



# BREAKFAST

## JANUARY 2026 RIO DEL ORO ELEMENTARY SCHOOL

Questions or concerns  
Contact Nutrition Services  
(530) 743-4428 or  
[ndelora@usda.gov](mailto:ndelora@usda.gov)

Monday

Tuesday

Wednesday

Thursday

Friday

**5**  
Breakfast Pizza  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

**12**  
Pancake Sandwich  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

**19**  
**NO SCHOOL**

**26**  
Breakfast Pizza  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

**6**  
Pancake & Sausage  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

**13**  
Breakfast Bowl  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

**20**  
Waffle & Sausage  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

**27**  
Pancake & Sausage  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

**7**  
Chicken Biscuit  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

**14**  
Mini Pancakes  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

**21**  
Breakfast Sandwich  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

**28**  
Chicken Biscuit  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

**8**  
Pumpkin Muffin  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

**15**  
Banana Muffin  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

**22**  
Chocolate Chip Muffin  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

**29**  
Pumpkin Muffin  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

**9**  
Mini Cinni  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

**16**  
Fresh Baked Cinnamon Roll  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

**23**  
Mini Cinni  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

**30**  
Fresh Baked Cinnamon Roll  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

All meals are served with the choice of  
1% white milk or  
nonfat chocolate milk.

Please be advised – All menus are subject to change without notice due to distribution shortages and product unavailability.  
We will continue our best efforts to serve our students with the best products available.  
We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.  
USDA is an equal opportunity provider, employer, and lender.

# JANUARY 2026

## RIO DEL ORO ELEMENTARY SCHOOL

Questions or concerns  
Contact Nutrition Services  
(530) 743-4428 or  
[mdelong@piusd.org](mailto:mdelong@piusd.org)

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**

**5**  
Chicken Tenders w/ roll  
Or Sunbutter Sandwich  
Green Beans  
Celery Sticks – Salad – Carrots  
Variety of Fruit

**6**  
Taco Nada  
Or Bean & Cheese Burrito  
Spanish Rice  
Peas – Salad - Carrots  
Variety of Fresh Fruit  
Goldfish Crackers

**7**  
Orange Chicken Rice Bowl  
Or Egg Roll & Rice Bowl  
Stir Fry Veggies  
Broccoli – Salad - Carrots  
Variety of Fruit  
Cheese Stick

**8**  
Chicken Sandwich  
Or Pretzel & Cheese  
Baked Beans  
Celery Sticks – Salad – Carrots  
Variety of Fruit

**9**  
Domino's Smart Slice Cheese  
Or Pepperoni Pizza  
Caesar Salad – Cucumber  
Sticks – Baby Carrots  
Variety of Fruit  
Cookie

**12**  
Chicken Nuggets w/ roll  
Or Grilled Cheese Sandwich  
Green Beans  
Celery Sticks – Salad – Carrots  
Variety of Fruit

**13**  
French Toast & Sausage  
Or French Toast & Yogurt  
Hash Browns  
Celery Sticks– Salad - Carrots  
Variety of Fruit

**14**  
Pull Apart w/ Marinara  
Or Macaroni & Cheese w/ Roll  
Steamed Corn  
Broccoli – Salad - Carrots  
Variety of Fruit

**15**  
Hamburger  
Or Grilled Cheese Sandwich  
Baked Beans  
Celery Sticks – Salad – Carrots  
Variety of Fruit

**16**  
Domino's Smart Slice Cheese  
Or Pepperoni Pizza  
Caesar Salad – Cucumber  
Sticks – Baby Carrots  
Variety of Fruit  
Cookie

**19**  
**NO SCHOOL**

**20**  
Chicken Taquitos or  
Cheese Quesadilla  
Refried Beans  
Cauliflower – Salad - Carrots  
Variety of Fresh Fruit  
Goldfish Crackers

**21**  
Chicken Sandwich  
Or Pretzel & Cheese  
Steamed Corn  
Broccoli – Salad - Carrots  
Variety of Fruit

**22**  
Corn Dog  
Or Pull Apart w/ Marinara  
Potato Wedges  
Celery Sticks – Salad – Carrots  
Variety of Fruit

**23**  
Domino's Smart Slice Cheese  
Or Pepperoni Pizza  
Caesar Salad – Cucumber  
Sticks – Baby Carrots  
Variety of Fruit  
Cookie

**26**  
Chicken Tenders w/ roll  
Or Sunbutter Sandwich  
Green Beans  
Celery Sticks – Salad – Carrots  
Variety of Fruit

**27**  
Taco Nada  
Or Bean & Cheese Burrito  
Spanish Rice  
Peas – Salad - Carrots  
Variety of Fresh Fruit  
Goldfish Crackers

**28**  
**Minimum Day**  
Pull Apart w/ Marinara  
Steamed Corn  
Juice  
Apple Slices  
Cookie

**29**  
**Minimum Day**  
Grilled Cheese Sandwich  
Tomato Soup  
Juice  
Apple Slices  
Chips

**30**  
**Minimum Day**  
Cheese Quesadilla  
Bean Dip  
Juice  
Apple Slices  
Tortilla Chips

**All meals are served with the  
choice of  
1% white milk or  
nonfat chocolate milk.**

Please be advised – All menus are subject to change without notice due to distribution shortages and product unavailability.

We will continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

**USDA is an equal opportunity provider, employer, and lender.**