

SHAC Meeting
Nutrition Standing Committee - Minutes
North East Sports Park Pavilion
January 18, 2023

A. Welcome - Sharon Glosson, Director of Nutrition Services:

Sharon introduced herself and explained that the Nutrition committee helps with recommendations for updates to the Wellness Plan based on data from the School Health Index (SHI) as well as recommendations from other standing committees.

B. Determine committee chair, alternate, and note-taker:

2022-2023 Nutrition Chair -	Jennifer Taylor
2022-2023 Nutrition Alternate -	Loren Peterson
2022-2023 Nutrition Note-Taker -	Stephanie Bell

C. Getting familiar with the Wellness Plan (FFA LOCAL) and the SHI:

1. A copy of the Wellness Plan (FFA LOCAL) has been provided for each member of the nutrition committee. The CDC developed School Health Index (SHI) was also made available to the committee members. After briefly reviewing both documents, the committee members began discussing several topics and issues with Sharon Glosson. Sharon explained that the district is still dealing with post-Covid staffing shortages and how that has affected food options and lunch lines on campuses. Sharon also explained to the committee members about the School Cafe app, district and campus food pantries, the struggle to reach families that need nutrition services assistance, that the funding for nutrition services comes from the government and not the district, and the different ways students can leave feedback on the foods offered at school.
2. The Nutrition committee has decided that each member will review the most recent SHI survey and have one or two ideas for the committee to adopt as goals/objectives for this year, and to present those ideas at the next subcommittee meeting on March 29, 2023.