesday - 09/01/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003327 GRILLED BREAKFAST SANDWICH	SANDWICH	300	307	6.83	813	*2.00	*0.00	20.33	*0.00	145	22.00	3.00	15.00	*N/A*	185.0	*0.00	2.10	\$68.420
000676 FRUIT, ORANGE WEDGES FRESH	4 WEDGES	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			506	8.30	974	*16.89	*0.35	22.91	*0.00	160	55.74	6.46	26.65	*0	*631.1	*84.14	*2.25	\$75.159
% of Calories				14.76 %		*13.35 %	*0.28%	40.7%	*0.0%		44.1%		21.1%					
Weekly Nutrient Guideline			600 - 0	<10	<=1230		<0											

Wednesday - 09/02/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003423 FRENCH TOAST BITES WG CINNAMON (8 BITES)	8 BITES	300	270	2.00	160	9.00	9.00	13.00	0.00	5	30.00	3.00	5.00	*N/A*	50.0	*N/A*	1.50	\$4.518
003426 SYRUP PANCAKE & WAFFLE (2 TBSP)	SERVING	300	100	0.00	45	13.00	13.00	0.00	0.00	0	26.00	0.00	0.00	*N/A*	0.0	*N/A*	*N/A*	\$50.887
003207 FRUIT, APRICOT CUP FROZEN (USDA 100261)	SERVINGS	100	125	0.00	0	27.00	*N/A*	0.00	0.00	0	32.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.540

Base Menu Spreadsheet

Portion Values

Sep 1, 2026 thru Sep 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002825 FRUIT, MIXED BERRY FROZEN (USDA 110859)	SERVING	100	90	0.00	0	16.00	*N/A*	0.00	0.00	0	20.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$11.400
003397 FROZEN JUICE CUP STRAWBERRY POMEGRANATE 4.4OZ	EACH	100	68	0.00	0	0.00	0.00	0.00	0.00	0	19.34	2.90	0.00	*N/A*	48.3	0.00	0.68	\$13.824
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			594	3.47	364	51.22	*22.35	15.58	0.00	20	95.70	5.37	14.95	*N/A*	*452.8	*1.16	*1.73	\$74.732
% of Calories				5.26%		34.49%	*15.05 %	23.6%	0.0%		64.4%		10.1%					
Weekly Nutrient Guideline			600 - 0	<10	<=1230		<0											

Thursday - 09/03/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000279 YOGURT PARFAIT, STRAWBERRY	SERVING	300	123	1.58	67	6.34	6.34	1.92	0.00	3	22.68	1.50	4.50	*0	156.8	*0.00	*0.00	\$72.272
000386 GRAHAM, BEAR CHOC	PACK	300	110	0.50	95	7.00	7.00	3.00	0.00	0	21.00	2.00	2.00	*N/A*	14.0	3.00	3.00	\$51.774
000068 FRUIT, BANANAS FRESH	EACH	300	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2026 thru Sep 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			453	3.66	321	40.58	*13.69	7.83	0.00	17	82.67	6.20	17.55	*3	*562.5	*12.95	*3.26	\$130.785
% of Calories				7.27%		35.83%	*12.09 %	15.6%	0.0%		73.0%		15.5%					
Weekly Nutrient Guideline			600 - 0	<10	<=1230		<0											

Friday - 09/04/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	100	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$137.250
003338 MUFFIN, WG LEMON ZEST 2G	#8 SCOOP	100	317	1.50	196	1937.00	15.90	13.00	0.00	38	45.80	2.90	5.00	*N/A*	104.9	0.00	1.66	\$9.723
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	100	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$171.563
003209 YOGURT, STRAWBERRY & BANANA TRIx (SYSCO)	SERVING	300	80	0.00	65	5.00	*N/A*	0.50	0.00	0	15.00	0.00	4.00	*N/A*	140.0	0.00	0.00	\$77.399
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2026 thru Sep 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			613	3.51	412	*688.39	*15.71	16.40	0.00	52	98.88	6.51	19.87	*1	*674.2	*34.55	*2.05	\$190.316
% of Calories				5.15%		*449.19 %	*10.25 %	24.1%	0.0%		64.5%		13.0%					
Weekly Nutrient Guideline			600 - 0	<10	<=1230		<0											

Tuesday - 09/08/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003424 BREAKFAST CHICKEN SAUSAGE BISCUIT SANDWICH	SERVING	300	300	7.00	770	*0.00	*0.00	16.00	0.00	40	28.00	2.00	12.00	*N/A*	100.0	0.00	1.48	\$124.155
000676 FRUIT, ORANGE WEDGES FRESH	4 WEDGES	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			499	8.47	930	*14.89	*0.35	18.58	0.00	54	61.74	5.46	23.65	*0	*546.1	*84.14	*1.63	\$130.894
% of Calories				15.28 %		*11.94 %	*0.28%	33.5%	0.0%		49.5%		19.0%					
Weekly Nutrient Guideline			600 - 0	<10	<=1230		<0											

Wednesday - 09/09/2026

Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Sep 1, 2026 thru Sep 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	300	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$7.081
003426 SYRUP PANCAKE & WAFFLE (2 TBSP)	SERVING	300	100	0.00	45	13.00	13.00	0.00	0.00	0	26.00	0.00	0.00	*N/A*	0.0	*N/A*	*N/A*	\$50.887
003207 FRUIT, APRICOT CUP FROZEN (USDA 100261)	SERVINGS	100	125	0.00	0	27.00	*N/A*	0.00	0.00	0	32.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.540
002825 FRUIT, MIXED BERRY FROZEN (USDA 110859)	SERVING	100	90	0.00	0	16.00	*N/A*	0.00	0.00	0	20.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$11.400
003397 FROZEN JUICE CUP STRAWBERRY POMEGRANATE 4.4OZ	EACH	100	68	0.00	0	0.00	0.00	0.00	0.00	0	19.34	2.90	0.00	*N/A*	48.3	0.00	0.68	\$13.824
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			514	2.47	364	50.22	*20.35	8.58	*0.00	*14	98.70	5.37	12.95	*N/A*	*462.8	*1.16	*1.23	\$77.295
% of Calories				4.32%		39.08%	*15.84 %	15.0%	*0.0%		76.8%		10.1%					
Weekly Nutrient Guideline			600 - 0	<10	<=1230		<0											

Thursday - 09/10/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
003422 CEREAL FROSTED FLAKES (2.1 OZ)	SERVING	60	220	0.00	300	19.00	19.00	0.00	0.00	0	53.00	2.00	3.00	*N/A*	0.0	*N/A*	11.60	\$7.319
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	60	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$6.456
002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR	EA	60	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$75.060
002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ	EA	60	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$103.158

Base Menu Spreadsheet

Portion Values

Sep 1, 2026 thru Sep 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ	CUP 2OZ.	60	220	0.50	340	12.00	12.00	6.00	0.00	0	43.00	5.00	3.00	*N/A*	130.0	0.00	4.90	\$5.651
000068 FRUIT, BANANAS FRESH	EACH	300	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			428	1.68	472	39.84	*8.95	6.01	0.00	14	83.19	6.10	14.25	*3	*523.7	*9.95	*7.96	\$46.268
% of Calories				3.53%		37.23%	*8.36%	12.6%	0.0%		77.7%		13.3%					
Weekly Nutrient Guideline			600 - 0	<10	<=1230		<0											

Friday - 09/11/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003356 PIZZA PUFF (K-8)	EACH	300	356	*5.30	813	*2.17	*2.15	6.01	*0.00	*32	*49.73	*2.25	14.31	*0	277.2	*0.85	*2.97	\$53.103
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2026 thru Sep 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			573	*6.81	973	*27.51	*2.50	8.70	*0.00	*47	*87.62	*5.66	25.20	*1	*692.0	*35.40	*3.23	\$59.841
% of Calories				*10.70 %		*19.20 %	*1.75%	13.7%	*0.0%		*61.2%		17.6%					
Weekly Nutrient Guideline			600 - 0	<10	<=1230		<0											

Monday - 09/14/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
002259 BRKFST, OMELET COLBY W/TOAST	SERVING	300	193	3.67	342	*1.00	*N/A*	12.42	*0.00	195	10.50	1.50	10.50	*N/A*	98.0	0.00	1.22	\$180.957
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	300	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$12.667
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			384	5.13	505	*28.89	*0.35	14.99	*0.00	210	40.43	2.57	20.45	*N/A*	*490.7	*4.96	*1.22	\$200.363
% of Calories				12.02 %		*30.09 %	*0.36%	35.1%	*0.0%		42.1%		21.3%					
Weekly Nutrient Guideline			600 - 0	<10	<=1230		<0											

Tuesday - 09/15/2026

Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Sep 1, 2026 thru Sep 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003425 CROISSANT HAM AND CHEESE	EACH	300	450	12.50	1070	5.00	*5.00	21.50	*0.00	80	40.00	1.00	19.00	*N/A*	104.0	*0.00	*2.00	\$27.181
000676 FRUIT, ORANGE WEDGES FRESH	4 WEDGES	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			649	13.97	1230	*19.89	*5.35	24.08	*0.00	94	73.74	4.46	30.65	*0	*550.1	*84.14	*2.15	\$33.920
% of Calories				19.37 %		*12.26 %	*3.30%	33.4%	*0.0%		45.4%		18.9%					
Weekly Nutrient Guideline			600 - 0	<10	<=1230		<0											

Wednesday - 09/16/2026 Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003331 CHURRO MEXICAN RASPBERRY WG	SERVING (1 EA)	300	160	1.00	75	9.00	9.00	4.50	0.00	0	27.00	1.00	2.00	*N/A*	10.0	*N/A*	1.10	\$5.657
000837 YOGURT RASPBERRY PEACH (4 OZ) YOPLAIT	SERVING	300	90	0.00	55	8.00	8.00	0.50	0.00	5	18.00	0.00	3.00	*N/A*	130.0	0.00	0.00	\$95.822
003207 FRUIT, APRICOT CUP FROZEN (USDA 100261)	SERVINGS	100	125	0.00	0	27.00	*N/A*	0.00	0.00	0	32.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.540
002825 FRUIT, MIXED BERRY FROZEN (USDA 110859)	SERVING	100	90	0.00	0	16.00	*N/A*	0.00	0.00	0	20.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$11.400
003397 FROZEN JUICE CUP STRAWBERRY POMEGRANATE 4.4OZ	EACH	100	68	0.00	0	0.00	0.00	0.00	0.00	0	19.34	2.90	0.00	*N/A*	48.3	0.00	0.68	\$13.824
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2026 thru Sep 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			474	2.47	289	46.22	*17.35	7.58	0.00	20	84.70	3.37	14.95	*N/A*	*542.8	*1.16	*1.33	\$120.806
% of Calories				4.69%		39.00%	*14.64 %	14.4%	0.0%		71.5%		12.6%					
Weekly Nutrient Guideline			600 - 0	<10	<=1230		<0											

Thursday - 09/17/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003422 CEREAL FROSTED FLAKES (2.1 OZ)	SERVING	60	220	0.00	300	19.00	19.00	0.00	0.00	0	53.00	2.00	3.00	*N/A*	0.0	*N/A*	11.60	\$7.319
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	60	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$6.456
002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR	EA	60	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$75.060
002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ	EA	60	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$103.158
003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ	CUP 2OZ.	60	220	0.50	340	12.00	12.00	6.00	0.00	0	43.00	5.00	3.00	*N/A*	130.0	0.00	4.90	\$5.651
000676 FRUIT, ORANGE WEDGES FRESH	4 WEDGES	1	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2026 thru Sep 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			338	1.57	471	*27.49	*8.95	5.68	0.00	14	60.18	3.48	13.15	*0	*518.9	*1.44	*7.70	\$46.268
% of Calories				4.18%		*32.53 %	*10.59 %	15.1%	0.0%		71.2%		15.6%					
Weekly Nutrient Guideline			600 - 0	<10	<=1230		<0											

Friday - 09/18/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	100	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$137.250
003338 MUFFIN, WG LEMON ZEST 2G	#8 SCOOP	100	317	1.50	196	1937.00	15.90	13.00	0.00	38	45.80	2.90	5.00	*N/A*	104.9	0.00	1.66	\$9.723
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	100	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$171.563
003209 YOGURT, STRAWBERRY & BANANA TRIx (SYSCO)	SERVING	300	80	0.00	65	5.00	*N/A*	0.50	0.00	0	15.00	0.00	4.00	*N/A*	140.0	0.00	0.00	\$77.399
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2026 thru Sep 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			613	3.51	412	*688.39	*15.71	16.40	0.00	52	98.88	6.51	19.87	*1	*674.2	*34.55	*2.05	\$190.316
% of Calories				5.15%		*449.19 %	*10.25 %	24.1%	0.0%		64.5%		13.0%					
Weekly Nutrient Guideline			600 - 0	<10	<=1230		<0											

Monday - 09/21/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003154 WAFFLE WG MAPLE CHIP BAKE CRAFTERS	4 WAFFLES	300	180	0.00	200	8.00	*N/A*	72.00	0.00	10	30.00	2.00	4.00	*N/A*	91.4	*N/A*	1.40	\$7.131
003426 SYRUP PANCAKE & WAFFLE (2 TBSP)	SERVING	300	100	0.00	45	13.00	13.00	0.00	0.00	0	26.00	0.00	0.00	*N/A*	0.0	*N/A*	*N/A*	\$50.887
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	300	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$12.667
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			470	1.47	409	48.89	*13.35	74.58	0.00	24	85.93	3.07	13.95	*N/A*	*484.1	*4.96	*1.40	\$77.423
% of Calories				2.81%		41.61%	*11.36 %	142.8%	0.0%		73.1%		11.9%					
Weekly Nutrient Guideline			600 - 0	<10	<=1230		<0											

Tuesday - 09/22/2026

Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Sep 1, 2026 thru Sep 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003327 GRILLED BREAKFAST SANDWICH	SANDWICH	300	307	6.83	813	*2.00	*0.00	20.33	*0.00	145	22.00	3.00	15.00	*N/A*	185.0	*0.00	2.10	\$68.420
000676 FRUIT, ORANGE WEDGES FRESH	4 WEDGES	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			506	8.30	974	*16.89	*0.35	22.91	*0.00	160	55.74	6.46	26.65	*0	*631.1	*84.14	*2.25	\$75.159
% of Calories				14.76 %		*13.35 %	*0.28%	40.7%	*0.0%		44.1%		21.1%					
Weekly Nutrient Guideline			600 - 0	<10	<=1230		<0											

Wednesday - 09/23/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003423 FRENCH TOAST BITES WG CINNAMON (8 BITES)	8 BITES	300	270	2.00	160	9.00	9.00	13.00	0.00	5	30.00	3.00	5.00	*N/A*	50.0	*N/A*	1.50	\$4.518
003426 SYRUP PANCAKE & WAFFLE (2 TBSP)	SERVING	300	100	0.00	45	13.00	13.00	0.00	0.00	0	26.00	0.00	0.00	*N/A*	0.0	*N/A*	*N/A*	\$50.887
003207 FRUIT, APRICOT CUP FROZEN (USDA 100261)	SERVINGS	100	125	0.00	0	27.00	*N/A*	0.00	0.00	0	32.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.540
002825 FRUIT, MIXED BERRY FROZEN (USDA 110859)	SERVING	100	90	0.00	0	16.00	*N/A*	0.00	0.00	0	20.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$11.400
003397 FROZEN JUICE CUP STRAWBERRY POMEGRANATE 4.4OZ	EACH	100	68	0.00	0	0.00	0.00	0.00	0.00	0	19.34	2.90	0.00	*N/A*	48.3	0.00	0.68	\$13.824
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2026 thru Sep 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			594	3.47	364	51.22	*22.35	15.58	0.00	20	95.70	5.37	14.95	*N/A*	*452.8	*1.16	*1.73	\$74.732
% of Calories				5.26%		34.49%	*15.05 %	23.6%	0.0%		64.4%		10.1%					
Weekly Nutrient Guideline			600 - 0	<10	<=1230		<0											

Thursday - 09/24/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000279 YOGURT PARFAIT, STRAWBERRY	SERVING	300	123	1.58	67	6.34	6.34	1.92	0.00	3	22.68	1.50	4.50	*0	156.8	*0.00	*0.00	\$72.272
000386 GRAHAM, BEAR CHOC	PACK	300	110	0.50	95	7.00	7.00	3.00	0.00	0	21.00	2.00	2.00	*N/A*	14.0	3.00	3.00	\$51.774
000068 FRUIT, BANANAS FRESH	EACH	300	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			453	3.66	321	40.58	*13.69	7.83	0.00	17	82.67	6.20	17.55	*3	*562.5	*12.95	*3.26	\$130.785
% of Calories				7.27%		35.83%	*12.09 %	15.6%	0.0%		73.0%		15.5%					
Weekly Nutrient Guideline			600 - 0	<10	<=1230		<0											

Friday - 09/25/2026

Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Sep 1, 2026 thru Sep 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	100	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$137.250
003338 MUFFIN, WG LEMON ZEST 2G	#8 SCOOP	100	317	1.50	196	1937.00	15.90	13.00	0.00	38	45.80	2.90	5.00	*N/A*	104.9	0.00	1.66	\$9.723
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	100	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$171.563
003209 YOGURT, STRAWBERRY & BANANA TRIx (SYSCO)	SERVING	300	80	0.00	65	5.00	*N/A*	0.50	0.00	0	15.00	0.00	4.00	*N/A*	140.0	0.00	0.00	\$77.399
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			613	3.51	412	*688.39	*15.71	16.40	0.00	52	98.88	6.51	19.87	*1	*674.2	*34.55	*2.05	\$190.316
% of Calories				5.15%		*449.19 %	*10.25 %	24.1%	0.0%		64.5%		13.0%					
Weekly Nutrient Guideline			600 - 0	<10	<=1230		<0											

Monday - 09/28/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
003242 BRKFST, PIZZA TURKEY SAUSAGE WG (Tony's)	EACH	300	200	2.00	330	2.00	*N/A*	7.00	0.00	15	25.00	2.00	9.00	*N/A*	150.0	0.00	1.70	\$163.563
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	300	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$12.667

Base Menu Spreadsheet

Portion Values

Sep 1, 2026 thru Sep 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			390	3.47	494	29.89	*0.35	9.58	0.00	30	54.93	3.07	18.95	*N/A*	*542.7	*4.96	*1.70	\$182.969
% of Calories				8.01%		30.66%	*0.36%	22.1%	0.0%		56.3%		19.4%					
Weekly Nutrient Guideline			600 - 0	<10	<=1230		<0											

Tuesday - 09/29/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003424 BREAKFAST CHICKEN SAUSAGE BISCUIT SANDWICH	SERVING	300	300	7.00	770	*0.00	*0.00	16.00	0.00	40	28.00	2.00	12.00	*N/A*	100.0	0.00	1.48	\$124.155
000676 FRUIT, ORANGE WEDGES FRESH	4 WEDGES	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			499	8.47	930	*14.89	*0.35	18.58	0.00	54	61.74	5.46	23.65	*0	*546.1	*84.14	*1.63	\$130.894
% of Calories				15.28 %		*11.94 %	*0.28%	33.5%	0.0%		49.5%		19.0%					
Weekly Nutrient Guideline			600 - 0	<10	<=1230		<0											

Wednesday - 09/30/2026

Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Sep 1, 2026 thru Sep 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	300	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$7.081
003426 SYRUP PANCAKE & WAFFLE (2 TBSP)	SERVING	300	100	0.00	45	13.00	13.00	0.00	0.00	0	26.00	0.00	0.00	*N/A*	0.0	*N/A*	*N/A*	\$50.887
003207 FRUIT, APRICOT CUP FROZEN (USDA 100261)	SERVINGS	100	125	0.00	0	27.00	*N/A*	0.00	0.00	0	32.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.540
002825 FRUIT, MIXED BERRY FROZEN (USDA 110859)	SERVING	100	90	0.00	0	16.00	*N/A*	0.00	0.00	0	20.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$11.400
003397 FROZEN JUICE CUP STRAWBERRY POMEGRANATE 4.4OZ	EACH	100	68	0.00	0	0.00	0.00	0.00	0.00	0	19.34	2.90	0.00	*N/A*	48.3	0.00	0.68	\$13.824
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			514	2.47	364	50.22	*20.35	8.58	*0.00	*14	98.70	5.37	12.95	*N/A*	*462.8	*1.16	*1.23	\$77.295
% of Calories				4.32%		39.08%	*15.84 %	15.0%	*0.0%		76.8%		10.1%					
Weekly Nutrient Guideline			600 - 0	<10	<=1230		<0											

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		508	*4.75	571	*127.69	*10.40	16.54	*0.00	*54	*78.88	*5.19	19.17	*1	*556.1	*29.42	*2.53	\$110.311
% of Calories			*8.42%		*100.54 %	*8.19%	29.3%	*0.0%		*62.1%		15.1%					

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.