

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

Menu Name:	MIDDLE SCHOOL LUNCH	Include Cost:	Yes
Site:			
Use Alternate Menu Name:	No		

Tuesday - 09/02/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	45	0.90	28	*0	*0	2.50	0.00	8	3.10	0.30	2.60	*N/A*	15.0	0.00	1.18	\$0.000
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	25	32	0.65	82	*0	*0	1.66	0.00	3	3.21	0.00	1.01	*N/A*	10.4	0.00	1.04	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	25	33	0.60	89	0	0	1.80	0.00	4	3.15	0.00	1.10	*N/A*	5.6	0.00	0.20	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	100	41	0.41	116	1	*N/A*	2.49	0.00	2	4.35	0.41	0.62	*N/A*	2.1	0.00	0.07	\$0.000
002949 HOT POCKET SANDWICH PEPPERONI	EACH	110	64	1.32	126	1	*N/A*	2.65	0.00	6	7.95	0.22	1.99	*N/A*	22.1	0.00	0.60	\$0.000
002590 BURRITO, BEAN&CHSEIWSWG6.05 OZ	EACH	55	36	0.47	50	0	*N/A*	1.28	0.00	2	4.64	0.85	1.66	*N/A*	21.2	1.30	0.33	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	44	0.73	103	*0	*N/A*	1.70	*0.00	4	5.21	0.15	2.01	*N/A*	4.4	0.00	0.36	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	31	0.51	71	*0	*N/A*	1.10	*0.00	3	3.93	0.11	1.52	*N/A*	3.3	0.00	0.25	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	14	*0.19	24	*0	*N/A*	0.65	*0.00	1	1.47	0.18	0.59	*N/A*	1.6	0.12	0.08	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	5	0.09	9	*0	*N/A*	0.25	*0.00	*1	0.47	0.06	0.21	*N/A*	0.7	0.21	0.04	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	4	0.06	6	*0	*N/A*	0.15	*0.00	0	0.46	0.10	0.12	*N/A*	0.6	0.16	0.01	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	16	0.33	37	*0	*N/A*	0.72	*0.00	3	1.53	0.20	0.95	*N/A*	2.3	0.09	*0.06	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	11	0.14	24	*0	*N/A*	0.36	*0.00	1	1.25	0.17	0.65	*N/A*	2.3	0.23	0.07	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	7	0.17	12	*0	*N/A*	0.35	*0.00	1	0.63	0.09	0.30	*N/A*	1.0	0.14	0.03	\$0.000

Base Menu Spreadsheet

Yuba City USD

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002892 HS-PBJ GRAPE LUNCH	EACH	40	68	0.56	65	*4	*N/A*	3.12	*0.00	0	9.11	1.16	1.66	*N/A*	11.2	1.17	0.35	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	68	0.64	65	*4	*2	2.96	*0.00	0	9.11	1.16	1.66	*N/A*	11.7	1.17	0.27	\$0.000
003146 BENTO BOX #1	SERVINGS	24	618	2.69	1024	*6	*N/A*	22.78	*0.00	1	82.79	5.25	11.09	*N/A*	435.1	0.21	3.65	\$0.000
003147 BENTO BOX #2	SERVINGS	24	623	2.67	1019	*6	*N/A*	23.34	*0.00	1	83.03	5.25	10.95	*N/A*	426.3	0.21	3.69	\$0.000
003148 BENTO BOX #3	SERVINGS	24	619	2.79	1030	6	*0	23.43	0.00	2	81.80	5.28	10.98	*N/A*	431.6	0.16	3.66	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	85	0.75	180	0	*N/A*	4.50	0.00	0	9.50	0.50	1.00	*N/A*	0.0	1.80	0.18	\$0.000
000391 POTATO, SMILES	SERVINGS (6)	250	65	0.25	90	0	*N/A*	2.25	0.00	0	10.00	1.00	1.00	*N/A*	0.0	1.20	0.18	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	65	0.50	20	0	*N/A*	2.50	0.00	0	10.00	0.50	1.00	*N/A*	0.0	0.00	0.18	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	137	2.99	273	*N/A*	*N/A*	6.83	0.00	1	17.07	1.71	1.71	*N/A*	0.0	5.12	0.92	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	7	0.00	14	*0	*N/A*	0.04	*0.00	0	1.47	0.43	0.32	*N/A*	2.9	1.33	0.05	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	30	0.00	0	6	*N/A*	0.00	0.00	0	7.50	1.20	0.00	*N/A*	6.0	2.52	0.11	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	27	0.03	0	4	*N/A*	0.10	0.00	0	6.92	0.79	0.33	*N/A*	1.5	2.64	0.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	80	21	0.24	26	2	*N/A*	0.40	0.00	2	2.56	0.00	1.60	*N/A*	64.0	0.19	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	6	0.02	4	1	*N/A*	0.18	0.00	0	0.68	0.08	0.32	*N/A*	12.0	0.00	0.04	\$0.000
Weighted Daily Average			2938	*20.70	4709	*59	*2	110.08	*0.00	*49	395.84	28.16	66.66	*0	1752.7	44.85	*18.01	\$0.000
% of Calories				*6.34%		*8.0%	*0.3%	33.7%	*0.0%		53.9%		9.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Wednesday - 09/03/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002474 CHICKEN, NUGGETS 5EA RC	SERVING 5 EACH	105	38	0.42	88	0	*N/A*	1.89	0.00	4	2.52	0.63	2.52	*N/A*	8.4	0.00	0.38	\$0.000
000912 CORN DOG, CHICKEN WG 4 OZ	SERVING	55	26	0.28	43	*N/A*	*N/A*	0.88	0.00	4	3.30	0.55	0.99	*N/A*	8.8	0.00	0.20	\$0.000
003077 TAMALE TWO CHEESE & GREEN CHILI LOS CABOS	1 TAMALE	50	34	0.95	71	0	0	1.80	0.00	4	2.97	0.26	1.60	*N/A*	41.9	0.25	0.09	\$0.000
003079 TAMALE SHREDDED BEEF SALSA ROJA & CHEESE LOS CABOS	1 TAMALE	25	17	0.38	32	0	0	0.81	0.00	2	1.50	0.16	0.95	*N/A*	10.5	0.07	0.11	\$0.000
003078 TAMALE CHICKEN SALSA VERDE CHEESE LOS CABOS	1 TAMALE	25	15	0.33	31	0	0	0.69	0.00	3	1.42	0.14	0.86	*N/A*	10.1	0.18	0.07	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	44	0.73	103	*0	*N/A*	1.70	*0.00	4	5.21	0.15	2.01	*N/A*	4.4	0.00	0.36	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	31	0.51	71	*0	*N/A*	1.10	*0.00	3	3.93	0.11	1.52	*N/A*	3.3	0.00	0.25	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	14	*0.19	24	*0	*N/A*	0.65	*0.00	1	1.47	0.18	0.59	*N/A*	1.6	0.12	0.08	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	5	0.09	9	*0	*N/A*	0.25	*0.00	*1	0.47	0.06	0.21	*N/A*	0.7	0.21	0.04	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	4	0.06	6	*0	*N/A*	0.15	*0.00	0	0.46	0.10	0.12	*N/A*	0.6	0.16	0.01	\$0.000

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Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	16	0.33	37	*0	*N/A*	0.72	*0.00	3	1.53	0.20	0.95	*N/A*	2.3	0.09	*0.06	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	11	0.14	24	*0	*N/A*	0.36	*0.00	1	1.25	0.17	0.65	*N/A*	2.3	0.23	0.07	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	7	0.17	12	*0	*N/A*	0.35	*0.00	1	0.63	0.09	0.30	*N/A*	1.0	0.14	0.03	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	68	0.56	65	*4	*N/A*	3.12	*0.00	0	9.11	1.16	1.66	*N/A*	11.2	1.17	0.35	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	68	0.64	65	*4	*2	2.96	*0.00	0	9.11	1.16	1.66	*N/A*	11.7	1.17	0.27	\$0.000
003146 BENTO BOX #1	SERVINGS	24	618	2.69	1024	*6	*N/A*	22.78	*0.00	1	82.79	5.25	11.09	*N/A*	435.1	0.21	3.65	\$0.000
003147 BENTO BOX #2	SERVINGS	24	623	2.67	1019	*6	*N/A*	23.34	*0.00	1	83.03	5.25	10.95	*N/A*	426.3	0.21	3.69	\$0.000
003148 BENTO BOX #3	SERVINGS	24	619	2.79	1030	6	*0	23.43	0.00	2	81.80	5.28	10.98	*N/A*	431.6	0.16	3.66	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	85	0.75	180	0	*N/A*	4.50	0.00	0	9.50	0.50	1.00	*N/A*	0.0	1.80	0.18	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	65	0.25	90	0	*N/A*	2.25	0.00	0	10.00	1.00	1.00	*N/A*	0.0	1.20	0.18	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	137	2.99	273	*N/A*	*N/A*	6.83	0.00	1	17.07	1.71	1.71	*N/A*	0.0	5.12	0.92	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	65	0.50	20	0	*N/A*	2.50	0.00	0	10.00	0.50	1.00	*N/A*	0.0	0.00	0.18	\$0.000
000943 ICE CREAM, RASPBERRY SHERBET	SERVING	500	80	0.50	12	*N/A*	*N/A*	1.00	0.00	0	18.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	4	0.00	7	*0	*N/A*	0.02	*0.00	0	0.71	0.21	0.15	*N/A*	1.4	0.64	0.03	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	30	0.00	0	6	*N/A*	0.00	0.00	0	7.50	1.20	0.00	*N/A*	6.0	2.52	0.11	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	27	0.03	0	4	*N/A*	0.10	0.00	0	6.92	0.79	0.33	*N/A*	1.5	2.64	0.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000

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Weighted Values

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	80	21	0.24	26	2	*N/A*	0.40	0.00	2	2.56	0.00	1.60	*N/A*	64.0	0.19	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	6	0.02	4	1	*N/A*	0.18	0.00	0	0.68	0.08	0.32	*N/A*	12.0	0.00	0.04	\$0.000
Weighted Daily Average			2894	*19.20	4487	*56	*2	104.76	*0.00	*42	398.38	27.88	64.42	*0	1774.5	43.34	*15.41	\$0.000
% of Calories				*5.97%		*7.7%	*0.3%	32.6%	*0.0%		55.1%		8.9%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Thursday - 09/04/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	45	0.90	28	*0	*0	2.50	0.00	8	3.10	0.30	2.60	*N/A*	15.0	0.00	1.18	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	50	66	1.20	178	1	0	3.60	0.00	7	6.30	0.00	2.20	*N/A*	11.2	0.00	0.39	\$0.000
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	50	64	1.29	164	*1	*0	3.32	0.00	6	6.42	0.00	2.02	*N/A*	20.7	0.00	2.08	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	150	62	0.62	174	2	*N/A*	3.73	0.00	3	6.53	0.62	0.93	*N/A*	3.1	0.00	0.11	\$0.000
001488 CHICKEN, ORANGE MANDARIN nood	SERVING	75	52	0.13	73	*N/A*	*N/A*	1.18	*0.00	6	8.07	0.51	2.69	*N/A*	2.7	0.19	0.46	\$0.000
002189 BREADSTICK, CHEESE 4 BITES	4 EACH	55	31	0.44	59	0	*N/A*	1.32	0.00	2	3.08	0.44	1.76	*N/A*	26.4	0.00	0.16	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	44	0.73	103	*0	*N/A*	1.70	*0.00	4	5.21	0.15	2.01	*N/A*	4.4	0.00	0.36	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	31	0.51	71	*0	*N/A*	1.10	*0.00	3	3.93	0.11	1.52	*N/A*	3.3	0.00	0.25	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	14	*0.19	24	*0	*N/A*	0.65	*0.00	1	1.47	0.18	0.59	*N/A*	1.6	0.12	0.08	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	5	0.09	9	*0	*N/A*	0.25	*0.00	*1	0.47	0.06	0.21	*N/A*	0.7	0.21	0.04	\$0.000

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000898 SALAD, TACO (7-12)	EACH	5	4	0.06	6	*0	*N/A*	0.15	*0.00	0	0.46	0.10	0.12	*N/A*	0.6	0.16	0.01	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	16	0.33	37	*0	*N/A*	0.72	*0.00	3	1.53	0.20	0.95	*N/A*	2.3	0.09	*0.06	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	11	0.14	24	*0	*N/A*	0.36	*0.00	1	1.25	0.17	0.65	*N/A*	2.3	0.23	0.07	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	7	0.17	12	*0	*N/A*	0.35	*0.00	1	0.63	0.09	0.30	*N/A*	1.0	0.14	0.03	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	68	0.56	65	*4	*N/A*	3.12	*0.00	0	9.11	1.16	1.66	*N/A*	11.2	1.17	0.35	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	68	0.64	65	*4	*2	2.96	*0.00	0	9.11	1.16	1.66	*N/A*	11.7	1.17	0.27	\$0.000
003146 BENTO BOX #1	SERVINGS	24	618	2.69	1024	*6	*N/A*	22.78	*0.00	1	82.79	5.25	11.09	*N/A*	435.1	0.21	3.65	\$0.000
003147 BENTO BOX #2	SERVINGS	24	623	2.67	1019	*6	*N/A*	23.34	*0.00	1	83.03	5.25	10.95	*N/A*	426.3	0.21	3.69	\$0.000
003148 BENTO BOX #3	SERVINGS	24	619	2.79	1030	6	*0	23.43	0.00	2	81.80	5.28	10.98	*N/A*	431.6	0.16	3.66	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	85	0.75	180	0	*N/A*	4.50	0.00	0	9.50	0.50	1.00	*N/A*	0.0	1.80	0.18	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	65	0.25	90	0	*N/A*	2.25	0.00	0	10.00	1.00	1.00	*N/A*	0.0	1.20	0.18	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	65	0.50	20	0	*N/A*	2.50	0.00	0	10.00	0.50	1.00	*N/A*	0.0	0.00	0.18	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	137	2.99	273	*N/A*	*N/A*	6.83	0.00	1	17.07	1.71	1.71	*N/A*	0.0	5.12	0.92	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	4	0.00	7	*0	*N/A*	0.02	*0.00	0	0.71	0.21	0.15	*N/A*	1.4	0.64	0.03	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	30	0.00	0	6	*N/A*	0.00	0.00	0	7.50	1.20	0.00	*N/A*	6.0	2.52	0.11	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	27	0.03	0	4	*N/A*	0.10	0.00	0	6.92	0.79	0.33	*N/A*	1.5	2.64	0.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	80	21	0.24	26	2	*N/A*	0.40	0.00	2	2.56	0.00	1.60	*N/A*	64.0	0.19	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	6	0.02	4	1	*N/A*	0.18	0.00	0	0.68	0.08	0.32	*N/A*	12.0	0.00	0.04	\$0.000
Weighted Daily Average			3003	*20.93	4887	*59	*2	113.33	*0.00	*58	402.18	28.02	69.71	*0	1753.9	43.04	*18.94	\$0.000
% of Calories				*6.27%		*7.9%	*0.3%	34.0%	*0.0%		53.6%		9.3%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Friday - 09/05/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002313 CHICKEN, BONLES WINGS 5 EACH	SERVING	105	52	0.42	84	0	*N/A*	2.31	0.00	12	3.15	0.42	4.83	*N/A*	4.2	0.00	0.38	\$0.000
002423 CHICKEN, POPCORN WG 10 EACH RO	SERVING (10)	55	43	0.33	83	*0	*N/A*	1.98	0.00	9	3.74	0.66	2.64	*N/A*	8.6	0.00	0.34	\$0.000
003076 BURRITO BEEF BEAN AND CHEESE LOS CABOS	1 BURRITO	28	19	0.21	25	0	0	0.59	0.00	1	2.35	0.42	0.94	*N/A*	6.2	0.08	0.22	\$0.000
003073 QUESADILLA TWO CHEESE & GREEN CHILI LOS CACOS	SERVINGS	27	17	0.37	22	0	0	0.76	0.00	2	1.74	0.24	0.91	*N/A*	1.4	0.11	0.54	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	44	0.73	103	*0	*N/A*	1.70	*0.00	4	5.21	0.15	2.01	*N/A*	4.4	0.00	0.36	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	31	0.51	71	*0	*N/A*	1.10	*0.00	3	3.93	0.11	1.52	*N/A*	3.3	0.00	0.25	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	14	*0.19	24	*0	*N/A*	0.65	*0.00	1	1.47	0.18	0.59	*N/A*	1.6	0.12	0.08	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	5	0.09	9	*0	*N/A*	0.25	*0.00	*1	0.47	0.06	0.21	*N/A*	0.7	0.21	0.04	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	4	0.06	6	*0	*N/A*	0.15	*0.00	0	0.46	0.10	0.12	*N/A*	0.6	0.16	0.01	\$0.000

Base Menu Spreadsheet

Yuba City USD

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	16	0.33	37	*0	*N/A*	0.72	*0.00	3	1.53	0.20	0.95	*N/A*	2.3	0.09	*0.06	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	11	0.14	24	*0	*N/A*	0.36	*0.00	1	1.25	0.17	0.65	*N/A*	2.3	0.23	0.07	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	7	0.17	12	*0	*N/A*	0.35	*0.00	1	0.63	0.09	0.30	*N/A*	1.0	0.14	0.03	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	68	0.56	65	*4	*N/A*	3.12	*0.00	0	9.11	1.16	1.66	*N/A*	11.2	1.17	0.35	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	68	0.64	65	*4	*2	2.96	*0.00	0	9.11	1.16	1.66	*N/A*	11.7	1.17	0.27	\$0.000
003146 BENTO BOX #1	SERVINGS	24	618	2.69	1024	*6	*N/A*	22.78	*0.00	1	82.79	5.25	11.09	*N/A*	435.1	0.21	3.65	\$0.000
003147 BENTO BOX #2	SERVINGS	24	623	2.67	1019	*6	*N/A*	23.34	*0.00	1	83.03	5.25	10.95	*N/A*	426.3	0.21	3.69	\$0.000
003148 BENTO BOX #3	SERVINGS	24	619	2.79	1030	6	*0	23.43	0.00	2	81.80	5.28	10.98	*N/A*	431.6	0.16	3.66	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	1	0	0.00	1	0	*N/A*	0.02	0.00	0	0.04	0.00	0.00	*N/A*	0.0	0.01	0.00	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	1	0	0.00	0	0	*N/A*	0.01	0.00	0	0.04	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	1	0	0.00	0	0	*N/A*	0.01	0.00	0	0.04	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	1	1	0.01	1	*N/A*	*N/A*	0.03	0.00	0	0.07	0.01	0.01	*N/A*	0.0	0.02	0.00	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	4	0.00	7	*0	*N/A*	0.02	*0.00	0	0.71	0.21	0.15	*N/A*	1.4	0.64	0.03	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	30	0.00	0	6	*N/A*	0.00	0.00	0	7.50	1.20	0.00	*N/A*	6.0	2.52	0.11	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	27	0.03	0	4	*N/A*	0.10	0.00	0	6.92	0.79	0.33	*N/A*	1.5	2.64	0.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	80	21	0.24	26	2	*N/A*	0.40	0.00	2	2.56	0.00	1.60	*N/A*	64.0	0.19	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	6	0.02	4	1	*N/A*	0.18	0.00	0	0.68	0.08	0.32	*N/A*	12.0	0.00	0.04	\$0.000
Weighted Daily Average			2465	*13.21	3864	*56	*2	87.31	*0.00	*48	333.28	24.20	62.14	*0	1695.2	34.94	*14.59	\$0.000
% of Calories				*4.82%		*9.1%	*0.3%	31.9%	*0.0%		54.1%		10.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Monday - 09/08/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002963 CHICKEN BUFFALO PATTY ON BUN	EACH	25	5	0.00	51	0	*N/A*	0.13	0.00	3	0.01	0.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
001946 CHICKEN PATTY ON BUN (RC)	EACH	25	9	0.10	21	0	*N/A*	0.45	0.00	1	0.61	0.15	0.60	*N/A*	0.0	0.00	0.09	\$0.000
002993 MAC & CHEESE PREMIUM JTM	6oz	50	32	0.89	78	0	*N/A*	1.60	0.00	5	2.80	0.20	1.50	*N/A*	36.8	0.00	0.10	\$0.000
000597 BREAD, ROLL DINNER 1 OZ	EACH	50	8	0.00	2	*N/A*	*N/A*	0.15	*N/A*	1	1.50	0.06	0.31	*N/A*	1.9	0.00	0.08	\$0.000
002847 PULL-APART ITALIAN GARLIC	PACKAGES	58	35	0.70	61	1	*N/A*	1.53	0.00	4	3.76	0.23	1.64	*N/A*	39.9	0.00	0.21	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	44	0.73	103	*0	*N/A*	1.70	*0.00	4	5.21	0.15	2.01	*N/A*	4.4	0.00	0.36	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	31	0.51	71	*0	*N/A*	1.10	*0.00	3	3.93	0.11	1.52	*N/A*	3.3	0.00	0.25	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	14	*0.19	24	*0	*N/A*	0.65	*0.00	1	1.47	0.18	0.59	*N/A*	1.6	0.12	0.08	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	5	0.09	9	*0	*N/A*	0.25	*0.00	*1	0.47	0.06	0.21	*N/A*	0.7	0.21	0.04	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	4	0.06	6	*0	*N/A*	0.15	*0.00	0	0.46	0.10	0.12	*N/A*	0.6	0.16	0.01	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	16	0.33	37	*0	*N/A*	0.72	*0.00	3	1.53	0.20	0.95	*N/A*	2.3	0.09	*0.06	\$0.000

Base Menu Spreadsheet

Yuba City USD

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	11	0.14	24	*0	*N/A*	0.36	*0.00	1	1.25	0.17	0.65	*N/A*	2.3	0.23	0.07	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	7	0.17	12	*0	*N/A*	0.35	*0.00	1	0.63	0.09	0.30	*N/A*	1.0	0.14	0.03	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	68	0.56	65	*4	*N/A*	3.12	*0.00	0	9.11	1.16	1.66	*N/A*	11.2	1.17	0.35	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	68	0.64	65	*4	*2	2.96	*0.00	0	9.11	1.16	1.66	*N/A*	11.7	1.17	0.27	\$0.000
003146 BENTO BOX #1	SERVINGS	24	618	2.69	1024	*6	*N/A*	22.78	*0.00	1	82.79	5.25	11.09	*N/A*	435.1	0.21	3.65	\$0.000
003147 BENTO BOX #2	SERVINGS	24	623	2.67	1019	*6	*N/A*	23.34	*0.00	1	83.03	5.25	10.95	*N/A*	426.3	0.21	3.69	\$0.000
003148 BENTO BOX #3	SERVINGS	24	619	2.79	1030	6	*0	23.43	0.00	2	81.80	5.28	10.98	*N/A*	431.6	0.16	3.66	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	85	0.75	180	0	*N/A*	4.50	0.00	0	9.50	0.50	1.00	*N/A*	0.0	1.80	0.18	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	65	0.25	90	0	*N/A*	2.25	0.00	0	10.00	1.00	1.00	*N/A*	0.0	1.20	0.18	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	137	2.99	273	*N/A*	*N/A*	6.83	0.00	1	17.07	1.71	1.71	*N/A*	0.0	5.12	0.92	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	65	0.50	20	0	*N/A*	2.50	0.00	0	10.00	0.50	1.00	*N/A*	0.0	0.00	0.18	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	7	0.00	14	*0	*N/A*	0.04	*0.00	0	1.47	0.43	0.32	*N/A*	2.9	1.33	0.05	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	30	0.00	0	6	*N/A*	0.00	0.00	0	7.50	1.20	0.00	*N/A*	6.0	2.52	0.11	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	27	0.03	0	4	*N/A*	0.10	0.00	0	6.92	0.79	0.33	*N/A*	1.5	2.64	0.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	80	21	0.24	26	2	*N/A*	0.40	0.00	2	2.56	0.00	1.60	*N/A*	64.0	0.19	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	6	0.02	4	1	*N/A*	0.18	0.00	0	0.68	0.08	0.32	*N/A*	12.0	0.00	0.04	\$0.000
Weighted Daily Average			2777	*18.04	4432	*57	*2	101.56	*0.00	*39	378.13	27.02	62.73	*0	1755.0	43.54	*15.08	\$0.000
% of Calories				*5.85%		*8.2%	*0.3%	32.9%	*0.0%		54.5%		9.0%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Tuesday - 09/09/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	45	0.90	28	*0	*0	2.50	0.00	8	3.10	0.30	2.60	*N/A*	15.0	0.00	1.18	\$0.000
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	25	32	0.65	82	*0	*0	1.66	0.00	3	3.21	0.00	1.01	*N/A*	10.4	0.00	1.04	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	25	33	0.60	89	0	0	1.80	0.00	4	3.15	0.00	1.10	*N/A*	5.6	0.00	0.20	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	100	41	0.41	116	1	*N/A*	2.49	0.00	2	4.35	0.41	0.62	*N/A*	2.1	0.00	0.07	\$0.000
002949 HOT POCKET SANDWICH PEPPERONI	EACH	110	64	1.32	126	1	*N/A*	2.65	0.00	6	7.95	0.22	1.99	*N/A*	22.1	0.00	0.60	\$0.000
002590 BURRITO, BEAN&CHSEIWSWG6.05 OZ	EACH	55	36	0.47	50	0	*N/A*	1.28	0.00	2	4.64	0.85	1.66	*N/A*	21.2	1.30	0.33	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	44	0.73	103	*0	*N/A*	1.70	*0.00	4	5.21	0.15	2.01	*N/A*	4.4	0.00	0.36	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	31	0.51	71	*0	*N/A*	1.10	*0.00	3	3.93	0.11	1.52	*N/A*	3.3	0.00	0.25	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	14	*0.19	24	*0	*N/A*	0.65	*0.00	1	1.47	0.18	0.59	*N/A*	1.6	0.12	0.08	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	5	0.09	9	*0	*N/A*	0.25	*0.00	*1	0.47	0.06	0.21	*N/A*	0.7	0.21	0.04	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	4	0.06	6	*0	*N/A*	0.15	*0.00	0	0.46	0.10	0.12	*N/A*	0.6	0.16	0.01	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	16	0.33	37	*0	*N/A*	0.72	*0.00	3	1.53	0.20	0.95	*N/A*	2.3	0.09	*0.06	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	11	0.14	24	*0	*N/A*	0.36	*0.00	1	1.25	0.17	0.65	*N/A*	2.3	0.23	0.07	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	7	0.17	12	*0	*N/A*	0.35	*0.00	1	0.63	0.09	0.30	*N/A*	1.0	0.14	0.03	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	68	0.56	65	*4	*N/A*	3.12	*0.00	0	9.11	1.16	1.66	*N/A*	11.2	1.17	0.35	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	68	0.64	65	*4	*2	2.96	*0.00	0	9.11	1.16	1.66	*N/A*	11.7	1.17	0.27	\$0.000
003146 BENTO BOX #1	SERVINGS	24	618	2.69	1024	*6	*N/A*	22.78	*0.00	1	82.79	5.25	11.09	*N/A*	435.1	0.21	3.65	\$0.000
003147 BENTO BOX #2	SERVINGS	24	623	2.67	1019	*6	*N/A*	23.34	*0.00	1	83.03	5.25	10.95	*N/A*	426.3	0.21	3.69	\$0.000
003148 BENTO BOX #3	SERVINGS	24	619	2.79	1030	6	*0	23.43	0.00	2	81.80	5.28	10.98	*N/A*	431.6	0.16	3.66	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	85	0.75	180	0	*N/A*	4.50	0.00	0	9.50	0.50	1.00	*N/A*	0.0	1.80	0.18	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	65	0.25	90	0	*N/A*	2.25	0.00	0	10.00	1.00	1.00	*N/A*	0.0	1.20	0.18	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	65	0.50	20	0	*N/A*	2.50	0.00	0	10.00	0.50	1.00	*N/A*	0.0	0.00	0.18	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	137	2.99	273	*N/A*	*N/A*	6.83	0.00	1	17.07	1.71	1.71	*N/A*	0.0	5.12	0.92	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	7	0.00	14	*0	*N/A*	0.04	*0.00	0	1.47	0.43	0.32	*N/A*	2.9	1.33	0.05	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	30	0.00	0	6	*N/A*	0.00	0.00	0	7.50	1.20	0.00	*N/A*	6.0	2.52	0.11	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	27	0.03	0	4	*N/A*	0.10	0.00	0	6.92	0.79	0.33	*N/A*	1.5	2.64	0.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	80	21	0.24	26	2	*N/A*	0.40	0.00	2	2.56	0.00	1.60	*N/A*	64.0	0.19	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	6	0.02	4	1	*N/A*	0.18	0.00	0	0.68	0.08	0.32	*N/A*	12.0	0.00	0.04	\$0.000
Weighted Daily Average			2938	*20.70	4709	*59	*2	110.08	*0.00	*49	395.84	28.16	66.66	*0	1752.7	44.85	*18.01	\$0.000
% of Calories				*6.34%		*8.0%	*0.3%	33.7%	*0.0%		53.9%		9.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Wednesday - 09/10/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002474 CHICKEN, NUGGETS 5EA RC	SERVING 5 EACH	105	38	0.42	88	0	*N/A*	1.89	0.00	4	2.52	0.63	2.52	*N/A*	8.4	0.00	0.38	\$0.000
000912 CORN DOG, CHICKEN WG 4 OZ	SERVING	55	26	0.28	43	*N/A*	*N/A*	0.88	0.00	4	3.30	0.55	0.99	*N/A*	8.8	0.00	0.20	\$0.000
003077 TAMALE TWO CHEESE & GREEN CHILI LOS CABOS	1 TAMALE	50	34	0.95	71	0	0	1.80	0.00	4	2.97	0.26	1.60	*N/A*	41.9	0.25	0.09	\$0.000
003079 TAMALE SHREDDED BEEF SALSA ROJA & CHEESE LOS CABOS	1 TAMALE	25	17	0.38	32	0	0	0.81	0.00	2	1.50	0.16	0.95	*N/A*	10.5	0.07	0.11	\$0.000
003078 TAMALE CHICKEN SALSA VERDE CHEESE LOS CABOS	1 TAMALE	25	15	0.33	31	0	0	0.69	0.00	3	1.42	0.14	0.86	*N/A*	10.1	0.18	0.07	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	44	0.73	103	*0	*N/A*	1.70	*0.00	4	5.21	0.15	2.01	*N/A*	4.4	0.00	0.36	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	31	0.51	71	*0	*N/A*	1.10	*0.00	3	3.93	0.11	1.52	*N/A*	3.3	0.00	0.25	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	14	*0.19	24	*0	*N/A*	0.65	*0.00	1	1.47	0.18	0.59	*N/A*	1.6	0.12	0.08	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	5	0.09	9	*0	*N/A*	0.25	*0.00	*1	0.47	0.06	0.21	*N/A*	0.7	0.21	0.04	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	4	0.06	6	*0	*N/A*	0.15	*0.00	0	0.46	0.10	0.12	*N/A*	0.6	0.16	0.01	\$0.000

Base Menu Spreadsheet

Yuba City USD

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	16	0.33	37	*0	*N/A*	0.72	*0.00	3	1.53	0.20	0.95	*N/A*	2.3	0.09	*0.06	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	11	0.14	24	*0	*N/A*	0.36	*0.00	1	1.25	0.17	0.65	*N/A*	2.3	0.23	0.07	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	7	0.17	12	*0	*N/A*	0.35	*0.00	1	0.63	0.09	0.30	*N/A*	1.0	0.14	0.03	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	68	0.56	65	*4	*N/A*	3.12	*0.00	0	9.11	1.16	1.66	*N/A*	11.2	1.17	0.35	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	68	0.64	65	*4	*2	2.96	*0.00	0	9.11	1.16	1.66	*N/A*	11.7	1.17	0.27	\$0.000
003146 BENTO BOX #1	SERVINGS	24	618	2.69	1024	*6	*N/A*	22.78	*0.00	1	82.79	5.25	11.09	*N/A*	435.1	0.21	3.65	\$0.000
003147 BENTO BOX #2	SERVINGS	24	623	2.67	1019	*6	*N/A*	23.34	*0.00	1	83.03	5.25	10.95	*N/A*	426.3	0.21	3.69	\$0.000
003148 BENTO BOX #3	SERVINGS	24	619	2.79	1030	6	*0	23.43	0.00	2	81.80	5.28	10.98	*N/A*	431.6	0.16	3.66	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	85	0.75	180	0	*N/A*	4.50	0.00	0	9.50	0.50	1.00	*N/A*	0.0	1.80	0.18	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	65	0.25	90	0	*N/A*	2.25	0.00	0	10.00	1.00	1.00	*N/A*	0.0	1.20	0.18	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	137	2.99	273	*N/A*	*N/A*	6.83	0.00	1	17.07	1.71	1.71	*N/A*	0.0	5.12	0.92	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	65	0.50	20	0	*N/A*	2.50	0.00	0	10.00	0.50	1.00	*N/A*	0.0	0.00	0.18	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	4	0.00	7	*0	*N/A*	0.02	*0.00	0	0.71	0.21	0.15	*N/A*	1.4	0.64	0.03	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	30	0.00	0	6	*N/A*	0.00	0.00	0	7.50	1.20	0.00	*N/A*	6.0	2.52	0.11	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	27	0.03	0	4	*N/A*	0.10	0.00	0	6.92	0.79	0.33	*N/A*	1.5	2.64	0.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	80	21	0.24	26	2	*N/A*	0.40	0.00	2	2.56	0.00	1.60	*N/A*	64.0	0.19	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	6	0.02	4	1	*N/A*	0.18	0.00	0	0.68	0.08	0.32	*N/A*	12.0	0.00	0.04	\$0.000
Weighted Daily Average			2814	*18.70	4475	*56	*2	103.76	*0.00	*42	380.38	27.88	64.42	*0	1754.5	43.34	*15.41	\$0.000
% of Calories				*5.98%		*8.0%	*0.3%	33.2%	*0.0%		54.1%		9.2%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Thursday - 09/11/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	45	0.90	28	*0	*0	2.50	0.00	8	3.10	0.30	2.60	*N/A*	15.0	0.00	1.18	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	50	66	1.20	178	1	0	3.60	0.00	7	6.30	0.00	2.20	*N/A*	11.2	0.00	0.39	\$0.000
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	50	64	1.29	164	*1	*0	3.32	0.00	6	6.42	0.00	2.02	*N/A*	20.7	0.00	2.08	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	150	62	0.62	174	2	*N/A*	3.73	0.00	3	6.53	0.62	0.93	*N/A*	3.1	0.00	0.11	\$0.000
001488 CHICKEN, ORANGE MANDARIN nood	SERVING	75	52	0.13	73	*N/A*	*N/A*	1.18	*0.00	6	8.07	0.51	2.69	*N/A*	2.7	0.19	0.46	\$0.000
002189 BREADSTICK, CHEESE 4 BITES	4 EACH	55	31	0.44	59	0	*N/A*	1.32	0.00	2	3.08	0.44	1.76	*N/A*	26.4	0.00	0.16	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	44	0.73	103	*0	*N/A*	1.70	*0.00	4	5.21	0.15	2.01	*N/A*	4.4	0.00	0.36	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	31	0.51	71	*0	*N/A*	1.10	*0.00	3	3.93	0.11	1.52	*N/A*	3.3	0.00	0.25	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	14	*0.19	24	*0	*N/A*	0.65	*0.00	1	1.47	0.18	0.59	*N/A*	1.6	0.12	0.08	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	5	0.09	9	*0	*N/A*	0.25	*0.00	*1	0.47	0.06	0.21	*N/A*	0.7	0.21	0.04	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	4	0.06	6	*0	*N/A*	0.15	*0.00	0	0.46	0.10	0.12	*N/A*	0.6	0.16	0.01	\$0.000

Base Menu Spreadsheet

Yuba City USD

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	16	0.33	37	*0	*N/A*	0.72	*0.00	3	1.53	0.20	0.95	*N/A*	2.3	0.09	*0.06	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	11	0.14	24	*0	*N/A*	0.36	*0.00	1	1.25	0.17	0.65	*N/A*	2.3	0.23	0.07	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	7	0.17	12	*0	*N/A*	0.35	*0.00	1	0.63	0.09	0.30	*N/A*	1.0	0.14	0.03	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	68	0.56	65	*4	*N/A*	3.12	*0.00	0	9.11	1.16	1.66	*N/A*	11.2	1.17	0.35	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	68	0.64	65	*4	*2	2.96	*0.00	0	9.11	1.16	1.66	*N/A*	11.7	1.17	0.27	\$0.000
003146 BENTO BOX #1	SERVINGS	24	618	2.69	1024	*6	*N/A*	22.78	*0.00	1	82.79	5.25	11.09	*N/A*	435.1	0.21	3.65	\$0.000
003147 BENTO BOX #2	SERVINGS	24	623	2.67	1019	*6	*N/A*	23.34	*0.00	1	83.03	5.25	10.95	*N/A*	426.3	0.21	3.69	\$0.000
003148 BENTO BOX #3	SERVINGS	24	619	2.79	1030	6	*0	23.43	0.00	2	81.80	5.28	10.98	*N/A*	431.6	0.16	3.66	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	85	0.75	180	0	*N/A*	4.50	0.00	0	9.50	0.50	1.00	*N/A*	0.0	1.80	0.18	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	65	0.25	90	0	*N/A*	2.25	0.00	0	10.00	1.00	1.00	*N/A*	0.0	1.20	0.18	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	65	0.50	20	0	*N/A*	2.50	0.00	0	10.00	0.50	1.00	*N/A*	0.0	0.00	0.18	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	137	2.99	273	*N/A*	*N/A*	6.83	0.00	1	17.07	1.71	1.71	*N/A*	0.0	5.12	0.92	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	4	0.00	7	*0	*N/A*	0.02	*0.00	0	0.71	0.21	0.15	*N/A*	1.4	0.64	0.03	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	30	0.00	0	6	*N/A*	0.00	0.00	0	7.50	1.20	0.00	*N/A*	6.0	2.52	0.11	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	27	0.03	0	4	*N/A*	0.10	0.00	0	6.92	0.79	0.33	*N/A*	1.5	2.64	0.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	80	21	0.24	26	2	*N/A*	0.40	0.00	2	2.56	0.00	1.60	*N/A*	64.0	0.19	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	6	0.02	4	1	*N/A*	0.18	0.00	0	0.68	0.08	0.32	*N/A*	12.0	0.00	0.04	\$0.000
Weighted Daily Average			3003	*20.93	4887	*59	*2	113.33	*0.00	*58	402.18	28.02	69.71	*0	1753.9	43.04	*18.94	\$0.000
% of Calories				*6.27%		*7.9%	*0.3%	34.0%	*0.0%		53.6%		9.3%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Friday - 09/12/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002313 CHICKEN, BONES WINGS 5 EACH	SERVING	105	52	0.42	84	0	*N/A*	2.31	0.00	12	3.15	0.42	4.83	*N/A*	4.2	0.00	0.38	\$0.000
002423 CHICKEN, POPCORN WG 10 EACH RO	SERVING (10)	55	43	0.33	83	*0	*N/A*	1.98	0.00	9	3.74	0.66	2.64	*N/A*	8.6	0.00	0.34	\$0.000
003076 BURRITO BEEF BEAN AND CHEESE LOS CABOS	1 BURRITO	28	19	0.21	25	0	0	0.59	0.00	1	2.35	0.42	0.94	*N/A*	6.2	0.08	0.22	\$0.000
003073 QUESADILLA TWO CHEESE & GREEN CHILI LOS CACOS	SERVINGS	27	17	0.37	22	0	0	0.76	0.00	2	1.74	0.24	0.91	*N/A*	1.4	0.11	0.54	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	44	0.73	103	*0	*N/A*	1.70	*0.00	4	5.21	0.15	2.01	*N/A*	4.4	0.00	0.36	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	31	0.51	71	*0	*N/A*	1.10	*0.00	3	3.93	0.11	1.52	*N/A*	3.3	0.00	0.25	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	14	*0.19	24	*0	*N/A*	0.65	*0.00	1	1.47	0.18	0.59	*N/A*	1.6	0.12	0.08	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	5	0.09	9	*0	*N/A*	0.25	*0.00	*1	0.47	0.06	0.21	*N/A*	0.7	0.21	0.04	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	4	0.06	6	*0	*N/A*	0.15	*0.00	0	0.46	0.10	0.12	*N/A*	0.6	0.16	0.01	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	16	0.33	37	*0	*N/A*	0.72	*0.00	3	1.53	0.20	0.95	*N/A*	2.3	0.09	*0.06	\$0.000

Base Menu Spreadsheet

Yuba City USD

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	11	0.14	24	*0	*N/A*	0.36	*0.00	1	1.25	0.17	0.65	*N/A*	2.3	0.23	0.07	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	7	0.17	12	*0	*N/A*	0.35	*0.00	1	0.63	0.09	0.30	*N/A*	1.0	0.14	0.03	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	68	0.56	65	*4	*N/A*	3.12	*0.00	0	9.11	1.16	1.66	*N/A*	11.2	1.17	0.35	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	68	0.64	65	*4	*2	2.96	*0.00	0	9.11	1.16	1.66	*N/A*	11.7	1.17	0.27	\$0.000
003146 BENTO BOX #1	SERVINGS	24	618	2.69	1024	*6	*N/A*	22.78	*0.00	1	82.79	5.25	11.09	*N/A*	435.1	0.21	3.65	\$0.000
003147 BENTO BOX #2	SERVINGS	24	623	2.67	1019	*6	*N/A*	23.34	*0.00	1	83.03	5.25	10.95	*N/A*	426.3	0.21	3.69	\$0.000
003148 BENTO BOX #3	SERVINGS	24	619	2.79	1030	6	*0	23.43	0.00	2	81.80	5.28	10.98	*N/A*	431.6	0.16	3.66	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	1	0	0.00	1	0	*N/A*	0.02	0.00	0	0.04	0.00	0.00	*N/A*	0.0	0.01	0.00	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	1	0	0.00	0	0	*N/A*	0.01	0.00	0	0.04	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	1	0	0.00	0	0	*N/A*	0.01	0.00	0	0.04	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	1	1	0.01	1	*N/A*	*N/A*	0.03	0.00	0	0.07	0.01	0.01	*N/A*	0.0	0.02	0.00	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	4	0.00	7	*0	*N/A*	0.02	*0.00	0	0.71	0.21	0.15	*N/A*	1.4	0.64	0.03	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	30	0.00	0	6	*N/A*	0.00	0.00	0	7.50	1.20	0.00	*N/A*	6.0	2.52	0.11	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	27	0.03	0	4	*N/A*	0.10	0.00	0	6.92	0.79	0.33	*N/A*	1.5	2.64	0.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	80	21	0.24	26	2	*N/A*	0.40	0.00	2	2.56	0.00	1.60	*N/A*	64.0	0.19	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	6	0.02	4	1	*N/A*	0.18	0.00	0	0.68	0.08	0.32	*N/A*	12.0	0.00	0.04	\$0.000
Weighted Daily Average			2465	*13.21	3864	*56	*2	87.31	*0.00	*48	333.28	24.20	62.14	*0	1695.2	34.94	*14.59	\$0.000
% of Calories				*4.82%		*9.1%	*0.3%	31.9%	*0.0%		54.1%		10.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Monday - 09/15/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002963 CHICKEN BUFFALO PATTY ON BUN	EACH	25	5	0.00	51	0	*N/A*	0.13	0.00	3	0.01	0.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
001946 CHICKEN PATTY ON BUN (RC)	EACH	25	9	0.10	21	0	*N/A*	0.45	0.00	1	0.61	0.15	0.60	*N/A*	0.0	0.00	0.09	\$0.000
002993 MAC & CHEESE PREMIUM JTM	6oz	50	32	0.89	78	0	*N/A*	1.60	0.00	5	2.80	0.20	1.50	*N/A*	36.8	0.00	0.10	\$0.000
000597 BREAD, ROLL DINNER 1 OZ	EACH	50	8	0.00	2	*N/A*	*N/A*	0.15	*N/A*	1	1.50	0.06	0.31	*N/A*	1.9	0.00	0.08	\$0.000
002847 PULL-APART ITALIAN GARLIC	PACKAGES	58	35	0.70	61	1	*N/A*	1.53	0.00	4	3.76	0.23	1.64	*N/A*	39.9	0.00	0.21	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	44	0.73	103	*0	*N/A*	1.70	*0.00	4	5.21	0.15	2.01	*N/A*	4.4	0.00	0.36	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	31	0.51	71	*0	*N/A*	1.10	*0.00	3	3.93	0.11	1.52	*N/A*	3.3	0.00	0.25	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	14	*0.19	24	*0	*N/A*	0.65	*0.00	1	1.47	0.18	0.59	*N/A*	1.6	0.12	0.08	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	5	0.09	9	*0	*N/A*	0.25	*0.00	*1	0.47	0.06	0.21	*N/A*	0.7	0.21	0.04	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	4	0.06	6	*0	*N/A*	0.15	*0.00	0	0.46	0.10	0.12	*N/A*	0.6	0.16	0.01	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	16	0.33	37	*0	*N/A*	0.72	*0.00	3	1.53	0.20	0.95	*N/A*	2.3	0.09	*0.06	\$0.000

Base Menu Spreadsheet

Yuba City USD

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	11	0.14	24	*0	*N/A*	0.36	*0.00	1	1.25	0.17	0.65	*N/A*	2.3	0.23	0.07	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	7	0.17	12	*0	*N/A*	0.35	*0.00	1	0.63	0.09	0.30	*N/A*	1.0	0.14	0.03	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	68	0.56	65	*4	*N/A*	3.12	*0.00	0	9.11	1.16	1.66	*N/A*	11.2	1.17	0.35	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	68	0.64	65	*4	*2	2.96	*0.00	0	9.11	1.16	1.66	*N/A*	11.7	1.17	0.27	\$0.000
003146 BENTO BOX #1	SERVINGS	24	618	2.69	1024	*6	*N/A*	22.78	*0.00	1	82.79	5.25	11.09	*N/A*	435.1	0.21	3.65	\$0.000
003147 BENTO BOX #2	SERVINGS	24	623	2.67	1019	*6	*N/A*	23.34	*0.00	1	83.03	5.25	10.95	*N/A*	426.3	0.21	3.69	\$0.000
003148 BENTO BOX #3	SERVINGS	24	619	2.79	1030	6	*0	23.43	0.00	2	81.80	5.28	10.98	*N/A*	431.6	0.16	3.66	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	85	0.75	180	0	*N/A*	4.50	0.00	0	9.50	0.50	1.00	*N/A*	0.0	1.80	0.18	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	65	0.25	90	0	*N/A*	2.25	0.00	0	10.00	1.00	1.00	*N/A*	0.0	1.20	0.18	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	137	2.99	273	*N/A*	*N/A*	6.83	0.00	1	17.07	1.71	1.71	*N/A*	0.0	5.12	0.92	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	65	0.50	20	0	*N/A*	2.50	0.00	0	10.00	0.50	1.00	*N/A*	0.0	0.00	0.18	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	7	0.00	14	*0	*N/A*	0.04	*0.00	0	1.47	0.43	0.32	*N/A*	2.9	1.33	0.05	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	30	0.00	0	6	*N/A*	0.00	0.00	0	7.50	1.20	0.00	*N/A*	6.0	2.52	0.11	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	27	0.03	0	4	*N/A*	0.10	0.00	0	6.92	0.79	0.33	*N/A*	1.5	2.64	0.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	80	21	0.24	26	2	*N/A*	0.40	0.00	2	2.56	0.00	1.60	*N/A*	64.0	0.19	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	6	0.02	4	1	*N/A*	0.18	0.00	0	0.68	0.08	0.32	*N/A*	12.0	0.00	0.04	\$0.000
Weighted Daily Average			2777	*18.04	4432	*57	*2	101.56	*0.00	*39	378.13	27.02	62.73	*0	1755.0	43.54	*15.08	\$0.000
% of Calories				*5.85%		*8.2%	*0.3%	32.9%	*0.0%		54.5%		9.0%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Tuesday - 09/16/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	45	0.90	28	*0	*0	2.50	0.00	8	3.10	0.30	2.60	*N/A*	15.0	0.00	1.18	\$0.000
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	25	32	0.65	82	*0	*0	1.66	0.00	3	3.21	0.00	1.01	*N/A*	10.4	0.00	1.04	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	25	33	0.60	89	0	0	1.80	0.00	4	3.15	0.00	1.10	*N/A*	5.6	0.00	0.20	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	100	41	0.41	116	1	*N/A*	2.49	0.00	2	4.35	0.41	0.62	*N/A*	2.1	0.00	0.07	\$0.000
002949 HOT POCKET SANDWICH PEPPERONI	EACH	110	64	1.32	126	1	*N/A*	2.65	0.00	6	7.95	0.22	1.99	*N/A*	22.1	0.00	0.60	\$0.000
002590 BURRITO, BEAN&CHSEIWSWG6.05 OZ	EACH	55	36	0.47	50	0	*N/A*	1.28	0.00	2	4.64	0.85	1.66	*N/A*	21.2	1.30	0.33	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	44	0.73	103	*0	*N/A*	1.70	*0.00	4	5.21	0.15	2.01	*N/A*	4.4	0.00	0.36	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	31	0.51	71	*0	*N/A*	1.10	*0.00	3	3.93	0.11	1.52	*N/A*	3.3	0.00	0.25	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	14	*0.19	24	*0	*N/A*	0.65	*0.00	1	1.47	0.18	0.59	*N/A*	1.6	0.12	0.08	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	5	0.09	9	*0	*N/A*	0.25	*0.00	*1	0.47	0.06	0.21	*N/A*	0.7	0.21	0.04	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	4	0.06	6	*0	*N/A*	0.15	*0.00	0	0.46	0.10	0.12	*N/A*	0.6	0.16	0.01	\$0.000

Base Menu Spreadsheet

Yuba City USD

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	16	0.33	37	*0	*N/A*	0.72	*0.00	3	1.53	0.20	0.95	*N/A*	2.3	0.09	*0.06	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	11	0.14	24	*0	*N/A*	0.36	*0.00	1	1.25	0.17	0.65	*N/A*	2.3	0.23	0.07	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	7	0.17	12	*0	*N/A*	0.35	*0.00	1	0.63	0.09	0.30	*N/A*	1.0	0.14	0.03	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	68	0.56	65	*4	*N/A*	3.12	*0.00	0	9.11	1.16	1.66	*N/A*	11.2	1.17	0.35	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	68	0.64	65	*4	*2	2.96	*0.00	0	9.11	1.16	1.66	*N/A*	11.7	1.17	0.27	\$0.000
003146 BENTO BOX #1	SERVINGS	24	618	2.69	1024	*6	*N/A*	22.78	*0.00	1	82.79	5.25	11.09	*N/A*	435.1	0.21	3.65	\$0.000
003147 BENTO BOX #2	SERVINGS	24	623	2.67	1019	*6	*N/A*	23.34	*0.00	1	83.03	5.25	10.95	*N/A*	426.3	0.21	3.69	\$0.000
003148 BENTO BOX #3	SERVINGS	24	619	2.79	1030	6	*0	23.43	0.00	2	81.80	5.28	10.98	*N/A*	431.6	0.16	3.66	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	85	0.75	180	0	*N/A*	4.50	0.00	0	9.50	0.50	1.00	*N/A*	0.0	1.80	0.18	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	65	0.25	90	0	*N/A*	2.25	0.00	0	10.00	1.00	1.00	*N/A*	0.0	1.20	0.18	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	65	0.50	20	0	*N/A*	2.50	0.00	0	10.00	0.50	1.00	*N/A*	0.0	0.00	0.18	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	137	2.99	273	*N/A*	*N/A*	6.83	0.00	1	17.07	1.71	1.71	*N/A*	0.0	5.12	0.92	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	7	0.00	14	*0	*N/A*	0.04	*0.00	0	1.47	0.43	0.32	*N/A*	2.9	1.33	0.05	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	30	0.00	0	6	*N/A*	0.00	0.00	0	7.50	1.20	0.00	*N/A*	6.0	2.52	0.11	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	27	0.03	0	4	*N/A*	0.10	0.00	0	6.92	0.79	0.33	*N/A*	1.5	2.64	0.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	80	21	0.24	26	2	*N/A*	0.40	0.00	2	2.56	0.00	1.60	*N/A*	64.0	0.19	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	6	0.02	4	1	*N/A*	0.18	0.00	0	0.68	0.08	0.32	*N/A*	12.0	0.00	0.04	\$0.000
Weighted Daily Average			2938	*20.70	4709	*59	*2	110.08	*0.00	*49	395.84	28.16	66.66	*0	1752.7	44.85	*18.01	\$0.000
% of Calories				*6.34%		*8.0%	*0.3%	33.7%	*0.0%		53.9%		9.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Wednesday - 09/17/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002474 CHICKEN, NUGGETS 5EA RC	SERVING 5 EACH	105	38	0.42	88	0	*N/A*	1.89	0.00	4	2.52	0.63	2.52	*N/A*	8.4	0.00	0.38	\$0.000
000912 CORN DOG, CHICKEN WG 4 OZ	SERVING	55	26	0.28	43	*N/A*	*N/A*	0.88	0.00	4	3.30	0.55	0.99	*N/A*	8.8	0.00	0.20	\$0.000
003077 TAMALE TWO CHEESE & GREEN CHILI LOS CABOS	1 TAMALE	50	34	0.95	71	0	0	1.80	0.00	4	2.97	0.26	1.60	*N/A*	41.9	0.25	0.09	\$0.000
003079 TAMALE SHREDDED BEEF SALSA ROJA & CHEESE LOS CABOS	1 TAMALE	25	17	0.38	32	0	0	0.81	0.00	2	1.50	0.16	0.95	*N/A*	10.5	0.07	0.11	\$0.000
003078 TAMALE CHICKEN SALSA VERDE CHEESE LOS CABOS	1 TAMALE	25	15	0.33	31	0	0	0.69	0.00	3	1.42	0.14	0.86	*N/A*	10.1	0.18	0.07	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	44	0.73	103	*0	*N/A*	1.70	*0.00	4	5.21	0.15	2.01	*N/A*	4.4	0.00	0.36	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	31	0.51	71	*0	*N/A*	1.10	*0.00	3	3.93	0.11	1.52	*N/A*	3.3	0.00	0.25	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	14	*0.19	24	*0	*N/A*	0.65	*0.00	1	1.47	0.18	0.59	*N/A*	1.6	0.12	0.08	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	5	0.09	9	*0	*N/A*	0.25	*0.00	*1	0.47	0.06	0.21	*N/A*	0.7	0.21	0.04	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	4	0.06	6	*0	*N/A*	0.15	*0.00	0	0.46	0.10	0.12	*N/A*	0.6	0.16	0.01	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	16	0.33	37	*0	*N/A*	0.72	*0.00	3	1.53	0.20	0.95	*N/A*	2.3	0.09	*0.06	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	11	0.14	24	*0	*N/A*	0.36	*0.00	1	1.25	0.17	0.65	*N/A*	2.3	0.23	0.07	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	7	0.17	12	*0	*N/A*	0.35	*0.00	1	0.63	0.09	0.30	*N/A*	1.0	0.14	0.03	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	68	0.56	65	*4	*N/A*	3.12	*0.00	0	9.11	1.16	1.66	*N/A*	11.2	1.17	0.35	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	68	0.64	65	*4	*2	2.96	*0.00	0	9.11	1.16	1.66	*N/A*	11.7	1.17	0.27	\$0.000
003146 BENTO BOX #1	SERVINGS	24	618	2.69	1024	*6	*N/A*	22.78	*0.00	1	82.79	5.25	11.09	*N/A*	435.1	0.21	3.65	\$0.000
003147 BENTO BOX #2	SERVINGS	24	623	2.67	1019	*6	*N/A*	23.34	*0.00	1	83.03	5.25	10.95	*N/A*	426.3	0.21	3.69	\$0.000
003148 BENTO BOX #3	SERVINGS	24	619	2.79	1030	6	*0	23.43	0.00	2	81.80	5.28	10.98	*N/A*	431.6	0.16	3.66	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	85	0.75	180	0	*N/A*	4.50	0.00	0	9.50	0.50	1.00	*N/A*	0.0	1.80	0.18	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	65	0.25	90	0	*N/A*	2.25	0.00	0	10.00	1.00	1.00	*N/A*	0.0	1.20	0.18	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	137	2.99	273	*N/A*	*N/A*	6.83	0.00	1	17.07	1.71	1.71	*N/A*	0.0	5.12	0.92	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	65	0.50	20	0	*N/A*	2.50	0.00	0	10.00	0.50	1.00	*N/A*	0.0	0.00	0.18	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	4	0.00	7	*0	*N/A*	0.02	*0.00	0	0.71	0.21	0.15	*N/A*	1.4	0.64	0.03	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	30	0.00	0	6	*N/A*	0.00	0.00	0	7.50	1.20	0.00	*N/A*	6.0	2.52	0.11	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	27	0.03	0	4	*N/A*	0.10	0.00	0	6.92	0.79	0.33	*N/A*	1.5	2.64	0.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	80	21	0.24	26	2	*N/A*	0.40	0.00	2	2.56	0.00	1.60	*N/A*	64.0	0.19	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	6	0.02	4	1	*N/A*	0.18	0.00	0	0.68	0.08	0.32	*N/A*	12.0	0.00	0.04	\$0.000
Weighted Daily Average			2814	*18.70	4475	*56	*2	103.76	*0.00	*42	380.38	27.88	64.42	*0	1754.5	43.34	*15.41	\$0.000
% of Calories				*5.98%		*8.0%	*0.3%	33.2%	*0.0%		54.1%		9.2%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Thursday - 09/18/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	45	0.90	28	*0	*0	2.50	0.00	8	3.10	0.30	2.60	*N/A*	15.0	0.00	1.18	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	50	66	1.20	178	1	0	3.60	0.00	7	6.30	0.00	2.20	*N/A*	11.2	0.00	0.39	\$0.000
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	50	64	1.29	164	*1	*0	3.32	0.00	6	6.42	0.00	2.02	*N/A*	20.7	0.00	2.08	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	150	62	0.62	174	2	*N/A*	3.73	0.00	3	6.53	0.62	0.93	*N/A*	3.1	0.00	0.11	\$0.000
001488 CHICKEN, ORANGE MANDARIN nood	SERVING	75	52	0.13	73	*N/A*	*N/A*	1.18	*0.00	6	8.07	0.51	2.69	*N/A*	2.7	0.19	0.46	\$0.000
002189 BREADSTICK, CHEESE 4 BITES	4 EACH	55	31	0.44	59	0	*N/A*	1.32	0.00	2	3.08	0.44	1.76	*N/A*	26.4	0.00	0.16	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	44	0.73	103	*0	*N/A*	1.70	*0.00	4	5.21	0.15	2.01	*N/A*	4.4	0.00	0.36	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	31	0.51	71	*0	*N/A*	1.10	*0.00	3	3.93	0.11	1.52	*N/A*	3.3	0.00	0.25	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	14	*0.19	24	*0	*N/A*	0.65	*0.00	1	1.47	0.18	0.59	*N/A*	1.6	0.12	0.08	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	5	0.09	9	*0	*N/A*	0.25	*0.00	*1	0.47	0.06	0.21	*N/A*	0.7	0.21	0.04	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	4	0.06	6	*0	*N/A*	0.15	*0.00	0	0.46	0.10	0.12	*N/A*	0.6	0.16	0.01	\$0.000

Base Menu Spreadsheet

Yuba City USD

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	16	0.33	37	*0	*N/A*	0.72	*0.00	3	1.53	0.20	0.95	*N/A*	2.3	0.09	*0.06	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	11	0.14	24	*0	*N/A*	0.36	*0.00	1	1.25	0.17	0.65	*N/A*	2.3	0.23	0.07	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	7	0.17	12	*0	*N/A*	0.35	*0.00	1	0.63	0.09	0.30	*N/A*	1.0	0.14	0.03	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	68	0.56	65	*4	*N/A*	3.12	*0.00	0	9.11	1.16	1.66	*N/A*	11.2	1.17	0.35	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	68	0.64	65	*4	*2	2.96	*0.00	0	9.11	1.16	1.66	*N/A*	11.7	1.17	0.27	\$0.000
003146 BENTO BOX #1	SERVINGS	24	618	2.69	1024	*6	*N/A*	22.78	*0.00	1	82.79	5.25	11.09	*N/A*	435.1	0.21	3.65	\$0.000
003147 BENTO BOX #2	SERVINGS	24	623	2.67	1019	*6	*N/A*	23.34	*0.00	1	83.03	5.25	10.95	*N/A*	426.3	0.21	3.69	\$0.000
003148 BENTO BOX #3	SERVINGS	24	619	2.79	1030	6	*0	23.43	0.00	2	81.80	5.28	10.98	*N/A*	431.6	0.16	3.66	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	85	0.75	180	0	*N/A*	4.50	0.00	0	9.50	0.50	1.00	*N/A*	0.0	1.80	0.18	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	65	0.25	90	0	*N/A*	2.25	0.00	0	10.00	1.00	1.00	*N/A*	0.0	1.20	0.18	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	65	0.50	20	0	*N/A*	2.50	0.00	0	10.00	0.50	1.00	*N/A*	0.0	0.00	0.18	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	137	2.99	273	*N/A*	*N/A*	6.83	0.00	1	17.07	1.71	1.71	*N/A*	0.0	5.12	0.92	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	4	0.00	7	*0	*N/A*	0.02	*0.00	0	0.71	0.21	0.15	*N/A*	1.4	0.64	0.03	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	30	0.00	0	6	*N/A*	0.00	0.00	0	7.50	1.20	0.00	*N/A*	6.0	2.52	0.11	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	27	0.03	0	4	*N/A*	0.10	0.00	0	6.92	0.79	0.33	*N/A*	1.5	2.64	0.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	80	21	0.24	26	2	*N/A*	0.40	0.00	2	2.56	0.00	1.60	*N/A*	64.0	0.19	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	6	0.02	4	1	*N/A*	0.18	0.00	0	0.68	0.08	0.32	*N/A*	12.0	0.00	0.04	\$0.000
Weighted Daily Average			3003	*20.93	4887	*59	*2	113.33	*0.00	*58	402.18	28.02	69.71	*0	1753.9	43.04	*18.94	\$0.000
% of Calories				*6.27%		*7.9%	*0.3%	34.0%	*0.0%		53.6%		9.3%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Friday - 09/19/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002313 CHICKEN, BONES WINGS 5 EACH	SERVING	105	52	0.42	84	0	*N/A*	2.31	0.00	12	3.15	0.42	4.83	*N/A*	4.2	0.00	0.38	\$0.000
002423 CHICKEN, POPCORN WG 10 EACH RO	SERVING (10)	55	43	0.33	83	*0	*N/A*	1.98	0.00	9	3.74	0.66	2.64	*N/A*	8.6	0.00	0.34	\$0.000
003076 BURRITO BEEF BEAN AND CHEESE LOS CABOS	1 BURRITO	28	19	0.21	25	0	0	0.59	0.00	1	2.35	0.42	0.94	*N/A*	6.2	0.08	0.22	\$0.000
003073 QUESADILLA TWO CHEESE & GREEN CHILI LOS CACOS	SERVINGS	27	17	0.37	22	0	0	0.76	0.00	2	1.74	0.24	0.91	*N/A*	1.4	0.11	0.54	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	44	0.73	103	*0	*N/A*	1.70	*0.00	4	5.21	0.15	2.01	*N/A*	4.4	0.00	0.36	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	31	0.51	71	*0	*N/A*	1.10	*0.00	3	3.93	0.11	1.52	*N/A*	3.3	0.00	0.25	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	14	*0.19	24	*0	*N/A*	0.65	*0.00	1	1.47	0.18	0.59	*N/A*	1.6	0.12	0.08	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	5	0.09	9	*0	*N/A*	0.25	*0.00	*1	0.47	0.06	0.21	*N/A*	0.7	0.21	0.04	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	4	0.06	6	*0	*N/A*	0.15	*0.00	0	0.46	0.10	0.12	*N/A*	0.6	0.16	0.01	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	16	0.33	37	*0	*N/A*	0.72	*0.00	3	1.53	0.20	0.95	*N/A*	2.3	0.09	*0.06	\$0.000

Base Menu Spreadsheet

Yuba City USD

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	11	0.14	24	*0	*N/A*	0.36	*0.00	1	1.25	0.17	0.65	*N/A*	2.3	0.23	0.07	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	7	0.17	12	*0	*N/A*	0.35	*0.00	1	0.63	0.09	0.30	*N/A*	1.0	0.14	0.03	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	68	0.56	65	*4	*N/A*	3.12	*0.00	0	9.11	1.16	1.66	*N/A*	11.2	1.17	0.35	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	68	0.64	65	*4	*2	2.96	*0.00	0	9.11	1.16	1.66	*N/A*	11.7	1.17	0.27	\$0.000
003146 BENTO BOX #1	SERVINGS	24	618	2.69	1024	*6	*N/A*	22.78	*0.00	1	82.79	5.25	11.09	*N/A*	435.1	0.21	3.65	\$0.000
003147 BENTO BOX #2	SERVINGS	24	623	2.67	1019	*6	*N/A*	23.34	*0.00	1	83.03	5.25	10.95	*N/A*	426.3	0.21	3.69	\$0.000
003148 BENTO BOX #3	SERVINGS	24	619	2.79	1030	6	*0	23.43	0.00	2	81.80	5.28	10.98	*N/A*	431.6	0.16	3.66	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	1	0	0.00	1	0	*N/A*	0.02	0.00	0	0.04	0.00	0.00	*N/A*	0.0	0.01	0.00	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	1	0	0.00	0	0	*N/A*	0.01	0.00	0	0.04	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	1	0	0.00	0	0	*N/A*	0.01	0.00	0	0.04	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	1	1	0.01	1	*N/A*	*N/A*	0.03	0.00	0	0.07	0.01	0.01	*N/A*	0.0	0.02	0.00	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	4	0.00	7	*0	*N/A*	0.02	*0.00	0	0.71	0.21	0.15	*N/A*	1.4	0.64	0.03	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	30	0.00	0	6	*N/A*	0.00	0.00	0	7.50	1.20	0.00	*N/A*	6.0	2.52	0.11	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	27	0.03	0	4	*N/A*	0.10	0.00	0	6.92	0.79	0.33	*N/A*	1.5	2.64	0.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	80	21	0.24	26	2	*N/A*	0.40	0.00	2	2.56	0.00	1.60	*N/A*	64.0	0.19	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	6	0.02	4	1	*N/A*	0.18	0.00	0	0.68	0.08	0.32	*N/A*	12.0	0.00	0.04	\$0.000
Weighted Daily Average			2465	*13.21	3864	*56	*2	87.31	*0.00	*48	333.28	24.20	62.14	*0	1695.2	34.94	*14.59	\$0.000
% of Calories				*4.82%		*9.1%	*0.3%	31.9%	*0.0%		54.1%		10.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Monday - 09/22/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002963 CHICKEN BUFFALO PATTY ON BUN	EACH	25	5	0.00	51	0	*N/A*	0.13	0.00	3	0.01	0.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
001946 CHICKEN PATTY ON BUN (RC)	EACH	25	9	0.10	21	0	*N/A*	0.45	0.00	1	0.61	0.15	0.60	*N/A*	0.0	0.00	0.09	\$0.000
002993 MAC & CHEESE PREMIUM JTM	6oz	50	32	0.89	78	0	*N/A*	1.60	0.00	5	2.80	0.20	1.50	*N/A*	36.8	0.00	0.10	\$0.000
000597 BREAD, ROLL DINNER 1 OZ	EACH	50	8	0.00	2	*N/A*	*N/A*	0.15	*N/A*	1	1.50	0.06	0.31	*N/A*	1.9	0.00	0.08	\$0.000
002847 PULL-APART ITALIAN GARLIC	PACKAGES	58	35	0.70	61	1	*N/A*	1.53	0.00	4	3.76	0.23	1.64	*N/A*	39.9	0.00	0.21	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	44	0.73	103	*0	*N/A*	1.70	*0.00	4	5.21	0.15	2.01	*N/A*	4.4	0.00	0.36	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	31	0.51	71	*0	*N/A*	1.10	*0.00	3	3.93	0.11	1.52	*N/A*	3.3	0.00	0.25	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	14	*0.19	24	*0	*N/A*	0.65	*0.00	1	1.47	0.18	0.59	*N/A*	1.6	0.12	0.08	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	5	0.09	9	*0	*N/A*	0.25	*0.00	*1	0.47	0.06	0.21	*N/A*	0.7	0.21	0.04	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	4	0.06	6	*0	*N/A*	0.15	*0.00	0	0.46	0.10	0.12	*N/A*	0.6	0.16	0.01	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	16	0.33	37	*0	*N/A*	0.72	*0.00	3	1.53	0.20	0.95	*N/A*	2.3	0.09	*0.06	\$0.000

Base Menu Spreadsheet

Yuba City USD

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	11	0.14	24	*0	*N/A*	0.36	*0.00	1	1.25	0.17	0.65	*N/A*	2.3	0.23	0.07	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	7	0.17	12	*0	*N/A*	0.35	*0.00	1	0.63	0.09	0.30	*N/A*	1.0	0.14	0.03	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	68	0.56	65	*4	*N/A*	3.12	*0.00	0	9.11	1.16	1.66	*N/A*	11.2	1.17	0.35	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	68	0.64	65	*4	*2	2.96	*0.00	0	9.11	1.16	1.66	*N/A*	11.7	1.17	0.27	\$0.000
003146 BENTO BOX #1	SERVINGS	24	618	2.69	1024	*6	*N/A*	22.78	*0.00	1	82.79	5.25	11.09	*N/A*	435.1	0.21	3.65	\$0.000
003147 BENTO BOX #2	SERVINGS	24	623	2.67	1019	*6	*N/A*	23.34	*0.00	1	83.03	5.25	10.95	*N/A*	426.3	0.21	3.69	\$0.000
003148 BENTO BOX #3	SERVINGS	24	619	2.79	1030	6	*0	23.43	0.00	2	81.80	5.28	10.98	*N/A*	431.6	0.16	3.66	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	85	0.75	180	0	*N/A*	4.50	0.00	0	9.50	0.50	1.00	*N/A*	0.0	1.80	0.18	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	65	0.25	90	0	*N/A*	2.25	0.00	0	10.00	1.00	1.00	*N/A*	0.0	1.20	0.18	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	137	2.99	273	*N/A*	*N/A*	6.83	0.00	1	17.07	1.71	1.71	*N/A*	0.0	5.12	0.92	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	65	0.50	20	0	*N/A*	2.50	0.00	0	10.00	0.50	1.00	*N/A*	0.0	0.00	0.18	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	7	0.00	14	*0	*N/A*	0.04	*0.00	0	1.47	0.43	0.32	*N/A*	2.9	1.33	0.05	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	30	0.00	0	6	*N/A*	0.00	0.00	0	7.50	1.20	0.00	*N/A*	6.0	2.52	0.11	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	27	0.03	0	4	*N/A*	0.10	0.00	0	6.92	0.79	0.33	*N/A*	1.5	2.64	0.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	80	21	0.24	26	2	*N/A*	0.40	0.00	2	2.56	0.00	1.60	*N/A*	64.0	0.19	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	6	0.02	4	1	*N/A*	0.18	0.00	0	0.68	0.08	0.32	*N/A*	12.0	0.00	0.04	\$0.000
Weighted Daily Average			2777	*18.04	4432	*57	*2	101.56	*0.00	*39	378.13	27.02	62.73	*0	1755.0	43.54	*15.08	\$0.000
% of Calories				*5.85%		*8.2%	*0.3%	32.9%	*0.0%		54.5%		9.0%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Tuesday - 09/23/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	I Hamburger	50	45	0.90	28	*0	*0	2.50	0.00	8	3.10	0.30	2.60	*N/A*	15.0	0.00	1.18	\$0.000
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	25	32	0.65	82	*0	*0	1.66	0.00	3	3.21	0.00	1.01	*N/A*	10.4	0.00	1.04	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	25	33	0.60	89	0	0	1.80	0.00	4	3.15	0.00	1.10	*N/A*	5.6	0.00	0.20	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	100	41	0.41	116	1	*N/A*	2.49	0.00	2	4.35	0.41	0.62	*N/A*	2.1	0.00	0.07	\$0.000
002949 HOT POCKET SANDWICH PEPPERONI	EACH	110	64	1.32	126	1	*N/A*	2.65	0.00	6	7.95	0.22	1.99	*N/A*	22.1	0.00	0.60	\$0.000
002590 BURRITO, BEAN&CHSEIWSWG6.05 OZ	EACH	55	36	0.47	50	0	*N/A*	1.28	0.00	2	4.64	0.85	1.66	*N/A*	21.2	1.30	0.33	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	44	0.73	103	*0	*N/A*	1.70	*0.00	4	5.21	0.15	2.01	*N/A*	4.4	0.00	0.36	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	31	0.51	71	*0	*N/A*	1.10	*0.00	3	3.93	0.11	1.52	*N/A*	3.3	0.00	0.25	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	14	*0.19	24	*0	*N/A*	0.65	*0.00	1	1.47	0.18	0.59	*N/A*	1.6	0.12	0.08	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	5	0.09	9	*0	*N/A*	0.25	*0.00	*1	0.47	0.06	0.21	*N/A*	0.7	0.21	0.04	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	4	0.06	6	*0	*N/A*	0.15	*0.00	0	0.46	0.10	0.12	*N/A*	0.6	0.16	0.01	\$0.000

Base Menu Spreadsheet

Yuba City USD

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	16	0.33	37	*0	*N/A*	0.72	*0.00	3	1.53	0.20	0.95	*N/A*	2.3	0.09	*0.06	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	11	0.14	24	*0	*N/A*	0.36	*0.00	1	1.25	0.17	0.65	*N/A*	2.3	0.23	0.07	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	7	0.17	12	*0	*N/A*	0.35	*0.00	1	0.63	0.09	0.30	*N/A*	1.0	0.14	0.03	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	68	0.56	65	*4	*N/A*	3.12	*0.00	0	9.11	1.16	1.66	*N/A*	11.2	1.17	0.35	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	68	0.64	65	*4	*2	2.96	*0.00	0	9.11	1.16	1.66	*N/A*	11.7	1.17	0.27	\$0.000
003146 BENTO BOX #1	SERVINGS	24	618	2.69	1024	*6	*N/A*	22.78	*0.00	1	82.79	5.25	11.09	*N/A*	435.1	0.21	3.65	\$0.000
003147 BENTO BOX #2	SERVINGS	24	623	2.67	1019	*6	*N/A*	23.34	*0.00	1	83.03	5.25	10.95	*N/A*	426.3	0.21	3.69	\$0.000
003148 BENTO BOX #3	SERVINGS	24	619	2.79	1030	6	*0	23.43	0.00	2	81.80	5.28	10.98	*N/A*	431.6	0.16	3.66	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	85	0.75	180	0	*N/A*	4.50	0.00	0	9.50	0.50	1.00	*N/A*	0.0	1.80	0.18	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	65	0.25	90	0	*N/A*	2.25	0.00	0	10.00	1.00	1.00	*N/A*	0.0	1.20	0.18	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	65	0.50	20	0	*N/A*	2.50	0.00	0	10.00	0.50	1.00	*N/A*	0.0	0.00	0.18	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	137	2.99	273	*N/A*	*N/A*	6.83	0.00	1	17.07	1.71	1.71	*N/A*	0.0	5.12	0.92	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	7	0.00	14	*0	*N/A*	0.04	*0.00	0	1.47	0.43	0.32	*N/A*	2.9	1.33	0.05	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	30	0.00	0	6	*N/A*	0.00	0.00	0	7.50	1.20	0.00	*N/A*	6.0	2.52	0.11	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	27	0.03	0	4	*N/A*	0.10	0.00	0	6.92	0.79	0.33	*N/A*	1.5	2.64	0.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	80	21	0.24	26	2	*N/A*	0.40	0.00	2	2.56	0.00	1.60	*N/A*	64.0	0.19	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	6	0.02	4	1	*N/A*	0.18	0.00	0	0.68	0.08	0.32	*N/A*	12.0	0.00	0.04	\$0.000
Weighted Daily Average			2938	*20.70	4709	*59	*2	110.08	*0.00	*49	395.84	28.16	66.66	*0	1752.7	44.85	*18.01	\$0.000
% of Calories				*6.34%		*8.0%	*0.3%	33.7%	*0.0%		53.9%		9.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Wednesday - 09/24/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002474 CHICKEN, NUGGETS 5EA RC	SERVING 5 EACH	105	38	0.42	88	0	*N/A*	1.89	0.00	4	2.52	0.63	2.52	*N/A*	8.4	0.00	0.38	\$0.000
000912 CORN DOG, CHICKEN WG 4 OZ	SERVING	55	26	0.28	43	*N/A*	*N/A*	0.88	0.00	4	3.30	0.55	0.99	*N/A*	8.8	0.00	0.20	\$0.000
003077 TAMALE TWO CHEESE & GREEN CHILI LOS CABOS	1 TAMALE	50	34	0.95	71	0	0	1.80	0.00	4	2.97	0.26	1.60	*N/A*	41.9	0.25	0.09	\$0.000
003079 TAMALE SHREDDED BEEF SALSA ROJA & CHEESE LOS CABOS	1 TAMALE	25	17	0.38	32	0	0	0.81	0.00	2	1.50	0.16	0.95	*N/A*	10.5	0.07	0.11	\$0.000
003078 TAMALE CHICKEN SALSA VERDE CHEESE LOS CABOS	1 TAMALE	25	15	0.33	31	0	0	0.69	0.00	3	1.42	0.14	0.86	*N/A*	10.1	0.18	0.07	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	44	0.73	103	*0	*N/A*	1.70	*0.00	4	5.21	0.15	2.01	*N/A*	4.4	0.00	0.36	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	31	0.51	71	*0	*N/A*	1.10	*0.00	3	3.93	0.11	1.52	*N/A*	3.3	0.00	0.25	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	14	*0.19	24	*0	*N/A*	0.65	*0.00	1	1.47	0.18	0.59	*N/A*	1.6	0.12	0.08	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	5	0.09	9	*0	*N/A*	0.25	*0.00	*1	0.47	0.06	0.21	*N/A*	0.7	0.21	0.04	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	4	0.06	6	*0	*N/A*	0.15	*0.00	0	0.46	0.10	0.12	*N/A*	0.6	0.16	0.01	\$0.000

Base Menu Spreadsheet

Yuba City USD

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	16	0.33	37	*0	*N/A*	0.72	*0.00	3	1.53	0.20	0.95	*N/A*	2.3	0.09	*0.06	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	11	0.14	24	*0	*N/A*	0.36	*0.00	1	1.25	0.17	0.65	*N/A*	2.3	0.23	0.07	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	7	0.17	12	*0	*N/A*	0.35	*0.00	1	0.63	0.09	0.30	*N/A*	1.0	0.14	0.03	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	68	0.56	65	*4	*N/A*	3.12	*0.00	0	9.11	1.16	1.66	*N/A*	11.2	1.17	0.35	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	68	0.64	65	*4	*2	2.96	*0.00	0	9.11	1.16	1.66	*N/A*	11.7	1.17	0.27	\$0.000
003146 BENTO BOX #1	SERVINGS	24	618	2.69	1024	*6	*N/A*	22.78	*0.00	1	82.79	5.25	11.09	*N/A*	435.1	0.21	3.65	\$0.000
003147 BENTO BOX #2	SERVINGS	24	623	2.67	1019	*6	*N/A*	23.34	*0.00	1	83.03	5.25	10.95	*N/A*	426.3	0.21	3.69	\$0.000
003148 BENTO BOX #3	SERVINGS	24	619	2.79	1030	6	*0	23.43	0.00	2	81.80	5.28	10.98	*N/A*	431.6	0.16	3.66	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	85	0.75	180	0	*N/A*	4.50	0.00	0	9.50	0.50	1.00	*N/A*	0.0	1.80	0.18	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	65	0.25	90	0	*N/A*	2.25	0.00	0	10.00	1.00	1.00	*N/A*	0.0	1.20	0.18	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	137	2.99	273	*N/A*	*N/A*	6.83	0.00	1	17.07	1.71	1.71	*N/A*	0.0	5.12	0.92	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	65	0.50	20	0	*N/A*	2.50	0.00	0	10.00	0.50	1.00	*N/A*	0.0	0.00	0.18	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	4	0.00	7	*0	*N/A*	0.02	*0.00	0	0.71	0.21	0.15	*N/A*	1.4	0.64	0.03	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	30	0.00	0	6	*N/A*	0.00	0.00	0	7.50	1.20	0.00	*N/A*	6.0	2.52	0.11	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	27	0.03	0	4	*N/A*	0.10	0.00	0	6.92	0.79	0.33	*N/A*	1.5	2.64	0.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	80	21	0.24	26	2	*N/A*	0.40	0.00	2	2.56	0.00	1.60	*N/A*	64.0	0.19	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	6	0.02	4	1	*N/A*	0.18	0.00	0	0.68	0.08	0.32	*N/A*	12.0	0.00	0.04	\$0.000
Weighted Daily Average			2814	*18.70	4475	*56	*2	103.76	*0.00	*42	380.38	27.88	64.42	*0	1754.5	43.34	*15.41	\$0.000
% of Calories				*5.98%		*8.0%	*0.3%	33.2%	*0.0%		54.1%		9.2%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Thursday - 09/25/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	45	0.90	28	*0	*0	2.50	0.00	8	3.10	0.30	2.60	*N/A*	15.0	0.00	1.18	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	50	66	1.20	178	1	0	3.60	0.00	7	6.30	0.00	2.20	*N/A*	11.2	0.00	0.39	\$0.000
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	50	64	1.29	164	*1	*0	3.32	0.00	6	6.42	0.00	2.02	*N/A*	20.7	0.00	2.08	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	150	62	0.62	174	2	*N/A*	3.73	0.00	3	6.53	0.62	0.93	*N/A*	3.1	0.00	0.11	\$0.000
001488 CHICKEN, ORANGE MANDARIN nood	SERVING	75	52	0.13	73	*N/A*	*N/A*	1.18	*0.00	6	8.07	0.51	2.69	*N/A*	2.7	0.19	0.46	\$0.000
002189 BREADSTICK, CHEESE 4 BITES	4 EACH	55	31	0.44	59	0	*N/A*	1.32	0.00	2	3.08	0.44	1.76	*N/A*	26.4	0.00	0.16	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	44	0.73	103	*0	*N/A*	1.70	*0.00	4	5.21	0.15	2.01	*N/A*	4.4	0.00	0.36	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	31	0.51	71	*0	*N/A*	1.10	*0.00	3	3.93	0.11	1.52	*N/A*	3.3	0.00	0.25	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	14	*0.19	24	*0	*N/A*	0.65	*0.00	1	1.47	0.18	0.59	*N/A*	1.6	0.12	0.08	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	5	0.09	9	*0	*N/A*	0.25	*0.00	*1	0.47	0.06	0.21	*N/A*	0.7	0.21	0.04	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	4	0.06	6	*0	*N/A*	0.15	*0.00	0	0.46	0.10	0.12	*N/A*	0.6	0.16	0.01	\$0.000

Base Menu Spreadsheet

Yuba City USD

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	16	0.33	37	*0	*N/A*	0.72	*0.00	3	1.53	0.20	0.95	*N/A*	2.3	0.09	*0.06	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	11	0.14	24	*0	*N/A*	0.36	*0.00	1	1.25	0.17	0.65	*N/A*	2.3	0.23	0.07	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	7	0.17	12	*0	*N/A*	0.35	*0.00	1	0.63	0.09	0.30	*N/A*	1.0	0.14	0.03	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	68	0.56	65	*4	*N/A*	3.12	*0.00	0	9.11	1.16	1.66	*N/A*	11.2	1.17	0.35	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	68	0.64	65	*4	*2	2.96	*0.00	0	9.11	1.16	1.66	*N/A*	11.7	1.17	0.27	\$0.000
003146 BENTO BOX #1	SERVINGS	24	618	2.69	1024	*6	*N/A*	22.78	*0.00	1	82.79	5.25	11.09	*N/A*	435.1	0.21	3.65	\$0.000
003147 BENTO BOX #2	SERVINGS	24	623	2.67	1019	*6	*N/A*	23.34	*0.00	1	83.03	5.25	10.95	*N/A*	426.3	0.21	3.69	\$0.000
003148 BENTO BOX #3	SERVINGS	24	619	2.79	1030	6	*0	23.43	0.00	2	81.80	5.28	10.98	*N/A*	431.6	0.16	3.66	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	85	0.75	180	0	*N/A*	4.50	0.00	0	9.50	0.50	1.00	*N/A*	0.0	1.80	0.18	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	65	0.25	90	0	*N/A*	2.25	0.00	0	10.00	1.00	1.00	*N/A*	0.0	1.20	0.18	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	65	0.50	20	0	*N/A*	2.50	0.00	0	10.00	0.50	1.00	*N/A*	0.0	0.00	0.18	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	137	2.99	273	*N/A*	*N/A*	6.83	0.00	1	17.07	1.71	1.71	*N/A*	0.0	5.12	0.92	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	4	0.00	7	*0	*N/A*	0.02	*0.00	0	0.71	0.21	0.15	*N/A*	1.4	0.64	0.03	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	30	0.00	0	6	*N/A*	0.00	0.00	0	7.50	1.20	0.00	*N/A*	6.0	2.52	0.11	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	27	0.03	0	4	*N/A*	0.10	0.00	0	6.92	0.79	0.33	*N/A*	1.5	2.64	0.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	80	21	0.24	26	2	*N/A*	0.40	0.00	2	2.56	0.00	1.60	*N/A*	64.0	0.19	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	6	0.02	4	1	*N/A*	0.18	0.00	0	0.68	0.08	0.32	*N/A*	12.0	0.00	0.04	\$0.000
Weighted Daily Average			3003	*20.93	4887	*59	*2	113.33	*0.00	*58	402.18	28.02	69.71	*0	1753.9	43.04	*18.94	\$0.000
% of Calories				*6.27%		*7.9%	*0.3%	34.0%	*0.0%		53.6%		9.3%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Friday - 09/26/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002313 CHICKEN, BONLES WINGS 5 EACH	SERVING	105	52	0.42	84	0	*N/A*	2.31	0.00	12	3.15	0.42	4.83	*N/A*	4.2	0.00	0.38	\$0.000
002423 CHICKEN, POPCORN WG 10 EACH RO	SERVING (10)	55	43	0.33	83	*0	*N/A*	1.98	0.00	9	3.74	0.66	2.64	*N/A*	8.6	0.00	0.34	\$0.000
003076 BURRITO BEEF BEAN AND CHEESE LOS CABOS	1 BURRITO	28	19	0.21	25	0	0	0.59	0.00	1	2.35	0.42	0.94	*N/A*	6.2	0.08	0.22	\$0.000
003073 QUESADILLA TWO CHEESE & GREEN CHILI LOS CACOS	SERVINGS	27	17	0.37	22	0	0	0.76	0.00	2	1.74	0.24	0.91	*N/A*	1.4	0.11	0.54	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	44	0.73	103	*0	*N/A*	1.70	*0.00	4	5.21	0.15	2.01	*N/A*	4.4	0.00	0.36	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	31	0.51	71	*0	*N/A*	1.10	*0.00	3	3.93	0.11	1.52	*N/A*	3.3	0.00	0.25	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	14	*0.19	24	*0	*N/A*	0.65	*0.00	1	1.47	0.18	0.59	*N/A*	1.6	0.12	0.08	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	5	0.09	9	*0	*N/A*	0.25	*0.00	*1	0.47	0.06	0.21	*N/A*	0.7	0.21	0.04	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	4	0.06	6	*0	*N/A*	0.15	*0.00	0	0.46	0.10	0.12	*N/A*	0.6	0.16	0.01	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	16	0.33	37	*0	*N/A*	0.72	*0.00	3	1.53	0.20	0.95	*N/A*	2.3	0.09	*0.06	\$0.000

Base Menu Spreadsheet

Yuba City USD

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	11	0.14	24	*0	*N/A*	0.36	*0.00	1	1.25	0.17	0.65	*N/A*	2.3	0.23	0.07	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	7	0.17	12	*0	*N/A*	0.35	*0.00	1	0.63	0.09	0.30	*N/A*	1.0	0.14	0.03	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	68	0.56	65	*4	*N/A*	3.12	*0.00	0	9.11	1.16	1.66	*N/A*	11.2	1.17	0.35	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	68	0.64	65	*4	*2	2.96	*0.00	0	9.11	1.16	1.66	*N/A*	11.7	1.17	0.27	\$0.000
003146 BENTO BOX #1	SERVINGS	24	618	2.69	1024	*6	*N/A*	22.78	*0.00	1	82.79	5.25	11.09	*N/A*	435.1	0.21	3.65	\$0.000
003147 BENTO BOX #2	SERVINGS	24	623	2.67	1019	*6	*N/A*	23.34	*0.00	1	83.03	5.25	10.95	*N/A*	426.3	0.21	3.69	\$0.000
003148 BENTO BOX #3	SERVINGS	24	619	2.79	1030	6	*0	23.43	0.00	2	81.80	5.28	10.98	*N/A*	431.6	0.16	3.66	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	1	0	0.00	1	0	*N/A*	0.02	0.00	0	0.04	0.00	0.00	*N/A*	0.0	0.01	0.00	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	1	0	0.00	0	0	*N/A*	0.01	0.00	0	0.04	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	1	0	0.00	0	0	*N/A*	0.01	0.00	0	0.04	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	1	1	0.01	1	*N/A*	*N/A*	0.03	0.00	0	0.07	0.01	0.01	*N/A*	0.0	0.02	0.00	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	4	0.00	7	*0	*N/A*	0.02	*0.00	0	0.71	0.21	0.15	*N/A*	1.4	0.64	0.03	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	30	0.00	0	6	*N/A*	0.00	0.00	0	7.50	1.20	0.00	*N/A*	6.0	2.52	0.11	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	27	0.03	0	4	*N/A*	0.10	0.00	0	6.92	0.79	0.33	*N/A*	1.5	2.64	0.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	80	21	0.24	26	2	*N/A*	0.40	0.00	2	2.56	0.00	1.60	*N/A*	64.0	0.19	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	6	0.02	4	1	*N/A*	0.18	0.00	0	0.68	0.08	0.32	*N/A*	12.0	0.00	0.04	\$0.000
Weighted Daily Average			2465	*13.21	3864	*56	*2	87.31	*0.00	*48	333.28	24.20	62.14	*0	1695.2	34.94	*14.59	\$0.000
% of Calories				*4.82%		*9.1%	*0.3%	31.9%	*0.0%		54.1%		10.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Monday - 09/29/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002963 CHICKEN BUFFALO PATTY ON BUN	EACH	25	5	0.00	51	0	*N/A*	0.13	0.00	3	0.01	0.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
001946 CHICKEN PATTY ON BUN (RC)	EACH	25	9	0.10	21	0	*N/A*	0.45	0.00	1	0.61	0.15	0.60	*N/A*	0.0	0.00	0.09	\$0.000
002993 MAC & CHEESE PREMIUM JTM	6oz	50	32	0.89	78	0	*N/A*	1.60	0.00	5	2.80	0.20	1.50	*N/A*	36.8	0.00	0.10	\$0.000
000597 BREAD, ROLL DINNER 1 OZ	EACH	50	8	0.00	2	*N/A*	*N/A*	0.15	*N/A*	1	1.50	0.06	0.31	*N/A*	1.9	0.00	0.08	\$0.000
002847 PULL-APART ITALIAN GARLIC	PACKAGES	58	35	0.70	61	1	*N/A*	1.53	0.00	4	3.76	0.23	1.64	*N/A*	39.9	0.00	0.21	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	44	0.73	103	*0	*N/A*	1.70	*0.00	4	5.21	0.15	2.01	*N/A*	4.4	0.00	0.36	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	31	0.51	71	*0	*N/A*	1.10	*0.00	3	3.93	0.11	1.52	*N/A*	3.3	0.00	0.25	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	14	*0.19	24	*0	*N/A*	0.65	*0.00	1	1.47	0.18	0.59	*N/A*	1.6	0.12	0.08	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	5	0.09	9	*0	*N/A*	0.25	*0.00	*1	0.47	0.06	0.21	*N/A*	0.7	0.21	0.04	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	4	0.06	6	*0	*N/A*	0.15	*0.00	0	0.46	0.10	0.12	*N/A*	0.6	0.16	0.01	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	16	0.33	37	*0	*N/A*	0.72	*0.00	3	1.53	0.20	0.95	*N/A*	2.3	0.09	*0.06	\$0.000

Base Menu Spreadsheet

Yuba City USD

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	11	0.14	24	*0	*N/A*	0.36	*0.00	1	1.25	0.17	0.65	*N/A*	2.3	0.23	0.07	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	7	0.17	12	*0	*N/A*	0.35	*0.00	1	0.63	0.09	0.30	*N/A*	1.0	0.14	0.03	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	68	0.56	65	*4	*N/A*	3.12	*0.00	0	9.11	1.16	1.66	*N/A*	11.2	1.17	0.35	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	68	0.64	65	*4	*2	2.96	*0.00	0	9.11	1.16	1.66	*N/A*	11.7	1.17	0.27	\$0.000
003146 BENTO BOX #1	SERVINGS	24	618	2.69	1024	*6	*N/A*	22.78	*0.00	1	82.79	5.25	11.09	*N/A*	435.1	0.21	3.65	\$0.000
003147 BENTO BOX #2	SERVINGS	24	623	2.67	1019	*6	*N/A*	23.34	*0.00	1	83.03	5.25	10.95	*N/A*	426.3	0.21	3.69	\$0.000
003148 BENTO BOX #3	SERVINGS	24	619	2.79	1030	6	*0	23.43	0.00	2	81.80	5.28	10.98	*N/A*	431.6	0.16	3.66	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	85	0.75	180	0	*N/A*	4.50	0.00	0	9.50	0.50	1.00	*N/A*	0.0	1.80	0.18	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	65	0.25	90	0	*N/A*	2.25	0.00	0	10.00	1.00	1.00	*N/A*	0.0	1.20	0.18	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	137	2.99	273	*N/A*	*N/A*	6.83	0.00	1	17.07	1.71	1.71	*N/A*	0.0	5.12	0.92	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	65	0.50	20	0	*N/A*	2.50	0.00	0	10.00	0.50	1.00	*N/A*	0.0	0.00	0.18	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	7	0.00	14	*0	*N/A*	0.04	*0.00	0	1.47	0.43	0.32	*N/A*	2.9	1.33	0.05	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	30	0.00	0	6	*N/A*	0.00	0.00	0	7.50	1.20	0.00	*N/A*	6.0	2.52	0.11	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	27	0.03	0	4	*N/A*	0.10	0.00	0	6.92	0.79	0.33	*N/A*	1.5	2.64	0.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	80	21	0.24	26	2	*N/A*	0.40	0.00	2	2.56	0.00	1.60	*N/A*	64.0	0.19	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	6	0.02	4	1	*N/A*	0.18	0.00	0	0.68	0.08	0.32	*N/A*	12.0	0.00	0.04	\$0.000
Weighted Daily Average			2777	*18.04	4432	*57	*2	101.56	*0.00	*39	378.13	27.02	62.73	*0	1755.0	43.54	*15.08	\$0.000
% of Calories				*5.85%		*8.2%	*0.3%	32.9%	*0.0%		54.5%		9.0%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Tuesday - 09/30/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	I Hamburger	50	45	0.90	28	*0	*0	2.50	0.00	8	3.10	0.30	2.60	*N/A*	15.0	0.00	1.18	\$0.000
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	25	32	0.65	82	*0	*0	1.66	0.00	3	3.21	0.00	1.01	*N/A*	10.4	0.00	1.04	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	25	33	0.60	89	0	0	1.80	0.00	4	3.15	0.00	1.10	*N/A*	5.6	0.00	0.20	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	100	41	0.41	116	1	*N/A*	2.49	0.00	2	4.35	0.41	0.62	*N/A*	2.1	0.00	0.07	\$0.000
002949 HOT POCKET SANDWICH PEPPERONI	EACH	110	64	1.32	126	1	*N/A*	2.65	0.00	6	7.95	0.22	1.99	*N/A*	22.1	0.00	0.60	\$0.000
002590 BURRITO, BEAN&CHSEIWSWG6.05 OZ	EACH	55	36	0.47	50	0	*N/A*	1.28	0.00	2	4.64	0.85	1.66	*N/A*	21.2	1.30	0.33	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	44	0.73	103	*0	*N/A*	1.70	*0.00	4	5.21	0.15	2.01	*N/A*	4.4	0.00	0.36	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	31	0.51	71	*0	*N/A*	1.10	*0.00	3	3.93	0.11	1.52	*N/A*	3.3	0.00	0.25	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	14	*0.19	24	*0	*N/A*	0.65	*0.00	1	1.47	0.18	0.59	*N/A*	1.6	0.12	0.08	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	5	0.09	9	*0	*N/A*	0.25	*0.00	*1	0.47	0.06	0.21	*N/A*	0.7	0.21	0.04	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	4	0.06	6	*0	*N/A*	0.15	*0.00	0	0.46	0.10	0.12	*N/A*	0.6	0.16	0.01	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	16	0.33	37	*0	*N/A*	0.72	*0.00	3	1.53	0.20	0.95	*N/A*	2.3	0.09	*0.06	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	11	0.14	24	*0	*N/A*	0.36	*0.00	1	1.25	0.17	0.65	*N/A*	2.3	0.23	0.07	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	7	0.17	12	*0	*N/A*	0.35	*0.00	1	0.63	0.09	0.30	*N/A*	1.0	0.14	0.03	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	68	0.56	65	*4	*N/A*	3.12	*0.00	0	9.11	1.16	1.66	*N/A*	11.2	1.17	0.35	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	68	0.64	65	*4	*2	2.96	*0.00	0	9.11	1.16	1.66	*N/A*	11.7	1.17	0.27	\$0.000
003146 BENTO BOX #1	SERVINGS	24	618	2.69	1024	*6	*N/A*	22.78	*0.00	1	82.79	5.25	11.09	*N/A*	435.1	0.21	3.65	\$0.000
003147 BENTO BOX #2	SERVINGS	24	623	2.67	1019	*6	*N/A*	23.34	*0.00	1	83.03	5.25	10.95	*N/A*	426.3	0.21	3.69	\$0.000
003148 BENTO BOX #3	SERVINGS	24	619	2.79	1030	6	*0	23.43	0.00	2	81.80	5.28	10.98	*N/A*	431.6	0.16	3.66	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	85	0.75	180	0	*N/A*	4.50	0.00	0	9.50	0.50	1.00	*N/A*	0.0	1.80	0.18	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	65	0.25	90	0	*N/A*	2.25	0.00	0	10.00	1.00	1.00	*N/A*	0.0	1.20	0.18	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	65	0.50	20	0	*N/A*	2.50	0.00	0	10.00	0.50	1.00	*N/A*	0.0	0.00	0.18	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	137	2.99	273	*N/A*	*N/A*	6.83	0.00	1	17.07	1.71	1.71	*N/A*	0.0	5.12	0.92	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	7	0.00	14	*0	*N/A*	0.04	*0.00	0	1.47	0.43	0.32	*N/A*	2.9	1.33	0.05	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	30	0.00	0	6	*N/A*	0.00	0.00	0	7.50	1.20	0.00	*N/A*	6.0	2.52	0.11	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	27	0.03	0	4	*N/A*	0.10	0.00	0	6.92	0.79	0.33	*N/A*	1.5	2.64	0.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	80	21	0.24	26	2	*N/A*	0.40	0.00	2	2.56	0.00	1.60	*N/A*	64.0	0.19	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	6	0.02	4	1	*N/A*	0.18	0.00	0	0.68	0.08	0.32	*N/A*	12.0	0.00	0.04	\$0.000
Weighted Daily Average			2938	*20.70	4709	*59	*2	110.08	*0.00	*49	395.84	28.16	66.66	*0	1752.7	44.85	*18.01	\$0.000
% of Calories				*6.34%		*8.0%	*0.3%	33.7%	*0.0%		53.9%		9.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		2810	*18.45	4485	*57	*2	103.58	*0.00	*47	379.67	27.11	65.20	*0	1744	42.08	*16.48	\$0.000
% of Calories			*5.91%		*8.1%	*0.3%	33.2%	*0.0%		54.0%		9.3%					

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.