

# Tehama County Family Resources in Red Bluff

24/25

## Emergency Food Resources

**Salvation Army** - 940 Walnut St., Red Bluff. Call 527-8530. Monday thru Friday from 1:00 pm—3:00 pm

**Tehama County Food Bank-The Gleaners** - 20699 Walnut St., Red Bluff. Call ahead , 529-2264.

**The Lord's Table** - Provides free meals at noon four days a week, 510 Jefferson St., Red Bluff 527-3617

**Cornerstone Church** - Tuesdays, 9:00am, groceries and hot breakfast and clothes closet.

**Salt Ranch** - Food deliveries by appointment, call Randy Dueck at 200-6871.

**Senior Nutrition Program** - Lunch delivered five days a week, age 55 years and over, call 527-2414.

## Clothing

### Seventh-day Adventist Church

720 Jackson St., 527-733, Mondays from 10:00am to 12:00 pm.

For children K-12 please contact your school homeless liaison for resources.

## Housing and Emergency Shelter

**PATH winter shelter** - contact the path day center 530-736-8441

**Sale House Women and Children Transitional Housing** - Contact Path Navigation Center, 727-9291

**Pathways Men's Transitional Housing** - for information call 727-9291

**Deposit Assistance** - Contact Community Action Agency for information at 527-6159.

**Rapid Re-Housing Rental Assistance** - for information call 727-9291.

**Empower Tehama Emergency Shelter for Victims of Domestic Violence** - Call 528-0226 for information.

**HCV Program Section 8** - Plumas County Housing Authority, 800-993-5399 or 283-2466.

**SHHIP, HEAP Energy Assistance Program** - Energy bill assistance program, call 378-6900, or 877-801-7692 for an application and information.

**The Presbyterian Church**  
**838 Jefferson St. Red Bluff, CA**  
**530-527-0372**  
**Laundry**

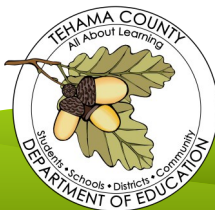
Wash one load on Wednesdays at 2 pm—3:00 pm at the Belle Mill laundromat. Call ahead, They provide all laundry supplies.

**PATH Navigation Center**  
**550 Lay Ave.**  
**Red Bluff, CA**  
**(530) 727-9291**  
**7:00 am—7:00 pm Daily**

- Emergency shelter
- Food
- Clothing
- Showers
- Mail/Lockers
- Computers/Internet
- Laundry
- Case Management
- Housing Assistance Search
- Linkage to Mainstream Benefits
- Health Service Referrals
- Community Resource Information

**Red Bluff Police Department 527-3131**

**Tehama County Sheriff 529-7900**



## Tehama County Department of Education

**Foster/Homeless Coordinating Program-** School stability information for children and families experiencing homelessness. Please talk to your school homeless liaison or call 528-7370/ 528-7321

**Early Learning Programs & Services/FCCHEN** - Call 528-7324 for eligibility and program information.

**Help Me Grow** - Home visiting program for families with children 0-5 years of age. Call 528-7348 for information.

**SERRF** - The Safe Education and Recreation for Rural Families Program (SERRF) is an after school and summer program. Call 528-7381 for more information.

### Counseling Resources

- **Children First Counseling Center** - 590 Antelope Blvd., Building B, Suite 30, Red Bluff, 529-9454.
- **Family Services Agency** - 1112 Grant St., Red Bluff, 527-6702.
- **Head Start Counseling Services** - 220 Sycamore St., #200, Red Bluff, 529-1500 ext 115.
- **Youth Empowerment Services Center (YES Center)**- 1860 Walnut St., Building A, Red Bluff, 527-8491.
- **Peer to Peer support for a non-crisis event-** Call Northern Valley Talk Line at 1-855-582-5554. Peers are available to chat from 4:30pm-9:30pm.

### Tehama County Mental Health Division

1860 Walnut St., Suite A  
Red Bluff  
530-527-5631 or 1-800-240-3208  
Walk-in assessments available  
Monday through Friday at  
8:30 am and 12:30 pm.

### Mobile Crisis Team

Services available 24 hours a  
day, 7 days a week, 365  
days a year.  
527-5637 or 1-800-240-3208

### Adult Education:

GED preparation, ESL & citizenship  
classes:

Shasta College Tehama Campus, 770  
Diamond Ave, Red Bluff, 529-8980.

TeLA Adult Education Center  
724 Main St., Red Bluff, 527-7055

### Solutions for Youth Fund Children First FFA

Help for homeless or  
couch surfing high school  
students. Contact your  
high school counselor or  
call 530-208-5499

### Tehama County Department of Social Services

Cal-Fresh, Medi-Cal, and  
public assistance programs,  
call 527-1911 for information.

### Community Action Agency

Summer tailgate food give-  
aways, LIFT event, free tax  
preparation, Safelink free cell  
phones, deposit assistance,  
and nutrition education; call  
527-6159 for more infor-  
mation.

