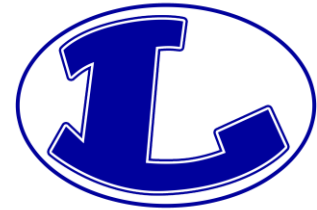


**LAMPASAS INDEPENDENT SCHOOL DISTRICT
SCHOOL HEALTH SERVICES
207 W. 8TH STREET
LAMPASAS, TX 76550**



Dear Parent/Guardian:

State required spinal screenings for scoliosis will be conducted on ***insert date here.***

The purpose of spinal screening is to detect the signs of abnormal curves of the spine at their earliest stages so that the need for treatment can be determined. Scoliosis, a common spinal abnormality found in adolescents, is a sideways twisting of the spine. Kyphosis, sometimes called round back, is an exaggerated rounding of the upper back and is often confused with poor posture.

Many cases of curvature of the spine are mild and require only ongoing observation by a physician when they are first diagnosed. Others can worsen with time as a child grows and requires active treatment such as bracing and surgery. Early treatment can prevent the development of a severe deformity, which can affect a person's appearance and health.

The procedure for screening is simple. Screeners who have been specially trained will look at your child's back while he/she stands and then bends forward.

Students may have their spine and back exposed during the screening. For this reason, we request that girls wear a halter top, tube top, bra/sports bra, or two-piece swimsuit underneath their shirt for the screening.

Parents will only be notified of the results of the screening if professional follow-up is indicated.

This screening procedure does not replace your child's need for regular health care and check-ups.

According to state law, all girls are required to be screened in 5th and 7th grades and boys in 8th grade. If for personal reasons, you do not wish to have your child screened at school, you may submit an affidavit of exemption to the campus nurse ***no later than insert date here.*** It is then your responsibility to have your child screened by your personal physician, and to provide a copy of the screening to the campus nurse.

Kline Whitis Elementary	Hanna Springs Elementary	Taylor Creek Elementary	Lampasas Middle School	Lampasas High School	Director of School Health
500 S. Willis	604 E. Ave. F	2096 Big Divide Rd.	902 S. Broad	2716 S. Hwy. 281	207 W. 8th St.
Lampasas, TX 76550	Lampasas, TX 76550	Lampasas, TX 76550	Lampasas, TX 76550	Lampasas, TX 76550	Lampasas, TX 76550
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