



What's Cooking?

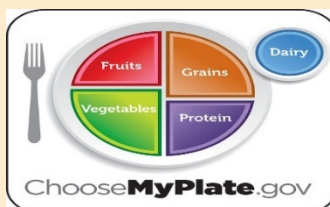
MORAGA SCHOOL DISTRICT

THE SCOOP FROM NUTRITION SERVICES

August

Quick Reminders:

- No pork served in our school meals; we use turkey pepperoni for our pizza and turkey ham for our sandwiches and other menu options.
- Our district is nut-free; however, some products may come from nuts and soy. Please check NutriSlice on the District's Food and Nutrition webpage for more information about a specific menu item.
- All Eggs used in our schools are cage-free eggs
- MSD does not serve any food that has been deep fried, pan fried, or flash fried.
- Our district provides meal accommodations with food allergies under a medical form signed by a licensed health professional.
- Moraga School District is still participating in the National School Breakfast and Lunch program.
- All food and beverages served in our school district meet state and federal nutrition requirements.
- Under the NSLP, there are five components required to make what's called a "complete meal. At least three of these components must be selected at the time of purchase order to meet federal guidelines.



Passport to Flavor

We're excited to welcome students back to our cafeterias and hope everyone had a great summer! This year, we continue our "Passport to Flavor," introducing new recipes that celebrate cultural traditions. Join us on a culinary journey featuring dishes from India, France, Italy, and Mexico.

Dishes to expect from Passport to Flavor this year

BREAKFAST	LUNCH
Peach Cobbler	Croque Monsieur Bites
Wild Berry Oat Bake	Chicken Gyro Sandwich
English Bread Pudding	Cheese Tortellini with Bolognese Sauce
Mexican Breakfast Burrito	Sushi Bake
Southwest Casserole	Jerk Chicken





Eat the Season: Peaches

Peaches are a sweet, nutrient-dense summer fruit packed with vitamins, antioxidants, and dietary fiber. A single medium peach contains only about 60 calories but provides essential health benefits like improved digestion, better heart health, and glowing skin. We can use them in so many recipes - the favorite one is peach cobbler. Add a little green to your plate and enjoy the benefits!

Moraga School District is proud to continue this year:

Clover Sonoma Organic Milk and use of Milk Dispensers

- We are serving Clover Sonoma organic 1% and fat-free milk. Students will experience using milk dispensers at each school location

New York Pizza Partnership

- Sodexo will continue its partnership with New York Pizza, a beloved Bay Area restaurant. Students enjoyed it last year, and we're excited to bring it back! The pizza is made with whole-grain flour, meets USDA nutrition requirements, and uses all Halal meat products.

Nature's Path Organic Cereal

- We are offering whole-grain Nature's Path Organic cereals. Both Coco Chimp and Cinnamon Monarch varieties are:
 - Gluten-free
 - Non-GMO
 - Vegan
 - Low in sugar and sodium
 - Free from artificial flavors, colors, and preservatives

Scratch Cooking Initiative

- Our Sodexo nutrition team will continue preparing meals using whole-food ingredients and standardized recipes developed by our nutrition services staff.

FLAVORS Program

- We are fortunate to continue participating in **FLAVORS (Fresh Fruit and Vegetable Order Receipt System)**, a federally funded program that allows us to provide a wide variety of organic, California-grown fruits and vegetables.



CDE Requirement training for Staff

- Sodexo provides a comprehensive six-hour annual food safety training program for staff.
- Training includes proper temperature control practices to maintain food safety.
- Staff are educated on strict personnel hygiene standards to prevent contamination.
- The program covers effective food receiving and storage procedures.
- Employees receive training on food allergy awareness and protocols to protect guests with dietary restrictions.
- Many staff members have earned ServSafe certification, strengthening food safety knowledge and compliance.
- The training program supports the delivery of safe, high-quality food service across operations.

Monthly Menus >>> [Link here](#)

