

2025 Football Fall Camp Schedule for 9th-12th

| Monday (8-4) | Tuesday (8-5) | Wednesday (8-6) | Thursday (8-7) | Friday (8-8) | Saturday (8-9) |
|--|--|---|---|---|--|
| 6:30 – 7:45 AM CONDITIONING WTS (TEST) 110's (16sec/22sec) 4 Gassers (45&55) 1:00 – 4:00 PM MEETINGS PRACTICE *9TH-12TH WILL PRACTICE THE SAME TIMES. | 6:30 – 8:00 AM CONDITIONING WTS (TEST) Sprint Backpedal 50 yds 4:00 – 7:00 PM MEETINGS PRACTICE | 6:30 – 8:00 AM CONDITIONING WTS (TEST) Pyramid 9:00 – 11:00 AM MEETINGS PRACTICE | 6:30 – 8:00 AM CONDITIONING WTS (TEST) 3 Gassers 9:00 – 11:00 AM MEETINGS PRACTICE | SCHOOL STARTS AFTER SCHOOL PRACTICE BEGINS | 8:00 – 9:00 AM MEETINGS 9:00 AM – 11:30 AM PRACTICE INTRA SQUAD SCRIMMAGE FAMILY PICNIC |
| Monday (8-11) | Tuesday (8-12) | Wednesday (8-13) | Thursday (8-14) | Friday (8-15) | Saturday (8-16) |
| AFTER SCHOOL PRACTICE | AFTER SCHOOL PRACTICE | AFTER SCHOOL PRACTICE | AFTER SCHOOL PRACTICE 9th & JV Pictures Time TBD | SCRIMMAGE VS GATESVILLE @ BADGER | 8:00 – 9:30 AM MEDIA DAY YOGA/FILM 10:00AM-12:00PM |

****WE WILL BEGIN AT 6:30 AM, PLEASE HAVE THE PLAYERS HERE BEFORE OUR START TIME.**

****PRACTICE WILL BE CONCLUDED PRIOR TO OUR FINISH TIMES, PLEASE ARRANGE TO PICK YOUR PLAYERS UP ACCORDINGLY.**

****ONCE SCHOOL BEGINS OUR TYPICAL MON-WED. PRACTICES WILL LET OUT AROUND 5:40 PM FOR JV AND VARSITY PLAYERS.**

****ONCE SCHOOL BEGINS FRESHMAN PRACTICE WILL BE OVER AT 4:30 PM**

All times are tentatively scheduled.

B.O.N.D.