

Evant ISD



**Extracurricular
Policies
and
Discipline**

Evant ISD Junior high and High School

Evant Elk Athletic Mission Statement

- I. To promote the personal growth of all students.**
 - a. Students leave the program as better people and more prepared to live life.
 - b. Take our players to a level that a student athlete cannot take himself / herself by maximizing each player's academic/athletic talent, and character.
 - c. Our approach is based upon the core values of TRUST, CARE, RESPECT, and ENTHUSIASM.
 - d. The primary lesson to be gained from athletics is a commitment to excel, which requires DEDICATION, HARD WORK, COOPERATION, and SUBORDINATION of the individual for the GOOD OF THE TEAM.
- II. To practice a strong work ethic that leads to being thorough and prepared.**
 - a. A work ethic applies during season, off season and during the summer.
 - b. Understand that success requires people to DESIRE, COMMIT, WORK FOR SOMETHING
 - c. Work to have a winning season, win in the classroom and win in life.
- III. To represent Evant ISD in a positive way.**
 - a. We will operate the program professionally and with integrity.
 - b. Require players to fit into the academic mission of the school.
 - c. Give our players every opportunity to graduate.
- IV. To promote the elements of teamwork and leadership**
 - a. Develop a family atmosphere between players and from coach to players
 - b. Promote UNITY, PRIDE, CONFIDENCE, and a feeling of ACCOUNTABILITY TO THE TEAM.

ELK PRIDE

Evant ISD Junior High and High School

Extracurricular Policies

- **Participants or Students in relation to this policy encompasses the following groups.**
 - Any Student that is involved in any extracurricular program that Evant ISD provides (IE: Football, basketball, Track, UIL, etc.)
 - Any student that is enrolled in grades 6-12 that are involved in cheerleading, pep squad and drill teams etc.

I. Classroom Academics

As stated in the athletic mission statement, academics are our highest priority. State law requires every participant to have a passing grade in each subject and each reporting period to be eligible to play or participate.

- Participants are expected to show the same discipline and work ethic in the classroom as they do on the playing field.
- Participants' progress will be monitored consistently by their coach/ sponsor.
- Corrective measures, discipline, and or dismissal may take place if a student is deemed to be academically at risk due to lack of effort, missed assignments, behavior, absences, or any other factors that may affect grades.
- Students/athletes that do not earn enough credits and are academically at risk will not be able to re enter the program until academic progress is shown and approval from the principal and athletic director.

II. Alcohol

Participants involved with alcohol are not only a detriment to themselves but to the wellbeing and reputation of the school program itself. Use of alcohol is a violation of rule; it is against the law for persons under 21 years of age and will be dealt with as a serious matter. A participant charged with, witnessed by a school official, self-admission to have been in possession, consumption, or being under the influence of alcohol will be dealt with in a serious manner.

1st offense – 3 days extra conditioning before returning to play, parent notification.

2nd offense – 5 days extra conditioning before returning to play, parent notification.

3rd Offense- 10 days extra conditioning, parent notification, and 5 days athletic suspension.

Should the offense occur in the offseason or the summer, the conditioning program shall be completed in a reasonable length of time as determined by the Athletic Director or the Principal in the case of other student representatives

III. Tobacco

Evant ISD is a tobacco free district and the use of tobacco is not tolerated. A participant charged with, witnessed by a school official or self-admission to have been in possession will be dealt with in a serious manner.

1st offense – 3 days extra conditioning before returning to play, parent notification.

2nd offense – 5 days extra conditioning before returning to play, parent notification.
3rd Offense- 10 days extra conditioning, parent notification, and 5 days athletic suspension.
Should the offense occur in the offseason or the summer, the conditioning program shall be completed in a reasonable length of time as determined by the Athletic Director or the Principal in the case of other student representatives.

IV. Drugs

The issue of drug use will be handled according to Evant ISD drug testing policies.

1st offense: 20 days suspended- daily extra conditioning
2nd offense: 60 days suspended – daily extra conditioning
3rd offense: Suspended one calendar year

V. Hair and Clothing

Clothing, hair and facial hair will stay within Evant ISD guidelines. No hats, shirts or any clothing will be worn that is suggestive in nature or inappropriate in appearance. Students are part of something bigger than themselves and are to represent the teams and programs in a first-class manner at all times. Student- athletes may be given a game day dress code.

VI. Piercing and Tattoos

- o Pierced jewelry will not be allowed in athletics for males. Males will not be allowed to wear pierced jewelry at any time they are representing Evant ISD. Band- aids, tape, etc. will not be allowed as a means of covering pierced jewelry on any athlete.
- o Tattoos will not be allowed to be visible while representing Evant ISD. Coverings for all tattoos will be provided by the athlete at their own expense and must meet UIL and NFHS standards. (Sleeves, Tape, Etc.)

VII. Equipment

Each athlete will be issued equipment for his or her sport the student is then responsible for such equipment.

- o Do not take another person's equipment.
- o Athletes will not wear school issued equipment except at school practices or games.
- o An athlete my turn in worn or unsafe equipment for reissue.
- o Athletes will be charged a replacement fee for lost equipment.
- o There will be certain items athletes may be asked or have the opportunity to purchase such as shoes, socks personalized sweats etc.
- o A person in possession of another athlete's equipment will have extra conditioning to discourage behaviors unbecoming of an Evant Elk or Lady Elk. Stealing will not be tolerated.

VIII. Conduct and attitude

A person's conduct is directly related to their attitude. Attitude is determined by a sense of values that the individual has for themselves, their peers, and higher authority.

Participants should see themselves as ambassadors, not only for their programs but for their school and community as well. Many people in other communities will develop an impression of Evant from the conduct of athletes and students from Evant ISD at games and contests in their towns. Participants are expected to represent our school in the most positive way possible. As a member of a team, the participant will be held to a higher standard than other students. The participant is expected to meet these higher standards on a daily basis.

General Rules of Conduct for Athletes / Student Representatives

- o Be a good Citizen and associate with good citizens.
- o Take pride in your school work and do the very best you can.
- o Be respectful to those in authority.
- o Be respectful and honest with yourself.
- o Take pride in your dress and appearance.
- o Treat property and equipment as if you paid for it.
- o Do not lie
- o Do not steal.
- o Do not use profanity
- o Give 100% in all you do.
- o Do not give up. Never Give Up!

IX. Practice

Participants who are too sick to attend school or practice must call a coach / sponsor. Parents may call to let the coach or sponsor know their child is going to miss. Every practice has a purpose and is important. A player who skips practice is not fulfilling his or her responsibility to their team. Players are expected to be dressed in full workout attire, taped if needed, before the scheduled practice time. Please try to arrange any appointments (dentist, doctor, other outside activities) around practice times. Playing time may be deducted for unexcused absences and will be at the discretion of the head coach or sponsor. Excused absences may require make up conditioning at the discretion of the head coach. While unexcused absences will have makeup conditioning as assigned by the head coach, excessive school and or practice absences may result in removal from the program.

X. Injury

It is very important that injuries be handled in the proper manner. Athletes should always first inform the coach of an injury. The injured athlete should always check with the coach before going home to discuss possible treatment options. This allows the coach to follow up with parents about treatment and or seeing a doctor.

An athlete who has been injured will follow this protocol.

- o **Inform the coach of the injury**
- o **Inform your parents of the injury**
- o **Follow up with treatment as prescribed either by the coaching staff or a physician.**
- o **Except in cases of emergency, consult the coaching staff as to the proper referral to a doctor**

XI. Multiple Sports

All students are encouraged to participate in more than one sport or event. We need everyone to participate for our teams and school to be successful.

XII. Hazing

Hazing and initiations will not be tolerated under any circumstances.

XIII. Respect to Coaches / Sponsors

Coaches/ Sponsors should be addressed respectfully. Players/ participants in return will be treated with respect by their coaches/ sponsors. Whenever a coach or sponsor is speaking to you, whether as a group or individually, you should give your undivided attention. Parental conferences or complaints will be scheduled during the coach or sponsor's conference periods of the regular school day, NOT IMMEDIATELY AFTER ANY CONTEST. Disrespectful conduct by an athlete during practice or game will result in extra conditioning, game suspension, or possible removal from the program.

XIV. What you can expect from our coaching staff/ sponsor

- o **We will be fair to each participant**
- o **We will be unbiased with each participant**
- o **We will always be prepared and organized for each practice**
- o **We will always listen to a participant in the appropriate setting**
- o **We will never give up on you as a participant or person as long as effort still exists**
- o **We will teach you life lessons through extracurricular activities**
- o **We will always put the team before any one player**
- o **We will help you reach your highest potential and goals.**

XV. Quitting

Evant Elk Athletics Does Not Condone Quitting.

- o If an athlete chooses to quit, he or she must have approval from the coach of the team they are quitting and the Athletic director.
- o The athlete will not be able to participate in any practices or contests of another sport until the sport they quit has played its' last contest of the season.

XVI. Off- Season

If a student chooses to participate in one sport he/ she will be in the offseason. If a student is in the athletic period they will either be participating in a sport, in off- season or both.

XVII. Conduct Off Campus

A student may be removed from extracurricular activities for conduct occurring off campus even while the student is not in attendance at a school sponsored or school related activity. Examples of behaviors warranting removal include but are not limited to the following: stealing, robbery, extortion, gambling, arson, indecent exposure, sexual misconduct, and / or sexual harassment, hazing, gang related behavior or activity, gang membership, burglary, vandalism, or assault.



Basic Guidelines for Evant Elk Athletics / Programs

I. School Work

- a. Excel in your school work regardless of whether you like the subject or not. You cheat yourself if you do not get the most out of your educational experience.
- b. Develop sound study habits. On the night before tests, spend the time necessary concentrating on your academic subjects.
- c. Engage in more than one extracurricular activity. This will help you become a well-rounded individual.
- d. Refrain from cheating in any form to obtain better grades.
- e. Conduct yourself as a lady or gentleman at all times in the classroom. Be courteous to your teachers and show them your respect.

II. Your Conduct and Morals

- a. Conduct yourself at all times in such a manner that you will be a credit to your parents, your school, and your coaches/ sponsors.
- b. Obey your parents and guardians- take their advice.
- c. Always be truthful in word and action.
- d. Refrain from habits that are or could be harmful to your health.
 - 1. Tobacco
 - 2. Alcohol
 - 3. Drugs
 - 4. Reckless Driving
- e. Be a law-abiding citizen and good sport. Do not let your accomplishments allow you to have an ego. Stay humble.

III. Athletics

- a. Develop your physical capabilities to their fullest.

1. Engage in a good weight or strength program as recommended and developed by your coaches
 2. Engage in conditioning and agility activities as recommended and developed by your coaches to help you develop speed, quickness, agility, and endurance.
 3. Practice sports skills as recommended and developed by your coaches.
- b. Use your mental ability to improve your athletic skills. Gain knowledge about game or sport specific skills.
 1. Study and apply knowledge given to you by your coaches
 2. Read materials available on sport skills
 3. Study others who excel in the sport or activity
- c. Engage in more than one sport if you have the ability
- d. Stay in good physical condition at all times

Evant Elk Athletics

All participants and parents must realize that participation in extracurricular UIL activities is a privilege and not a right or scholastic requirement. Participants should also realize that failure to follow the UIL guidelines or Evant Athletic Department policies may result in the loss of this privilege and removal from the program. Extracurricular activities require commitment and a great deal of sacrifice from both participants and parents. Once a player commits to the program, they are expected to be at all practices, and games at the proper time. This may at times conflict with family trips, time with friends, and other activities. The decision to participate should be a family decision as the entire family makes a commitment.

In order to participate in the Evant Elk Athletic Program , the student must meet the following guidelines.

1. Be a student in good standing enrolled in Evant ISD
2. Meet all UIL and district eligibility requirements.
3. Have a completed physical with the proper signatures on file.
4. Have a completed medical history form.
5. Acknowledgement of rules from:
 - a. UIL rules
 - b. Evant ISD Athletic JH and HS Rules.

ELK

Pride

Extracurricular Handbook Receipt Acknowledgment

- I have read and understand the policies of the extracurricular program.
- I agree to follow all rules and guidelines expressed in the handbook.
- I understand the commitment and sacrifice I am making to make myself and Evant ISD the best we can be.

Participants Name: _____

Participants Signature: _____

Parent / Guardian Signature: _____

Date: _____