



CVMS Bell Schedule 2025-26

CVMS Office Hours

7:30-3:30 pm

Phone: 858-481-8221

Fax: 858-481-8256

Every Monday is a Late Start to allow for collaboration for teachers.

Mondays – Late Start Collaboration & Wednesdays on 1/7 & 2/18 ONLY	
Collaboration (55 min)	8:15 – 9:10 am
Period 1	9:15 – 10:00 am
Period 2	10:05 – 10:50 am
Period 3	10:55 – 11:40 am
Lunch (35)	11:40 – 12:15 pm
Period 4	12:20 – 1:05 pm
Period 5	1:10 – 1:55 pm
Period 6	2:00 – 2:45 pm

Single Period Day Schedule (8/12-13 & 5/26-28)	
Period 1	8:15 – 9:10 am
Period 2	9:15 – 10:05 am
Nutrition (10)	10:05 – 10:15 am
Period 3	10:20 – 11:10 am
Period 4	11:15 – 12:05 pm
Lunch (50)	12:05 – 12:55 pm
Period 5	1:00 – 1:50 pm
Period 6	1:55 – 2:45 pm

Assembly Block Days (Date(s) TBD)	
Period 1/2	8:15 – 9:55 am
Nutrition (10)	9:55 – 10:05 am
Period 3/4	10:10 – 11:45 am
7th Gr Lunch/ 8th Gr Assembly	11:45- 12:25 pm
8th Gr Lunch/ 7th Gr Assembly	12:25 – 1:05 pm
Period 5/6	1:10 – 2:45 pm

P.A.W. – Productive Academic Work

**All ISPE students will be required to attend PAW time and ALL assemblies.

On Tuesday & Thursday students attend periods 1-3-5, called “Odd Days”.
On Wednesday & Friday students attend periods 2-4-6 days, called “Even Days”.

Tues/Thurs	Block Periods
Period 1	8:15 – 10:00 am
Nutrition (10)	10:00 – 10:10 am
Period 3	10:15 – 11:55 am
PAW	11:55 – 12:25 pm
Lunch (35)	12:25 – 1:00 pm
Period 5	1:05 – 2:45 pm

Wed/Fri	Block Periods
Period 2	8:15 – 10:00 am
Nutrition (10)	10:00 – 10:10 am
Period 4	10:15 – 11:55 am
PAW	11:55 – 12:25 pm
Lunch (35)	12:25 – 1:00 pm
Period 6	1:05 – 2:45 pm

Minimum Day Schedule (12/19)	
Period 1	8:15 – 8:55 am
Period 2	9:00 – 9:35 am
Period 3	9:40 – 10:15 am
Nutrition (10)	10:15 – 10:25 am
Period 4	10:30 – 11:05 am
Period 5	11:10 – 11:45 am
Period 6	11:50 – 12:25 pm

Promotion Day Schedule (5/29)	
Period 1	8:15 – 8:55 am
Period 2	9:00 – 9:35 am
Period 3	9:40 – 12:25 am