

CORONADO UNIFIED SCHOOL DISTRICT

ANNUAL **UPDATE**

SY 23-24



WHAT IS THE CUSD WELLNESS COMMITTEE?

The CUSD Local School Wellness Committee (LSWP) meets 4 x/ school year to discuss areas of opportunity in strengthening the health and wellness of our students and schools. Our wellness committee is comprised of Child Nutrition Services staff, Registered Dietitians, Educators, students, and parents. Any CUSD stakeholder is welcome to join our committee!



LOCAL SCHOOL WELLNESS GOAL FOR THE 23-24 SY:

To roll out zero waste stations at all schools district wide by December of 2023 in order to reduce the amount of waste generated throughout the district while providing students with the knowledge and foundation needed to effectively sort waste.



RESULTS

- In September of 2023 a zero waste station was rolled out and piloted at Silver Strand Elementary School. Students were provided with ongoing training on how to properly sort food waste.
- In October of 2023 Village Elementary School rolled out two zero waste stations at their school site. Students were provided with ongoing training on how to properly sort food waste.
- In November of 2023 Coronado High School rolled out two zero waste stations and provided students with a training via the school's broadcast system in partnership with the Emerald Keepers.
- In December of 2023 Coronado Middle School rolled out a zero waste station and provided their students with a training via the schools broadcast system in partnership with the ASB.
- CUSD partnered with South Bay Sustainable Communities to conduct trainings throughout the district, and to assist with monitoring and oversight of the zero waste stations throughout the school year.
- By the end of December 2023, zero waste stations were available at all of our school sites district wide.
- To date, there has been a total of 29,858 #'s of food rescued from the landfills as a result of the roll out of the zero waste stations!
- Of the 29,858 #'s of food rescued, 25,542 #'s was rescued through our district's share tables located at each zero waste station, which were donated back to our district's food service program, and the remaining 4,316 #'s were donated to neighboring food recovery agencies and distributed to food insecure families.



Join our wellness committee! Contact Amanda Tarantino at atarantino@coronadousd.com

Visit us at <https://coronadousd.net/Departments/Child-Nutrition-Services/Wellness/index.html> for more information on our Wellness Policy

This instituion is an equal opportunity provider.