

V=Vegetarian

A variety of milk, juice, fruit, and vegetables are available with every meal.

Monday	Tuesday	Wednesday	Thursday	Friday
		Oct 1 (V) Egg & Cheese Biscuit Pancake on a Stick (V) PB & J Sandwich (V)Cinnamon Toast Crunch Chef's Choice	Oct 2 Pancakes & Sausage (V) Yogurt w/ Chia Seeds (V) Breakfast Scone (V) Cinnamon Chex Chef's Choice	Oct 3 Hot Ham & Cheese (V)Double ChocChip Muffin (V) Bean & Cheese Burrito (V) Trix Cereal Chef's Choice Cherry Cup
Oct 6 Ham, Cheese & Egg Biscuit (V) Breakfast Bar (V) Powdered Gem (V) Blueberry Chex Chef's Choice	Oct 7 Chorizo Breakfast Burrito (V) Blueberry Muffin (V)Bagel w/Cream Cheese (V) Trix Cereal Chef's Choice	Oct 8 (V) Waffle (V) Breakfast Scone (V) PB & J Sandwich (V) Cinnamon Chex Chef's Choice	Oct 9 (V) Egg & Cheese Bagel (V) Cinnamon Roll (V) Ultimate Bkfst Cookie Honey Cheerios & Cracker Chef's Choice	Oct 10 (V) Grilled Cheese English Muffin & Sausage (V)Yogurt w/ Blueberries (V)Cinnamon Toast Crunch Chef's Choice Cherry Cup

Oct 13 (V) Grilled Cheese (V)French Toast Sticks (V) Breakfast Bar (V) Cocoa Puffs Chef's Choice	Oct 14 (V) Breakfast Burrito (V) Ultimate Bkfst Cook ie Breakfast Pizza Honey Cheerios & Cra cker Chef's Choice	Oct 15 (V) Egg & Cheese Bisc uit Pancake on a Stick (V) PB & J Sandwich (V)Cinnamon Toast Cru nch Chef's Choice	Oct 16 Pancakes & Sausage (V) Yogurt w/ Chia See ds (V) Breakfast Scone (V) Cinnamon Chex Chef's Choice	Oct 17 Hot Ham & Cheese (V)Double ChocChip M uffin (V) Bean & Cheese Bur rito (V) Trix Cereal Chef's Choice Cherry Cup
Oct 20 Ham, Cheese & Egg Bi scuit (V) Breakfast Bar (V) Powdered Gem (V) Blueberry Chex Chef's Choice	Oct 21 Brkfst Frittata Burrito (V) Blueberry Muffin (V)Bagel w/Cream Che ese (V) Trix Cereal Chef's Choice	Oct 22 (V) Waffle (V) Breakfast Scone (V) PB & J Sandwich (V) Cinnamon Chex Chef's Choice	Oct 23 (V) Egg & Cheese Bag el (V) Cinnamon Roll (V) Ultimate Bkfst Cook ie Honey Cheerios & Cra cker Chef's Choice	Oct 24 (V) Grilled Cheese English Muffin & Sausa ge (V)Yogurt w/ Blueberrie s (V)Cinnamon Toast Cru nch Chef's Choice Cherry Cup
Oct 27 (V) Grilled Cheese (V)French Toast Sticks (V) Breakfast Bar (V) Cocoa Puffs Chef's Choice	Oct 28 (V) Breakfast Burrito (V) Ultimate Bkfst Cook ie Breakfast Pizza Honey Cheerios & Cra cker Chef's Choice	Oct 29 (V) Egg & Cheese Bisc uit Pancake on a Stick (V) PB & J Sandwich (V)Cinnamon Toast Cru nch Chef's Choice	Oct 30 Pancakes & Sausage (V) Yogurt w/ Chia See ds (V) Breakfast Scone (V) Cinnamon Chex Chef's Choice	Oct 31 Hot Ham & Cheese (V)Double ChocChip M uffin (V) Bean & Cheese Bur rito (V) Trix Cereal Chef's Choice Cherry Cup

This institution is an equal opportunity provider.