



HIGH SCHOOL MENU CHOICES

BREAKFAST: Entrée, Fruit, Juice, Milk

LUNCH: Entrée, Veggie (Pick 2), Fruit (Pick 2), Milk

* Indicates Pork Product
+ Possible trace of sesame due to manufacturer

Choice of milk with breakfast & lunch
• 1% White • Fat-Free Chocolate
• Lactose-Free • Soy Milk

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

School Nutrition Services is hiring \$14.11 hour starting



Visit: schoolcafe.com/
NorthEastSD or download the School Café App to access meal account information, make payments & apply for free or reduced-price meals.

Menu subject to change
No fees for cash or checks paid directly to the cafeteria

1 **School Lunch Hero Day** NEW NEW NEW

Sausage & Cheese Flatbread OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

Steak Fingers w/Homemade Roll
Spicy Chicken Salad
Nacho Box
Spicy Chicken Wrap w/Ranch

Mashed Potatoes w/Gravy
Savory Green Peas
Crispy Carrots & Grape Tomatoes
* Fresh Strawberries / Kiwi Strawberry Slush

4 **MAY THE 4TH BE WITH YOU...** NEW NEW NEW

Waffle Breakfast Sandwich* OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

Wings & Breadsticks
Italian Salad*
Yogurt & Granola Combo
Nacho Box

Wedge Fries
Celery Sticks & Crispy Carrots
Broccoli Salad*

* Fresh Watermelon / Blueberries w/Cream

Bacon & Egg Taco* OR
Mango Smoothie
Pick 2: Cereal, Yogurt or Cereal Bar
Fruit, Juice & Milk

Asian Noodle Bowl+ w/Egg Roll
Crispy Chicken Salad
Wowbutter Sandwich+ Combo
Breaded Chicken Wrap w/Boss Sauce

Stir Fry Vegetables
Raw Vegetable Medley w/Dip
Celery Sticks & Grape Tomatoes
Orange Smiles / Sliced Pears

6 **Staff Appreciation Day!**

Biscuit & Chicken OR
Pick 2: Cereal, Yogurt or NutriGrain Bar
Fruit, Juice & Milk

Crispy Beef Tacos w/Spanish Rice
Asian Chicken Salad
Hummus & Cheese Bento Box
Yogurt & Granola Combo

Ranchero Beans
Taco Trimmings
Crispy Carrots & Grape Tomatoes
Granny Smith Apple / Sliced Peaches



7 Sausage Kolache* OR
Pick 2: Cereal, Yogurt or Banana Muffin
Fruit, Juice & Milk

Meatza Pizza* or Cheese Pizza
Italian Salad*
Wowbutter Sandwich+ Combo
Nacho Box

Italian Green Beans
Mixed Green Salad w/Ranch
Cucumber & Jicama Sticks w/Tajin
Fresh Banana / Strawberry Applesauce

8 Dutch Waffle OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

Chicken Tenders w/Combread
Spicy Chicken Salad
Yogurt & Chex Combo
Spicy Chicken Wrap w/Ranch

Mashed Potatoes w/Gravy
Broccoli w/Cheese
Red Bell Pepper & Crispy Carrots
Sliced Apples / Fruit Cocktail

11 Confetti Pancakes OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

BYO: Beef or Chicken Burrito
Italian Salad*
Yogurt & Granola Combo
Nacho Box

Mexican Street Corn
Guacamole Salad
Celery Sticks & Crispy Carrots
Gala Apple / Sliced Peaches

12 Bean & Cheese Taco OR
Blue Berrymore Smoothie
Pick 2: Cereal, Yogurt or Cereal Bar
Fruit, Juice & Milk

Sweet Asian Chicken w/Fried Rice
Crispy Chicken Salad
Wowbutter Sandwich+ Combo
Breaded Chicken Wrap w/Boss Sauce

Savory Green Peas
Hummus & Carrots
Cucumber Slices w/Tajin
Sliced Apples / Strawberries w/Cream

13 **Nat'l Fruit Cocktail Day!**

Biscuit & Sausage* OR
Pick 2: Cereal, Yogurt or NutriGrain Bar
Fruit, Juice & Milk

Cheese or Beef & Cheese Nachos
Asian Chicken Salad
Hummus & Cheese Bento Box
Yogurt & Granola Combo

Ranchero Beans
Zesty Tomatoes & Cucumbers
Celery Sticks & Grape Tomatoes
Seedless Grapes / **Fruit Cocktail**

14 Homemade Cinnamon Roll OR
Pick 2: Cereal, Yogurt or Banana Muffin
Fruit, Juice & Milk

Fettuccine Chicken Alfredo w/Garlic Bread
Italian Salad*
Wowbutter Sandwich+ Combo
Yogurt & Chex Combo

Savory Green Beans
Tossed Salad w/Ranch
Crispy Carrots & Red Bell Peppers
Fresh Banana / Sour Lemon Raisins

15 Sunrise Egg, Sausage & Potato Bowl* OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

Chicken & Waffles
Spicy Chicken Salad
Nacho Box
Spicy Chicken Wrap w/Ranch

Sweet Potato Fries
Baked Beans
Raw Vegetable Medley w/Dip
Fresh Strawberries / Sliced Pears

18 Pancake Sausage Wraps OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

BYO Stuffed Baked Potato w/Breadstick
Italian Salad*
Yogurt & Granola Combo
Nacho Box

Buttered Corn
Broccoli Salad*
Crispy Carrots & Grape Tomatoes
Fresh Watermelon / Fruit Cocktail

19 Chorizo & Egg Taco OR
Strawberry Banana Smoothie
Pick 2: Cereal, Yogurt or Cereal Bar
Fruit, Juice & Milk

BBQ or Buffalo Boneless Wings w/Mac N Chz
Crispy Chicken Salad
Wowbutter Sandwich+ Combo
Breaded Chicken Wrap w/Boss Sauce

Broccoli w/Cheese
Hummus & Carrots
Raw Vegetable Medley w/Dip
Seedless Grapes / Natural Applesauce

20 **Nat'l Juice Slush Day!**

Blueberry Muffin & Sausage* OR
Pick 2: Cereal, Yogurt or NutriGrain Bar
Fruit, Juice & Milk

Cheese Enchiladas w/Spanish Rice
Buffalo Chicken Salad
Hummus & Cheese Bento Box
Yogurt & Granola Combo

Ranchero Beans
Crispy Carrots w/Dip
Red Bell Peppers & Grape Tomatoes
Sliced Apples / **Raspberry Passion Slush**

21 **Nat'l Strawberries w/Cream Day!**

Pumpkin Bread OR
Pick 2: Cereal, Yogurt or Banana Muffin
Fruit, Juice & Milk

Beef & Broccoli+ w/Egg Roll & Fried Rice
Italian Salad*
Wowbutter Sandwich+ Combo
Yogurt & Chex Combo

Stir Fry Vegetables
Mixed Green Salad w/Ranch
Cucumber & Jicama Sticks w/Tajin
Fresh Banana / **Strawberries w/Cream**

22 Ham & Cheese Croissant* OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

Chicken Nuggets w/Homemade Roll
Spicy Chicken Salad
Nacho Box
Spicy Chicken Wrap w/Ranch

Mashed Potatoes w/Gravy
Roasted Buffalo Cauliflower
Celery Sticks & Grape Tomatoes
Granny Smith Apple / Sliced Peaches

25 **School Holiday**



26 Sausage, Potato & Egg Taco* OR
Orange Dreamsicle Smoothie
Pick 2: Cereal, Yogurt or Cereal Bar
Fruit, Juice & Milk

Steak Fingers w/Homemade Roll
Crispy Chicken Salad
Wowbutter Sandwich+ Combo
Breaded Chicken Wrap w/Boss Sauce

Mashed Potatoes w/Gravy
Broccoli w/Cheese
Crispy Carrots w/Dip
Variety of Fruit

27 Donut Holes & Sausage* OR
Pick 2: Cereal, Yogurt or NutriGrain Bar
Fruit, Juice & Milk

Frito Pie w/Combread
Asian Chicken Salad
Hummus & Cheese Bento Box
Yogurt & Granola Combo

Ranchero Beans
Variety of Fresh Veggies
Variety of Fruit

28 Manager's Choice OR
Pick 2: Cereal Bar, Cereal, Yogurt, Poptart
Fruit, Juice & Milk

Spicy Chicken Sandwich+
Breaded Ravioli & Cheese Sticks w/Marinara

Sweet Potato Fries
Variety of Fresh Veggies
Variety of Fruit

29 **Last Day of School!**

Pick 2: Cereal Bar, Cereal, Yogurt, Poptart
Fruit, Juice & Milk

Pizza Cheese Sticks w/Marinara
Corn Dog
Potato of Choice
Variety of Fresh Veggies
Variety of Fruit