

Fitness & Physical Activity subcommittee notes – Jan. 18, 2023

Debbie agreed to chair the committee for the remainder of the school year.

She gave an overview of what the committee had worked on in the past.

With only one sub-committee meeting left, the group decided to focus on goal of increasing recess time, specifically 10-20 extra minutes per day at the elementary level. The committee also discussed how this would fit into the master schedule, how it could be applied to middle school, and ways it might be implemented equitably across the board.

Action items:

Brandon will check on NEISD volunteer policy (can volunteers help at recess if staff are unavailable).

The committee would still like to hear from the Garner MS principal and how the before-school “recess” time came about and how it is staffed.