



## RESCUE UNION SCHOOL DISTRICT

*"Educating for the Future Together"*

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As we welcome your child to school, we want them to feel confident, comfortable, and ready for the day. It is expected that children arrive fully potty trained so they can participate safely and successfully in all classroom activities. Toilet independence is an important part of a smooth transition into TK or Kindergarten. The list of resources below is intended to assist you in ensuring your child is fully potty trained prior to entering TK or Kindergarten.

### What does it mean to be fully potty trained?

Fully potty trained students may have an occasional accident. Fully potty trained means that the pupil:

- comes to school in big kid underpants (not pull-ups)
- can communicate a need to use the bathroom
- can independently take care of toileting (pull down underpants, sit on toilet or stand at urinal, and void the bowels or bladder)
- can independently manage related hygiene (can access toilet paper, wipe, place used toilet paper in the toilet bowl, flush, pull up underpants without assistance, and wash and dry hands)

### Will TK classrooms have a bathroom?

All TK classrooms either have a bathroom in their classroom or are located near a bathroom. Teachers will encourage students to use the bathroom during breaks and will access additional staff to support bathroom needs throughout the program.

### What happens if my student has an accident at school?

Students will be escorted to the health office bathroom where they can be supported in cleaning and changing. You will be receiving a ***Toileting Independence Assessment Form*** before the start of school. Our staff is always kind, calm, and ready to assist your child with changing into clean clothes after an accident. However, please note that **school staff will provide limited cleaning of children after an accident**. If an accident occurs that requires anything more than very minor cleaning, **parents/guardians will be called to come to school to assist their child**.

### What happens if my student has special or medical needs regarding toileting?

If your student has special or medical needs regarding toileting, please reach out to your school site to inform them. They can put you in touch with one of our district nurse staff to assess your child's specific needs.

### How can I learn more about the toilet training process?

We have linked some helpful articles below. For more specific information or guidance, consult your child's pediatrician.

- [Evidence-informed intervention ideas: Toileting for children](#)
- [Is My Child Ready for Potty Training?](#)
- [Toilet Training Milestone: Getting Started & Developmental Milestone, Ready Kids Occupational Therapy](#)
- [Helping Children with Toilet Learning in Child Care – eXtension Alliance for Better Child Care](#)
- [KidsHealth-Toilet Training](#)
- [Healthy Children Potty Training](#)
- [Toilet Teaching Without Tears PDF -- English](#)
- [Toilet Teaching Without Tears PDF -- Spanish](#)
- [Toilet Teaching Without Tears Podcast](#)

## **Can you provide resources to help with potty training?**

Some helpful links with resources such as visuals, schedule templates, goal and rewards boards are provided below:

- [Free Potty Training Visual Schedules](#)
- [Potty Training: How to get the job done-Mayo Clinic](#)
- Video: [Once Upon a Potty](#), [Elmo's Potty](#), [Daniel Tiger's Stop and Go Potty](#)