

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

Menu Name:

HIGH SCHOOL LUNCH RVHS

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Tuesday - 09/02/2025      Reimbursable Meal Total 800

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | I Hamburger     | 95        | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0                  | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH            | 75        | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1                  | 8.54       | 3.06      | \$0.000 |
| 002592 CHICKEN PATTY ON BUN RC            | EACH            | 90        | 182                      | 2.00                   | 423                    | 0                | *N/A*            | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5                    | 0.00       | 1.81      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA           | SERVING 10 EACH | 75        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0                   | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG             | SERVING (15)    | 75        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0                   | 0.00       | 2.70      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH                 | EACH            | 30        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1                  | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH            | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1                  | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS     | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8                   | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP      | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3                   | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP      | SANDWICH        | 10        | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2                  | 11.45      | 3.65      | \$0.000 |
| 001374 SALAD ADULT, CHEF                  | SERVINGS        | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3                  | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO                  | EACH            | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0                  | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE                | SERVING         | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4                  | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD      | SLICE           | 30        | 456                      | 8.27                   | 993                    | *2               | *0               | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *0          | 320.8                  | 0.00       | 3.75      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                                    | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|----------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002002 PIZZA, CHEESE WG 14" YCUSD                  | SLICE        | 30        | 435                      | 7.86                   | 890                    | *2               | *0               | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *0          | 389.4      | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD                  | SLICE        | 15        | 453                      | 8.11                   | 979                    | *2               | *0               | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *0          | 369.2      | 8.02       | 3.45      | \$0.000 |
| 002131 HS-J LEE ROYS TRI-TIP                       | EACH         | 20        | 226                      | 3.63                   | 461                    | *1               | *N/A*            | 9.78      | *0.00      | 73          | 11.01    | 1.20      | 23.43     | *N/A*       | 33.2       | 1.63       | 1.99      | \$0.000 |
| 002129 HS-J LEE ROYS PULLED PORK                   | 3OZ SERVING  | 20        | 202                      | 0.01                   | 199                    | *0               | *N/A*            | 4.11      | *0.00      | 96          | 3.43     | 0.40      | 32.23     | *N/A*       | 2.5        | 0.41       | 0.12      | \$0.000 |
| 002130 HS-J LEE ROYS BRISKET                       | EACH         | 10        | 277                      | 5.13                   | 219                    | *0               | *0               | 12.60     | *0.50      | 129         | 2.75     | 0.30      | 38.34     | *3          | 20.3       | 0.41       | 4.37      | \$0.000 |
| 000075 HS-BEEF SOFT TACO                           | SERVINGS     | 50        | 445                      | 7.54                   | 796                    | *1               | *0               | 20.43     | *0.00      | 67          | 34.64    | 4.60      | 28.60     | *0          | 132.1      | 3.81       | 4.41      | \$0.000 |
| 002951 BEEF TAQUITO                                | SERVINGS     | 50        | 200                      | 1.00                   | 410                    | 0                | *N/A*            | 4.00      | 0.00       | 15          | 33.00    | 5.00      | 9.00      | *N/A*       | 80.0       | 0.00       | 7.20      | \$0.000 |
| 003078 TAMALE CHICKEN SALSA VERDE CHEESE LOS CABOS | 1 TAMALE     | 25        | 309                      | 6.53                   | 622                    | 1                | 0                | 13.76     | 0.00       | 56          | 28.40    | 2.70      | 17.27     | *N/A*       | 202.6      | 3.59       | 1.37      | \$0.000 |
| 003077 TAMALE TWO CHEESE & GREEN CHILI LOS CABOS   | 1 TAMALE     | 25        | 345                      | 9.47                   | 712                    | 2                | 0                | 18.01     | 0.00       | 36          | 29.67    | 2.56      | 15.95     | *N/A*       | 418.6      | 2.45       | 0.87      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG                   | SERVING      | 55        | 71                       | 0.97                   | 189                    | *2               | *0               | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *2          | 7.4        | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO                 | 10 BARRELS   | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 3.60       | 0.36      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER                 | 1/2 CUP      | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0        | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES PLAIN TWISTER                 | 1/2 CUP      | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE                    | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                        | EACH         | 200       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                        | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                             | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET                          | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000223 MUSTARD, PACKET                | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1       | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE             | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0       | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average                |              |           | 845                      | 9.51                   | 1380                   | *33              | *1               | 33.31     | *0.04      | *54         | 105.59   | 11.27     | 33.48     | *2          | 517.4      | 49.02      | *5.68     | \$0.000 |
| % of Calories                         |              |           |                          | 10.13 %                |                        | *15.6%           | *0.5%            | 35.5%     | *0.0%      |             | 50.0%    |           | 15.8%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 09/03/2025 Reimbursable Meal Total 800

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | 1 Hamburger     | 75        | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH            | 50        | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA           | SERVING 10 EACH | 50        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG             | SERVING (15)    | 47        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002892 HS-PBJ GRAPE LUNCH             | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1                  | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH        | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1                  | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8                   | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP  | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3                   | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP  | SANDWICH        | 5         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2                  | 11.45      | 3.65      | \$0.000 |
| 001374 SALAD ADULT, CHEF              | SERVINGS        | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3                  | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO              | EACH            | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0                  | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE            | SERVING         | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4                  | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD  | SLICE           | 48        | 456                      | 8.27                   | 993                    | *2               | *0               | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *0          | 320.8                  | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD     | SLICE           | 48        | 435                      | 7.86                   | 890                    | *2               | *0               | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *0          | 389.4                  | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD     | SLICE           | 12        | 453                      | 8.11                   | 979                    | *2               | *0               | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *0          | 369.2                  | 8.02       | 3.45      | \$0.000 |
| 002891 CHICKEN TERIYAKI BOWL NOODLE   | SERVINGS H #16  | 75        | 310                      | 2.33                   | 834                    | *6               | *N/A*            | 8.85      | *0.00      | 46          | 41.38    | 3.49      | 19.43     | *N/A*       | 19.5                   | 0.08       | 2.49      | \$0.000 |
| 002025 HS-STIR FRY VEGETABLE MIX      | #8 SCOOP        | 75        | 20                       | 0.00                   | 29                     | *0               | *0               | 0.01      | *0.00      | 0           | 4.41     | 1.40      | 1.19      | *0          | 29.7                   | 29.90      | 0.41      | \$0.000 |
| 002343 HS-TERIYAKI TOFU S/F YCUSD     | 1/4 CUP         | 25        | 62                       | 0.20                   | 60                     | *2               | *N/A*            | 3.26      | 0.00       | 0           | 4.67     | 0.00      | 4.46      | *N/A*       | 20.9                   | 0.20       | 0.65      | \$0.000 |
| 002131 HS-J LEE ROYS TRI-TIP          | EACH            | 25        | 226                      | 3.63                   | 461                    | *1               | *N/A*            | 9.78      | *0.00      | 73          | 11.01    | 1.20      | 23.43     | *N/A*       | 33.2                   | 1.63       | 1.99      | \$0.000 |
| 002129 HS-J LEE ROYS PULLED PORK      | 3OZ SERVING     | 25        | 202                      | 0.01                   | 199                    | *0               | *N/A*            | 4.11      | *0.00      | 96          | 3.43     | 0.40      | 32.23     | *N/A*       | 2.5                    | 0.41       | 0.12      | \$0.000 |
| 002130 HS-J LEE ROYS BRISKET          | EACH            | 25        | 277                      | 5.13                   | 219                    | *0               | *0               | 12.60     | *0.50      | 129         | 2.75     | 0.30      | 38.34     | *3          | 20.3                   | 0.41       | 4.37      | \$0.000 |
| 003152 1/4# Hot Dog on a bun          | 1 Hot Dog w/bun | 40        | 507                      | 12.93                  | 1269                   | *3               | *N/A*            | 32.68     | 0.00       | 64          | 34.24    | 3.00      | 18.25     | *N/A*       | 210.4                  | 0.01       | 19.55     | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002949 HOT POCKET SANDWICH PEPPERONI  | EACH         | 50        | 291                      | 6.02                   | 572                    | 3                | *N/A*            | 12.04     | 0.00       | 25          | 36.13    | 1.00      | 9.03      | *N/A*       | 100.4                  | 0.00       | 2.71      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG      | SERVING      | 55        | 71                       | 0.97                   | 189                    | *2               | *0               | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *2          | 7.4                    | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO    | 10 BARRELS   | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 3.60       | 0.36      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER    | 1/2 CUP      | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0                    | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES PLAIN TWISTER    | 1/2 CUP      | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 200       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4                    | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4                    | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1                   | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE             | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0                   | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000228 MILK, NONFAT CHOCOLATE | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average        |              |           | 843                      | 9.48                   | 1388                   | *35              | *1               | 32.97     | *0.05      | *53         | 107.97   | 10.56     | 32.02     | *2          | 510.3      | 51.43      | *5.85     | \$0.000 |
| % of Calories                 |              |           |                          | 10.12 %                |                        | *16.6%           | *0.5%            | 35.2%     | *0.1%      |             | 51.2%    |           | 15.2%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 09/04/2025

Reimbursable Meal Total 800

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | I Hamburger     | 100       | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH            | 100       | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002592 CHICKEN PATTY ON BUN RC            | EACH            | 75        | 182                      | 2.00                   | 423                    | 0                | *N/A*            | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA           | SERVING 10 EACH | 50        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG             | SERVING (15)    | 50        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 001757 HS CORN DOG, TURKEY 4 OZ 2         | SERVING         | 50        | 480                      | 5.00                   | 780                    | *N/A*            | *N/A*            | 16.00     | 0.00       | 80          | 60.00    | 10.00     | 18.00     | *N/A*       | 160.0      | 0.00       | 3.60      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH                 | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH            | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS     | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP      | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP      | SANDWICH        | 5         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2      | 11.45      | 3.65      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                                  | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 001374 SALAD ADULT, CHEF                         | SERVINGS     | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3                  | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO                         | EACH         | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0                  | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE                       | SERVING      | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4                  | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD             | SLICE        | 48        | 456                      | 8.27                   | 993                    | *2               | *0               | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *0          | 320.8                  | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD                | SLICE        | 48        | 435                      | 7.86                   | 890                    | *2               | *0               | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *0          | 389.4                  | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD                | SLICE        | 12        | 453                      | 8.11                   | 979                    | *2               | *0               | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *0          | 369.2                  | 8.02       | 3.45      | \$0.000 |
| 003106 CHICKEN WINGS BONE IN RAW COUNTRY BUTCHER | SERVINGS     | 75        | 210                      | 4.00                   | 125                    | *0               | *0               | 14.00     | *0.00      | 125         | 0.09     | 0.01      | 20.01     | *N/A*       | 26.5                   | 0.01       | 0.55      | \$0.000 |
| 002131 HS-J LEE ROYS TRI-TIP                     | EACH         | 20        | 226                      | 3.63                   | 461                    | *1               | *N/A*            | 9.78      | *0.00      | 73          | 11.01    | 1.20      | 23.43     | *N/A*       | 33.2                   | 1.63       | 1.99      | \$0.000 |
| 002129 HS-J LEE ROYS PULLED PORK                 | 3OZ SERVING  | 20        | 202                      | 0.01                   | 199                    | *0               | *N/A*            | 4.11      | *0.00      | 96          | 3.43     | 0.40      | 32.23     | *N/A*       | 2.5                    | 0.41       | 0.12      | \$0.000 |
| 002130 HS-J LEE ROYS BRISKET                     | EACH         | 22        | 277                      | 5.13                   | 219                    | *0               | *0               | 12.60     | *0.50      | 129         | 2.75     | 0.30      | 38.34     | *3          | 20.3                   | 0.41       | 4.37      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG                 | SERVING      | 55        | 71                       | 0.97                   | 189                    | *2               | *0               | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *2          | 7.4                    | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO               | 10 BARRELS   | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 3.60       | 0.36      | \$0.000 |
| 003009 POTATO FRY SIDEWINDER JR SMPLT            | 1/2 CUP      | 100       | 166                      | 0.83                   | 465                    | 0                | *N/A*            | 6.64      | 0.00       | 0           | 26.54    | 1.66      | 1.66      | *N/A*       | 0.0                    | 0.00       | 0.83      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER               | 1/2 CUP      | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0                    | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES PLAIN TWISTER               | 1/2 CUP      | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE                  | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                      | EACH         | 200       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                      | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000222 KETCHUP, PACKET                | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1       | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE             | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0       | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average                |              |           | 884                      | 9.76                   | 1399                   | *34              | *1               | 35.00     | *0.04      | *64         | 111.31   | 11.59     | 34.16     | *2          | 517.6      | 49.13      | *5.50     | \$0.000 |
| % of Calories                         |              |           |                          | 9.94%                  |                        | *15.4%           | *0.5%            | 35.6%     | *0.0%      |             | 50.4%    |           | 15.5%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 09/05/2025

Reimbursable Meal Total 800

|                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | I Hamburger  | 75        | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH         | 75        | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 003152 1/4# Hot Dog on a bun          | 1 Hot Dog w/bun | 50        | 507                      | 12.93                  | 1269                   | *3               | *N/A*            | 32.68     | 0.00       | 64          | 34.24    | 3.00      | 18.25     | *N/A*       | 210.4                  | 0.01       | 19.55     | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA       | SERVING 10 EACH | 50        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0                   | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG         | SERVING (15)    | 50        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0                   | 0.00       | 2.70      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH             | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1                  | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH        | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1                  | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8                   | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP  | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3                   | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP  | SANDWICH        | 5         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2                  | 11.45      | 3.65      | \$0.000 |
| 001374 SALAD ADULT, CHEF              | SERVINGS        | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3                  | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO              | EACH            | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0                  | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE            | SERVING         | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4                  | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD  | SLICE           | 48        | 456                      | 8.27                   | 993                    | *2               | *0               | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *0          | 320.8                  | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD     | SLICE           | 48        | 435                      | 7.86                   | 890                    | *2               | *0               | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *0          | 389.4                  | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD     | SLICE           | 12        | 453                      | 8.11                   | 979                    | *2               | *0               | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *0          | 369.2                  | 8.02       | 3.45      | \$0.000 |
| 003004 HS-NACHO BAR                   | SERVING         | 60        | 501                      | 7.42                   | 1004                   | *4               | *N/A*            | 20.66     | *0.79      | 93          | 46.16    | 8.53      | 32.28     | *N/A*       | 272.8                  | 14.33      | 1.85      | \$0.000 |
| 003127 HS CHICKEN GENERAL BOWL NOODLE | SERVINGS H #16  | 60        | 391                      | 2.50                   | 612                    | *14              | *N/A*            | 10.81     | *0.00      | 46          | 57.70    | 4.10      | 20.31     | *N/A*       | 24.3                   | 0.09       | 2.80      | \$0.000 |
| 002025 HS-STIR FRY VEGETABLE MIX      | #8 SCOOP        | 75        | 20                       | 0.00                   | 29                     | *0               | *0               | 0.01      | *0.00      | 0           | 4.41     | 1.40      | 1.19      | *0          | 29.7                   | 29.90      | 0.41      | \$0.000 |
| 003059 TOFU NOODLE BOWL GENERAL TSO   | 4OZ. HEAP SPOOD | 25        | 219                      | 0.22                   | 125                    | *3               | *N/A*            | 7.49      | 0.00       | 0           | 27.28    | 2.01      | 14.54     | *N/A*       | 58.0                   | 0.00       | 2.88      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001123 HS-CONDO BAR, HAM-HOT DOG      | SERVING      | 55        | 71                       | 0.97                   | 189                    | *2               | *0               | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *2          | 7.4        | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO    | 10 BARRELS   | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 3.60       | 0.36      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER    | 1/2 CUP      | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0        | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES PLAIN TWISTER    | 1/2 CUP      | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 200       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1       | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE             | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0       | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 001725 HS-CHEESE QUESADILLA           | EACH         | 30        | 315                      | 6.52                   | 1000                   | *N/A*            | *N/A*            | 12.04     | 0.00       | 25          | 31.44    | 3.94      | 19.04     | *N/A*       | 100.0      | 0.00       | 1.44      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                            | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|----------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001120 HS-QUESADILLA JUMBO | EACH         | 12        | 353                      | 4.74                   | 1172                   | *0               | *N/A*            | 13.40     | 0.00       | 91          | 31.26    | 6.94      | 26.84     | *N/A*       | 121.0      | 18.48      | 3.85      | \$0.000 |
| Weighted Daily Average     |              |           | 879                      | 10.00                  | 1457                   | *36              | *1               | 34.50     | *0.09      | *51         | 113.23   | 11.67     | 32.85     | *2          | 538.4      | 52.97      | *6.12     | \$0.000 |
| % of Calories              |              |           |                          | 10.24 %                |                        | *16.4%           | *0.5%            | 35.3%     | *0.1%      |             | 51.5%    |           | 14.9%     |             |            |            |           |         |
| Weekly Nutrient Guideline  |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 09/08/2025

Reimbursable Meal Total 800

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | I Hamburger     | 75        | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH            | 75        | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002592 CHICKEN PATTY ON BUN RC            | EACH            | 40        | 182                      | 2.00                   | 423                    | 0                | *N/A*            | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA           | SERVING 10 EACH | 40        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG             | SERVING (15)    | 40        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 001757 HS CORN DOG, TURKEY 4 OZ 2         | SERVING         | 40        | 480                      | 5.00                   | 780                    | *N/A*            | *N/A*            | 16.00     | 0.00       | 80          | 60.00    | 10.00     | 18.00     | *N/A*       | 160.0      | 0.00       | 3.60      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH                 | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH            | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS     | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP      | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP      | SANDWICH        | 4         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2      | 11.45      | 3.65      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 001374 SALAD ADULT, CHEF              | SERVINGS        | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3                  | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO              | EACH            | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0                  | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE            | SERVING         | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4                  | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD  | SLICE           | 48        | 456                      | 8.27                   | 993                    | *2               | *0               | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *0          | 320.8                  | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD     | SLICE           | 48        | 435                      | 7.86                   | 890                    | *2               | *0               | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *0          | 389.4                  | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD     | SLICE           | 12        | 453                      | 8.11                   | 979                    | *2               | *0               | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *0          | 369.2                  | 8.02       | 3.45      | \$0.000 |
| 002800 CHICKEN ORANGE NOODLE BOWL     | SERVINGS        | 50        | 292                      | 2.33                   | 421                    | *1               | *N/A*            | 8.85      | *0.00      | 46          | 37.18    | 3.42      | 18.92     | *N/A*       | 18.8                   | 1.48       | 2.33      | \$0.000 |
| 002025 HS-STIR FRY VEGETABLE MIX      | #8 SCOOP        | 50        | 20                       | 0.00                   | 29                     | *0               | *0               | 0.01      | *0.00      | 0           | 4.41     | 1.40      | 1.19      | *0          | 29.7                   | 29.90      | 0.41      | \$0.000 |
| 002339 HS-HUNAN ORANGE TOFU S/F YCUSD | 4OZ. HEAP SPOOD | 25        | 110                      | 0.20                   | 89                     | *1               | *N/A*            | 5.79      | 0.00       | 0           | 5.91     | 0.00      | 10.53     | *N/A*       | 48.4                   | 1.40       | 1.53      | \$0.000 |
| 002229 HS-FRESH MEX                   | SERVING         | 50        | 559                      | 3.54                   | 755                    | *2               | *0               | 15.95     | *0.79      | 67          | 73.97    | 11.10     | 30.36     | *0          | 65.3                   | 16.82      | 3.25      | \$0.000 |
| 003151 Bratwurst on a Bun             | 1 Brat w/bun    | 55        | 660                      | 12.00                  | 1780                   | 6                | 0                | 36.00     | 0.00       | 70          | 63.00    | 0.00      | 22.00     | *N/A*       | 112.0                  | 0.00       | 3.92      | \$0.000 |
| 003014 CHICKEN BNLS WINGS HOT N SPICY | 5ea             | 25        | 201                      | 2.01                   | 342                    | 1                | *N/A*            | 10.05     | 0.00       | 45          | 10.05    | 1.00      | 19.10     | *N/A*       | 0.0                    | 0.00       | 1.00      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG      | SERVING         | 55        | 71                       | 0.97                   | 189                    | *2               | *0               | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *2          | 7.4                    | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO    | 10 BARRELS      | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 3.60       | 0.36      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER    | 1/2 CUP         | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0                    | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES PLAIN TWISTER    | 1/2 CUP         | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH          | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH            | 200       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000086 FRUIT, ORANGES FRESH           | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1       | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE             | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0       | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average                |              |           | 889                      | 9.64                   | 1447                   | *35              | *1               | 34.56     | *0.08      | *52         | 115.45   | 11.63     | 32.61     | *2          | 515.2      | 51.84      | *5.22     | \$0.000 |
| % of Calories                         |              |           |                          | 9.76%                  |                        | *15.7%           | *0.4%            | 35.0%     | *0.1%      |             | 51.9%    |           | 14.7%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Tuesday - 09/09/2025

Reimbursable Meal Total 800

|                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | I Hamburger  | 95        | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ | EACH            | 75        | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002592 CHICKEN PATTY ON BUN RC        | EACH            | 90        | 182                      | 2.00                   | 423                    | 0                | *N/A*            | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA       | SERVING 10 EACH | 75        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG         | SERVING (15)    | 75        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH             | EACH            | 30        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH        | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP  | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP  | SANDWICH        | 10        | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2      | 11.45      | 3.65      | \$0.000 |
| 001374 SALAD ADULT, CHEF              | SERVINGS        | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3      | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO              | EACH            | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0      | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE            | SERVING         | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4      | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD  | SLICE           | 30        | 456                      | 8.27                   | 993                    | *2               | *0               | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *0          | 320.8      | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD     | SLICE           | 30        | 435                      | 7.86                   | 890                    | *2               | *0               | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *0          | 389.4      | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD     | SLICE           | 15        | 453                      | 8.11                   | 979                    | *2               | *0               | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *0          | 369.2      | 8.02       | 3.45      | \$0.000 |
| 002131 HS-J LEE ROYS TRI-TIP          | EACH            | 20        | 226                      | 3.63                   | 461                    | *1               | *N/A*            | 9.78      | *0.00      | 73          | 11.01    | 1.20      | 23.43     | *N/A*       | 33.2       | 1.63       | 1.99      | \$0.000 |
| 002129 HS-J LEE ROYS PULLED PORK      | 3OZ SERVING     | 20        | 202                      | 0.01                   | 199                    | *0               | *N/A*            | 4.11      | *0.00      | 96          | 3.43     | 0.40      | 32.23     | *N/A*       | 2.5        | 0.41       | 0.12      | \$0.000 |
| 002130 HS-J LEE ROYS BRISKET          | EACH            | 10        | 277                      | 5.13                   | 219                    | *0               | *0               | 12.60     | *0.50      | 129         | 2.75     | 0.30      | 38.34     | *3          | 20.3       | 0.41       | 4.37      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000075 HS-BEEF SOFT TACO                            | SERVINGS     | 50        | 445                      | 7.54                   | 796                    | *1               | *0               | 20.43     | *0.00      | 67          | 34.64    | 4.60      | 28.60     | *0          | 132.1      | 3.81       | 4.41      | \$0.000 |
| 002951 BEEF TAQUITO                                 | SERVINGS     | 50        | 200                      | 1.00                   | 410                    | 0                | *N/A*            | 4.00      | 0.00       | 15          | 33.00    | 5.00      | 9.00      | *N/A*       | 80.0       | 0.00       | 7.20      | \$0.000 |
| 003078 TAMALES CHICKEN SALSA VERDE CHEESE LOS CABOS | 1 TAMALES    | 25        | 309                      | 6.53                   | 622                    | 1                | 0                | 13.76     | 0.00       | 56          | 28.40    | 2.70      | 17.27     | *N/A*       | 202.6      | 3.59       | 1.37      | \$0.000 |
| 003077 TAMALES TWO CHEESE & GREEN CHILI LOS CABOS   | 1 TAMALES    | 25        | 345                      | 9.47                   | 712                    | 2                | 0                | 18.01     | 0.00       | 36          | 29.67    | 2.56      | 15.95     | *N/A*       | 418.6      | 2.45       | 0.87      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG                    | SERVING      | 55        | 71                       | 0.97                   | 189                    | *2               | *0               | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *2          | 7.4        | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO                  | 10 BARRELS   | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 3.60       | 0.36      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER                  | 1/2 CUP      | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0        | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES PLAIN TWISTER                  | 1/2 CUP      | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE                     | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                         | EACH         | 200       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                         | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                              | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET                           | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                              | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET                            | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM               | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY                             | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY                            | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1       | 6.19       | 0.66      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003158 SALAD, SIDE VEGGIE     | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0       | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average        |              |           | 845                      | 9.51                   | 1380                   | *33              | *1               | 33.31     | *0.04      | *54         | 105.59   | 11.27     | 33.48     | *2          | 517.4      | 49.02      | *5.68     | \$0.000 |
| % of Calories                 |              |           |                          | 10.13 %                |                        | *15.6%           | *0.5%            | 35.5%     | *0.0%      |             | 50.0%    |           | 15.8%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 09/10/2025

Reimbursable Meal Total 800

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | 1 Hamburger     | 75        | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH            | 50        | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA           | SERVING 10 EACH | 50        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG             | SERVING (15)    | 47        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH                 | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH            | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS     | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP      | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP      | SANDWICH        | 5         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2      | 11.45      | 3.65      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                      | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 001374 SALAD ADULT, CHEF             | SERVINGS        | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3                  | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO             | EACH            | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0                  | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE           | SERVING         | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4                  | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD | SLICE           | 48        | 456                      | 8.27                   | 993                    | *2               | *0               | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *0          | 320.8                  | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD    | SLICE           | 48        | 435                      | 7.86                   | 890                    | *2               | *0               | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *0          | 389.4                  | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD    | SLICE           | 12        | 453                      | 8.11                   | 979                    | *2               | *0               | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *0          | 369.2                  | 8.02       | 3.45      | \$0.000 |
| 002891 CHICKEN TERIYAKI BOWL NOODLE  | SERVINGS H #16  | 75        | 310                      | 2.33                   | 834                    | *6               | *N/A*            | 8.85      | *0.00      | 46          | 41.38    | 3.49      | 19.43     | *N/A*       | 19.5                   | 0.08       | 2.49      | \$0.000 |
| 002025 HS-STIR FRY VEGETABLE MIX     | #8 SCOOP        | 75        | 20                       | 0.00                   | 29                     | *0               | *0               | 0.01      | *0.00      | 0           | 4.41     | 1.40      | 1.19      | *0          | 29.7                   | 29.90      | 0.41      | \$0.000 |
| 002343 HS-TERIYAKI TOFU S/F YCUSD    | 1/4 CUP         | 25        | 62                       | 0.20                   | 60                     | *2               | *N/A*            | 3.26      | 0.00       | 0           | 4.67     | 0.00      | 4.46      | *N/A*       | 20.9                   | 0.20       | 0.65      | \$0.000 |
| 002131 HS-J LEE ROYS TRI-TIP         | EACH            | 25        | 226                      | 3.63                   | 461                    | *1               | *N/A*            | 9.78      | *0.00      | 73          | 11.01    | 1.20      | 23.43     | *N/A*       | 33.2                   | 1.63       | 1.99      | \$0.000 |
| 002129 HS-J LEE ROYS PULLED PORK     | 3OZ SERVING     | 25        | 202                      | 0.01                   | 199                    | *0               | *N/A*            | 4.11      | *0.00      | 96          | 3.43     | 0.40      | 32.23     | *N/A*       | 2.5                    | 0.41       | 0.12      | \$0.000 |
| 002130 HS-J LEE ROYS BRISKET         | EACH            | 25        | 277                      | 5.13                   | 219                    | *0               | *0               | 12.60     | *0.50      | 129         | 2.75     | 0.30      | 38.34     | *3          | 20.3                   | 0.41       | 4.37      | \$0.000 |
| 003152 1/4# Hot Dog on a bun         | 1 Hot Dog w/bun | 40        | 507                      | 12.93                  | 1269                   | *3               | *N/A*            | 32.68     | 0.00       | 64          | 34.24    | 3.00      | 18.25     | *N/A*       | 210.4                  | 0.01       | 19.55     | \$0.000 |
| 002949 HOT POCKET SANDWICH PEPPERONI | EACH            | 50        | 291                      | 6.02                   | 572                    | 3                | *N/A*            | 12.04     | 0.00       | 25          | 36.13    | 1.00      | 9.03      | *N/A*       | 100.4                  | 0.00       | 2.71      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG     | SERVING         | 55        | 71                       | 0.97                   | 189                    | *2               | *0               | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *2          | 7.4                    | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO   | 10 BARRELS      | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 3.60       | 0.36      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER   | 1/2 CUP         | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0                    | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES PLAIN TWISTER   | 1/2 CUP         | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 0.00       | 0.36      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 200       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4                    | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4                    | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1                   | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE             | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0                   | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average                |              |           | 843                      | 9.48                   | 1388                   | *35              | *1               | 32.97     | *0.05      | *53         | 107.97   | 10.56     | 32.02     | *2          | 510.3                  | 51.43      | *5.85     | \$0.000 |
| % of Calories                         |              |           |                          | 10.12 %                |                        | *16.6%           | *0.5%            | 35.2%     | *0.1%      |             | 51.2%    |           | 15.2%     |             |                        |            |           |         |
| Weekly Nutrient Guideline             |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |                        |            |           |         |

Thursday - 09/11/2025

Reimbursable Meal Total 800

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                                  | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich        | I Hamburger     | 100       | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ            | EACH            | 100       | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002592 CHICKEN PATTY ON BUN RC                   | EACH            | 75        | 182                      | 2.00                   | 423                    | 0                | *N/A*            | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA                  | SERVING 10 EACH | 50        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG                    | SERVING (15)    | 50        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 001757 HS CORN DOG, TURKEY 4 OZ 2                | SERVING         | 50        | 480                      | 5.00                   | 780                    | *N/A*            | *N/A*            | 16.00     | 0.00       | 80          | 60.00    | 10.00     | 18.00     | *N/A*       | 160.0      | 0.00       | 3.60      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH                        | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH                   | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS            | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP             | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP             | SANDWICH        | 5         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2      | 11.45      | 3.65      | \$0.000 |
| 001374 SALAD ADULT, CHEF                         | SERVINGS        | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3      | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO                         | EACH            | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0      | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE                       | SERVING         | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4      | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD             | SLICE           | 48        | 456                      | 8.27                   | 993                    | *2               | *0               | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *0          | 320.8      | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD                | SLICE           | 48        | 435                      | 7.86                   | 890                    | *2               | *0               | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *0          | 389.4      | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD                | SLICE           | 12        | 453                      | 8.11                   | 979                    | *2               | *0               | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *0          | 369.2      | 8.02       | 3.45      | \$0.000 |
| 003106 CHICKEN WINGS BONE IN RAW COUNTRY BUTCHER | SERVINGS        | 75        | 210                      | 4.00                   | 125                    | *0               | *0               | 14.00     | *0.00      | 125         | 0.09     | 0.01      | 20.01     | *N/A*       | 26.5       | 0.01       | 0.55      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002131 HS-J LEE ROYS TRI-TIP          | EACH         | 20        | 226                      | 3.63                   | 461                    | *1               | *N/A*            | 9.78      | *0.00      | 73          | 11.01    | 1.20      | 23.43     | *N/A*       | 33.2                   | 1.63       | 1.99      | \$0.000 |
| 002129 HS-J LEE ROYS PULLED PORK      | 3OZ SERVING  | 20        | 202                      | 0.01                   | 199                    | *0               | *N/A*            | 4.11      | *0.00      | 96          | 3.43     | 0.40      | 32.23     | *N/A*       | 2.5                    | 0.41       | 0.12      | \$0.000 |
| 002130 HS-J LEE ROYS BRISKET          | EACH         | 22        | 277                      | 5.13                   | 219                    | *0               | *0               | 12.60     | *0.50      | 129         | 2.75     | 0.30      | 38.34     | *3          | 20.3                   | 0.41       | 4.37      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG      | SERVING      | 55        | 71                       | 0.97                   | 189                    | *2               | *0               | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *2          | 7.4                    | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO    | 10 BARRELS   | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 3.60       | 0.36      | \$0.000 |
| 003009 POTATO FRY SIDEWINDER JR SMPLT | 1/2 CUP      | 100       | 166                      | 0.83                   | 465                    | 0                | *N/A*            | 6.64      | 0.00       | 0           | 26.54    | 1.66      | 1.66      | *N/A*       | 0.0                    | 0.00       | 0.83      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER    | 1/2 CUP      | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0                    | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES PLAIN TWISTER    | 1/2 CUP      | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 200       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4                    | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4                    | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1                   | 6.19       | 0.66      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003158 SALAD, SIDE VEGGIE     | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0       | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average        |              |           | 884                      | 9.76                   | 1399                   | *34              | *1               | 35.00     | *0.04      | *64         | 111.31   | 11.59     | 34.16     | *2          | 517.6      | 49.13      | *5.50     | \$0.000 |
| % of Calories                 |              |           |                          | 9.94%                  |                        | *15.4%           | *0.5%            | 35.6%     | *0.0%      |             | 50.4%    |           | 15.5%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 09/12/2025

Reimbursable Meal Total 800

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | 1 Hamburger     | 75        | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH            | 75        | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 003152 1/4# Hot Dog on a bun              | 1 Hot Dog w/bun | 50        | 507                      | 12.93                  | 1269                   | *3               | *N/A*            | 32.68     | 0.00       | 64          | 34.24    | 3.00      | 18.25     | *N/A*       | 210.4      | 0.01       | 19.55     | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA           | SERVING 10 EACH | 50        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG             | SERVING (15)    | 50        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH                 | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH            | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS     | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP      | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                             | Portion<br>Size    | Reimb<br>Qty | Cals <sup>1</sup><br>(kcal) | S-Fat <sup>1</sup><br>(g) | Sodm <sup>1</sup><br>(mg) | Total<br>Sugars<br>(g) | Added<br>Sugars<br>(g) | T-Fat<br>(g) | Tr-Fat<br>(g) | Cholst<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Protn<br>(g) | Vlt-A<br>(RAE) | Calcm<br>(mg) | Vit-C<br>(mg) | Iron<br>(mg) | Cost    |
|---------------------------------------------|--------------------|--------------|-----------------------------|---------------------------|---------------------------|------------------------|------------------------|--------------|---------------|----------------|-------------|--------------|--------------|----------------|---------------|---------------|--------------|---------|
| 002685 HS SAND, TURK<br>SLICE WG W/CHIP     | SANDWICH           | 5            | 537                         | 6.87                      | 1179                      | *6                     | *N/A*                  | 17.75        | *0.00         | 72             | 62.54       | 8.64         | 32.52        | *N/A*          | 114.2         | 11.45         | 3.65         | \$0.000 |
| 001374 SALAD ADULT,<br>CHEF                 | SERVINGS           | 10           | 455                         | 6.74                      | 882                       | *3                     | *N/A*                  | 23.62        | *0.00         | 57             | 42.32       | 6.89         | 20.19        | *N/A*          | 106.3         | 32.81         | *1.79        | \$0.000 |
| 001376 SALAD ADULT,<br>TACO                 | EACH               | 10           | 1009                        | 15.73                     | 1351                      | *1                     | *N/A*                  | 70.11        | *2.39         | 106            | 61.88       | 10.91        | 29.95        | *N/A*          | 108.0         | 65.17         | 2.34         | \$0.000 |
| 000596 SALAD ADULT,<br>VEGGIE               | SERVING            | 10           | 734                         | 16.98                     | 1014                      | *3                     | *N/A*                  | 50.66        | *0.00         | 74             | 50.04       | 7.78         | 20.55        | *N/A*          | 133.4         | 72.31         | 1.86         | \$0.000 |
| 002004 PIZZA,<br>PEPPERONI WG 14"<br>YCUSD  | SLICE              | 48           | 456                         | 8.27                      | 993                       | *2                     | *0                     | 17.72        | *0.00         | 46             | 54.25       | 1.51         | 20.99        | *0             | 320.8         | 0.00          | 3.75         | \$0.000 |
| 002002 PIZZA, CHEESE<br>WG 14" YCUSD        | SLICE              | 48           | 435                         | 7.86                      | 890                       | *2                     | *0                     | 15.31        | *0.00         | 43             | 54.59       | 1.51         | 21.10        | *0             | 389.4         | 0.00          | 3.41         | \$0.000 |
| 001581 PIZZA, VEGGIE<br>WG 14" YCUSD        | SLICE              | 12           | 453                         | 8.11                      | 979                       | *2                     | *0                     | 16.41        | *0.00         | 44             | 55.81       | 1.91         | 21.49        | *0             | 369.2         | 8.02          | 3.45         | \$0.000 |
| 003004 HS-NACHO BAR                         | SERVING            | 60           | 501                         | 7.42                      | 1004                      | *4                     | *N/A*                  | 20.66        | *0.79         | 93             | 46.16       | 8.53         | 32.28        | *N/A*          | 272.8         | 14.33         | 1.85         | \$0.000 |
| 003127 HS CHICKEN<br>GENERAL BOWL<br>NOODLE | SERVINGS H<br>#16  | 60           | 391                         | 2.50                      | 612                       | *14                    | *N/A*                  | 10.81        | *0.00         | 46             | 57.70       | 4.10         | 20.31        | *N/A*          | 24.3          | 0.09          | 2.80         | \$0.000 |
| 002025 HS-STIR FRY<br>VEGETABLE MIX         | #8 SCOOP           | 75           | 20                          | 0.00                      | 29                        | *0                     | *0                     | 0.01         | *0.00         | 0              | 4.41        | 1.40         | 1.19         | *0             | 29.7          | 29.90         | 0.41         | \$0.000 |
| 003059 TOFU NOODLE<br>BOWL GENERAL TSO      | 4OZ. HEAP<br>SPOOD | 25           | 219                         | 0.22                      | 125                       | *3                     | *N/A*                  | 7.49         | 0.00          | 0              | 27.28       | 2.01         | 14.54        | *N/A*          | 58.0          | 0.00          | 2.88         | \$0.000 |
| 001123 HS-CONDO BAR,<br>HAM-HOT DOG         | SERVING            | 55           | 71                          | 0.97                      | 189                       | *2                     | *0                     | 6.46         | *0.00         | 3              | 3.97        | 0.31         | 0.36         | *2             | 7.4           | 3.50          | 0.14         | \$0.000 |
| 002676 POTATO, TATER<br>BARRELS SYSCO       | 10 BARRELS         | 200          | 170                         | 1.50                      | 360                       | 0                      | *N/A*                  | 9.00         | 0.00          | 0              | 19.00       | 1.00         | 2.00         | *N/A*          | 0.0           | 3.60          | 0.36         | \$0.000 |
| 000643 POTATO, FRIES<br>SPICY TWISTER       | 1/2 CUP            | 200          | 273                         | 5.97                      | 546                       | *N/A*                  | *N/A*                  | 13.65        | 0.00          | 2              | 34.13       | 3.41         | 3.41         | *N/A*          | 0.0           | 10.24         | 1.84         | \$0.000 |
| 002903 POTATO, FRIES<br>PLAIN TWISTER       | 1/2 CUP            | 200          | 130                         | 1.00                      | 40                        | 0                      | *N/A*                  | 5.00         | 0.00          | 0              | 20.00       | 1.00         | 2.00         | *N/A*          | 0.0           | 0.00          | 0.36         | \$0.000 |
| 002058 FRUIT, APPLE<br>FRESH WHOLE          | 1 EACH             | 300          | 100                         | 0.00                      | 0                         | 19                     | *N/A*                  | 0.00         | 0.00          | 0              | 25.00       | 4.00         | 0.00         | *N/A*          | 20.0          | 8.40          | 0.36         | \$0.000 |
| 000068 FRUIT, BANANAS<br>FRESH              | EACH               | 200          | 90                          | 0.11                      | 1                         | 12                     | 0                      | 0.33         | 0.00          | 0              | 23.07       | 2.63         | 1.10         | 3              | 5.0           | 8.79          | 0.26         | \$0.000 |
| 000086 FRUIT, ORANGES<br>FRESH              | EACH               | 300          | 69                          | 0.00                      | 2                         | *N/A*                  | *N/A*                  | 0.00         | 0.00          | 0              | 17.82       | 3.39         | 1.70         | *N/A*          | 59.4          | 82.98         | 0.15         | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000222 KETCHUP, PACKET                | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1       | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE             | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0       | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 001725 HS-CHEESE QUESADILLA           | EACH         | 30        | 315                      | 6.52                   | 1000                   | *N/A*            | *N/A*            | 12.04     | 0.00       | 25          | 31.44    | 3.94      | 19.04     | *N/A*       | 100.0      | 0.00       | 1.44      | \$0.000 |
| 001120 HS-QUESADILLA JUMBO            | EACH         | 12        | 353                      | 4.74                   | 1172                   | *0               | *N/A*            | 13.40     | 0.00       | 91          | 31.26    | 6.94      | 26.84     | *N/A*       | 121.0      | 18.48      | 3.85      | \$0.000 |
| Weighted Daily Average                |              |           | 879                      | 10.00                  | 1457                   | *36              | *1               | 34.50     | *0.09      | *51         | 113.23   | 11.67     | 32.85     | *2          | 538.4      | 52.97      | *6.12     | \$0.000 |
| % of Calories                         |              |           |                          | 10.24 %                |                        | *16.4%           | *0.5%            | 35.3%     | *0.1%      |             | 51.5%    |           | 14.9%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 09/15/2025

Reimbursable Meal Total 800

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | I Hamburger     | 75        | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH            | 75        | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002592 CHICKEN PATTY ON BUN RC            | EACH            | 40        | 182                      | 2.00                   | 423                    | 0                | *N/A*            | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA           | SERVING 10 EACH | 40        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG             | SERVING (15)    | 40        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 001757 HS CORN DOG, TURKEY 4 OZ 2         | SERVING         | 40        | 480                      | 5.00                   | 780                    | *N/A*            | *N/A*            | 16.00     | 0.00       | 80          | 60.00    | 10.00     | 18.00     | *N/A*       | 160.0      | 0.00       | 3.60      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH                 | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH            | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS     | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP      | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP      | SANDWICH        | 4         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2      | 11.45      | 3.65      | \$0.000 |
| 001374 SALAD ADULT, CHEF                  | SERVINGS        | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3      | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO                  | EACH            | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0      | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE                | SERVING         | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4      | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD      | SLICE           | 48        | 456                      | 8.27                   | 993                    | *2               | *0               | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *0          | 320.8      | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD         | SLICE           | 48        | 435                      | 7.86                   | 890                    | *2               | *0               | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *0          | 389.4      | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD         | SLICE           | 12        | 453                      | 8.11                   | 979                    | *2               | *0               | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *0          | 369.2      | 8.02       | 3.45      | \$0.000 |
| 002800 CHICKEN ORANGE NOODLE BOWL         | SERVINGS        | 50        | 292                      | 2.33                   | 421                    | *1               | *N/A*            | 8.85      | *0.00      | 46          | 37.18    | 3.42      | 18.92     | *N/A*       | 18.8       | 1.48       | 2.33      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002025 HS-STIR FRY VEGETABLE MIX      | #8 SCOOP        | 50        | 20                       | 0.00                   | 29                     | *0               | *0               | 0.01      | *0.00      | 0           | 4.41     | 1.40      | 1.19      | *0          | 29.7       | 29.90      | 0.41      | \$0.000 |
| 002339 HS-HUNAN ORANGE TOFU S/F YCUSD | 4OZ. HEAP SPOOD | 25        | 110                      | 0.20                   | 89                     | *1               | *N/A*            | 5.79      | 0.00       | 0           | 5.91     | 0.00      | 10.53     | *N/A*       | 48.4       | 1.40       | 1.53      | \$0.000 |
| 002229 HS-FRESH MEX                   | SERVING         | 50        | 559                      | 3.54                   | 755                    | *2               | *0               | 15.95     | *0.79      | 67          | 73.97    | 11.10     | 30.36     | *0          | 65.3       | 16.82      | 3.25      | \$0.000 |
| 003151 Bratwurst on a Bun             | 1 Brat w/bun    | 55        | 660                      | 12.00                  | 1780                   | 6                | 0                | 36.00     | 0.00       | 70          | 63.00    | 0.00      | 22.00     | *N/A*       | 112.0      | 0.00       | 3.92      | \$0.000 |
| 003014 CHICKEN BNLS WINGS HOT N SPICY | 5ea             | 25        | 201                      | 2.01                   | 342                    | 1                | *N/A*            | 10.05     | 0.00       | 45          | 10.05    | 1.00      | 19.10     | *N/A*       | 0.0        | 0.00       | 1.00      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG      | SERVING         | 55        | 71                       | 0.97                   | 189                    | *2               | *0               | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *2          | 7.4        | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO    | 10 BARRELS      | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 3.60       | 0.36      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER    | 1/2 CUP         | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0        | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES PLAIN TWISTER    | 1/2 CUP         | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH          | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH            | 200       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH            | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET          | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt             | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                | Pkt             | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET          | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET          | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP        | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000450 VEG, CARROTS BABY      | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1       | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE     | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0       | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average        |              |           | 889                      | 9.64                   | 1447                   | *35              | *1               | 34.56     | *0.08      | *52         | 115.45   | 11.63     | 32.61     | *2          | 515.2      | 51.84      | *5.22     | \$0.000 |
| % of Calories                 |              |           |                          | 9.76%                  |                        | *15.7%           | *0.4%            | 35.0%     | *0.1%      |             | 51.9%    |           | 14.7%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Tuesday - 09/16/2025

Reimbursable Meal Total 800

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | 1 Hamburger     | 95        | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH            | 75        | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002592 CHICKEN PATTY ON BUN RC            | EACH            | 90        | 182                      | 2.00                   | 423                    | 0                | *N/A*            | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA           | SERVING 10 EACH | 75        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG             | SERVING (15)    | 75        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH                 | EACH            | 30        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH            | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS     | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                                          | Portion<br>Size | Reimb<br>Qty | Cals <sup>1</sup><br>(kcal) | S-Fat <sup>1</sup><br>(g) | Sodm <sup>1</sup><br>(mg) | Total<br>Sugars<br>(g) | Added<br>Sugars<br>(g) | T-Fat<br>(g) | Tr-Fat<br>(g) | Cholst<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Protn<br>(g) | Vlt-A<br>(RAE) | Calcm<br>(mg) | Vit-C<br>(mg) | Iron<br>(mg) | Cost    |
|----------------------------------------------------------|-----------------|--------------|-----------------------------|---------------------------|---------------------------|------------------------|------------------------|--------------|---------------|----------------|-------------|--------------|--------------|----------------|---------------|---------------|--------------|---------|
| 002686 HS SAND, TURK<br>HAM CHEE W/CHIP                  | SANDWICH        | 10           | 681                         | 13.91                     | 1541                      | *8                     | *N/A*                  | 30.15        | *0.00         | 114            | 63.66       | 8.46         | 39.49        | *N/A*          | 97.3          | 3.70          | *2.68        | \$0.000 |
| 002685 HS SAND, TURK<br>SLICE WG W/CHIP                  | SANDWICH        | 10           | 537                         | 6.87                      | 1179                      | *6                     | *N/A*                  | 17.75        | *0.00         | 72             | 62.54       | 8.64         | 32.52        | *N/A*          | 114.2         | 11.45         | 3.65         | \$0.000 |
| 001374 SALAD ADULT,<br>CHEF                              | SERVINGS        | 10           | 455                         | 6.74                      | 882                       | *3                     | *N/A*                  | 23.62        | *0.00         | 57             | 42.32       | 6.89         | 20.19        | *N/A*          | 106.3         | 32.81         | *1.79        | \$0.000 |
| 001376 SALAD ADULT,<br>TACO                              | EACH            | 10           | 1009                        | 15.73                     | 1351                      | *1                     | *N/A*                  | 70.11        | *2.39         | 106            | 61.88       | 10.91        | 29.95        | *N/A*          | 108.0         | 65.17         | 2.34         | \$0.000 |
| 000596 SALAD ADULT,<br>VEGGIE                            | SERVING         | 10           | 734                         | 16.98                     | 1014                      | *3                     | *N/A*                  | 50.66        | *0.00         | 74             | 50.04       | 7.78         | 20.55        | *N/A*          | 133.4         | 72.31         | 1.86         | \$0.000 |
| 002004 PIZZA,<br>PEPPERONI WG 14"<br>YCUSD               | SLICE           | 30           | 456                         | 8.27                      | 993                       | *2                     | *0                     | 17.72        | *0.00         | 46             | 54.25       | 1.51         | 20.99        | *0             | 320.8         | 0.00          | 3.75         | \$0.000 |
| 002002 PIZZA, CHEESE<br>WG 14" YCUSD                     | SLICE           | 30           | 435                         | 7.86                      | 890                       | *2                     | *0                     | 15.31        | *0.00         | 43             | 54.59       | 1.51         | 21.10        | *0             | 389.4         | 0.00          | 3.41         | \$0.000 |
| 001581 PIZZA, VEGGIE<br>WG 14" YCUSD                     | SLICE           | 15           | 453                         | 8.11                      | 979                       | *2                     | *0                     | 16.41        | *0.00         | 44             | 55.81       | 1.91         | 21.49        | *0             | 369.2         | 8.02          | 3.45         | \$0.000 |
| 002131 HS-J LEE ROYS<br>TRI-TIP                          | EACH            | 20           | 226                         | 3.63                      | 461                       | *1                     | *N/A*                  | 9.78         | *0.00         | 73             | 11.01       | 1.20         | 23.43        | *N/A*          | 33.2          | 1.63          | 1.99         | \$0.000 |
| 002129 HS-J LEE ROYS<br>PULLED PORK                      | 3OZ<br>SERVING  | 20           | 202                         | 0.01                      | 199                       | *0                     | *N/A*                  | 4.11         | *0.00         | 96             | 3.43        | 0.40         | 32.23        | *N/A*          | 2.5           | 0.41          | 0.12         | \$0.000 |
| 002130 HS-J LEE ROYS<br>BRISKET                          | EACH            | 10           | 277                         | 5.13                      | 219                       | *0                     | *0                     | 12.60        | *0.50         | 129            | 2.75        | 0.30         | 38.34        | *3             | 20.3          | 0.41          | 4.37         | \$0.000 |
| 000075 HS-BEEF SOFT<br>TACO                              | SERVINGS        | 50           | 445                         | 7.54                      | 796                       | *1                     | *0                     | 20.43        | *0.00         | 67             | 34.64       | 4.60         | 28.60        | *0             | 132.1         | 3.81          | 4.41         | \$0.000 |
| 002951 BEEF TAQUITO                                      | SERVINGS        | 50           | 200                         | 1.00                      | 410                       | 0                      | *N/A*                  | 4.00         | 0.00          | 15             | 33.00       | 5.00         | 9.00         | *N/A*          | 80.0          | 0.00          | 7.20         | \$0.000 |
| 003078 TAMALE<br>CHICKEN SALSA VERDE<br>CHEESE LOS CABOS | 1 TAMALE        | 25           | 309                         | 6.53                      | 622                       | 1                      | 0                      | 13.76        | 0.00          | 56             | 28.40       | 2.70         | 17.27        | *N/A*          | 202.6         | 3.59          | 1.37         | \$0.000 |
| 003077 TAMALE TWO<br>CHEESE & GREEN CHILI<br>LOS CABOS   | 1 TAMALE        | 25           | 345                         | 9.47                      | 712                       | 2                      | 0                      | 18.01        | 0.00          | 36             | 29.67       | 2.56         | 15.95        | *N/A*          | 418.6         | 2.45          | 0.87         | \$0.000 |
| 001123 HS-CONDO BAR,<br>HAM-HOT DOG                      | SERVING         | 55           | 71                          | 0.97                      | 189                       | *2                     | *0                     | 6.46         | *0.00         | 3              | 3.97        | 0.31         | 0.36         | *2             | 7.4           | 3.50          | 0.14         | \$0.000 |
| 002676 POTATO, TATER<br>BARRELS SYSCO                    | 10 BARRELS      | 200          | 170                         | 1.50                      | 360                       | 0                      | *N/A*                  | 9.00         | 0.00          | 0              | 19.00       | 1.00         | 2.00         | *N/A*          | 0.0           | 3.60          | 0.36         | \$0.000 |
| 000643 POTATO, FRIES<br>SPICY TWISTER                    | 1/2 CUP         | 200          | 273                         | 5.97                      | 546                       | *N/A*                  | *N/A*                  | 13.65        | 0.00          | 2              | 34.13       | 3.41         | 3.41         | *N/A*          | 0.0           | 10.24         | 1.84         | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002903 POTATO, FRIES PLAIN TWISTER    | 1/2 CUP      | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 200       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1       | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE             | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0       | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average                |              |           | 845                      | 9.51                   | 1380                   | *33              | *1               | 33.31     | *0.04      | *54         | 105.59   | 11.27     | 33.48     | *2          | 517.4      | 49.02      | *5.68     | \$0.000 |
| % of Calories                         |              |           |                          | 10.13 %                |                        | *15.6%           | *0.5%            | 35.5%     | *0.0%      |             | 50.0%    |           | 15.8%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 09/17/2025

Reimbursable Meal Total 800

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                              | Portion<br>Size    | Reimb<br>Qty | Cals <sup>1</sup><br>(kcal) | S-Fat <sup>1</sup><br>(g) | Sodm <sup>1</sup><br>(mg) | Total<br>Sugars<br>(g) | Added<br>Sugars<br>(g) | T-Fat<br>(g) | Tr-Fat<br>(g) | Cholst<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Protn<br>(g) | Vlt-A<br>(RAE) | Calcm<br>(mg) | Vit-C<br>(mg) | Iron<br>(mg) | Cost    |
|----------------------------------------------|--------------------|--------------|-----------------------------|---------------------------|---------------------------|------------------------|------------------------|--------------|---------------|----------------|-------------|--------------|--------------|----------------|---------------|---------------|--------------|---------|
| 003150 Country Butcher<br>Hamburger Sandwich | I Hamburger        | 75           | 450                         | 9.00                      | 285                       | *0                     | *0                     | 25.00        | 0.00          | 80             | 31.00       | 3.00         | 26.00        | *N/A*          | 150.0         | 0.00          | 11.80        | \$0.000 |
| 002283 BURRITO,<br>BEAN&CHSEIW WG<br>5.95OZ  | EACH               | 50           | 312                         | 4.71                      | 447                       | *N/A*                  | *N/A*                  | 10.64        | 0.00          | 0              | 41.28       | 7.62         | 15.30        | *N/A*          | 195.1         | 8.54          | 3.06         | \$0.000 |
| 002881 HS-CHICKEN,<br>NUGGETS 10EA           | SERVING 10<br>EACH | 50           | 360                         | 4.00                      | 840                       | 0                      | *N/A*                  | 18.00        | 0.00          | 40             | 24.00       | 6.00         | 24.00        | *N/A*          | 80.0          | 0.00          | 3.60         | \$0.000 |
| 002882 HS-CHICKEN,<br>POPCORN WG             | SERVING<br>(15)    | 47           | 270                         | 3.00                      | 630                       | 0                      | *N/A*                  | 13.50        | 0.00          | 30             | 18.00       | 4.50         | 18.00        | *N/A*          | 60.0          | 0.00          | 2.70         | \$0.000 |
| 002892 HS-PBJ GRAPE<br>LUNCH                 | EACH               | 50           | 856                         | 7.00                      | 817                       | *48                    | *N/A*                  | 39.00        | *0.00         | 0              | 113.90      | 14.48        | 20.74        | *N/A*          | 140.1         | 14.59         | 4.38         | \$0.000 |
| 002893 HS-PBJ<br>STRAWBERRY LUNCH            | EACH               | 25           | 846                         | 8.00                      | 817                       | *49                    | *27                    | 37.00        | *0.00         | 0              | 113.90      | 14.47        | 20.74        | *N/A*          | 146.1         | 14.59         | 3.38         | \$0.000 |
| 002687 HS SANDWICH,<br>VEGGIE WG W/CHIPS     | SUB                | 10           | 700                         | 17.00                     | 1213                      | *6                     | *N/A*                  | 35.02        | *0.00         | 80             | 63.34       | 8.52         | 30.47        | *N/A*          | 95.8          | 13.53         | 2.66         | \$0.000 |
| 002686 HS SAND, TURK<br>HAM CHEE W/CHIP      | SANDWICH           | 10           | 681                         | 13.91                     | 1541                      | *8                     | *N/A*                  | 30.15        | *0.00         | 114            | 63.66       | 8.46         | 39.49        | *N/A*          | 97.3          | 3.70          | *2.68        | \$0.000 |
| 002685 HS SAND, TURK<br>SLICE WG W/CHIP      | SANDWICH           | 5            | 537                         | 6.87                      | 1179                      | *6                     | *N/A*                  | 17.75        | *0.00         | 72             | 62.54       | 8.64         | 32.52        | *N/A*          | 114.2         | 11.45         | 3.65         | \$0.000 |
| 001374 SALAD ADULT,<br>CHEF                  | SERVINGS           | 10           | 455                         | 6.74                      | 882                       | *3                     | *N/A*                  | 23.62        | *0.00         | 57             | 42.32       | 6.89         | 20.19        | *N/A*          | 106.3         | 32.81         | *1.79        | \$0.000 |
| 001376 SALAD ADULT,<br>TACO                  | EACH               | 10           | 1009                        | 15.73                     | 1351                      | *1                     | *N/A*                  | 70.11        | *2.39         | 106            | 61.88       | 10.91        | 29.95        | *N/A*          | 108.0         | 65.17         | 2.34         | \$0.000 |
| 000596 SALAD ADULT,<br>VEGGIE                | SERVING            | 10           | 734                         | 16.98                     | 1014                      | *3                     | *N/A*                  | 50.66        | *0.00         | 74             | 50.04       | 7.78         | 20.55        | *N/A*          | 133.4         | 72.31         | 1.86         | \$0.000 |
| 002004 PIZZA,<br>PEPPERONI WG 14"<br>YCUSD   | SLICE              | 48           | 456                         | 8.27                      | 993                       | *2                     | *0                     | 17.72        | *0.00         | 46             | 54.25       | 1.51         | 20.99        | *0             | 320.8         | 0.00          | 3.75         | \$0.000 |
| 002002 PIZZA, CHEESE<br>WG 14" YCUSD         | SLICE              | 48           | 435                         | 7.86                      | 890                       | *2                     | *0                     | 15.31        | *0.00         | 43             | 54.59       | 1.51         | 21.10        | *0             | 389.4         | 0.00          | 3.41         | \$0.000 |
| 001581 PIZZA, VEGGIE<br>WG 14" YCUSD         | SLICE              | 12           | 453                         | 8.11                      | 979                       | *2                     | *0                     | 16.41        | *0.00         | 44             | 55.81       | 1.91         | 21.49        | *0             | 369.2         | 8.02          | 3.45         | \$0.000 |
| 002891 CHICKEN<br>TERIYAKI BOWL<br>NOODLE    | SERVINGS H<br>#16  | 75           | 310                         | 2.33                      | 834                       | *6                     | *N/A*                  | 8.85         | *0.00         | 46             | 41.38       | 3.49         | 19.43        | *N/A*          | 19.5          | 0.08          | 2.49         | \$0.000 |
| 002025 HS-STIR FRY<br>VEGETABLE MIX          | #8 SCOOP           | 75           | 20                          | 0.00                      | 29                        | *0                     | *0                     | 0.01         | *0.00         | 0              | 4.41        | 1.40         | 1.19         | *0             | 29.7          | 29.90         | 0.41         | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002343 HS-TERIYAKI TOFU S/F YCUSD     | 1/4 CUP         | 25        | 62                       | 0.20                   | 60                     | *2               | *N/A*            | 3.26      | 0.00       | 0           | 4.67     | 0.00      | 4.46      | *N/A*       | 20.9       | 0.20       | 0.65      | \$0.000 |
| 002131 HS-J LEE ROYS TRI-TIP          | EACH            | 25        | 226                      | 3.63                   | 461                    | *1               | *N/A*            | 9.78      | *0.00      | 73          | 11.01    | 1.20      | 23.43     | *N/A*       | 33.2       | 1.63       | 1.99      | \$0.000 |
| 002129 HS-J LEE ROYS PULLED PORK      | 3OZ SERVING     | 25        | 202                      | 0.01                   | 199                    | *0               | *N/A*            | 4.11      | *0.00      | 96          | 3.43     | 0.40      | 32.23     | *N/A*       | 2.5        | 0.41       | 0.12      | \$0.000 |
| 002130 HS-J LEE ROYS BRISKET          | EACH            | 25        | 277                      | 5.13                   | 219                    | *0               | *0               | 12.60     | *0.50      | 129         | 2.75     | 0.30      | 38.34     | *3          | 20.3       | 0.41       | 4.37      | \$0.000 |
| 003152 1/4# Hot Dog on a bun          | 1 Hot Dog w/bun | 40        | 507                      | 12.93                  | 1269                   | *3               | *N/A*            | 32.68     | 0.00       | 64          | 34.24    | 3.00      | 18.25     | *N/A*       | 210.4      | 0.01       | 19.55     | \$0.000 |
| 002949 HOT POCKET SANDWICH PEPPERONI  | EACH            | 50        | 291                      | 6.02                   | 572                    | 3                | *N/A*            | 12.04     | 0.00       | 25          | 36.13    | 1.00      | 9.03      | *N/A*       | 100.4      | 0.00       | 2.71      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG      | SERVING         | 55        | 71                       | 0.97                   | 189                    | *2               | *0               | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *2          | 7.4        | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO    | 10 BARRELS      | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 3.60       | 0.36      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER    | 1/2 CUP         | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0        | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES PLAIN TWISTER    | 1/2 CUP         | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH          | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH            | 200       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH            | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET          | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt             | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                | Pkt             | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET          | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET          | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001051 SALSA, COMMODITY       | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY      | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1       | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE     | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0       | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average        |              |           | 843                      | 9.48                   | 1388                   | *35              | *1               | 32.97     | *0.05      | *53         | 107.97   | 10.56     | 32.02     | *2          | 510.3      | 51.43      | *5.85     | \$0.000 |
| % of Calories                 |              |           |                          | 10.12 %                |                        | *16.6%           | *0.5%            | 35.2%     | *0.1%      |             | 51.2%    |           | 15.2%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 09/18/2025

Reimbursable Meal Total 800

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | I Hamburger     | 100       | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH            | 100       | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002592 CHICKEN PATTY ON BUN RC            | EACH            | 75        | 182                      | 2.00                   | 423                    | 0                | *N/A*            | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA           | SERVING 10 EACH | 50        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG             | SERVING (15)    | 50        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 001757 HS CORN DOG, TURKEY 4 OZ 2         | SERVING         | 50        | 480                      | 5.00                   | 780                    | *N/A*            | *N/A*            | 16.00     | 0.00       | 80          | 60.00    | 10.00     | 18.00     | *N/A*       | 160.0      | 0.00       | 3.60      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH                 | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                                  | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002893 HS-PBJ STRAWBERRY LUNCH                   | EACH         | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS            | SUB          | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP             | SANDWICH     | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP             | SANDWICH     | 5         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2      | 11.45      | 3.65      | \$0.000 |
| 001374 SALAD ADULT, CHEF                         | SERVINGS     | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3      | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO                         | EACH         | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0      | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE                       | SERVING      | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4      | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD             | SLICE        | 48        | 456                      | 8.27                   | 993                    | *2               | *0               | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *0          | 320.8      | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD                | SLICE        | 48        | 435                      | 7.86                   | 890                    | *2               | *0               | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *0          | 389.4      | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD                | SLICE        | 12        | 453                      | 8.11                   | 979                    | *2               | *0               | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *0          | 369.2      | 8.02       | 3.45      | \$0.000 |
| 003106 CHICKEN WINGS BONE IN RAW COUNTRY BUTCHER | SERVINGS     | 75        | 210                      | 4.00                   | 125                    | *0               | *0               | 14.00     | *0.00      | 125         | 0.09     | 0.01      | 20.01     | *N/A*       | 26.5       | 0.01       | 0.55      | \$0.000 |
| 002131 HS-J LEE ROYS TRI-TIP                     | EACH         | 20        | 226                      | 3.63                   | 461                    | *1               | *N/A*            | 9.78      | *0.00      | 73          | 11.01    | 1.20      | 23.43     | *N/A*       | 33.2       | 1.63       | 1.99      | \$0.000 |
| 002129 HS-J LEE ROYS PULLED PORK                 | 3OZ SERVING  | 20        | 202                      | 0.01                   | 199                    | *0               | *N/A*            | 4.11      | *0.00      | 96          | 3.43     | 0.40      | 32.23     | *N/A*       | 2.5        | 0.41       | 0.12      | \$0.000 |
| 002130 HS-J LEE ROYS BRISKET                     | EACH         | 22        | 277                      | 5.13                   | 219                    | *0               | *0               | 12.60     | *0.50      | 129         | 2.75     | 0.30      | 38.34     | *3          | 20.3       | 0.41       | 4.37      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG                 | SERVING      | 55        | 71                       | 0.97                   | 189                    | *2               | *0               | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *2          | 7.4        | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO               | 10 BARRELS   | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 3.60       | 0.36      | \$0.000 |
| 003009 POTATO FRY SIDEWINDER JR SMPLT            | 1/2 CUP      | 100       | 166                      | 0.83                   | 465                    | 0                | *N/A*            | 6.64      | 0.00       | 0           | 26.54    | 1.66      | 1.66      | *N/A*       | 0.0        | 0.00       | 0.83      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER               | 1/2 CUP      | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0        | 10.24      | 1.84      | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002903 POTATO, FRIES PLAIN TWISTER    | 1/2 CUP      | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 200       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1       | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE             | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0       | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average                |              |           | 884                      | 9.76                   | 1399                   | *34              | *1               | 35.00     | *0.04      | *64         | 111.31   | 11.59     | 34.16     | *2          | 517.6      | 49.13      | *5.50     | \$0.000 |
| % of Calories                         |              |           |                          | 9.94%                  |                        | *15.4%           | *0.5%            | 35.6%     | *0.0%      |             | 50.4%    |           | 15.5%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 09/19/2025

Reimbursable Meal Total 800

# Base Menu Spreadsheet

Yuba City USD

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | I Hamburger     | 75        | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0                  | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH            | 75        | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1                  | 8.54       | 3.06      | \$0.000 |
| 003152 1/4# Hot Dog on a bun              | 1 Hot Dog w/bun | 50        | 507                      | 12.93                  | 1269                   | *3               | *N/A*            | 32.68     | 0.00       | 64          | 34.24    | 3.00      | 18.25     | *N/A*       | 210.4                  | 0.01       | 19.55     | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA           | SERVING 10 EACH | 50        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0                   | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG             | SERVING (15)    | 50        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0                   | 0.00       | 2.70      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH                 | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1                  | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH            | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1                  | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS     | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8                   | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP      | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3                   | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP      | SANDWICH        | 5         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2                  | 11.45      | 3.65      | \$0.000 |
| 001374 SALAD ADULT, CHEF                  | SERVINGS        | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3                  | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO                  | EACH            | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0                  | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE                | SERVING         | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4                  | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD      | SLICE           | 48        | 456                      | 8.27                   | 993                    | *2               | *0               | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *0          | 320.8                  | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD         | SLICE           | 48        | 435                      | 7.86                   | 890                    | *2               | *0               | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *0          | 389.4                  | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD         | SLICE           | 12        | 453                      | 8.11                   | 979                    | *2               | *0               | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *0          | 369.2                  | 8.02       | 3.45      | \$0.000 |
| 003004 HS-NACHO BAR                       | SERVING         | 60        | 501                      | 7.42                   | 1004                   | *4               | *N/A*            | 20.66     | *0.79      | 93          | 46.16    | 8.53      | 32.28     | *N/A*       | 272.8                  | 14.33      | 1.85      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 003127 HS CHICKEN GENERAL BOWL NOODLE | SERVINGS H #16  | 60        | 391                      | 2.50                   | 612                    | *14              | *N/A*            | 10.81     | *0.00      | 46          | 57.70    | 4.10      | 20.31     | *N/A*       | 24.3                   | 0.09       | 2.80      | \$0.000 |
| 002025 HS-STIR FRY VEGETABLE MIX      | #8 SCOOP        | 75        | 20                       | 0.00                   | 29                     | *0               | *0               | 0.01      | *0.00      | 0           | 4.41     | 1.40      | 1.19      | *0          | 29.7                   | 29.90      | 0.41      | \$0.000 |
| 003059 TOFU NOODLE BOWL GENERAL TSO   | 4OZ. HEAP SPOOD | 25        | 219                      | 0.22                   | 125                    | *3               | *N/A*            | 7.49      | 0.00       | 0           | 27.28    | 2.01      | 14.54     | *N/A*       | 58.0                   | 0.00       | 2.88      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG      | SERVING         | 55        | 71                       | 0.97                   | 189                    | *2               | *0               | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *2          | 7.4                    | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO    | 10 BARRELS      | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 3.60       | 0.36      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER    | 1/2 CUP         | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0                    | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES PLAIN TWISTER    | 1/2 CUP         | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH          | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH            | 200       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH            | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET          | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4                    | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt             | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                | Pkt             | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4                    | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET          | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET          | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP        | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG             | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1                   | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE             | 1 CUP           | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0                   | 13.30      | 0.54      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000230 MILK,1% WHITE          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 001725 HS-CHEESE QUESADILLA   | EACH         | 30        | 315                      | 6.52                   | 1000                   | *N/A*            | *N/A*            | 12.04     | 0.00       | 25          | 31.44    | 3.94      | 19.04     | *N/A*       | 100.0      | 0.00       | 1.44      | \$0.000 |
| 001120 HS-QUESADILLA JUMBO    | EACH         | 12        | 353                      | 4.74                   | 1172                   | *0               | *N/A*            | 13.40     | 0.00       | 91          | 31.26    | 6.94      | 26.84     | *N/A*       | 121.0      | 18.48      | 3.85      | \$0.000 |
| Weighted Daily Average        |              |           | 879                      | 10.00                  | 1457                   | *36              | *1               | 34.50     | *0.09      | *51         | 113.23   | 11.67     | 32.85     | *2          | 538.4      | 52.97      | *6.12     | \$0.000 |
| % of Calories                 |              |           |                          | 10.24 %                |                        | *16.4%           | *0.5%            | 35.3%     | *0.1%      |             | 51.5%    |           | 14.9%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 09/22/2025

Reimbursable Meal Total 800

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | 1 Hamburger     | 75        | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH            | 75        | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002592 CHICKEN PATTY ON BUN RC            | EACH            | 40        | 182                      | 2.00                   | 423                    | 0                | *N/A*            | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA           | SERVING 10 EACH | 40        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG             | SERVING (15)    | 40        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 001757 HS CORN DOG, TURKEY 4 OZ 2         | SERVING         | 40        | 480                      | 5.00                   | 780                    | *N/A*            | *N/A*            | 16.00     | 0.00       | 80          | 60.00    | 10.00     | 18.00     | *N/A*       | 160.0      | 0.00       | 3.60      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH                 | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH            | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8                   | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP  | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3                   | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP  | SANDWICH        | 4         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2                  | 11.45      | 3.65      | \$0.000 |
| 001374 SALAD ADULT, CHEF              | SERVINGS        | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3                  | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO              | EACH            | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0                  | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE            | SERVING         | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4                  | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD  | SLICE           | 48        | 456                      | 8.27                   | 993                    | *2               | *0               | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *0          | 320.8                  | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD     | SLICE           | 48        | 435                      | 7.86                   | 890                    | *2               | *0               | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *0          | 389.4                  | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD     | SLICE           | 12        | 453                      | 8.11                   | 979                    | *2               | *0               | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *0          | 369.2                  | 8.02       | 3.45      | \$0.000 |
| 002800 CHICKEN ORANGE NOODLE BOWL     | SERVINGS        | 50        | 292                      | 2.33                   | 421                    | *1               | *N/A*            | 8.85      | *0.00      | 46          | 37.18    | 3.42      | 18.92     | *N/A*       | 18.8                   | 1.48       | 2.33      | \$0.000 |
| 002025 HS-STIR FRY VEGETABLE MIX      | #8 SCOOP        | 50        | 20                       | 0.00                   | 29                     | *0               | *0               | 0.01      | *0.00      | 0           | 4.41     | 1.40      | 1.19      | *0          | 29.7                   | 29.90      | 0.41      | \$0.000 |
| 002339 HS-HUNAN ORANGE TOFU S/F YCUSD | 4OZ. HEAP SPOOD | 25        | 110                      | 0.20                   | 89                     | *1               | *N/A*            | 5.79      | 0.00       | 0           | 5.91     | 0.00      | 10.53     | *N/A*       | 48.4                   | 1.40       | 1.53      | \$0.000 |
| 002229 HS-FRESH MEX                   | SERVING         | 50        | 559                      | 3.54                   | 755                    | *2               | *0               | 15.95     | *0.79      | 67          | 73.97    | 11.10     | 30.36     | *0          | 65.3                   | 16.82      | 3.25      | \$0.000 |
| 003151 Bratwurst on a Bun             | 1 Brat w/bun    | 55        | 660                      | 12.00                  | 1780                   | 6                | 0                | 36.00     | 0.00       | 70          | 63.00    | 0.00      | 22.00     | *N/A*       | 112.0                  | 0.00       | 3.92      | \$0.000 |
| 003014 CHICKEN BNLS WINGS HOT N SPICY | 5ea             | 25        | 201                      | 2.01                   | 342                    | 1                | *N/A*            | 10.05     | 0.00       | 45          | 10.05    | 1.00      | 19.10     | *N/A*       | 0.0                    | 0.00       | 1.00      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG      | SERVING         | 55        | 71                       | 0.97                   | 189                    | *2               | *0               | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *2          | 7.4                    | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO    | 10 BARRELS      | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 3.60       | 0.36      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER    | 1/2 CUP         | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0                    | 10.24      | 1.84      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002903 POTATO, FRIES PLAIN TWISTER    | 1/2 CUP      | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 200       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1       | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE             | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0       | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average                |              |           | 889                      | 9.64                   | 1447                   | *35              | *1               | 34.56     | *0.08      | *52         | 115.45   | 11.63     | 32.61     | *2          | 515.2      | 51.84      | *5.22     | \$0.000 |
| % of Calories                         |              |           |                          | 9.76%                  |                        | *15.7%           | *0.4%            | 35.0%     | *0.1%      |             | 51.9%    |           | 14.7%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Tuesday - 09/23/2025

Reimbursable Meal Total 800

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | I Hamburger     | 95        | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH            | 75        | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002592 CHICKEN PATTY ON BUN RC            | EACH            | 90        | 182                      | 2.00                   | 423                    | 0                | *N/A*            | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA           | SERVING 10 EACH | 75        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG             | SERVING (15)    | 75        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH                 | EACH            | 30        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH            | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS     | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP      | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP      | SANDWICH        | 10        | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2      | 11.45      | 3.65      | \$0.000 |
| 001374 SALAD ADULT, CHEF                  | SERVINGS        | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3      | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO                  | EACH            | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0      | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE                | SERVING         | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4      | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD      | SLICE           | 30        | 456                      | 8.27                   | 993                    | *2               | *0               | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *0          | 320.8      | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD         | SLICE           | 30        | 435                      | 7.86                   | 890                    | *2               | *0               | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *0          | 389.4      | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD         | SLICE           | 15        | 453                      | 8.11                   | 979                    | *2               | *0               | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *0          | 369.2      | 8.02       | 3.45      | \$0.000 |
| 002131 HS-J LEE ROYS TRI-TIP              | EACH            | 20        | 226                      | 3.63                   | 461                    | *1               | *N/A*            | 9.78      | *0.00      | 73          | 11.01    | 1.20      | 23.43     | *N/A*       | 33.2       | 1.63       | 1.99      | \$0.000 |
| 002129 HS-J LEE ROYS PULLED PORK          | 3OZ SERVING     | 20        | 202                      | 0.01                   | 199                    | *0               | *N/A*            | 4.11      | *0.00      | 96          | 3.43     | 0.40      | 32.23     | *N/A*       | 2.5        | 0.41       | 0.12      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                                    | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|----------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002130 HS-J LEE ROYS BRISKET                       | EACH         | 10        | 277                      | 5.13                   | 219                    | *0               | *0               | 12.60     | *0.50      | 129         | 2.75     | 0.30      | 38.34     | *3          | 20.3       | 0.41       | 4.37      | \$0.000 |
| 000075 HS-BEEF SOFT TACO                           | SERVINGS     | 50        | 445                      | 7.54                   | 796                    | *1               | *0               | 20.43     | *0.00      | 67          | 34.64    | 4.60      | 28.60     | *0          | 132.1      | 3.81       | 4.41      | \$0.000 |
| 002951 BEEF TAQUITO                                | SERVINGS     | 50        | 200                      | 1.00                   | 410                    | 0                | *N/A*            | 4.00      | 0.00       | 15          | 33.00    | 5.00      | 9.00      | *N/A*       | 80.0       | 0.00       | 7.20      | \$0.000 |
| 003078 TAMALE CHICKEN SALSA VERDE CHEESE LOS CABOS | 1 TAMALE     | 25        | 309                      | 6.53                   | 622                    | 1                | 0                | 13.76     | 0.00       | 56          | 28.40    | 2.70      | 17.27     | *N/A*       | 202.6      | 3.59       | 1.37      | \$0.000 |
| 003077 TAMALE TWO CHEESE & GREEN CHILI LOS CABOS   | 1 TAMALE     | 25        | 345                      | 9.47                   | 712                    | 2                | 0                | 18.01     | 0.00       | 36          | 29.67    | 2.56      | 15.95     | *N/A*       | 418.6      | 2.45       | 0.87      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG                   | SERVING      | 55        | 71                       | 0.97                   | 189                    | *2               | *0               | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *2          | 7.4        | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO                 | 10 BARRELS   | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 3.60       | 0.36      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER                 | 1/2 CUP      | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0        | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES PLAIN TWISTER                 | 1/2 CUP      | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE                    | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                        | EACH         | 200       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                        | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                             | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET                          | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                             | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET                           | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM              | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY                            | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000450 VEG, CARROTS BABY      | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1       | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE     | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0       | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average        |              |           | 845                      | 9.51                   | 1380                   | *33              | *1               | 33.31     | *0.04      | *54         | 105.59   | 11.27     | 33.48     | *2          | 517.4      | 49.02      | *5.68     | \$0.000 |
| % of Calories                 |              |           |                          | 10.13 %                |                        | *15.6%           | *0.5%            | 35.5%     | *0.0%      |             | 50.0%    |           | 15.8%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 09/24/2025

Reimbursable Meal Total 800

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | 1 Hamburger     | 75        | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH            | 50        | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA           | SERVING 10 EACH | 50        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG             | SERVING (15)    | 47        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH                 | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH            | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS     | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP      | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                      | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002685 HS SAND, TURK SLICE WG W/CHIP | SANDWICH        | 5         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2      | 11.45      | 3.65      | \$0.000 |
| 001374 SALAD ADULT, CHEF             | SERVINGS        | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3      | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO             | EACH            | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0      | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE           | SERVING         | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4      | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD | SLICE           | 48        | 456                      | 8.27                   | 993                    | *2               | *0               | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *0          | 320.8      | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD    | SLICE           | 48        | 435                      | 7.86                   | 890                    | *2               | *0               | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *0          | 389.4      | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD    | SLICE           | 12        | 453                      | 8.11                   | 979                    | *2               | *0               | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *0          | 369.2      | 8.02       | 3.45      | \$0.000 |
| 002891 CHICKEN TERIYAKI BOWL NOODLE  | SERVINGS H #16  | 75        | 310                      | 2.33                   | 834                    | *6               | *N/A*            | 8.85      | *0.00      | 46          | 41.38    | 3.49      | 19.43     | *N/A*       | 19.5       | 0.08       | 2.49      | \$0.000 |
| 002025 HS-STIR FRY VEGETABLE MIX     | #8 SCOOP        | 75        | 20                       | 0.00                   | 29                     | *0               | *0               | 0.01      | *0.00      | 0           | 4.41     | 1.40      | 1.19      | *0          | 29.7       | 29.90      | 0.41      | \$0.000 |
| 002343 HS-TERIYAKI TOFU S/F YCUSD    | 1/4 CUP         | 25        | 62                       | 0.20                   | 60                     | *2               | *N/A*            | 3.26      | 0.00       | 0           | 4.67     | 0.00      | 4.46      | *N/A*       | 20.9       | 0.20       | 0.65      | \$0.000 |
| 002131 HS-J LEE ROYS TRI-TIP         | EACH            | 25        | 226                      | 3.63                   | 461                    | *1               | *N/A*            | 9.78      | *0.00      | 73          | 11.01    | 1.20      | 23.43     | *N/A*       | 33.2       | 1.63       | 1.99      | \$0.000 |
| 002129 HS-J LEE ROYS PULLED PORK     | 3OZ SERVING     | 25        | 202                      | 0.01                   | 199                    | *0               | *N/A*            | 4.11      | *0.00      | 96          | 3.43     | 0.40      | 32.23     | *N/A*       | 2.5        | 0.41       | 0.12      | \$0.000 |
| 002130 HS-J LEE ROYS BRISKET         | EACH            | 25        | 277                      | 5.13                   | 219                    | *0               | *0               | 12.60     | *0.50      | 129         | 2.75     | 0.30      | 38.34     | *3          | 20.3       | 0.41       | 4.37      | \$0.000 |
| 003152 1/4# Hot Dog on a bun         | 1 Hot Dog w/bun | 40        | 507                      | 12.93                  | 1269                   | *3               | *N/A*            | 32.68     | 0.00       | 64          | 34.24    | 3.00      | 18.25     | *N/A*       | 210.4      | 0.01       | 19.55     | \$0.000 |
| 002949 HOT POCKET SANDWICH PEPPERONI | EACH            | 50        | 291                      | 6.02                   | 572                    | 3                | *N/A*            | 12.04     | 0.00       | 25          | 36.13    | 1.00      | 9.03      | *N/A*       | 100.4      | 0.00       | 2.71      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG     | SERVING         | 55        | 71                       | 0.97                   | 189                    | *2               | *0               | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *2          | 7.4        | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO   | 10 BARRELS      | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 3.60       | 0.36      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER   | 1/2 CUP         | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0        | 10.24      | 1.84      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002903 POTATO, FRIES PLAIN TWISTER    | 1/2 CUP      | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 200       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4                    | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4                    | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1                   | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE             | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0                   | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average                |              |           | 843                      | 9.48                   | 1388                   | *35              | *1               | 32.97     | *0.05      | *53         | 107.97   | 10.56     | 32.02     | *2          | 510.3                  | 51.43      | *5.85     | \$0.000 |
| % of Calories                         |              |           |                          | 10.12 %                |                        | *16.6%           | *0.5%            | 35.2%     | *0.1%      |             | 51.2%    |           | 15.2%     |             |                        |            |           |         |
| Weekly Nutrient Guideline             |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |                        |            |           |         |

Thursday - 09/25/2025

Reimbursable Meal Total 800

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | I Hamburger     | 100       | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH            | 100       | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002592 CHICKEN PATTY ON BUN RC            | EACH            | 75        | 182                      | 2.00                   | 423                    | 0                | *N/A*            | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA           | SERVING 10 EACH | 50        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG             | SERVING (15)    | 50        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 001757 HS CORN DOG, TURKEY 4 OZ 2         | SERVING         | 50        | 480                      | 5.00                   | 780                    | *N/A*            | *N/A*            | 16.00     | 0.00       | 80          | 60.00    | 10.00     | 18.00     | *N/A*       | 160.0      | 0.00       | 3.60      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH                 | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH            | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS     | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP      | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP      | SANDWICH        | 5         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2      | 11.45      | 3.65      | \$0.000 |
| 001374 SALAD ADULT, CHEF                  | SERVINGS        | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3      | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO                  | EACH            | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0      | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE                | SERVING         | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4      | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD      | SLICE           | 48        | 456                      | 8.27                   | 993                    | *2               | *0               | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *0          | 320.8      | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD         | SLICE           | 48        | 435                      | 7.86                   | 890                    | *2               | *0               | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *0          | 389.4      | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD         | SLICE           | 12        | 453                      | 8.11                   | 979                    | *2               | *0               | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *0          | 369.2      | 8.02       | 3.45      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                                  | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003106 CHICKEN WINGS BONE IN RAW COUNTRY BUTCHER | SERVINGS     | 75        | 210                      | 4.00                   | 125                    | *0               | *0               | 14.00     | *0.00      | 125         | 0.09     | 0.01      | 20.01     | *N/A*       | 26.5       | 0.01       | 0.55      | \$0.000 |
| 002131 HS-J LEE ROYS TRI-TIP                     | EACH         | 20        | 226                      | 3.63                   | 461                    | *1               | *N/A*            | 9.78      | *0.00      | 73          | 11.01    | 1.20      | 23.43     | *N/A*       | 33.2       | 1.63       | 1.99      | \$0.000 |
| 002129 HS-J LEE ROYS PULLED PORK                 | 3OZ SERVING  | 20        | 202                      | 0.01                   | 199                    | *0               | *N/A*            | 4.11      | *0.00      | 96          | 3.43     | 0.40      | 32.23     | *N/A*       | 2.5        | 0.41       | 0.12      | \$0.000 |
| 002130 HS-J LEE ROYS BRISKET                     | EACH         | 22        | 277                      | 5.13                   | 219                    | *0               | *0               | 12.60     | *0.50      | 129         | 2.75     | 0.30      | 38.34     | *3          | 20.3       | 0.41       | 4.37      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG                 | SERVING      | 55        | 71                       | 0.97                   | 189                    | *2               | *0               | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *2          | 7.4        | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO               | 10 BARRELS   | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 3.60       | 0.36      | \$0.000 |
| 003009 POTATO FRY SIDEWINDER JR SMPLT            | 1/2 CUP      | 100       | 166                      | 0.83                   | 465                    | 0                | *N/A*            | 6.64      | 0.00       | 0           | 26.54    | 1.66      | 1.66      | *N/A*       | 0.0        | 0.00       | 0.83      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER               | 1/2 CUP      | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0        | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES PLAIN TWISTER               | 1/2 CUP      | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE                  | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                      | EACH         | 200       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                      | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                           | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET                        | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                           | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET                         | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM            | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY                          | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000450 VEG, CARROTS BABY      | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1       | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE     | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0       | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average        |              |           | 884                      | 9.76                   | 1399                   | *34              | *1               | 35.00     | *0.04      | *64         | 111.31   | 11.59     | 34.16     | *2          | 517.6      | 49.13      | *5.50     | \$0.000 |
| % of Calories                 |              |           |                          | 9.94%                  |                        | *15.4%           | *0.5%            | 35.6%     | *0.0%      |             | 50.4%    |           | 15.5%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 09/26/2025

Reimbursable Meal Total 800

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | 1 Hamburger     | 75        | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH            | 75        | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 003152 1/4# Hot Dog on a bun              | 1 Hot Dog w/bun | 50        | 507                      | 12.93                  | 1269                   | *3               | *N/A*            | 32.68     | 0.00       | 64          | 34.24    | 3.00      | 18.25     | *N/A*       | 210.4      | 0.01       | 19.55     | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA           | SERVING 10 EACH | 50        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG             | SERVING (15)    | 50        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH                 | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH            | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS     | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002686 HS SAND, TURK HAM CHEE W/CHIP  | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP  | SANDWICH        | 5         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2      | 11.45      | 3.65      | \$0.000 |
| 001374 SALAD ADULT, CHEF              | SERVINGS        | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3      | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO              | EACH            | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0      | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE            | SERVING         | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4      | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD  | SLICE           | 48        | 456                      | 8.27                   | 993                    | *2               | *0               | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *0          | 320.8      | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD     | SLICE           | 48        | 435                      | 7.86                   | 890                    | *2               | *0               | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *0          | 389.4      | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD     | SLICE           | 12        | 453                      | 8.11                   | 979                    | *2               | *0               | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *0          | 369.2      | 8.02       | 3.45      | \$0.000 |
| 003004 HS-NACHO BAR                   | SERVING         | 60        | 501                      | 7.42                   | 1004                   | *4               | *N/A*            | 20.66     | *0.79      | 93          | 46.16    | 8.53      | 32.28     | *N/A*       | 272.8      | 14.33      | 1.85      | \$0.000 |
| 003127 HS CHICKEN GENERAL BOWL NOODLE | SERVINGS H #16  | 60        | 391                      | 2.50                   | 612                    | *14              | *N/A*            | 10.81     | *0.00      | 46          | 57.70    | 4.10      | 20.31     | *N/A*       | 24.3       | 0.09       | 2.80      | \$0.000 |
| 002025 HS-STIR FRY VEGETABLE MIX      | #8 SCOOP        | 75        | 20                       | 0.00                   | 29                     | *0               | *0               | 0.01      | *0.00      | 0           | 4.41     | 1.40      | 1.19      | *0          | 29.7       | 29.90      | 0.41      | \$0.000 |
| 003059 TOFU NOODLE BOWL GENERAL TSO   | 4OZ. HEAP SPOOD | 25        | 219                      | 0.22                   | 125                    | *3               | *N/A*            | 7.49      | 0.00       | 0           | 27.28    | 2.01      | 14.54     | *N/A*       | 58.0       | 0.00       | 2.88      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG      | SERVING         | 55        | 71                       | 0.97                   | 189                    | *2               | *0               | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *2          | 7.4        | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO    | 10 BARRELS      | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 3.60       | 0.36      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER    | 1/2 CUP         | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0        | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES PLAIN TWISTER    | 1/2 CUP         | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH          | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH            | 200       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000086 FRUIT, ORANGES FRESH           | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1       | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE             | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0       | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 001725 HS-CHEESE QUESADILLA           | EACH         | 30        | 315                      | 6.52                   | 1000                   | *N/A*            | *N/A*            | 12.04     | 0.00       | 25          | 31.44    | 3.94      | 19.04     | *N/A*       | 100.0      | 0.00       | 1.44      | \$0.000 |
| 001120 HS-QUESADILLA JUMBO            | EACH         | 12        | 353                      | 4.74                   | 1172                   | *0               | *N/A*            | 13.40     | 0.00       | 91          | 31.26    | 6.94      | 26.84     | *N/A*       | 121.0      | 18.48      | 3.85      | \$0.000 |
| Weighted Daily Average                |              |           | 879                      | 10.00                  | 1457                   | *36              | *1               | 34.50     | *0.09      | *51         | 113.23   | 11.67     | 32.85     | *2          | 538.4      | 52.97      | *6.12     | \$0.000 |
| % of Calories                         |              |           |                          | 10.24 %                |                        | *16.4%           | *0.5%            | 35.3%     | *0.1%      |             | 51.5%    |           | 14.9%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 09/29/2025

Reimbursable Meal Total 800

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | I Hamburger     | 75        | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH            | 75        | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002592 CHICKEN PATTY ON BUN RC            | EACH            | 40        | 182                      | 2.00                   | 423                    | 0                | *N/A*            | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA           | SERVING 10 EACH | 40        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG             | SERVING (15)    | 40        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 001757 HS CORN DOG, TURKEY 4 OZ 2         | SERVING         | 40        | 480                      | 5.00                   | 780                    | *N/A*            | *N/A*            | 16.00     | 0.00       | 80          | 60.00    | 10.00     | 18.00     | *N/A*       | 160.0      | 0.00       | 3.60      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH                 | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH            | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS     | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP      | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP      | SANDWICH        | 4         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2      | 11.45      | 3.65      | \$0.000 |
| 001374 SALAD ADULT, CHEF                  | SERVINGS        | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3      | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO                  | EACH            | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0      | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE                | SERVING         | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4      | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD      | SLICE           | 48        | 456                      | 8.27                   | 993                    | *2               | *0               | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *0          | 320.8      | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD         | SLICE           | 48        | 435                      | 7.86                   | 890                    | *2               | *0               | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *0          | 389.4      | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD         | SLICE           | 12        | 453                      | 8.11                   | 979                    | *2               | *0               | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *0          | 369.2      | 8.02       | 3.45      | \$0.000 |
| 002800 CHICKEN ORANGE NOODLE BOWL         | SERVINGS        | 50        | 292                      | 2.33                   | 421                    | *1               | *N/A*            | 8.85      | *0.00      | 46          | 37.18    | 3.42      | 18.92     | *N/A*       | 18.8       | 1.48       | 2.33      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002025 HS-STIR FRY VEGETABLE MIX      | #8 SCOOP        | 50        | 20                       | 0.00                   | 29                     | *0               | *0               | 0.01      | *0.00      | 0           | 4.41     | 1.40      | 1.19      | *0          | 29.7       | 29.90      | 0.41      | \$0.000 |
| 002339 HS-HUNAN ORANGE TOFU S/F YCUSD | 4OZ. HEAP SPOOD | 25        | 110                      | 0.20                   | 89                     | *1               | *N/A*            | 5.79      | 0.00       | 0           | 5.91     | 0.00      | 10.53     | *N/A*       | 48.4       | 1.40       | 1.53      | \$0.000 |
| 002229 HS-FRESH MEX                   | SERVING         | 50        | 559                      | 3.54                   | 755                    | *2               | *0               | 15.95     | *0.79      | 67          | 73.97    | 11.10     | 30.36     | *0          | 65.3       | 16.82      | 3.25      | \$0.000 |
| 003151 Bratwurst on a Bun             | 1 Brat w/bun    | 55        | 660                      | 12.00                  | 1780                   | 6                | 0                | 36.00     | 0.00       | 70          | 63.00    | 0.00      | 22.00     | *N/A*       | 112.0      | 0.00       | 3.92      | \$0.000 |
| 003014 CHICKEN BNLS WINGS HOT N SPICY | 5ea             | 25        | 201                      | 2.01                   | 342                    | 1                | *N/A*            | 10.05     | 0.00       | 45          | 10.05    | 1.00      | 19.10     | *N/A*       | 0.0        | 0.00       | 1.00      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG      | SERVING         | 55        | 71                       | 0.97                   | 189                    | *2               | *0               | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *2          | 7.4        | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO    | 10 BARRELS      | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 3.60       | 0.36      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER    | 1/2 CUP         | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0        | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES PLAIN TWISTER    | 1/2 CUP         | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH          | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH            | 200       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH            | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET          | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt             | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                | Pkt             | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET          | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET          | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP        | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000450 VEG, CARROTS BABY      | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1       | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE     | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0       | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average        |              |           | 889                      | 9.64                   | 1447                   | *35              | *1               | 34.56     | *0.08      | *52         | 115.45   | 11.63     | 32.61     | *2          | 515.2      | 51.84      | *5.22     | \$0.000 |
| % of Calories                 |              |           |                          | 9.76%                  |                        | *15.7%           | *0.4%            | 35.0%     | *0.1%      |             | 51.9%    |           | 14.7%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Tuesday - 09/30/2025

Reimbursable Meal Total 800

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | 1 Hamburger     | 95        | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH            | 75        | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002592 CHICKEN PATTY ON BUN RC            | EACH            | 90        | 182                      | 2.00                   | 423                    | 0                | *N/A*            | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA           | SERVING 10 EACH | 75        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG             | SERVING (15)    | 75        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH                 | EACH            | 30        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH            | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS     | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                                    | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|----------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002686 HS SAND, TURK HAM CHEE W/CHIP               | SANDWICH     | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP               | SANDWICH     | 10        | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2      | 11.45      | 3.65      | \$0.000 |
| 001374 SALAD ADULT, CHEF                           | SERVINGS     | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3      | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO                           | EACH         | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0      | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE                         | SERVING      | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4      | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD               | SLICE        | 30        | 456                      | 8.27                   | 993                    | *2               | *0               | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *0          | 320.8      | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD                  | SLICE        | 30        | 435                      | 7.86                   | 890                    | *2               | *0               | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *0          | 389.4      | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD                  | SLICE        | 15        | 453                      | 8.11                   | 979                    | *2               | *0               | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *0          | 369.2      | 8.02       | 3.45      | \$0.000 |
| 002131 HS-J LEE ROYS TRI-TIP                       | EACH         | 20        | 226                      | 3.63                   | 461                    | *1               | *N/A*            | 9.78      | *0.00      | 73          | 11.01    | 1.20      | 23.43     | *N/A*       | 33.2       | 1.63       | 1.99      | \$0.000 |
| 002129 HS-J LEE ROYS PULLED PORK                   | 3OZ SERVING  | 20        | 202                      | 0.01                   | 199                    | *0               | *N/A*            | 4.11      | *0.00      | 96          | 3.43     | 0.40      | 32.23     | *N/A*       | 2.5        | 0.41       | 0.12      | \$0.000 |
| 002130 HS-J LEE ROYS BRISKET                       | EACH         | 10        | 277                      | 5.13                   | 219                    | *0               | *0               | 12.60     | *0.50      | 129         | 2.75     | 0.30      | 38.34     | *3          | 20.3       | 0.41       | 4.37      | \$0.000 |
| 000075 HS-BEEF SOFT TACO                           | SERVINGS     | 50        | 445                      | 7.54                   | 796                    | *1               | *0               | 20.43     | *0.00      | 67          | 34.64    | 4.60      | 28.60     | *0          | 132.1      | 3.81       | 4.41      | \$0.000 |
| 002951 BEEF TAQUITO                                | SERVINGS     | 50        | 200                      | 1.00                   | 410                    | 0                | *N/A*            | 4.00      | 0.00       | 15          | 33.00    | 5.00      | 9.00      | *N/A*       | 80.0       | 0.00       | 7.20      | \$0.000 |
| 003078 TAMALE CHICKEN SALSA VERDE CHEESE LOS CABOS | 1 TAMALE     | 25        | 309                      | 6.53                   | 622                    | 1                | 0                | 13.76     | 0.00       | 56          | 28.40    | 2.70      | 17.27     | *N/A*       | 202.6      | 3.59       | 1.37      | \$0.000 |
| 003077 TAMALE TWO CHEESE & GREEN CHILI LOS CABOS   | 1 TAMALE     | 25        | 345                      | 9.47                   | 712                    | 2                | 0                | 18.01     | 0.00       | 36          | 29.67    | 2.56      | 15.95     | *N/A*       | 418.6      | 2.45       | 0.87      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG                   | SERVING      | 55        | 71                       | 0.97                   | 189                    | *2               | *0               | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *2          | 7.4        | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO                 | 10 BARRELS   | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 3.60       | 0.36      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER                 | 1/2 CUP      | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0        | 10.24      | 1.84      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002903 POTATO, FRIES PLAIN TWISTER    | 1/2 CUP      | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 200       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1       | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE             | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0       | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average                |              |           | 845                      | 9.51                   | 1380                   | *33              | *1               | 33.31     | *0.04      | *54         | 105.59   | 11.27     | 33.48     | *2          | 517.4      | 49.02      | *5.68     | \$0.000 |
| % of Calories                         |              |           |                          | 10.13 %                |                        | *15.6%           | *0.5%            | 35.5%     | *0.0%      |             | 50.0%    |           | 15.8%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                   |  | Cals <sup>1</sup><br>(kcal) | S-Fat <sup>1</sup><br>(g) | Sodm <sup>1</sup><br>(mg) | Total<br>Sugars<br>(g) | Added<br>Sugars<br>(g) | T-Fat<br>(g) | Tr-Fat<br>(g) | Cholst<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Protn<br>(g) | Vlt-A<br>(RAE) | Calcm<br>(mg) | Vit-C<br>(mg) | Iron<br>(mg) | Cost    |
|-------------------|--|-----------------------------|---------------------------|---------------------------|------------------------|------------------------|--------------|---------------|----------------|-------------|--------------|--------------|----------------|---------------|---------------|--------------|---------|
| Weighted Averages |  | 867                         | 10                        | 1413                      | *35                    | *1                     | 34.03        | *0.06         | *55            | 110.47      | 11.34        | 33.05        | *2             | 520           | 50.79         | *5.67        | \$0.000 |
| % of Calories     |  |                             | 10.04%                    |                           | *16.1%                 | *0.5%                  | 35.3%        | *0.1%         |                | 51.0%       |              | 15.2%        |                |               |               |              |         |

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*  
*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*  
*<sup>1</sup> - denotes required nutrient values*

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.