



**The Race to End the Stigma Scholarship was created by the Carlos Vieira Foundation to start the conversation about mental health. The \$1,000 Race to End the Stigma Scholarship is granted annually to graduating high school seniors who are interested in mental health awareness or who are willing to share their story about mental health to end the stigma.**

Please review the following eligibility criteria before completing the application.

### **Eligibility Criteria:**

- Be a graduating senior in good academic standing with a minimum 3.0 GPA
- Be graduating from a high school in one of the following twenty-one counties: Butte, Colusa, El Dorado, Fresno, Glenn, Kern, Kings, Madera, Mariposa, Merced, Placer, Sacramento, San Joaquin, Shasta, Stanislaus, Sutter, Tehama, Tulare, Tuolumne, Yolo, or Yuba.
- Seeking enrollment in a postsecondary degree program at a two or four-year college, university, or vocational-technical school

### **Submission Instructions:** (Students may submit their application by one of the listed methods)

- Complete the application on our website, [carlosvieirafoundation.org/scholarship](https://carlosvieirafoundation.org/scholarship).
- Complete the printed application and email to [info@carlosvieirafoundation.org](mailto:info@carlosvieirafoundation.org) with supporting documentation.

### **All applications must include the following:**

- Completed Application Form (Must be typed or completed in blue or black ink, not pencil)
- Unofficial High School Transcript
- Completed Activities Record
- Personal essay** using ONE of the following prompts (500 - 1,000 words, double-spaced. Please put the number and topic you choose at the top of your essay):
  1. Share how your personal experience with mental health has shifted your perspective on mental health stigma and the ways it affects individuals and communities.
  2. Have you ever taken steps towards reducing the stigma surrounding mental health issues? If so, how? Please share your experience.
  3. Do you plan to major in or seek a career in a subject related to the mental health field? If so, please share your plan, goals, and reasoning.

**Please Note: Any applicants that do not follow ALL instructions will be immediately disqualified.**



**RACE TO END THE STIGMA SCHOLARSHIP  
2025-2026 ACADEMIC YEAR  
Deadline: **March 20, 2026****



**Application Form**

Must be typed or completed in blue or black ink, not pencil

**Personal Information**

Full Name			
Home Address		City, State, Zip	
Date of Birth		Phone Number	
High School		County of High School	
High School Address			
Personal Email (NOT your school email):			

**Family Information** (Please put N/A if not applicable)

Father/Guardian Name		Occupation	
Mother/Guardian Name		Occupation	
# of siblings living at home		# of siblings attending college	

**Educational and/or Vocational Plans**

Anticipated College Major	
Anticipated Vocational/Career Plans	
College Name (if your college choice changes, please notify the Carlos Vieira Foundation)	
College Address	

**MARK APPROPRIATE BOX:**     **2-year**             **4-year**             **Vocational/Tech School**

**Signature**

By signing below, you verify that all the above information is accurate. Signing and submitting your application also gives the Carlos Vieira Foundation permission to share your essay on their website or other CVF platforms.

Student \_\_\_\_\_ Parent/Guardian (if under 18) \_\_\_\_\_

**Activities Record**



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Name: \_\_\_\_\_ High School: \_\_\_\_\_

**Activities - attach additional Activities Record if needed**



**Year of Participation**

	9	10	11	12
<b>Organizations/Clubs/Student Government:</b> <i>(note officer positions)</i>				
<b>Athletics:</b> <i>(specify Varsity, Junior Varsity, or Freshman)</i>				
<b>Awards and Honors:</b>				
<b>Community Activities/Volunteer Work:</b> <i>(Be sure to include the total number of hours volunteered)</i>				
<b>Employment:</b> <i>(state the duration)</i>				
<b>Hobbies:</b> <i>(Other activities you find important or you do in your free time)</i>				

**Demographic Questionnaire**

**Please Note:** This next section is optional and does not require completion to qualify for the Carlos Vieira Foundation Race to End the Stigma Scholarship. However, it is essential information needed by the Carlos Vieira Foundation when applying for funding, allowing us to grant more scholarships.



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- African American
- Asian
- Caucasian
- Latino/ Hispanic
- Native American
- Pacific Islander
- Two or more races
- Other

**ANNUAL FAMILY INCOME:**

- Under \$9000
- \$9001 – 19,999
- \$20,000 – 29,999
- \$30,000 – 39,999
- \$40,000 – 49,999
- \$50,000 – 59,999
- \$60,000 – 69,999
- \$70,000 – 79,999
- \$80,000+

**STUDENT LIVES WITH:**

- Both Parents
- Mother
- Father
- 50% Mother/ 50% Father
- Grandparent(s)
- Aunt/ Uncle
- Sister/ Brother
- Group Home
- Homeless/ Shelter
- Other

**PROGRAMS USED:**

- TANF



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- Food Stamps
- SSI/ SSDI
- School Lunch (free)
- CalWORKs
- Other