

New After-School Enrichment Classes for Ages 8-13 in Rocklin



Empowering the next generation
to thrive today and lead
with impact tomorrow.

Afterschool Schedule

- Mon 3:30-5:00pm • **Speak Up & Shine**
- Tues 3:30-5:00pm • **The YOU Project**
- Wed 3:30-5:00pm • **The Wellness Lab**

Class begins October 6

**\$220 per 4-week series (includes 4 classes,
90 minutes each, all materials provided.

***Partial Scholarships Available

Hosted at Acton Academy Rocklin
just off I-80, open to all local students

WHY FAMILIES LOVE US

- Small, heart-centered groups
- Real-world skills kids actually use
- Fun projects + lasting confidence
- Created by a local mom + educator
passionate about helping kids thrive

**A fun place to
learn, create & shine while
building confidence, character
& real-life skills**

Classes This Session:

Speak Up & Shine (4-week series)

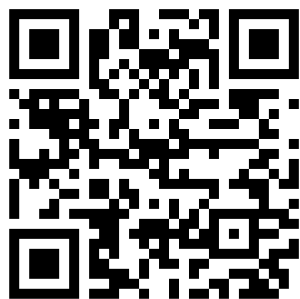
*Want to feel more confident speaking up?
In this class you'll play games, try fun
challenges and learn tips to help you shine
onstage, in class, or anywhere life takes you.*

The YOU Project (4-week series)

*What makes you shine? Let's explore your gifts,
your passions and your big dreams. Through fun
projects and creative challenges you'll discover
what lights you up, and how to share your spark
with the world.*

The Wellness Lab (4-week series)

*Discover cool ways to fuel your body and mind!
You'll try out simple healthy hacks, create your
own calm-down tools and learn tricks to feel
your best every day.*



Space is Limited! ENROLL NOW!!!
courses.thriveupacademy.com



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