

MILK CHOICES

1% White
Lactose Free
Soy Milk

Pre-K October Menu

Menu subject to change

*Indicates Pork Product

+Possible trace of sesame due to manufacturer

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU CHOICES BREAKFAST Entrée Fruit OR Juice Milk LUNCH Entrée Veggie Fruit Milk	 School Nutrition Services is hiring. Starting at: \$14.11 	PUMPKIN SPICE DAY! 1 Pumpkin Spice Bread OR Cereal Juice & Milk Cheese Enchiladas w/Chili Corn Dog Ranchero Beans Natural Applesauce	2 Confetti Pancakes OR Cereal Fruit & Milk BBQ Boneless Wings & Mac N Chz Macaroni & Cheese Crispy Carrots w/Dip Diced Peaches	3 Waffle w/Sausage Patty* OR Cereal Juice & Milk Chicken Nuggets w/Homemade Roll Baked Potato w/Cheese & Roll Celery Sticks Sliced Pears
6 Ham & Cheese Croissant* OR Cereal Fruit & Milk Hamburger+ Yogurt & Cheese Pack Tater Tots Strawberry Applesauce	NATIONAL TACO DAY! 7 Potato & Egg Taco OR Cereal Juice & Milk Spaghetti w/Meat Sauce Cheesy Bread Italian Green Beans Sliced Peaches	8 French Toast Sticks OR Cereal Fruit & Milk Frito Pie Wowbutter Sandwich+ w/Cheese Stick Ranchero Beans Fresh Watermelon	9 Yogurt OR Cereal Juice & Milk Chicken Drumstick & Mac N Chz Macaroni & Cheese Broccoli w/Cheese Blueberries w/Cream	10 STAFF DEVELOPMENT DAY 
 National School Lunch Week 13 	 Pumpkin Parade! 14 Sausage & Cheese Flatbread OR Cereal Fruit & Milk Chicken Tenders w/Homemade Roll Baked Potato w/Cheese & Roll Crispy Carrots w/Dip Strawberries w/Cream	 Scrambled Egg & Hashbrowns* 15 OR Cereal Juice & Milk Crispy Beef Tacos Pizza Cheese Sticks w/Marinara Ranchero Beans Fresh Banana 	 Banana Muffin 16 OR Cereal Fruit & Milk Sweet Asian Chicken w/Fried Rice Toasted Cheese Sandwich Savory Green Peas Seedless Grapes	 Yogurt 17 OR Cereal Juice & Milk Pepperoni Pizza* Cheese Pizza Cucumber Slices w/Tajin Sliced Pears
20 2 Mini Waffles OR Cereal Fruit & Milk Sloppy Joe+ Wowbutter Sandwich+ w/Cheese Stick Tater Tots Fresh Watermelon	NATIONAL APPLE DAY! 21 Sausage* & Egg Taco OR Cereal Juice & Milk Steak Fingers w/Homemade Roll Baked Potato w/Cheese & Roll Broccoli w/Cheese Gala Apple	22 Mini Sausage Pancake Wraps OR Cereal Fruit & Milk Beef & Cheese Nachos Cheese Nachos Ranchero Beans Fresh Watermelon	23 Yogurt OR Cereal Juice & Milk General Tso Chicken+ w/Fried Rice Toasted Cheese Sandwich Savory Green Peas Blueberries w/Cream	24 Sausage Kolache* OR Cereal Fruit & Milk Pork & Cheese Tamales* Breaded Ravioli & Cheese Sticks w/Marinara Crispy Carrots w/Dip Fruit Cocktail
27 Potato & Egg Taco OR Cereal Fruit & Milk Beef Sausage Dog+ Wowbutter Sandwich+ w/Cheese Stick Broccoli w/Cheese Orange Smiles	28 Sausage & Cheese Flatbread OR Cereal Juice & Milk Chicken & Waffles Yogurt & Cheese Pack Sweet Potato Fries Strawberries w/Cream	29 Biscuit & Jelly OR Cereal Juice & Milk Cheese Enchiladas w/Chili Corn Dog Ranchero Beans Natural Applesauce	30 Confetti Pancakes OR Cereal Fruit & Milk BBQ Boneless Wings & Mac N Chz Macaroni & Cheese Crispy Carrots w/Dip Sliced Apples	31 Waffle w/Sausage Patty* OR Cereal Juice & Milk Chicken Flauta w/Queso Cheese Pizza Buttered Corn Sliced Pears

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