



# SEPTEMBER 2025

## GOLD OAK UNIOIN SCHOOL DISTRICT

LUNCH INCLUDES MAIN ENTRÉE, MILK AND SALAD BAR EVERYDAY  
BREAKFAST ALSO INCLUDES FRUIT AND MILK EVERYDAY  
MENU SUBJECT TO CHANGE



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	2 <u>LUNCH</u> CHICKEN SANDWICH CRINKLE CUT FRIES HOUSE SALAD SALAD BAR <u>BREAKFAST</u> POWDERED DONUT CEREAL & CRACKER	3 <u>LUNCH</u> GRILLED CHEESE GREEN BEANS GRIZZLY PAW PAK SALAD BAR <u>BREAKFAST</u> CRUMB CAKE CEREAL & CRACKER	4 <u>LUNCH</u> Pop Corn Chicken Brown Rice HOUSE SALAD SALAD BAR <u>BREAKFAST</u> BAGEL CREAM CHEESE CEREAL & CRACKER	5 <u>LUNCH</u> CHEESE PIZZA PEPPERONI PIZZA FROZEN FRUIT CUP SALAD BAR <u>BREAKFAST</u> FRENCH TOAST CEREAL & CRACKER
8 <u>LUNCH</u> TACO NADA SUN CHIPS HOUSE SALAD SALAD BAR <u>BREAKFAST</u> BAGEL & CREAM CHEESE CEREAL & CRACKER	9 <u>LUNCH</u> CHICKEN NUGGETS TATOR TOTS CHICKEN CAESER SALAD BAR <u>BREAKFAST</u> CLUSTER BITES CEREAL & CRACKER	10 <u>LUNCH</u> BEAN & CHEESE BURRITO GRIZZLY PAW PAK SALAD BAR <u>BREAKFAST</u> MUFFIN CEREAL & CRACKER	11 <u>LUNCH</u> CHEESE BURGER CRINKLE CUT FRIES CHEF SALAD SALAD BAR <u>BREAKFAST</u> MINI PANCAKES CEREAL & CRACKER	12 <u>LUNCH</u> CHEESE PIZZA PEPPERONI PIZZA FROZEN FRUIT CUP SALAD BAR <u>BREAKFAST</u> FRENCH TOAST CEREAL & CRACKER
15 <u>LUNCH</u> CORN DOG CRINKLE CUT FRIES CHEF SALAD SALAD BAR <u>BREAKFAST</u> APPLE STRUDEL CEREAL & CRACKER	16 <u>LUNCH</u> PIZZA NADA SUN CHIPS HOUSE SALAD SALAD BAR <u>BREAKFAST</u> TWIN BAR CEREAL & CRACKER	17 <u>LUNCH</u> PEPPERONI STICKS MARINARA SAUCE GRIZZLY PAW PAK SALAD BAR <u>BREAKFAST</u> CINNAMON BUN CEREAL & CRACKER	18 <u>LUNCH</u> CHICKEN NUGGETS TATOR TOTS CHICKEN CAESER SALAD BAR <u>BREAKFAST</u> CHOCOLATE DONUT CEREAL & CRACKER	19 <u>LUNCH</u> CHEESE PIZZA PEPPERONI PIZZA FROZEN FRUIT CUP SALAD BAR <u>BREAKFAST</u> FRENCH TOAST CEREAL & CRACKER
22 <u>LUNCH</u> FRENCH BREAD GREEN BEANS CHICKEN CAESER SALAD BAR <u>BREAKFAST</u> BAGEL & CREAM CHEESE CEREAL & CRACKER	23 <u>LUNCH</u> CHEESE BURGER CRINKLE CUT FRIES CHEF SALAD SALAD BAR <u>BREAKFAST</u> MINI PANCAKES CEREAL & CRACKER	24 <u>LUNCH</u> SUB SANDWICH BAKED CHIPS NEW GRIZZLY PAW PAK SALAD BAR <u>BREAKFAST</u> MUFFIN CEREAL & CRACKER	25 <u>LUNCH</u> MANDARIN CHICKEN BROWN RICE HOUSE SALAD SALAD BAR <u>BREAKFAST</u> CINNAMON STRUDEL CEREAL & CRACKER	26 <u>LUNCH</u> CHEESE PIZZA PEPPERONI PIZZA FROZEN FRUIT CUP SALAD BAR <u>BREAKFAST</u> FRENCH TOAST CEREAL & CRACKER
22 <u>LUNCH</u> CHICKEN NUGGETS TATOR TOTS CHICKEN CAESER SALAD BAR <u>BREAKFAST</u> BAGEL & CREAM CHEESE CEREAL & CRACKER	23 <u>LUNCH</u> TACO NADA SUN CHIPS CHEF SALAD SALAD BAR <u>BREAKFAST</u> MINI PANCAKES CEREAL & CRACKER	LUNCH INCLUDES MAIN ENTRÉE, MILK AND SALAD BAR  Fresh Tossed Salad Tomatoes, Carrot Sticks, Broccoli, Spinach, Bell Pepper Cucumber, Kidney Beans, Garbanzo Beans Corn, Peas, Green Beans , Mixed Vegetables Variety of fruits (Apples, Bananas, Grapes, Oranges, Fruit Mix, Slice Peaches, Diced Pears, Apple Sauce, or Pineapple ) 		

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