

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

Menu Name: HIGH SCHOOL BREAKFAST RVHS Include Cost: Yes

Site:

Use Alternate Menu Name: No

Monday - 03/02/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	48	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	12	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	13	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	13	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	12	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	12	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	\$0.000
003121 SCONE, WG LEMON DROP 3OZ	SERVING	12	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	48	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
002690 EGG & CHEESE BISCUIT	SERVING	16	380	10.50	780	*0.00	*N/A*	23.00	0.00	145	30.00	2.00	13.00	*N/A*	100.0	0.00	1.08	\$0.000
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	5	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	5	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	5	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	5	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	4	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	300	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 SAUCE, TACO PACKET MILD	PACKET	200	0	0.00	55	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000222 KETCHUP, PACKET	PACKET	200	10	0.00	65	1.00	1.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
Weighted Daily Average			583	3.87	542	*57.51	*4.38	10.56	*0.00	22	108.28	6.31	16.78	*2	481.4	32.96	3.26	\$0.000
% of Calories				5.97%		*39.46 %	*3.01%	16.3%	*0.0%		74.3%		11.5%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10											

Tuesday - 03/03/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000

Base Menu Spreadsheet

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Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	48	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	10	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	10	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	16	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	10	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	10	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	16	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000

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Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	16	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	20	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	12	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	13	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	13	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	12	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	12	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	\$0.000
003121 SCONE, WG LEMON DROP 3OZ	SERVING	12	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	\$0.000
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	5	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	5	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	5	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	5	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	4	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
001573 HS PIZZA BREAKFAST	SLICES	64	411	*4.80	807	*0.12	*0.00	10.80	*0.05	23	57.55	6.17	19.95	*1	45.8	0.00	*3.10	\$0.000

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Yuba City USD

Portion Values

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	300	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 SAUCE, TACO PACKET MILD	PACKET	200	0	0.00	55	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000222 KETCHUP, PACKET	PACKET	200	10	0.00	65	1.00	1.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
Weighted Daily Average			606	*3.90	591	*58.25	*4.56	10.84	*0.00	21	111.83	6.76	18.12	*2	484.3	*32.94	*3.47	\$0.000
% of Calories				*5.79%		*38.45 %	*3.01%	16.1%	*0.0%		73.8%		12.0%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10											

Wednesday - 03/04/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	48	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	24	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	24	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	12	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	13	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002637 CEREAL, CINNTOASTERS 2GB	BOWL	13	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	12	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
001108 HS-HAM & EGG ON A BAGEL	EACH	50	250	2.15	515	5.65	*N/A*	8.80	0.00	143	32.65	4.00	13.56	*N/A*	54.0	0.00	*1.00	\$0.000
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	12	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	\$0.000
003121 SCONE, WG LEMON DROP 3OZ	SERVING	12	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	\$0.000
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	5	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	5	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	5	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	5	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	4	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	24	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	24	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	300	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 SAUCE, TACO PACKET MILD	PACKET	200	0	0.00	55	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000222 KETCHUP, PACKET	PACKET	200	10	0.00	65	1.00	1.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
Weighted Daily Average			579	3.72	546	*59.19	*4.86	10.62	*0.00	*28	106.90	6.31	17.28	*2	477.3	*32.96	*3.14	\$0.000
% of Calories				5.78%		*40.89 %	*3.36%	16.5%	*0.0%		73.9%		11.9%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10											

Thursday - 03/05/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	48	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	10	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	10	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	16	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	10	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	10	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	16	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	16	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	20	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	12	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	13	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002637 CEREAL, CINNTOASTERS 2GB	BOWL	13	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	12	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	12	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	\$0.000
003121 SCONE, WG LEMON DROP 3OZ	SERVING	12	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	\$0.000
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	5	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	5	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	5	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	5	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	4	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	50	525	10.67	1033	*0.74	*N/A*	27.16	*0.00	94	44.27	6.63	28.23	*0	4.4	2.46	*2.88	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	300	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 SAUCE, TACO PACKET MILD	PACKET	200	0	0.00	55	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000222 KETCHUP, PACKET	PACKET	200	10	0.00	65	1.00	1.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
Weighted Daily Average			605	4.18	591	*58.28	*4.56	11.67	*0.00	25	109.97	6.68	18.29	*2	480.9	*33.09	*3.40	\$0.000
% of Calories				6.22%		*38.53 %	*3.01%	17.4%	*0.0%		72.7%		12.1%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10											

Friday - 03/06/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	48	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001869 BRKFST, MINI CINNIS	EACH	60	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	24	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	24	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	12	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	13	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	13	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	12	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	12	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003121 SCONE, WG LEMON DROP 3OZ	SERVING	12	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	\$0.000
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	5	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	5	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	5	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	5	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	4	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	48	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
000380 BRKFST, CINN ROLL 5 OZ BRGFRD	ROLL	68	278	3.05	717	*8.88	*0.00	9.47	*0.00	14	41.29	2.02	7.49	*0	71.6	0.01	2.02	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	24	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	24	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	300	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost	
000677 SAUCE, TACO PACKET MILD	PACKET	200	0	0.00	55	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00	0.00	\$0.000
000222 KETCHUP, PACKET	PACKET	200	10	0.00	65	1.00	1.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00	0.00	\$0.000
Weighted Daily Average			589	3.88	574	*58.82	*4.86	10.94	*0.00	*20	108.74	6.24	17.07	*2	477.1	*32.96	3.25	\$0.000	
% of Calories				5.93%		*39.95 %	*3.30%	16.7%	*0.0%		73.8%		11.6%						
Weekly Nutrient Guideline			450 - 600	<10	640		<10												

Monday - 03/09/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	48	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	12	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	13	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	13	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	12	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	12	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	\$0.000
003121 SCONE, WG LEMON DROP 3OZ	SERVING	12	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	48	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
002690 EGG & CHEESE BISCUIT	SERVING	16	380	10.50	780	*0.00	*N/A*	23.00	0.00	145	30.00	2.00	13.00	*N/A*	100.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	5	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	5	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	5	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	5	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	4	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	300	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 SAUCE, TACO PACKET MILD	PACKET	200	0	0.00	55	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000222 KETCHUP, PACKET	PACKET	200	10	0.00	65	1.00	1.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
Weighted Daily Average			583	3.87	542	*57.51	*4.38	10.56	*0.00	22	108.28	6.31	16.78	*2	481.4	32.96	3.26	\$0.000
% of Calories				5.97%		*39.46 %	*3.01%	16.3%	*0.0%		74.3%		11.5%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10											

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

Tuesday - 03/10/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	48	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	10	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	10	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	16	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	10	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	10	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	16	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	16	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	20	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	12	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	13	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	13	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	12	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	12	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	\$0.000
003121 SCONE, WG LEMON DROP 3OZ	SERVING	12	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	\$0.000
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	5	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	5	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	5	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	5	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	4	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost	
001410	YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
001573	HS PIZZA BREAKFAST	SLICES	64	411	*4.80	807	*0.12	*0.00	10.80	*0.05	23	57.55	6.17	19.95	*1	45.8	0.00	*3.10	\$0.000
002857	JUICE, APPLE 6.75 OZ SUNCUP	CARTON	300	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997	JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859	JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000228	MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230	MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058	FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068	FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086	FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677	SAUCE, TACO PACKET MILD	PACKET	200	0	0.00	55	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000222	KETCHUP, PACKET	PACKET	200	10	0.00	65	1.00	1.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
Weighted Daily Average				606	*3.90	591	*58.25	*4.56	10.84	*0.00	21	111.83	6.76	18.12	*2	484.3	*32.94	*3.47	\$0.000
% of Calories					*5.79%		*38.45 %	*3.01%	16.1%	*0.0%		73.8%		12.0%					
Weekly Nutrient Guideline				450 - 600	<10	640		<10											

Wednesday - 03/11/2026

Reimbursable Meal Total 800

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	48	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	24	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	24	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	12	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002840 CEREAL LUCKY CHARMS 2OZ	EA	13	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	13	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	12	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
001108 HS-HAM & EGG ON A BAGEL	EACH	50	250	2.15	515	5.65	*N/A*	8.80	0.00	143	32.65	4.00	13.56	*N/A*	54.0	0.00	*1.00	\$0.000
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	12	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	\$0.000
003121 SCONE, WG LEMON DROP 3OZ	SERVING	12	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	\$0.000
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	5	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	5	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	5	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	5	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	4	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	24	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	24	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	300	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 SAUCE, TACO PACKET MILD	PACKET	200	0	0.00	55	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000222 KETCHUP, PACKET	PACKET	200	10	0.00	65	1.00	1.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
Weighted Daily Average			579	3.72	546	*59.19	*4.86	10.62	*0.00	*28	106.90	6.31	17.28	*2	477.3	*32.96	*3.14	\$0.000
% of Calories				5.78%		*40.89 %	*3.36%	16.5%	*0.0%		73.9%		11.9%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10											

Thursday - 03/12/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	48	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	10	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	10	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	16	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	10	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	10	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	16	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	16	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	20	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	12	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002840 CEREAL LUCKY CHARMS 2OZ	EA	13	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	13	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	12	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	12	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	\$0.000
003121 SCONE, WG LEMON DROP 3OZ	SERVING	12	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	\$0.000
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	5	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	5	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	5	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	5	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	4	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	50	525	10.67	1033	*0.74	*N/A*	27.16	*0.00	94	44.27	6.63	28.23	*0	4.4	2.46	*2.88	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	300	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 SAUCE, TACO PACKET MILD	PACKET	200	0	0.00	55	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000222 KETCHUP, PACKET	PACKET	200	10	0.00	65	1.00	1.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
Weighted Daily Average			605	4.18	591	*58.28	*4.56	11.67	*0.00	25	109.97	6.68	18.29	*2	480.9	*33.09	*3.40	\$0.000
% of Calories				6.22%		*38.53 %	*3.01%	17.4%	*0.0%		72.7%		12.1%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10											

Friday - 03/13/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	48	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	24	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	24	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	12	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	13	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	13	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	12	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	12	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	\$0.000
003121 SCONE, WG LEMON DROP 3OZ	SERVING	12	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	\$0.000
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	5	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	5	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	5	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	5	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	4	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	48	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
000380 BRKFST, CINN ROLL 5 OZ BRGFRD	ROLL	68	278	3.05	717	*8.88	*0.00	9.47	*0.00	14	41.29	2.02	7.49	*0	71.6	0.01	2.02	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	24	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	24	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	300	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000677 SAUCE, TACO PACKET MILD	PACKET	200	0	0.00	55	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000222 KETCHUP, PACKET	PACKET	200	10	0.00	65	1.00	1.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
Weighted Daily Average			589	3.88	574	*58.82	*4.86	10.94	*0.00	*20	108.74	6.24	17.07	*2	477.1	*32.96	3.25	\$0.000
% of Calories				5.93%		*39.95 %	*3.30%	16.7%	*0.0%		73.8%		11.6%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10											

Monday - 03/16/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	48	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	12	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	13	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	13	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	12	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	12	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	\$0.000
003121 SCONE, WG LEMON DROP 3OZ	SERVING	12	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	48	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002690 EGG & CHEESE BISCUIT	SERVING	16	380	10.50	780	*0.00	*N/A*	23.00	0.00	145	30.00	2.00	13.00	*N/A*	100.0	0.00	1.08	\$0.000
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	5	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	5	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	5	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	5	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	4	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	300	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 SAUCE, TACO PACKET MILD	PACKET	200	0	0.00	55	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)	Cost
000222 KETCHUP, PACKET	PACKET	200	10	0.00	65	1.00	1.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
Weighted Daily Average			583	3.87	542	*57.51	*4.38	10.56	*0.00	22	108.28	6.31	16.78	*2	481.4	32.96	3.26	\$0.000
% of Calories				5.97%		*39.46 %	*3.01%	16.3%	*0.0%		74.3%		11.5%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10											

Tuesday - 03/17/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	48	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)	Cost
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	10	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	10	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	16	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	10	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	10	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	16	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	16	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	20	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	12	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	13	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	13	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	12	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	12	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003121 SCONE, WG LEMON DROP 3OZ	SERVING	12	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	\$0.000
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	5	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	5	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	5	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	5	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	4	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
001573 HS PIZZA BREAKFAST	SLICES	64	411	*4.80	807	*0.12	*0.00	10.80	*0.05	23	57.55	6.17	19.95	*1	45.8	0.00	*3.10	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	300	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 SAUCE, TACO PACKET MILD	PACKET	200	0	0.00	55	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000222 KETCHUP, PACKET	PACKET	200	10	0.00	65	1.00	1.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
Weighted Daily Average			606	*3.90	591	*58.25	*4.56	10.84	*0.00	21	111.83	6.76	18.12	*2	484.3	*32.94	*3.47	\$0.000
% of Calories				*5.79%		*38.45 %	*3.01%	16.1%	*0.0%		73.8%		12.0%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10											

Wednesday - 03/18/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	48	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	24	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	24	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	12	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	13	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	13	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	12	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
001108 HS-HAM & EGG ON A BAGEL	EACH	50	250	2.15	515	5.65	*N/A*	8.80	0.00	143	32.65	4.00	13.56	*N/A*	54.0	0.00	*1.00	\$0.000
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	12	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	\$0.000
003121 SCONE, WG LEMON DROP 3OZ	SERVING	12	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	\$0.000
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	5	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	5	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	5	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	5	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	4	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	24	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	24	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	300	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 SAUCE, TACO PACKET MILD	PACKET	200	0	0.00	55	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000222 KETCHUP, PACKET	PACKET	200	10	0.00	65	1.00	1.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
Weighted Daily Average			579	3.72	546	*59.19	*4.86	10.62	*0.00	*28	106.90	6.31	17.28	*2	477.3	*32.96	*3.14	\$0.000
% of Calories				5.78%		*40.89 %	*3.36%	16.5%	*0.0%		73.9%		11.9%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10											

Thursday - 03/19/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	48	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	10	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	10	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	16	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	10	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	10	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	16	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	16	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	20	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	12	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	13	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	13	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	12	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	12	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003121 SCONE, WG LEMON DROP 3OZ	SERVING	12	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	\$0.000
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	5	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	5	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	5	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	5	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	4	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	50	525	10.67	1033	*0.74	*N/A*	27.16	*0.00	94	44.27	6.63	28.23	*0	4.4	2.46	*2.88	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	300	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 SAUCE, TACO PACKET MILD	PACKET	200	0	0.00	55	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000222 KETCHUP, PACKET	PACKET	200	10	0.00	65	1.00	1.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
Weighted Daily Average			605	4.18	591	*58.28	*4.56	11.67	*0.00	25	109.97	6.68	18.29	*2	480.9	*33.09	*3.40	\$0.000
% of Calories				6.22%		*38.53 %	*3.01%	17.4%	*0.0%		72.7%		12.1%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10											

Monday - 03/23/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	48	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	12	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	13	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	13	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	12	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	12	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	\$0.000
003121 SCONE, WG LEMON DROP 3OZ	SERVING	12	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	48	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
002690 EGG & CHEESE BISCUIT	SERVING	16	380	10.50	780	*0.00	*N/A*	23.00	0.00	145	30.00	2.00	13.00	*N/A*	100.0	0.00	1.08	\$0.000
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	5	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	5	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	5	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	5	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	4	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	300	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 SAUCE, TACO PACKET MILD	PACKET	200	0	0.00	55	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000222 KETCHUP, PACKET	PACKET	200	10	0.00	65	1.00	1.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
Weighted Daily Average			583	3.87	542	*57.51	*4.38	10.56	*0.00	22	108.28	6.31	16.78	*2	481.4	32.96	3.26	\$0.000
% of Calories				5.97%		*39.46 %	*3.01%	16.3%	*0.0%		74.3%		11.5%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10											

Tuesday - 03/24/2026

Reimbursable Meal Total 800

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	48	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	10	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	10	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	16	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	10	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	10	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	16	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	16	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	20	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	12	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	13	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	13	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	12	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	12	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	\$0.000
003121 SCONE, WG LEMON DROP 3OZ	SERVING	12	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	\$0.000
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	5	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	5	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	5	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	5	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	4	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001573 HS PIZZA BREAKFAST	SLICES	64	411	*4.80	807	*0.12	*0.00	10.80	*0.05	23	57.55	6.17	19.95	*1	45.8	0.00	*3.10	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	300	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 SAUCE, TACO PACKET MILD	PACKET	200	0	0.00	55	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000222 KETCHUP, PACKET	PACKET	200	10	0.00	65	1.00	1.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
Weighted Daily Average			606	*3.90	591	*58.25	*4.56	10.84	*0.00	21	111.83	6.76	18.12	*2	484.3	*32.94	*3.47	\$0.000
% of Calories				*5.79%		*38.45 %	*3.01%	16.1%	*0.0%		73.8%		12.0%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10											

Wednesday - 03/25/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	48	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	24	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	24	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	12	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	13	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002637 CEREAL, CINNTOASTERS 2GB	BOWL	13	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	12	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
001108 HS-HAM & EGG ON A BAGEL	EACH	50	250	2.15	515	5.65	*N/A*	8.80	0.00	143	32.65	4.00	13.56	*N/A*	54.0	0.00	*1.00	\$0.000
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	12	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	\$0.000
003121 SCONE, WG LEMON DROP 3OZ	SERVING	12	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	\$0.000
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	5	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	5	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	5	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	5	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	4	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	24	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	24	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	300	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 SAUCE, TACO PACKET MILD	PACKET	200	0	0.00	55	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000222 KETCHUP, PACKET	PACKET	200	10	0.00	65	1.00	1.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
Weighted Daily Average			579	3.72	546	*59.19	*4.86	10.62	*0.00	*28	106.90	6.31	17.28	*2	477.3	*32.96	*3.14	\$0.000
% of Calories				5.78%		*40.89 %	*3.36%	16.5%	*0.0%		73.9%		11.9%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10											

Thursday - 03/26/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	48	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	10	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	10	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	16	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	10	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	10	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	16	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	16	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	20	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	12	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	13	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002637 CEREAL, CINNTOASTERS 2GB	BOWL	13	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	12	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	12	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	\$0.000
003121 SCONE, WG LEMON DROP 3OZ	SERVING	12	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	\$0.000
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	5	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	5	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	5	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	5	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	4	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	50	525	10.67	1033	*0.74	*N/A*	27.16	*0.00	94	44.27	6.63	28.23	*0	4.4	2.46	*2.88	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	300	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 SAUCE, TACO PACKET MILD	PACKET	200	0	0.00	55	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000222 KETCHUP, PACKET	PACKET	200	10	0.00	65	1.00	1.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
Weighted Daily Average			605	4.18	591	*58.28	*4.56	11.67	*0.00	25	109.97	6.68	18.29	*2	480.9	*33.09	*3.40	\$0.000
% of Calories				6.22%		*38.53 %	*3.01%	17.4%	*0.0%		72.7%		12.1%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10											

Friday - 03/27/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	48	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001869 BRKFST, MINI CINNIS	EACH	60	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	24	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	24	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	12	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	13	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	13	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	12	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	12	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003121 SCONE, WG LEMON DROP 3OZ	SERVING	12	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	\$0.000
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	5	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	5	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	5	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	5	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	4	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	48	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
000380 BRKFST, CINN ROLL 5 OZ BRGFRD	ROLL	68	278	3.05	717	*8.88	*0.00	9.47	*0.00	14	41.29	2.02	7.49	*0	71.6	0.01	2.02	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	24	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	24	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	300	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost	
000677 SAUCE, TACO PACKET MILD	PACKET	200	0	0.00	55	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00	0.00	\$0.000
000222 KETCHUP, PACKET	PACKET	200	10	0.00	65	1.00	1.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00	0.00	\$0.000
Weighted Daily Average			589	3.88	574	*58.82	*4.86	10.94	*0.00	*20	108.74	6.24	17.07	*2	477.1	*32.96	3.25	\$0.000	
% of Calories				5.93%		*39.95 %	*3.30%	16.7%	*0.0%		73.8%		11.6%						
Weekly Nutrient Guideline			450 - 600	<10	640		<10												

Monday - 03/30/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	48	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	12	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	13	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	13	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	12	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	12	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	\$0.000
003121 SCONE, WG LEMON DROP 3OZ	SERVING	12	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	48	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
002690 EGG & CHEESE BISCUIT	SERVING	16	380	10.50	780	*0.00	*N/A*	23.00	0.00	145	30.00	2.00	13.00	*N/A*	100.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	5	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	5	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	5	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	5	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	4	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	300	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 SAUCE, TACO PACKET MILD	PACKET	200	0	0.00	55	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000222 KETCHUP, PACKET	PACKET	200	10	0.00	65	1.00	1.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
Weighted Daily Average			583	3.87	542	*57.51	*4.38	10.56	*0.00	22	108.28	6.31	16.78	*2	481.4	32.96	3.26	\$0.000
% of Calories				5.97%		*39.46 %	*3.01%	16.3%	*0.0%		74.3%		11.5%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10											

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

Tuesday - 03/31/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	48	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	10	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	10	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	16	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	10	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	10	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	16	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	16	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	20	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	12	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	13	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	13	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	12	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	15	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	12	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	\$0.000
003121 SCONE, WG LEMON DROP 3OZ	SERVING	12	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	\$0.000
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	5	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	5	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	5	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	5	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	4	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost	
001410	YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
001573	HS PIZZA BREAKFAST	SLICES	64	411	*4.80	807	*0.12	*0.00	10.80	*0.05	23	57.55	6.17	19.95	*1	45.8	0.00	*3.10	\$0.000
002857	JUICE, APPLE 6.75 OZ SUNCUP	CARTON	300	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997	JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859	JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000228	MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230	MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058	FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068	FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086	FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677	SAUCE, TACO PACKET MILD	PACKET	200	0	0.00	55	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000222	KETCHUP, PACKET	PACKET	200	10	0.00	65	1.00	1.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
Weighted Daily Average				606	*3.90	591	*58.25	*4.56	10.84	*0.00	21	111.83	6.76	18.12	*2	484.3	*32.94	*3.47	\$0.000
% of Calories					*5.79%		*38.45 %	*3.01%	16.1%	*0.0%		73.8%		12.0%					
Weekly Nutrient Guideline				450 - 600	<10	640		<10											

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages	593	*3.91	568	*58.34	*4.62	10.90	*0.00	*23	109.25	6.48	17.52	*2	481	*32.98	*3.31	\$0.000
% of Calories		*5.93%		*39.35 %	*3.12%	16.5%	*0.0%		73.7%		11.8%					

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.