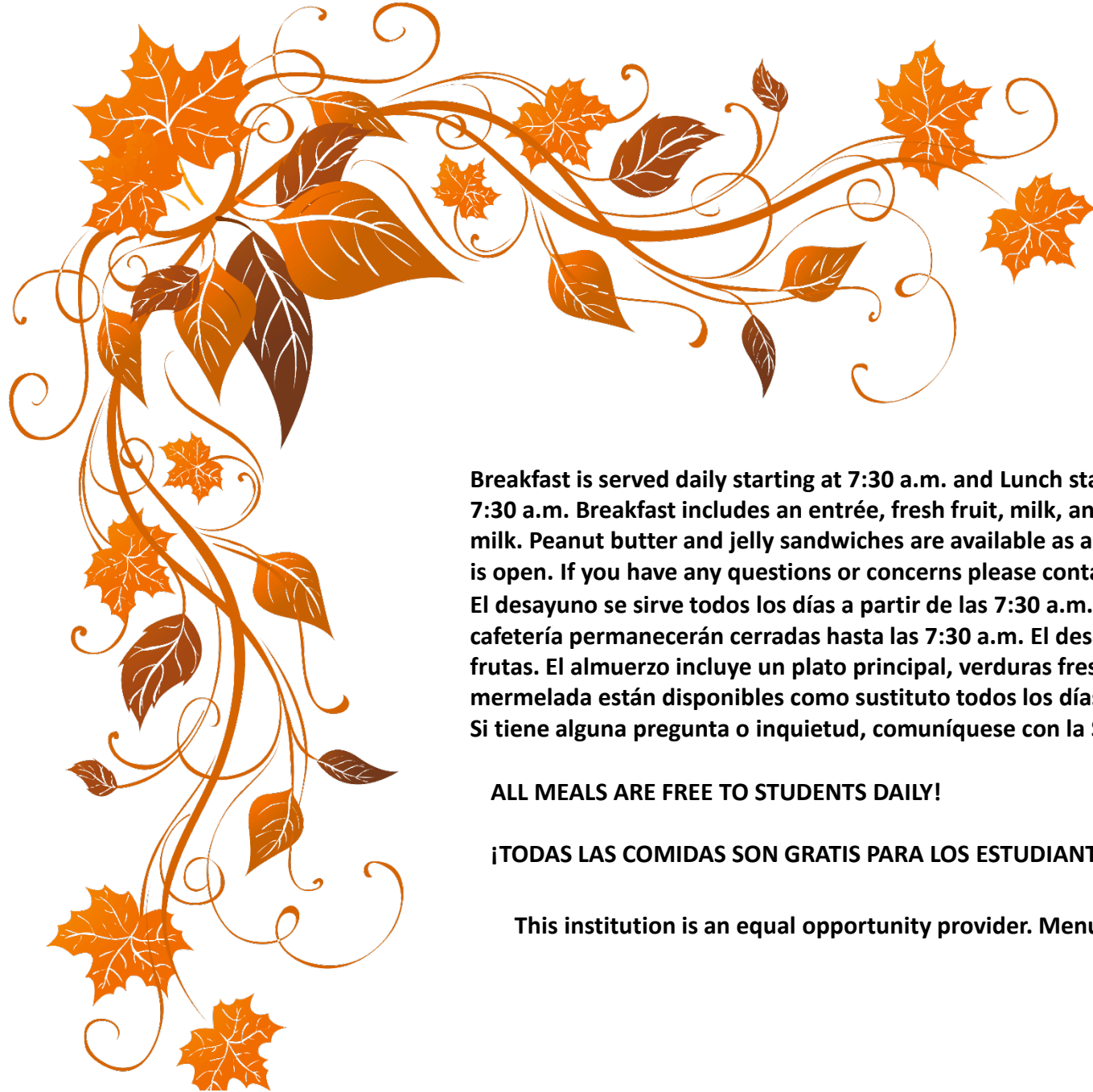


Meridian Elementary School Breakfast/Lunch Menu November 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 <u>Breakfast</u> Assorted Cereal <u>Lunch</u> Hot Dogs Macaroni Salad	4 <u>Breakfast</u> Yogurt Parfait <u>Lunch</u> Chili with Beans Corn Bread	5 <u>Breakfast</u> Scrambled eggs <u>Lunch</u> Chicken Nuggets Mashed Potatoes	6 <u>Breakfast</u> French Toast Sticks <u>Lunch</u> Macaroni and Cheese Bread Sticks	7 <u>Breakfast</u> Breakfast Burrito <u>Lunch</u> Chicken Noodle Soup Rolls
10 <u>Breakfast</u> Assorted Cereal <u>Lunch</u> Corn Dogs French Fries	11 <u>Breakfast</u> Assorted Muffins <u>Lunch</u> French bread Pizza Graham Crackers	12 <u>Breakfast</u> Cowboy Bread <u>Lunch</u> Chicken Alfredo Bread Sticks	13 <u>Breakfast</u> Bagels and Gogurt <u>Lunch</u> Fish Sticks Pasta Salad	14 <u>Breakfast</u> Yogurt parfait <u>Lunch</u> Turkey Sandwich Doritos
17 <u>Breakfast</u> Assorted Cereal <u>Lunch</u> Spaghetti Garlic Sticks	18 <u>Breakfast</u> Scrambled eggs <u>Lunch</u> Nachos Refried Beans	19 <u>Breakfast</u> French Toast Sticks <u>Lunch</u> Grilled Cheese Sandwich Tomato Soup	20 <u>Breakfast</u> Breakfast Burrito <u>Lunch</u> Pizza Squares Graham Crackers	21 <u>Breakfast</u> Assorted Muffins <u>Lunch</u> Bean Burrito Mexican Rice
24 Fall Break . No School .	25 Fall Break . No School .	26 Fall Break . No School .	27 Fall Break . No School .	28 Fall Break . No School .
				



Breakfast is served daily starting at 7:30 a.m. and Lunch starting at 11:45 a.m. Cafeteria doors will remained locked until 7:30 a.m. Breakfast includes an entr e, fresh fruit, milk, and fruit juice. Lunch includes an entr e, fresh vegetable, fruit, and milk. Peanut butter and jelly sandwiches are available as a substitute daily. Tuesdays, Thursdays, and Fridays the salad bar is open. If you have any questions or concerns please contact Ms. Amanda at (530) 696-2604 ext. 104.

El desayuno se sirve todos los d as a partir de las 7:30 a.m. y el almuerzo a partir de las 11:45 a.m. Las puertas de la cafeter a permanecer n cerradas hasta las 7:30 a.m. El desayuno incluye un plato principal, fruta fresca, leche y zumo de frutas. El almuerzo incluye un plato principal, verduras frescas, fruta y leche. Los s ndwiches de mantequilla de man  y mermelada est n disponibles como sustituto todos los d as. Los martes, jueves y viernes est  abierto el bar de ensaladas. Si tiene alguna pregunta o inquietud, comun quese con la Sra. Amanda al (530) 696-2604 ext. 104.

ALL MEALS ARE FREE TO STUDENTS DAILY!

 TODAS LAS COMIDAS SON GRATIS PARA LOS ESTUDIANTES TODOS LOS D AS!

This institution is an equal opportunity provider. Menu is subject to change