



YCUSD 6-8 SEPTEMBER MENU

Monday



Tuesday

Wednesday

Thursday

Friday



1 Breakfast
Grilled Breakfast
Sandwich or Cereal
or Assorted Pastries
Offered with each choice
Orange Wedges/Juice
Lunch
Beef & Bean Burrito or
Cheese Quesadilla or
Taco Pocket
Offered with each Choice
Steamed Corn

2 Breakfast
French Toast Bites or
Cereal or Assorted
Pastries
Offered with each choice
Frozen Fruit Cup/Juice
Lunch
Chicken Tenders or
Cheese Bites or Spicy
Chicken Tenders
Offered with each Choice
French Fries

3 Breakfast
Strawberry Parfait
w/ graham or Cereal or
Assorted Pastries
Offered with each choice
Bananas/Juice
Lunch
Teriyaki Chicken & Noodles
or Asian Tofu Wrap or Sweet
Thai Chicken
Offered with each Choice
Steamed Carrots
Fortune Cookie

4 Breakfast
Fresh Cinnamon Rolls
or Cereal or Assorted
Pastries
Offered with each choice
Fresh Fruit/Juice
Lunch
Corndog or Mac &
Cheese W/Roll or Buffalo
Mac & Cheese
Offered with each Choice
Steamed Green Beans

8 Breakfast
Chicken Biscuit
Sandwich or Cereal or
Assorted Pastries
Offered with each choice
Orange Wedges/Juice
Lunch
Turkey Soft Taco or
Cheese Tamale or Beef
Tamale
Offered with each Choice
Steamed Corn

9 Breakfast
Strawberry Puff
Pancakes or Cereal or
Assorted Pastries
Offered with each choice
Frozen Fruit Cup/Juice
Lunch
Chicken Wrap or Cheese
Bread Sticks w/ Dip Cup
or Pep Stuffed Sandwich
Offered with each Choice
Sidewinder Fries

10 Breakfast
Buttermilk Bar w/Trix
Yogurt or Cereal or
Assorted Pastries
Offered with each choice
Bananas/Juice
Lunch
Orange Chicken & Noodles
or Veggie Egg Roll w/Rice
or Mini Corn Dogs
Offered with each Choice
Steamed Carrots
Fortune Cookie

11 Breakfast
Pizza Puffs or Cereal
or Assorted Pastries
Offered with each choice
Fresh Fruit/Juice
Lunch
Bacon Cheese Burger or
Black Bean Veggie
Burger or BBQ Chicken
Sandwich
Offered with each Choice
Onion Rings

14 Breakfast
Cheese Omelet w/Toast or
Cereal or Assorted Pastries
Offered with each choice
Chilled Peaches/Juice
Lunch
Chicken Nuggets or
Italian Pull-A-Part or Spicy
Breaded Chicken
Sandwich
Offered with each Choice
Tater Tots

15 Breakfast
Ham & Cheese Croissant
or Cereal or Assorted
Pastries
Offered with each choice
Orange Wedges/Juice
Lunch
Chicken Tamale or Bean
& Cheese Burrito or
Walking Tacos
Offered with each Choice
Steamed Corn

16 Breakfast
Raspberry Churro with
Raspberry Peach Yogurt
or Cereal or Assorted
Pastries
Offered with each choice
Frozen Fruit Cup/Juice
Lunch
Pepperoni Pizza or
Cheese Pizza or Spicy
Hawaiian Pizza
Offered with each Choice
French Fries

17 Breakfast
Peach Smoothie w/ Scooby
Grahams or Cereal or
Assorted Pastries
Offered with each choice
Bananas/Juice
Lunch
Chicken Fried Rice w/
Chicken Egg Roll or Teriyaki
Tofu w/Noodles or Beef &
Veg Dumpling With Rice
Offered with each Choice
Steamed Carrots
Fortune Cookie

18 Breakfast
Fresh Cinnamon Rolls
or Cereal or Assorted
Pastries
Offered with each choice
Fresh Fruit/Juice
Lunch
Chicken Sandwich or
Veggie Spinach Wrap or
Brisket Fries
Offered with each Choice
Potato Smiles



Monday

Veggie Beans
Leaf Lettuce
Baby Carrots
Dried Fruit
Applesauce
Fresh Fruit

Tuesday

Iceberg Lettuce
Salsa
Olives
Fiesta Black Beans
Cucumber Slices
Shredded Cheese
Fresh Pineapple

Wednesday

Green Lettuce
Pickles
Tomato Slices
Baby Carrots
Chilled Fruit
Fresh Melon
Dressing

Thursday

Leafy Green Salad
Dry Noodles Topper
Kidney Beans
Tomato & Broccoli
Chilled Pears
Fresh Strawberries
Fresh Mango
Dressing

Friday

Leafy Green Salad
Carrots & Celery
Fresh Peas
Bell Peppers
Chilled Peaches
Fresh Fruit
Dressing

Offered Daily
1% White Milk
Nonfat
Chocolate Milk
Nonfat
Strawberry Milk

Menus are subject to change.

This institution is an equal opportunity provider.



YCUSD 6-8 SEPTEMBER MENU



Monday

21 Breakfast

Maple Chip Waffles or
Cereal or Assorted
Pastries

Offered with each choice
Chilled Peaches/Juice

Lunch

Popcorn Chicken or
Grilled Cheese Sandwich
or 1/4# Hot Dog

Offered with each Choice
Tater Tots

28 Breakfast

Breakfast Pizza or Cereal
or Assorted Pastries

Offered with each choice
Chilled Peaches/Juice

Lunch

Turkey & Cheese Sandwich
or PB&J or Wowbutter
Sandwich w/ Cheese Stick or
Hot Pastrami Sandwich

Offered with each Choice
Tater Tots

Tuesday

22 Breakfast

Grilled Breakfast
Sandwich or Cereal or
Assorted Pastries

Offered with each choice
Orange Wedges/Juice

Lunch

Beef & Bean Burrito or
Cheese Quesadilla or
Taco Pocket

Offered with each Choice
Steamed Corn

29 Breakfast

Chicken Biscuit
Sandwich or Cereal or
Assorted Pastries

Offered with each choice
Orange Wedges/Juice

Lunch

Turkey Soft Taco or
Cheese Tamale or Beef
Tamale

Offered with each Choice
Steamed Corn

Wednesday

23 Breakfast

French Toast Bites
or Cereal or Assorted
Pastries

Offered with each choice
Frozen Fruit Cup/Juice

Lunch

Chicken Tenders or
Cheese Bites or Spicy
Chicken Tenders

Offered with each Choice
French Fries

30 Breakfast

Strawberry Puff
Pancakes or Cereal or
Assorted Pastries

Offered with each choice
Frozen Fruit Cup/Juice

Lunch

Chicken Wrap or Cheese
Bread Sticks w/ Dip Cup
or Pep Stuffed Sandwich

Offered with each Choice
Sidewinder Fries

Thursday

24 Breakfast

Strawberry Parfait
w/ graham or Cereal or
Assorted Pastries

Offered with each choice
Bananas/Juice

Lunch

Teriyaki Chicken &
Noodles or Asian Tofu
Wrap or Sweet Thai
Chicken

Offered with each Choice
Steamed Carrots
Fortune Cookie

Friday

25 Breakfast

Fresh Cinnamon Rolls
or Cereal or Assorted
Pastries

Offered with each choice
Fresh Fruit/Juice

Lunch

Corndog or Mac &
Cheese W/Roll or Buffalo
Mac & Cheese

Offered with each Choice
Steamed Green Beans



Fun Dinosaur Facts!

The largest dinosaur eggs were about the size of a basketball.

The blue whale, the largest animal on earth today, is bigger
than any dinosaur.

The bite of a T-rex is nearly twice as powerful of a lion's bite.

Many scientists believe that birds are related to dinosaurs.



Monday

Veggie Beans
Leaf Lettuce
Baby Carrots
Dried Fruit
Applesauce
Fresh Fruit

Tuesday

Iceberg Lettuce
Salsa
Olives
Fiesta Black Beans
Cucumber Slices
Shredded Cheese
Fresh Pineapple

Wednesday

Green Lettuce
Pickles
Tomato Slices
Baby Carrots
Chilled Fruit
Fresh Melon
Dressing

Thursday

Leafy Green Salad
Dry Noodles Topper
Kidney Beans
Tomato & Broccoli
Chilled Pears
Fresh Strawberries
Fresh Mango
Dressing

Friday

Leafy Green Salad
Carrots & Celery
Fresh Peas
Bell Peppers
Chilled Peaches
Fresh Fruit
Dressing



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