

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

Menu Name:

ELEMENTARY LUNCH 6-8

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Wednesday - 08/12/2026 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003206 CHICKEN, TENDERS FULLY COOKED BREADED-2 PER SVG	2 PIECES	1000	220	2.00	400	2.00	2.00	12.00	0.00	40	12.00	2.00	20.00	*N/A*	0.0	0.00	2.00	\$7.925
003428 CHEESE BITES WILD MIKES	SERVINGS	1000	247	3.53	476	0.00	0.00	10.58	0.00	18	24.70	3.53	14.11	*N/A*	21.2	0.00	7.06	\$207.682
003205 CHICKEN, TENDERS FC BREADED HOT & SPICY-2 PER SVG	2 PIECES	1000	220	2.00	360	2.00	*N/A*	12.00	0.00	50	8.00	2.00	20.00	*N/A*	0.0	0.00	2.00	\$7.789
002987 POTATO MCCAIN REG CRINKLE FRY	SERVINGS	3000	120	0.50	35	0.00	*N/A*	5.00	0.00	0	20.01	1.00	1.00	*N/A*	10.0	0.00	0.30	\$0.000
003064 LETTUCE GREEN LEAF	1/2 cup	2000	4	0.00	7	0.19	0.00	0.04	0.00	0	0.69	0.31	0.33	89	8.6	2.21	0.21	\$0.000
000042 VEG, PICKLES DILL	8 each	2000	5	0.00	390	*N/A*	*N/A*	0.00	*N/A*	*N/A*	1.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$24.445
000776 VEG, TOMATO FRESH	4 SLICES	2000	16	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	3.69	0.74	0.74	*N/A*	7.4	11.51	0.27	\$0.000
000450 VEG, CARROTS BABY	BAG	2000	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
000419 FRUIT, MIXED USDA	#8 SCOOP	2000	60	0.00	10	*N/A*	*N/A*	0.00	0.00	0	17.00	0.00	0.00	*N/A*	0.0	0.80	0.00	\$12.667
001360 FRUIT, MELON CHUNKS	#8 SCOOP	2000	27	0.01	10	*2.04	*0.00	0.05	*0.00	0	6.45	0.57	0.55	*44	5.7	16.74	0.18	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	800	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	500	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	100	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	100	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			651	3.11	908	*30.73	*2.59	17.67	*0.00	*43	99.85	9.11	30.76	*90	*387.7	*58.67	*5.30	\$106.343
% of Calories				4.30%		*18.88 %	*1.59%	24.4%	*0.0%		61.4%		18.9%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Thursday - 08/13/2026 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003352 CHICKEN, TERIYAKI SMOKED NOODLE BOWL YANGS	SERVINGS	1000	330	1.33	689	*9.00	*9.00	8.37	*0.00	70	45.16	3.45	22.00	*N/A*	28.0	*0.08	3.06	\$154.572
003341 ASIAN TOFU WRAP	SERVINGS	1000	527	4.50	1751	*12.62	*12.62	22.37	*0.00	0	66.70	5.00	18.10	*N/A*	318.4	0.00	5.39	\$151.543
003441 CHICKEN, SWEET THAI	2.3 OUNCES	1000	195	2.30	760	19.00	*N/A*	7.59	0.00	42	20.00	0.00	10.70	*N/A*	3.0	*0.00	0.64	\$7.402
003410 VEGETABLE, FZN CARROTS DICED NO SALT ADDED	#8 SCOOP	3000	27	0.00	43	3.00	*N/A*	0.00	0.00	0	6.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$7.339
000607 COOKIE, FORTUNE	COOKIE	3000	18	0.00	2	1.64	*N/A*	0.00	*N/A*	0	4.11	0.00	0.33	*N/A*	0.0	0.00	0.00	\$0.371
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	7	0.01	14	*N/A*	*N/A*	0.07	*0.00	0	1.30	0.77	0.68	*N/A*	22.0	9.87	0.62	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
003309 NOODLE, CHOW MEIN LA CHOY - DRY	#8 SCOOP	2000	130	1.50	250	0.00	0.00	5.00	*N/A*	0	19.01	2.00	3.00	*N/A*	0.0	0.00	1.60	\$0.000
003435 BEANS, KIDNEY (SYSCO)	#8 SCOOP	2000	120	0.00	140	1.00	1.00	0.00	0.00	0	21.00	8.00	8.00	*N/A*	90.0	0.00	2.80	\$0.000
001358 VEG, BROCC COLICHERY TOM	.5 CUP	2000	28	0.00	12	*N/A*	*N/A*	0.50	*N/A*	0	5.52	0.50	1.50	*N/A*	15.0	43.56	0.45	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	2000	60	0.00	5	12.00	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000
001355 FRUIT, STRAWBERRY	1/2 cup	2000	23	0.01	1	3.52	0.00	0.22	0.00	0	5.53	1.44	0.48	1	11.5	42.34	0.30	\$0.000
003163 BAR, MANGO (FRESH 4OZ PK)	cup	2000	136	0.21	2	30.87	0.00	0.86	0.00	0	33.85	3.62	1.85	122	24.9	82.26	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	800	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	500	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KICKOMAN (8OZ)	SERVING	100	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KICKOMAN (8OZ)	SERVING	100	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			942	3.95	1536	*77.68	*9.79	18.30	*0.00	45	163.33	20.58	37.76	*83	*572.2	*154.09	*7.71	\$119.352
% of Calories				3.77%		*32.99 %	*4.16%	17.5%	*0.0%		69.4%		16.0%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Friday - 08/14/2026

Reimbursable Meal Total 3000

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003412 CHICKEN CORN DOG 4OZ (TYSON)	EACH	1000	300	3.50	380	8.00	8.00	15.00	0.00	50	26.00	1.00	13.00	*N/A*	10.0	*N/A*	1.60	\$109.987
002993 MAC & CHEESE PREMIUM JTM	6oz	1000	317	8.90	781	3.00	*N/A*	16.00	0.00	46	28.00	2.00	15.00	*N/A*	368.0	0.00	1.00	\$309.840
003409 BUFFALO CHICKEN MAC AND CHEESE	#6 SCOOP	1000	486	11.17	1831	*4.34	*N/A*	24.58	*0.00	79	40.53	3.57	25.39	*N/A*	427.3	0.58	2.03	\$518.655
003260 BREAD DINNER ROLL WG FRANZ (1 ROLL)	1 EACH	2000	70	0.00	90	1.00	*N/A*	0.50	0.00	0	13.00	1.00	3.00	*N/A*	14.0	0.00	1.00	\$0.000
003434 VEG, GREEN BEANS (SYSCO)	#8 SCOOP	3000	20	0.00	290	0.00	0.00	0.00	0.00	0	3.00	1.00	1.00	*N/A*	30.0	*N/A*	0.80	\$167.156
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	7	0.01	14	*N/A*	*N/A*	0.07	*0.00	0	1.30	0.77	0.68	*N/A*	22.0	9.87	0.62	\$0.000
001800 VEG, CARROT & CELERY STICKS	SERVING	2000	33	0.00	68	*0.00	*N/A*	0.00	*0.00	0	5.67	1.70	0.57	*N/A*	17.0	3.40	0.20	\$0.000
003165 BAR VEG, PEAS FROZEN SYSCO	.5 CUP	2000	46	0.00	0	0.00	0.00	0.00	0.00	0	7.92	2.64	3.30	*N/A*	9.2	0.00	0.66	\$108.136
002009 VEG, BELL PEPPER STICKS	CUP	2000	24	0.00	2	*N/A*	*N/A*	0.17	*N/A*	0	6.01	1.61	1.20	*N/A*	0.0	80.76	0.00	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$12.667
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	800	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	500	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	100	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	100	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			759	7.95	1548	*42.35	*4.59	20.10	*0.00	66	108.23	12.55	34.78	*1	*685.4	*99.13	*4.44	\$567.655
% of Calories				9.43%		*22.32 %	*2.42%	23.8%	*0.0%		57.0%		18.3%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Monday - 08/17/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001930 SANDWICH, TURKEY & CHEESE	EACH	1000	256	6.00	959	2.00	*0.00	12.50	0.00	53	22.00	3.00	19.00	*N/A*	174.0	*2.60	1.58	\$56.702
002777 SANDWICH, PB & GRAPE WG 2.6OZ	EACH	250	300	3.00	280	14.00	*N/A*	17.00	0.00	0	32.00	4.00	8.00	*N/A*	20.0	0.00	1.44	\$111.722
002778 SANDWICH, PB & STRAWWG 2.6OZ	EACH	250	300	3.50	370	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	44.0	0.00	1.00	\$125.528
003176 SANDWICH, PB & CHOCOLATE WG 2.6 OZ	EACH	250	298	3.45	273	10.99	9.53	16.24	0.01	0	32.04	3.74	9.30	*N/A*	46.3	0.00	1.08	\$7.299
003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ	EACH	250	300	3.50	270	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	40.0	0.00	1.10	\$7.496
003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE)	EACH	250	570	7.00	430	13.00	11.00	33.00	*N/A*	*N/A*	49.00	9.00	20.00	*N/A*	262.0	*N/A*	4.00	\$14.648
001917 CHEESE, MOZZARELLA STRING LAND O LAKES	EACH	1000	80	3.00	200	0.00	0.00	6.00	*N/A*	20	1.00	0.00	6.00	*N/A*	220.0	*N/A*	*N/A*	\$28.316
003444 SANDWICH, HOT PASTRAMI & CHEESE	EACH	750	456	10.00	1250	*3.50	*0.50	26.50	*0.00	50	32.50	3.00	17.50	*N/A*	249.0	*0.00	2.65	\$37.205
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	3000	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$119.113
003373 POTATO CHIPS 0.5 OZ (LAYS)	BAG	3000	81	0.51	71	0.00	0.00	5.06	*N/A*	0	8.10	*N/A*	0.00	*N/A*	0.0	*N/A*	0.30	\$10.140

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002212 BEAN, VEGETARIAN BAKED LS	1/2 CUP	2000	110	0.00	140	*N/A*	*N/A*	1.00	0.00	0	20.00	5.00	7.00	*N/A*	0.0	0.00	0.00	\$13.069
003064 LETTUCE GREEN LEAF	1/2 cup	2000	4	0.00	7	0.19	0.00	0.04	0.00	0	0.69	0.31	0.33	89	8.6	2.21	0.21	\$0.000
000450 VEG, CARROTS BABY	BAG	2000	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
002587 FRUIT, DRIED CRANBERRIES	SERVING	1000	92	0.00	2	22.00	*N/A*	0.00	0.00	0	25.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002752 FRUIT, RAISINS UNSWEETENED	BOX	1000	114	0.00	4	23.00	*N/A*	0.00	0.00	0	30.00	1.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
003411 APPLESAUCE FANCY (SYSCO)	#8 SCOOP	2000	90	0.00	0	5.00	5.00	0.00	0.00	0	24.00	3.00	0.00	*N/A*	7.0	*N/A*	0.00	\$270.115
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	800	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	500	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	100	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	100	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			1056	9.30	1545	*53.57	*9.26	36.82	*0.00	*44	151.49	*15.88	35.17	*60	*594.6	*43.78	*3.59	\$385.044
% of Calories				7.93%		*20.29 %	*3.51%	31.4%	*0.0%		57.4%		13.3%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Tuesday - 08/18/2026

Reimbursable Meal Total 3000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002729 TACO, TURKEY SOFT 10" TORTILLA	SERVINGS	1000	416	9.03	916	*0.00	*0.00	19.33	*0.00	75	37.59	1.00	20.62	*N/A*	202.9	*0.54	3.52	\$118.511
003055 TAMALE CHEESE WG (SYSCO)	SERVINGS	1000	379	7.99	469	0.00	0.00	26.95	0.00	35	28.95	0.00	11.98	*N/A*	265.5	0.00	1.00	\$17.844
003317 BEEF TAQUITO (POSADA)	SERVINGS	1000	400	4.00	710	0.00	0.00	18.00	0.00	20	47.00	6.00	12.00	*N/A*	195.0	0.00	1.80	\$22.658
002673 VEG, CORN CANNED - SYSCO	#8 SCOOP	3000	54	0.00	152	5.42	*N/A*	0.54	0.00	0	10.83	1.08	1.08	*N/A*	3.2	0.00	0.00	\$136.438
003347 LETTUCE SHREDDED (1/4") FRESH	SERVINGS	2000	15	0.00	10	0.00	*N/A*	0.00	0.00	0	3.00	1.00	1.00	*N/A*	26.0	*N/A*	0.36	\$0.000
003348 SALSA MILD RED GOLD (SYSCO)	SERVING 2 TBSP	2000	10	0.00	70	1.00	1.00	0.00	0.00	0	2.00	1.00	0.00	*N/A*	0.0	*N/A*	0.00	\$51.668
000777 VEG, OLIVES SLICE	.25 CUP	2000	60	0.00	280	*N/A*	*N/A*	5.01	0.00	0	2.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$86.456
003137 CUCUMBER RAW	1/2C SERVING	2000	8	0.00	1	0.90	0.00	0.10	0.00	0	1.90	0.30	0.30	*N/A*	0.0	0.00	0.00	\$0.000
003427 CHEESE CHEDDAR MILD FEATHER SHREDDED YELLOW	SERVING	2000	110	5.00	180	0.00	0.00	9.00	0.00	30	0.00	0.00	6.00	*N/A*	200.0	*N/A*	0.00	\$58.658
003138 PINEAPPLE RAW	1/2C SERVING	2000	60	0.00	1	11.40	0.00	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	800	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	500	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	100	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	100	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			838	10.43	1353	*42.19	*2.59	32.46	*0.00	71	102.86	9.41	31.27	*1	*724.5	*3904.56	*2.82	\$327.767
% of Calories				11.20 %		*20.14 %	*1.24%	34.9%	*0.0%		49.1%		14.9%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Wednesday - 08/19/2026 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003202 WRAP SPINACH, CHICKEN HONEY MUSTARD	EACH	1000	684	14.26	1403	*11.00	*2.00	40.54	*0.00	100	48.79	3.40	36.39	*0	331.0	4.80	3.93	\$167.197
003413 BREADSTICK CHEESE FILLED (SYSCO)	2 PIECES	1000	440	7.00	620	2.00	2.00	14.00	0.00	30	54.00	2.00	24.00	*N/A*	428.0	*N/A*	4.00	\$336.893
003414 SAUCE MARINARA DIPPING CUP (SYSCO)	CONTAINER	1000	30	0.00	260	1.00	1.00	0.50	0.00	0	6.00	1.00	1.00	*N/A*	*N/A*	*N/A*	0.40	\$2.799
003393 POCKET PEPPERONI STUFFED SANDWICH (SCHWANS) 4.46OZ	EACH	1000	300	5.00	590	5.00	1.00	12.00	0.00	30	31.00	3.00	19.00	70	240.0	0.00	2.70	\$164.178
003009 POTATO FRY SIDEWINDER JR SMPLT	1/2 CUP	3000	166	0.83	465	0.00	*N/A*	6.64	0.00	0	26.54	1.66	1.66	*N/A*	0.0	0.00	0.83	\$153.576
003064 LETTUCE GREEN LEAF	1/2 cup	2000	4	0.00	7	0.19	0.00	0.04	0.00	0	0.69	0.31	0.33	89	8.6	2.21	0.21	\$0.000
000042 VEG, PICKLES DILL	8 each	2000	5	0.00	390	*N/A*	*N/A*	0.00	*N/A*	*N/A*	1.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$24.445
000776 VEG, TOMATO FRESH	4 SLICES	2000	16	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	3.69	0.74	0.74	*N/A*	7.4	11.51	0.27	\$0.000
000450 VEG, CARROTS BABY	BAG	2000	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
000419 FRUIT, MIXED USDA	#8 SCOOP	2000	60	0.00	10	*N/A*	*N/A*	0.00	0.00	0	17.00	0.00	0.00	*N/A*	0.0	0.80	0.00	\$12.667

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001360 FRUIT, MELON CHUNKS	#8 SCOOP	2000	27	0.01	10	*2.04	*0.00	0.05	*0.00	0	6.45	0.57	0.55	*44	5.7	16.74	0.18	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	800	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	500	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	100	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	100	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			953	9.68	1883	*35.73	*3.92	30.13	*0.00	*61	138.08	10.40	40.17	*113	*703.7	*60.27	*5.82	\$409.143
% of Calories				9.14%		*15.00 %	*1.65%	28.5%	*0.0%		58.0%		16.9%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Thursday - 08/20/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001488 CHICKEN, ORANGE MANDARIN NOODLE	SERVING	1000	350	0.83	489	*N/A*	*N/A*	7.87	*0.00	40	54.16	3.45	18.00	*N/A*	18.0	1.28	3.08	\$144.202
001035 EGG ROLL, VEGETABLE	SERVING 2 EACH	1000	260	1.00	400	6.00	2.00	8.00	0.00	0	42.00	6.00	8.00	0	60.0	0.00	2.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000687 RICE, STEAMED	.5 CUP	1000	93	0.00	3	*0.00	*0.00	0.14	*0.00	0	20.32	0.28	1.78	*0	8.4	0.00	1.09	\$0.000
002856 CORN DOG, MINI CHICK TYSON	SERVING (6)	1000	315	3.64	570	6.06	*N/A*	16.98	*N/A*	49	27.89	2.42	14.55	*N/A*	24.3	0.00	1.75	\$242.346
003410 VEGETABLE, FZN CARROTS DICED NO SALT ADDED	#8 SCOOP	3000	27	0.00	43	3.00	*N/A*	0.00	0.00	0	6.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$7.339
000607 COOKIE, FORTUNE	COOKIE	3000	18	0.00	2	1.64	*N/A*	0.00	*N/A*	0	4.11	0.00	0.33	*N/A*	0.0	0.00	0.00	\$0.371
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	7	0.01	14	*N/A*	*N/A*	0.07	*0.00	0	1.30	0.77	0.68	*N/A*	22.0	9.87	0.62	\$0.000
003309 NOODLE, CHOW MEIN LA CHOY - DRY	#8 SCOOP	2000	130	1.50	250	0.00	0.00	5.00	*N/A*	0	19.01	2.00	3.00	*N/A*	0.0	0.00	1.60	\$0.000
003435 BEANS, KIDNEY (SYSCO)	#8 SCOOP	2000	120	0.00	140	1.00	1.00	0.00	0.00	0	21.00	8.00	8.00	*N/A*	90.0	0.00	2.80	\$0.000
001358 VEG, BROCC COL CHERRY TOM	.5 CUP	2000	28	0.00	12	*N/A*	*N/A*	0.50	*N/A*	0	5.52	0.50	1.50	*N/A*	15.0	43.56	0.45	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	2000	60	0.00	5	12.00	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000
001355 FRUIT, STRAWBERRY	1/2 cup	2000	23	0.01	1	3.52	0.00	0.22	0.00	0	5.53	1.44	0.48	1	11.5	42.34	0.30	\$0.000
003163 BAR, MANGO (FRESH 4OZ PK)	cup	2000	136	0.21	2	30.87	0.00	0.86	0.00	0	33.85	3.62	1.85	122	24.9	82.26	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	800	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	500	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	100	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	100	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			931	3.07	956	*68.16	*3.25	16.52	*0.00	37	167.50	21.81	34.94	*83	*492.6	*154.49	*7.32	\$143.696
% of Calories				2.97%		*29.28 %	*1.40%	16.0%	*0.0%		72.0%		15.0%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Friday - 08/21/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003415 BACON CHEESE BURGER	EACH	1000	334	6.00	719	3.00	*0.00	15.50	0.00	50	29.00	5.00	22.50	*N/A*	129.0	*0.00	*2.05	\$45.029
003391 VEGGIE BURGER, BLACK BEAN	EACH	1000	340	1.00	720	6.00	*1.00	9.50	0.00	0	52.00	10.00	17.00	*N/A*	*48.0	*0.00	*1.00	\$0.622
002928 SANDWICH CHICKEN BBQ GRILLED	EA	1000	289	0.00	651	11.89	*8.89	5.00	0.00	65	37.00	4.00	27.00	*N/A*	*48.0	*0.00	*1.00	\$46.272
003235 ONION RING, BREADED (4 PER SERV)	SERVING	3000	180	1.00	135	3.00	0.00	7.00	*N/A*	*N/A*	26.00	3.00	3.00	*N/A*	20.0	*N/A*	1.20	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	7	0.01	14	*N/A*	*N/A*	0.07	*0.00	0	1.30	0.77	0.68	*N/A*	22.0	9.87	0.62	\$0.000
001800 VEG, CARROT & CELERY STICKS	SERVING	2000	33	0.00	68	*0.00	*N/A*	0.00	*0.00	0	5.67	1.70	0.57	*N/A*	17.0	3.40	0.20	\$0.000
003165 BAR VEG, PEAS FROZEN SYSCO	.5 CUP	2000	46	0.00	0	0.00	0.00	0.00	0.00	0	7.92	2.64	3.30	*N/A*	9.2	0.00	0.66	\$108.136
002009 VEG, BELL PEPPER STICKS	CUP	2000	24	0.00	2	*N/A*	*N/A*	0.17	*N/A*	0	6.01	1.61	1.20	*N/A*	0.0	80.76	0.00	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$12.667
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	800	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	500	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	100	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	100	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			825	3.43	1032	*46.54	*5.22	18.25	*0.00	*46	130.39	18.02	39.15	*1	*472.7	*98.93	*3.98	\$118.313
% of Calories				3.74%		*22.56 %	*2.53%	19.9%	*0.0%		63.2%		19.0%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Monday - 08/24/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002033 CHICKEN, NUGGETS 5 EACH	SERVING 6 EACH	1000	200	2.00	401	*N/A*	*N/A*	10.02	0.00	35	13.03	2.00	15.03	*N/A*	0.0	0.00	0.00	\$11.062
003260 BREAD DINNER ROLL WG FRANZ (1 ROLL)	1 EACH	1000	70	0.00	90	1.00	*N/A*	0.50	0.00	0	13.00	1.00	3.00	*N/A*	14.0	0.00	1.00	\$0.000
002847 PULL-APART ITALIAN GARLIC	PACKAGES	1000	304	6.08	527	5.06	*N/A*	13.16	0.00	30	32.40	2.02	14.18	*N/A*	344.3	0.00	1.82	\$242.243
002635 CHICKEN, HOT AND SPICY WG SANDWICH	SERVING	1000	404	2.70	681	3.00	*N/A*	14.50	0.00	47	42.00	8.00	28.00	*N/A*	88.0	0.00	2.62	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	3000	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$119.113

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
002212 BEAN, VEGETARIAN BAKED LS	1/2 CUP	2000	110	0.00	140	*N/A*	*N/A*	1.00	0.00	0	20.00	5.00	7.00	*N/A*	0.0	0.00	0.00	\$13.069
003064 LETTUCE GREEN LEAF	1/2 cup	2000	4	0.00	7	0.19	0.00	0.04	0.00	0	0.69	0.31	0.33	89	8.6	2.21	0.21	\$0.000
000450 VEG, CARROTS BABY	BAG	2000	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
002587 FRUIT, DRIED CRANBERRIES	SERVING	1000	92	0.00	2	22.00	*N/A*	0.00	0.00	0	25.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002752 FRUIT, RAISINS UNSWEETENED	BOX	1000	114	0.00	4	23.00	*N/A*	0.00	0.00	0	30.00	1.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
003411 APPLESAUCE FANCY (SYSCO)	#8 SCOOP	2000	90	0.00	0	5.00	5.00	0.00	0.00	0	24.00	3.00	0.00	*N/A*	7.0	*N/A*	0.00	\$270.115
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	800	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	500	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	100	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	100	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			928	5.19	1206	*49.38	*5.25	23.51	*0.00	45	146.32	16.41	37.93	*60	*515.4	*42.91	*3.19	\$399.474
% of Calories				5.03%		*21.28 %	*2.26%	22.8%	*0.0%		63.1%		16.3%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Tuesday - 08/25/2026

Reimbursable Meal Total 3000

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003078 TAMALES CHICKEN SALSA VERDE CHEESE LOS CABOS	1 TAMALES	1000	309	6.53	622	1.06	0.00	13.76	0.00	56	28.40	2.70	17.27	*N/A*	202.6	3.59	1.37	\$26.052
003075 BURRITO BEAN AND CHEESE LOS CABOS	1 BURRITO	1000	321	3.54	475	1.75	0.00	8.79	0.00	15	44.17	8.17	16.71	*N/A*	171.1	1.64	3.85	\$11.430
003325 WALKING TACO BEEF (NACHO CHEESE CHIPS)	SERVING	500	364	6.50	685	*0.00	*0.00	18.74	0.00	65	29.40	2.98	19.60	*N/A*	112.4	*0.54	1.61	\$0.000
003416 WALKING TACO BEEF (FRITO CHIPS)	SERVING	500	413	7.49	704	*0.00	*0.00	26.63	0.00	65	26.34	1.98	18.61	*N/A*	102.2	*0.54	1.61	\$0.000
002673 VEG, CORN CANNED - SYSCO	#8 SCOOP	3000	54	0.00	152	5.42	*N/A*	0.54	0.00	0	10.83	1.08	1.08	*N/A*	3.2	0.00	0.00	\$136.438
003347 LETTUCE SHREDDED (1/4") FRESH	SERVINGS	2000	15	0.00	10	0.00	*N/A*	0.00	0.00	0	3.00	1.00	1.00	*N/A*	26.0	*N/A*	0.36	\$0.000
003348 SALSA MILD RED GOLD (SYSCO)	SERVING 2 TBSP	2000	10	0.00	70	1.00	1.00	0.00	0.00	0	2.00	1.00	0.00	*N/A*	0.0	*N/A*	0.00	\$51.668
000777 VEG, OLIVES SLICE	.25 CUP	2000	60	0.00	280	*N/A*	*N/A*	5.01	0.00	0	2.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$86.456
003137 CUCUMBER RAW	1/2C SERVING	2000	8	0.00	1	0.90	0.00	0.10	0.00	0	1.90	0.30	0.30	*N/A*	0.0	0.00	0.00	\$0.000
003427 CHEESE CHEDDAR MILD FEATHER SHREDDED YELLOW	SERVING	2000	110	5.00	180	0.00	0.00	9.00	0.00	30	0.00	0.00	6.00	*N/A*	200.0	*N/A*	0.00	\$58.658
003138 PINEAPPLE RAW	1/2C SERVING	2000	60	0.00	1	11.40	0.00	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	800	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	500	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	100	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	100	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			779	9.11	1252	*43.13	*2.59	26.11	0.00	73	98.49	11.53	34.10	*1	*663.7	*3906.30	*2.99	\$287.257
% of Calories				10.53 %		*22.15 %	*1.33%	30.2%	0.0%		50.6%		17.5%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Wednesday - 08/26/2026 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001862 PIZZA PEPPERONI 5" WG (WILD MIKES)	EACH	1000	417	8.13	640	5.08	0.00	17.28	0.00	41	36.60	1.02	19.32	*N/A*	374.1	6.10	2.03	\$407.387
001861 PIZZA CHEESE 5" WG (WILD MIKES)	EACH	1000	360	8.00	510	4.00	*N/A*	17.00	0.00	35	34.00	3.00	20.00	*N/A*	450.0	6.00	2.70	\$344.443
003417 SPICY HAWAIIAN PIZZA 5" WG	SERVINGS	1000	412	8.68	1096	*5.51	*N/A*	18.59	*0.00	53	39.34	3.96	25.04	*N/A*	*459.9	*9.43	*3.62	\$387.121
002987 POTATO MCCAIN REG CRINKLE FRY	SERVINGS	3000	120	0.50	35	0.00	*N/A*	5.00	0.00	0	20.01	1.00	1.00	*N/A*	10.0	0.00	0.30	\$0.000
003064 LETTUCE GREEN LEAF	1/2 cup	2000	4	0.00	7	0.19	0.00	0.04	0.00	0	0.69	0.31	0.33	89	8.6	2.21	0.21	\$0.000
000042 VEG, PICKLES DILL	8 each	2000	5	0.00	390	*N/A*	*N/A*	0.00	*N/A*	*N/A*	1.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$24.445
000776 VEG, TOMATO FRESH	4 SLICES	2000	16	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	3.69	0.74	0.74	*N/A*	7.4	11.51	0.27	\$0.000
000450 VEG, CARROTS BABY	BAG	2000	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
000419 FRUIT, MIXED USDA	#8 SCOOP	2000	60	0.00	10	*N/A*	*N/A*	0.00	0.00	0	17.00	0.00	0.00	*N/A*	0.0	0.80	0.00	\$12.667

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001360 FRUIT, MELON CHUNKS	#8 SCOOP	2000	27	0.01	10	*2.04	*0.00	0.05	*0.00	0	6.45	0.57	0.55	*44	5.7	16.74	0.18	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	800	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	500	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	100	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	100	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			818	8.87	1244	*34.26	*1.92	23.77	*0.00	*50	121.60	9.26	34.17	*90	*808.7	*65.85	*4.40	\$411.528
% of Calories				9.76%		*16.75 %	*0.94%	26.2%	*0.0%		59.5%		16.7%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Thursday - 08/27/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003339 RICE CHICKEN FRIED	3/4 Cup	1000	248	0.38	351	*0.88	*0.38	2.67	*0.00	17	47.24	2.91	9.36	*N/A*	17.4	3.60	1.11	\$9.417
003418 EGGROLL, CHICKEN	EACH	1000	150	1.00	500	1.00	1.00	5.00	0.00	10	20.00	2.00	6.00	*N/A*	*N/A*	*N/A*	1.20	\$10.106
002979 TOFU TERI WITH NOODLES	HEAPING #16	1000	718	4.34	6005	*35.21	*35.21	36.60	*0.00	0	84.17	4.32	22.35	*0	81.6	0.12	5.65	\$395.205

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003421 DUMPLING BEEF AND VEGETABLE (6 PER SERVING)	1 SERVING 6 EA	1000	461	4.02	1533	35.01	35.01	10.05	0.00	20	71.15	7.02	21.09	*N/A*	*40.2	*N/A*	*3.12	\$16.857
000687 RICE, STEAMED	.5 CUP	1000	93	0.00	3	*0.00	*0.00	0.14	*0.00	0	20.32	0.28	1.78	*0	8.4	0.00	1.09	\$0.000
003410 VEGETABLE, FZN CARROTS DICED NO SALT ADDED	#8 SCOOP	3000	27	0.00	43	3.00	*N/A*	0.00	0.00	0	6.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$7.339
000607 COOKIE, FORTUNE	COOKIE	3000	18	0.00	2	1.64	*N/A*	0.00	*N/A*	0	4.11	0.00	0.33	*N/A*	0.0	0.00	0.00	\$0.371
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	7	0.01	14	*N/A*	*N/A*	0.07	*0.00	0	1.30	0.77	0.68	*N/A*	22.0	9.87	0.62	\$0.000
003309 NOODLE, CHOW MEIN LA CHOY - DRY	#8 SCOOP	2000	130	1.50	250	0.00	0.00	5.00	*N/A*	0	19.01	2.00	3.00	*N/A*	0.0	0.00	1.60	\$0.000
003435 BEANS, KIDNEY (SYSCO)	#8 SCOOP	2000	120	0.00	140	1.00	1.00	0.00	0.00	0	21.00	8.00	8.00	*N/A*	90.0	0.00	2.80	\$0.000
001358 VEG, BROCC COL CHERRY TOM	.5 CUP	2000	28	0.00	12	*N/A*	*N/A*	0.50	*N/A*	0	5.52	0.50	1.50	*N/A*	15.0	43.56	0.45	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	2000	60	0.00	5	12.00	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000
001355 FRUIT, STRAWBERRY	1/2 cup	2000	23	0.01	1	3.52	0.00	0.22	0.00	0	5.53	1.44	0.48	1	11.5	42.34	0.30	\$0.000
003163 BAR, MANGO (FRESH 4OZ PK)	cup	2000	136	0.21	2	30.87	0.00	0.86	0.00	0	33.85	3.62	1.85	122	24.9	82.26	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	800	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	500	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	100	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	100	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			1148	4.49	3266	*88.17	*26.45	23.67	*0.00	23	200.33	23.27	41.02	*83	*505.0	*155.31	*8.74	\$158.709
% of Calories				3.52%		*30.72 %	*9.22%	18.6%	*0.0%		69.8%		14.3%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Friday - 08/28/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
003419 CHICKEN, BREADED WG SANDWICH	SERVING	1000	350	2.00	670	*3.00	*N/A*	12.50	0.00	35	40.00	6.00	22.00	*N/A*	*48.0	*0.00	*1.00	\$181.073
003334 SPINACH WRAP VEGETARIAN (CHEESE/TOMATO/LETT UCE)	EACH	1000	668	18.50	1354	*0.00	*N/A*	35.00	*0.00	80	57.75	2.46	28.46	*N/A*	237.3	3.70	3.66	\$151.543
003420 CARNE ASADA BRISKET FRIES	SERVING	1000	582	15.19	1287	*2.51	*0.50	31.79	*0.00	141	31.17	1.48	41.71	*0	486.2	*2.95	3.42	\$213.160
000391 POTATO, SMILES (6)	SERVINGS (6)	3000	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$155.926
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	7	0.01	14	*N/A*	*N/A*	0.07	*0.00	0	1.30	0.77	0.68	*N/A*	22.0	9.87	0.62	\$0.000
001800 VEG, CARROT & CELERY STICKS	SERVING	2000	33	0.00	68	*0.00	*N/A*	0.00	*0.00	0	5.67	1.70	0.57	*N/A*	17.0	3.40	0.20	\$0.000
003165 BAR VEG, PEAS FROZEN SYSCO	.5 CUP	2000	46	0.00	0	0.00	0.00	0.00	0.00	0	7.92	2.64	3.30	*N/A*	9.2	0.00	0.66	\$108.136
002009 VEG, BELL PEPPER STICKS	CUP	2000	24	0.00	2	*N/A*	*N/A*	0.17	*N/A*	0	6.01	1.61	1.20	*N/A*	0.0	80.76	0.00	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$12.667
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	800	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	500	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	100	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	100	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			987	12.49	1484	*38.41	*2.09	32.18	*0.00	93	128.03	14.01	46.71	*1	*634.9	*103.55	*4.48	\$425.523
% of Calories				11.39 %		*15.57 %	*0.85%	29.3%	*0.0%		51.9%		18.9%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Monday - 08/31/2026 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002154 CHICKEN, POPCORN WG 10 EACH	SERVING (10)	1000	293	3.00	487	0.00	*N/A*	17.00	0.00	81	17.00	3.00	18.00	*N/A*	18.0	0.00	2.00	\$263.934
002677 SANDWICH, GRILLED CHEESE	EACH	1000	317	10.33	1208	*2.00	*0.00	21.33	*0.00	50	23.00	3.00	15.00	*N/A*	296.0	*0.00	1.20	\$116.103
003360 HOT DOG PORK & BEEF 6" ON A BUN (6-12)	SERVING	1000	370	7.00	970	6.00	*N/A*	19.50	0.00	55	31.00	3.00	17.00	*N/A*	*63.0	*0.00	*2.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	3000	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$119.113

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002212 BEAN, VEGETARIAN BAKED LS	1/2 CUP	2000	110	0.00	140	*N/A*	*N/A*	1.00	0.00	0	20.00	5.00	7.00	*N/A*	0.0	0.00	0.00	\$13.069
003064 LETTUCE GREEN LEAF	1/2 cup	2000	4	0.00	7	0.19	0.00	0.04	0.00	0	0.69	0.31	0.33	89	8.6	2.21	0.21	\$0.000
000450 VEG, CARROTS BABY	BAG	2000	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
002587 FRUIT, DRIED CRANBERRIES	SERVING	1000	92	0.00	2	22.00	*N/A*	0.00	0.00	0	25.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002752 FRUIT, RAISINS UNSWEETENED	BOX	1000	114	0.00	4	23.00	*N/A*	0.00	0.00	0	30.00	1.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
003411 APPLESAUCE FANCY (SYSCO)	#8 SCOOP	2000	90	0.00	0	5.00	5.00	0.00	0.00	0	24.00	3.00	0.00	*N/A*	7.0	*N/A*	0.00	\$270.115
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	800	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	500	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KICKOMAN (8OZ)	SERVING	100	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KICKOMAN (8OZ)	SERVING	100	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			929	8.37	1528	*49.03	*5.25	30.05	*0.00	69	136.51	15.07	34.52	*60	*492.3	*42.91	*3.11	\$441.718
% of Calories				8.11%		*21.11 %	*2.26%	29.1%	*0.0%		58.8%		14.9%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		896	7.10	1482	*49.95	*6.05	24.97	*0.00	*55	135.22	*14.81	36.60	*52	*589.5	*635.05	*4.85	\$307.252
% of Calories			7.13%		*22.30 %	*2.70%	25.1%	*0.0%		60.4%		16.3%					

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.