

Alder Grove Breakfast and Lunch Menu

September 28 - October 2, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Bagel, Neufchatel Cheese, Fresh Fruit, Milk	Pancakes, Sausage, Fresh Fruits, Milk	Blueberry Muffins, Yogurt, Fresh Fruit, Milk	French Toast, Fresh Fruit, Milk	Cereal, Fruit, Milk. To be determined, feedback is welcome
Been & Cheese Burrito, Brown Rice, Pease & Carrots, Fresh Fruit, Milk	Quesadilla, Brown Rice, Corn, Pico De Gallo, Beans, Corn Chips Fresh Fruit, Milk	Sloppy Joe, French Fries, Fresh Fruit, Milk	Beef & Broccoli Stir Fry, Rice, Fresh Fruit, Milk	Salami, Cheese, Hummus, Pita Bread, Carrot & Celery Sticks, Fresh Fruit, Milk

Food is available for all students TK-12.

La comida está disponible para todos los estudiantes

TK-12 This institution is an equal opportunity provider.

Esta institución ofrece igualdad de oportunidades.

***all milk served is unflavored and whole or fat free**

***toda la leche servido sin flavor y entera o sin grasa**

****menu subject to change**

****el menu subjetivo a cambios**

