

# MENU

JANUARY

COTTONWOOD UNION SCHOOL DISTRICT  
COTTONWOOD CREEK CHARTER

## WINTER BREAK – NO SCHOOL

INDEPENDENT STUDY DAYS 1/5 – 1/9

WINTER BREAK – NO SCHOOL				01	02			
05	06	07	08	09				
INDEPENDENT STUDY DAYS 1/5 – 1/9								
<b>BREAKFAST:</b> CEREAL & STRING CHEESE FRUIT <b>LUNCH:</b> MAC & CHEESE SALAD FRUIT	12	<b>BREAKFAST:</b> FRUIT & YOGURT PARFAIT	13	<b>BREAKFAST:</b> HOMEMADE MUFFINS FRUIT <b>LUNCH:</b> BBQ CHICKEN SANDWICH BAKED BEANS FRUIT	14	<b>BREAKFAST:</b> BAGEL & CREAM CHEESE FRUIT <b>LUNCH:</b> EGG MCMUFFIN HASHBROWN CARROTS, FRUIT	15	16
NO SCHOOL	19	<b>BREAKFAST:</b> FRUIT & YOGURT PARFAIT	20	<b>BREAKFAST:</b> HOMEMADE MUFFIN FRUIT <b>LUNCH:</b> MEATLOAF & ROLL MASHED POTATOES CARROTS, FRUIT	21	<b>BREAKFAST:</b> BAGEL & CREAM CHEESE FRUIT <b>LUNCH:</b> CHICKEN QUESADILLA REFRIED BEANS FRUIT	22	23
	<b>BREAKFAST:</b> CEREAL & STRING CHEESE FRUIT <b>LUNCH:</b> ORANGE CHICKEN & RICE STEAMED BROCCOLI FRUIT	26	<b>BREAKFAST:</b> FRUIT & YOGURT PARFAIT	27	<b>BREAKFAST:</b> HOMEMADE MUFFIN FRUIT <b>LUNCH:</b> SPAGHETTI BREADSTICK PEAS, FRUIT	28	<b>BREAKFAST:</b> COOK'S CHOICE  <b>LUNCH:</b> COOK'S CHOICE	29

### Menus are subject to change

This institution is an equal opportunity provider.  
Student meals provided at no charge

**Breakfast:** \*Optional breakfast is cereal & crackers\*

All breakfasts include the following components: 2 Oz. Grains, 1 Cup Fruit & 1 Cup Milk

**Lunch:** All lunches include the following components: 1 Cup Milk, 1-2 Oz. Meat/Meat Alt., 1-2 Oz Grains, Fruit, & vegetables

