

Our schools and District believe that clubs have an important place in students' lives. Besides extending and reinforcing the instructional program, these activity groups can give students practice in democratic self-government, provide social and recreational activities, and enhance school spirit and students' sense of belonging. Clubs operate in one of two ways in our schools: (1) as school supported extracurricular activities (authorized under [Board Policy 6145](#)) or (2) as student-initiated clubs that are recognized by the school but do not receive any school funding (authorized under [Board Policy 6145.5](#)). Clubs listed with * are authorized under [Board Policy 6145.5](#).

| Student Club/ Extracurricular Activity Name | Description | Club Duration | Advisor | Meeting Days | Room |
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| Acadeca* | Students prepare to be tested in ten different content areas for the Sacramento County Academic Decathlon Competition. | Year Long | Megan Newton | Weekly | O8 |
| Art Club* | This club allows opportunities for students to further explore their artistic abilities in the visual arts. We participate in local art competitions together. | Year-Long | Theresa Nguyen | Biweekly | L3 |
| ARTSworks* | The mission of the ARTSwork Academy is to empower students to meet the standards of excellence that foster creative exploration of the visual and performing arts within the school and community. | Year-Long | Theresa Nguyen | Monthly | L3 |
| ASA (Afghan Student Association) | | Year-long | Mrs. Vasquez | | R12 |
| Band Club* | Students enrolled in Band Precision, and Orchestra. Meetings concerning events and competitions | Year Long | Justin Bunselmeier | Every other Thursday | K6-7 |

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| Biomed Club* | Biomed Club's mission is to expand student's knowledge about the medical field and pathways that students could take. We discuss and introduce all areas and aspects that are in the field! | Year long | Bob Fendall | Monthly | D204 |
| Biotech* | The Biotech Academy is for students interested in a career in the scientific or medical fields. The Biotech club promotes events, activities, and community service opportunities to build a family-like atmosphere among its members. | Year Long | Justin Cecil | Quarterly Meetings & monthly activities | D107 |
| Black Student Union (BSU) | The Black Student Union fosters student growth and development through diversity, academics, community services and outreach. In the Elk Grove Unified School District (EGUSD), the BSU is developed to promote a positive representation of the Black/African American community, along with promoting student leadership, outreach, and empowerment. | Year-Long | Kim Mamou & Clarissa Hylton | Thursday and monthly during Flextime | R8 |
| California Scholarship Federation | The mission is to recognize and encourage academic achievement and community service among middle and high school students in California. | Year-long | Kaila Prestridge | Monthly | H1 |
| Chem Club* | Sponsored by the ACS, Chem Club encourages the investigation of chemistry topics through everyday phenomena. | Year long | Arlene Laurison | Second Friday of the month | D205 |
| Chess Club | Play chess. | Year-long | Adam Shupe | Tuesdays | F1 |

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| Chinese Student Association (CSA) | To promote and explore Chinese culture on Sheldon campus through the celebration of Chinese customs, traditions, and cultural events. | Year-long | Paul Huang | Monthly | D112 |
| Computer Science Club | | Year-long | Robert Rhodes | | C7 |
| Cooking Club* | The Sheldon High School Cooking Club seeks to provide students with a safe space to develop their self-sufficiency, independence, healthy habits, cultural awareness, and interpersonal skills through the culinary arts and community. | Year Long | | First and Second Thursdays of each month | D207 |
| Dungeons and Dragons Club* | Dungeons and Dragons Club is a club dedicated to introducing students to Dungeons and Dragons (and other tabletop role playing games), and giving students an opportunity to play the game with peers. | Year-Long | Robert Au | Every other Monday | library |
| ECO Club* | Student environmental club focused on informing, educating, and cleaning our community with a friendly hand. | Year-long | Jennie Clarke | Once a month | D207 |
| Engineering Club* | Students spread awareness about Engineering and STEM fields, host guest speakers, run a mentoring program with Beitzel Elementary, and other community service activities. | Year long | | First or Second Wednesday of the month | E002 |

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| FFA | FFA makes a positive difference in the lives of students by developing their potential for premier leadership, personal growth and career success. Through the Sheldon chapter students will learn about urban farming, agriculture and community service. | Year-long | Alexus Hong & Bre Holbert | Once a month. Meetings will be announced on Instagram. | C8 |
| Filipino Pamayanan Club (FPC)* | Filipino Pamayanan Club: to honor and educate about the Filipino Culture | Yearlong | Melissa McHale | Once a month | E10 |
| Hearts and Hands | | Year-long | Lindsay Shaw | | E7 |
| Hmong Club | | Year-long | Phil Goodwin | | O1 |
| Japan Club* | We want to give students the opportunity to learn more about Japanese culture and create bonds with other students! | Year long | Masanobu Yamashita | 1st and 3rd Tuesday of every month | Q-1 |
| Jesus Club | The goal of Jesus Club is to help bring people closer to Jesus. Whether followers of Jesus or just interested in Jesus, this club spends time eating food, encouraging each other, praying, studying the Bible and listening to speakers. | Year-long | Ginger Robinson & Bob Fendall | Fridays 2x a month | D201 or D204 |
| Key Club* | This club is a student led club that emphasizes outreach and giving back to the community. Here students participate in a multitude of community service events to become and help the community | Year-Long | Sunayana Dutta | Bi-Weekly | P-6 |

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| | that they live in. Students learn leaderships, communication, time management, and confidence skills that will help them in all aspects of life. | | | | |
| Korean Music Club (KMC)* | Korean Music Club gathers through the community of K-pop music enjoyers and fans at Sheldon; in the club, fans are able to collaborate and make friends during the club's performances, events, and other gatherings throughout the year. | Year-Long | Mark Zemke | Every other Friday (Bimonthly) | D101 |
| La Joya | The La Raza club celebrates Mexican culture through traditional dances. Making connections with all students. | Year Long | Rose Rocha | | R13 |
| La Raza* | The La Raza club celebrates the cultures of the Spanish-speaking world. Making connections with all students. | Year Long | Rose Rocha | Monthly | R013 |
| Lion Dance Club* | The goal of the Lion Dance Club is to celebrate the traditional art form of Vietnamese and Chinese culture. The Lion Dance Club also shares this tradition with the school and the surrounding community through their performances at school cultural events. | Year-long | Rob Youngstrom | Monthly | O5 |
| Little Sprouts* | The Gardening Club is a welcoming space to learn, grow, and connect through all things plants. Come dig in and help our garden thrive! | Year Long | Bre Holbert | Thursdays | C1 |

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| Mathletes* | We are a competitive academic club. We compete in 7 competitions against all 24 high schools in the Sacramento area. We also promote math with other activities, such as, but not limited to “California Mathletes exams” monthly and the “American Mathematics Competition” once per year | Year-long | Mr. Wallace | Thursdays | D102 |
| Mental Health Awareness Club* | The Mental Health Awareness Club | Year-Long | Theresa Audino | Monthly | E11 |
| Mock Trial* | The Mock Trial club prepares participants for competition. Mock Trial competition simulates a trial-level proceeding in which students play the role of pre-trial counsel, prosecution and defense attorneys, witnesses, court clerks, and bailiffs before a single presiding judge and two to three scoring judges who score individuals based on their legal arguments and presentations. | Year Long | Ethan Winslow | In-season: Mon mornings/Fridays after school. Off-Season: as needed. | P-4 |
| Muslim Student Association (MSA)* | Students meet to connect about their faith, educate their peers, and build community. | Year Long | Katie Mitchell | Monthly | R11 |
| National Honors Society (NHS) | National Honor Society (NHS) membership has been the true mark of student achievement for over 100 years, but it goes far beyond a report card. By empowering, championing, and recognizing well-rounded students, NHS provides schools with a values-based framework to elevate a culture of | Year Long | Malia Fee Taylor | | Q2 |

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| | scholarship, service, leadership, and character. | | | | |
| Nesian Nation* | The Nesian Nation is dedicated to the preservation, perpetuation, and protection of Polynesian, Micronesian, and Melanesian culture. | Year Long | Hulita Fusitu'a | Two Wednesdays a month | Q-5 |
| No Stress Book Club* | The No Stress Book Club | Year-Long | Theresa Audino | Monthly | E11 |
| Origami Club* | The Origami Club seeks to promote world peace and understanding through the meditative practice of origami, or paper folding. | Year long | Masanobu Yamashita | 1st and 3rd Monday of the month | Q-1 |
| Outdoors Club* | Building positive relationships, serving the community, and seeking adventure outdoors | Year long | Rick Uyeyama | Every other Thursday after school | D206 |
| Pacific Islander's Club (PIC)* | This club strives to spread and educate about Pacific Island culture. We hope to accomplish this through cultural dances, foods, traditions, etc. We hold numerous social events throughout the school-year (ex. potlucks). Additionally, we showcase performances all originating from various Pacific Islander cultures to not only educate our dancers and its audience, but to also spread the meaning and importance of each one. We aim to provide all of our members with a safe place to immerse themselves into learning and trying new things! + getting to create new friendships! | Year long | Tabitha Lai | Monthly Performances are every Tuesday and Thursday | D110 |

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| Photography Club* | This club allows students to use photography in their everyday life to strengthen their abilities as well as have access to cameras and darkrooms that they may not be able to have access to without it. | Year-Long | Scotty Fernandes | Monthly | E5 |
| Physics Club* | The physics club is dedicated to the promotion of physics as a fun topic. We build based on physics principles and have guest speakers in the field. Physics Club also participated in elementary outreach, sharing our love of physics with younger students. | Year Long | Christine Martin | Monthly on Mondays | D106 |
| Ping Pong Club | The Ping Pong Club brings together players of all skill levels to enjoy friendly matches, improve techniques, and foster a fun, inclusive community. We host regular practices, tournaments, and social events for anyone passionate about table tennis | Year-long | Jay Brennan | Monthly | D108 |
| Punjabi Virsa | | Year-long | Chelsea Anderson | | D111 |
| Red Cross* | Students practice and exemplify humanitarian values through mission-related service projects. | Year Long | Francisco Patiño | Every other Tuesday | R007 |
| S-Club* | S Club is a volunteer organization. | Year-long | Christine Martin | Every Friday | D106 |
| Science Olympiad* | We are a competitive academic team participating in study events and building events, encouraging collaboration, teamwork, and scientific discovery. | Year long | Arlene Laurison, Paul Huang, & | Daily | D205 / D207 |

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| | | | Jordan Roberts | | |
| Sheldon Breakers Club* | This club allows opportunities for students to experience breakdancing, including: learning about breakdancing culture, learning to dance, participating in community-building with other breakdancers, and performing for the school and local community. | Year-Long | Cherylyn Mazzaferro | Weekly (Mondays @ 3:45 PM) | E14 |
| Sheldon eSports* | Esports clubs enhance student engagement and teamwork. Focusing on foundational skills and strategic depth and broader competition. | Year Long | Michael Yee | Practices/ competitions occur in-game (online) | D103 |
| SHS EvoSol Pediatrics | EvoSol Pediatrics is a student-led nonprofit dedicated to raising awareness, education, and advocacy around children's health – from infancy through adolescence. They bring together students, families, and communities through research, global-health discussions, mentorship and outreach programs to support the physical, emotional, and cognitive well-being of children everywhere. | Year-long | Bre Holbert | | C1 |
| Sikh Honors and Service Society (SHSS)* | Sikh Honor Society- Internships, Opportunities | Year Long | Raylene DeMars | Wednesdays | K3 |

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| Society for Economics and Business Advancement (SEBA) | | Year-long | Mr.Reed | | P2 |
| Sports Medicine | | Year-long | Jason Bumbaca | | P16 |
| Student Equity Council | Student Equity Council (SEC) is a K-12 student program that aims to provide an important forum for students from historically marginalized groups to build equity leadership and advocacy skills, identify and address equity issues in their school community, and provide input into school-wide and district-wide equity initiatives | Year Long | Jessica Redden Rebecca Rodriguez | Monthly | K1 |
| TEALtv Club* | The goal of the TEALtv Club is to empower the lives of everyone on campus by producing broadcasts which promote and teach PBIS messages, campus announcements and other important information. It will promote, instruct, and expose students to the techniques, strategies and equipment in videography. In addition, provide opportunities to inspire students towards the industry's standards and establish a resume of skills, experiences, and body of work. | Year-Long | Scotty Fernandes | Mon - Fri | E5 |
| Tennis Club* | A group that loves tennis. Students get together to play and teach each other! All skill levels are | Year-long | Jennie Clarke Rick Uyeyama | Twice a month on | Tennis Courts |

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| | welcome. | | | Fridays | |
| THEATREWorks * | Students who want to participate in theatre shows as an actor or technician or experience theatre in various ways . Meetings will vary show to show but there is a monthly formal board meeting. | Year-long | Royea Fox & Gabe Sandoval | Monthly formal meeting, weekly informal meetings | K5 |
| TLC Club* | The TLC Club stands for Thai, Laos, Cambodia and was made with the purpose of representing and spreading Southeast Asian culture. | Year-long | Jaci McAleer | Quarterly Meetings and Practice on Wednesdays after school | O3 |
| UNICEF* | UNICEF, the United Nations International Children's Emergency Fund, is a continuously growing organization and movement promoting the well-being and rights of children worldwide. Our club has worked towards the ultimate goal of UNICEF through service events, spreading awareness, and educating our community about the global issues happening to children in need. | Year-long | Xuan Tran | Monthly | E-16 |
| VEX Robotics* | We are a competitive academic team for the VEX Robotics Competition. Builds leadership, communication, critical thinking and problem solving skills of student team members. | Year long, but most activities end by February | | Every Monday Thursday | E002 |

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| Virsa Visions | Virsa Vision is a club that celebrates and educates students on Indian culture and customs. They also offer academic support and mentorship for members. | Year-long | Taryn Thomas | Mondays and Fridays after school | D105 |
| Volleyball Club | | Year-long | Christine Gu | | D104867 |
| VSA (Vietnamese Student Association)* | VSA strives to spread and educate our campus community on Vietnamese culture. We hold meetings once a month and students are able to be directly involved by joining our cultural fan dance. | Year-long | Xuan Tran | Mondays, once a month | E-16 |