

Menu Name:

PRE-SCHOOL LUNCH

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Monday - 01/05/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002678 BURGER, CHEESE	EACH	300	339	6.50	559	3.00	*N/A*	15.50	0.00	47	29.00	5.00	22.00	*N/A*	63.0	0.00	2.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	300	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
003207 FRUIT, APRICOT CUP FROZEN (USDA 100261)	SERVINGS	50	125	0.00	0	27.00	*N/A*	0.00	0.00	0	32.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.540
002825 FRUIT, MIXED BERRY FROZEN (USDA 110859)	SERVING	50	90	0.00	0	16.00	*N/A*	0.00	0.00	0	20.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$11.400
002187 FRUIT, PEACH CUP FROZEN (USDA 100241)	SERVING	50	90	0.00	0	19.00	*N/A*	0.00	0.00	0	21.00	2.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*	\$12.540
003208 FRUIT, STRAWBERRIES CUP FROZEN (USDA 100256)	SERVINGS	150	80	0.00	0	16.00	*N/A*	0.00	0.00	0	21.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.825
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			730	9.47	1077	36.33	*N/A*	27.07	0.00	62	86.70	8.07	34.10	*0	*459.7	*4.76	*2.40	\$12.492
% of Calories				11.68 %		19.91%	*N/A*	33.4%	0.0%		47.5%		18.7%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Tuesday - 01/06/2026

Reimbursable Meal Total 300

Base Menu Spreadsheet

Yuba City USD

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002729 TACO, TURKEY SOFT 10" TORTILLA	SERVINGS	300	416	9.03	916	*0.00	*0.00	19.33	*0.00	75	37.59	1.00	20.62	*N/A*	202.9	*0.54	3.52	\$0.000
000270 VEG, CORN CANNED - USDA	#8 SCOOP	300	65	0.00	15	*N/A*	*N/A*	1.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
003138 PINEAPPLE RAW	1/2C SERVING	300	60	0.00	1	11.40	0.00	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			671	10.50	1091	*26.40	*0.00	22.90	*0.00	90	78.32	4.45	33.01	*0	611.6	*5807.70	3.60	\$0.000
% of Calories				14.08 %		*15.74 %	*0.00%	30.7%	*0.0%		46.7%		19.7%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Wednesday - 01/07/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001862 PIZZA, WG PEP 5"	EACH	150	360	7.00	570	4.00	*N/A*	16.00	0.00	35	34.00	3.00	20.00	*N/A*	400.0	9.00	1.80	\$0.000
001861 PIZZA, WG CHEESE 5"	EACH	150	360	8.00	510	4.00	*N/A*	17.00	0.00	35	34.00	3.00	20.00	*N/A*	450.0	6.00	2.70	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	300	16	0.00	140	1.00	*N/A*	0.00	0.00	0	3.00	2.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
003270 HAPPY BIRTHDAY CAKE (YELLOW)	SERVINGS	282	*347	*3.55	*398	*34.60	*34.56	*11.94	*0.00	*3	*57.04	*0.12	*2.17	*N/A*	*11.5	*0.00	*1.13	\$0.000
003271 HAPPY BIRTHDAY CAKE (YELLOW) GLUTEN FREE	SERVINGS	18	*394	*3.36	*291	*35.56	*35.56	*17.13	*0.00	*50	*56.82	*0.08	*2.45	*N/A*	*47.0	*0.00	*0.21	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			*942	*12.54	*1231	*65.11	*34.62	*31.43	*0.00	*55	*132.02	*8.53	*34.06	*1	*863.5	*42.05	*3.62	\$0.000
% of Calories				*11.98 %		*27.65 %	*N/A*	*30.0%	*0.0%		*56.1%		*14.5%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Thursday - 01/08/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003259 FRENCH TOAST STICKS CINNAMON WG	3 STICKS	300	210	2.50	310	9.00	8.00	7.00	0.00	125	29.00	2.00	8.00	*N/A*	52.0	0.00	2.00	\$191.455
000349 SYRUP, PANCAKE	TABLESPOON	300	50	0.00	22	6.50	*N/A*	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
003258 EGG, HARDCOOKED AND PEELED (SYSCO)	EACH	300	70	1.50	55	0.00	0.00	5.00	0.00	165	0.00	0.00	6.00	*N/A*	22.0	*N/A*	0.50	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	300	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
001501 POTATO, HASHBROWN OVAL PATTY	SERVING	1	140	1.50	290	*N/A*	*N/A*	8.00	0.00	0	15.00	2.00	3.00	*N/A*	0.0	1.20	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	150	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	50	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	50	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002180 JUICE, GRAPE 4.23 OZ SUNCUP	EACH	50	80	0.00	10	19.00	*N/A*	0.00	0.00	0	20.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			720	6.01	610	*54.78	*8.00	15.70	*0.00	308	117.21	5.41	28.88	*1	*697.1	*34.55	2.79	\$191.455
% of Calories				7.51%		*30.43 %	*4.44%	19.6%	*0.0%		65.1%		16.0%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Friday - 01/09/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003074 Homestyle Chicken Nugget (GK)	5 Each	300	182	1.62	328	0.00	*N/A*	9.90	0.00	34	9.50	0.00	13.50	*N/A*	22.0	87.00	1.00	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	300	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002669 FRUIT, APPLESAUCE USDA	#8 SCOOP	300	58	0.00	2	12.44	*N/A*	0.00	0.00	0	15.84	1.13	0.00	*N/A*	0.0	2.71	2.04	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			500	3.59	669	27.44	*N/A*	16.97	0.00	48	61.37	3.20	25.43	*0	418.7	93.27	3.43	\$0.000
% of Calories				6.46%		21.95%	*N/A*	30.5%	0.0%		49.1%		20.3%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Monday - 01/12/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003220 MAC & CHEESE JTM (W/MILK)	6 OZ SERVING	300	327	9.01	793	4.13	*N/A*	16.19	0.00	47	29.21	2.00	15.75	*N/A*	398.1	0.09	1.00	\$0.000
003260 BREAD DINNER ROLL WG FRANZ (1 ROLL)	1 EACH	300	70	0.00	90	1.00	*N/A*	0.50	0.00	0	13.00	1.00	3.00	*N/A*	14.0	0.00	1.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	300	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
003207 FRUIT, APRICOT CUP FROZEN (USDA 100261)	SERVINGS	50	125	0.00	0	27.00	*N/A*	0.00	0.00	0	32.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.540
002825 FRUIT, MIXED BERRY FROZEN (USDA 110859)	SERVING	50	90	0.00	0	16.00	*N/A*	0.00	0.00	0	20.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$11.400
002187 FRUIT, PEACH CUP FROZEN (USDA 100241)	SERVING	50	90	0.00	0	19.00	*N/A*	0.00	0.00	0	21.00	2.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*	\$12.540
003208 FRUIT, STRAWBERRIES CUP FROZEN (USDA 100256)	SERVINGS	150	80	0.00	0	16.00	*N/A*	0.00	0.00	0	21.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.825
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			788	11.98	1402	38.46	*N/A*	28.26	0.00	62	99.91	6.07	30.85	*0	*808.8	*4.85	*2.40	\$12.492
% of Calories				13.68 %		19.52%	*N/A*	32.3%	0.0%		50.7%		15.7%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Tuesday - 01/13/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003078 TAMALE CHICKEN SALSA VERDE CHEESE LOS CABOS	1 TAMALE	300	309	6.53	622	1.06	0.00	13.76	0.00	56	28.40	2.70	17.27	*N/A*	202.6	3.59	1.37	\$0.000
000270 VEG, CORN CANNED - USDA	#8 SCOOP	300	65	0.00	15	*N/A*	*N/A*	1.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
003138 PINEAPPLE RAW	1/2C SERVING	300	60	0.00	1	11.40	0.00	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			564	8.00	796	*27.46	*0.00	17.33	0.00	70	69.12	6.15	29.66	*0	611.3	5810.75	1.46	\$0.000
% of Calories				12.77 %		*19.48 %	*0.00%	27.7%	0.0%		49.0%		21.0%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Wednesday - 01/14/2026

Reimbursable Meal Total 300

Base Menu Spreadsheet

Yuba City USD

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001488 CHICKEN, ORANGE MANDARIN nood	SERVING	290	350	0.83	489	*N/A*	*N/A*	7.87	*0.00	40	54.16	3.45	18.00	*N/A*	18.0	1.28	3.08	\$0.000
002979 TOFU TERI WITH NOODLES	HEAPING #16	10	691	4.34	3129	*35.21	*35.21	36.60	*0.00	0	80.37	3.92	19.15	*0	69.1	0.12	4.67	\$0.000
002476 VEG, BROCCOLI STEAMED	.5 CUP	300	26	0.00	22	1.00	*N/A*	0.00	0.00	0	5.00	3.00	3.00	*N/A*	0.0	0.00	0.00	\$0.000
000607 COOKIE, FORTUNE	COOKIE	300	18	0.00	2	1.64	*N/A*	0.00	*N/A*	0	4.11	0.00	0.33	*N/A*	0.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			622	2.46	760	*29.27	*1.17	11.51	*0.00	53	102.14	9.88	32.23	*1	444.5	35.79	3.43	\$0.000
% of Calories				3.56%		*18.82 %	*N/A*	16.7%	*0.0%		65.7%		20.7%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Thursday - 01/15/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003303 STEAK SALISBURY WITH BEEF BASE	STEAK PATTIES	300	194	5.65	352	*1.13	*1.13	13.61	*0.00	45	3.51	1.13	*0.13	*N/A*	37.1	*0.00	1.58	\$0.000
000687 RICE, STEAMED	.5 CUP	300	93	0.00	3	*0.00	*0.00	0.14	*0.00	0	20.32	0.28	1.78	*0	8.4	0.00	1.09	\$0.000
002987 POTATO MCCAIN REG CRINKLE FRY	SERVINGS	300	120	0.50	35	0.00	*N/A*	5.00	0.00	0	20.01	1.00	1.00	*N/A*	10.0	0.00	0.30	\$0.000

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			623	7.65	549	*26.58	*1.13	21.43	*0.00	60	81.84	5.81	*13.78	*1	480.3	*34.55	3.27	\$0.000
% of Calories				11.05 %		*17.07 %	*0.72%	31.0%	*0.0%		52.5%		*8.8%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Friday - 01/16/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003113 CHEESE BITES WILD MIKES	SERVINGS	300	247	3.53	476	0.00	0.00	10.58	0.00	18	24.70	3.53	14.11	*N/A*	21.2	0.00	7.06	\$0.000
000391 POTATO, SMILES	SERVINGS (6)	300	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002669 FRUIT, APPLESAUCE USDA	#8 SCOOP	300	58	0.00	2	12.44	*N/A*	0.00	0.00	0	15.84	1.13	0.00	*N/A*	0.0	2.71	2.04	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			565	5.49	817	27.44	*0.00	17.65	0.00	32	76.56	6.73	26.05	*0	417.8	6.27	9.49	\$0.000
% of Calories				8.75%		19.43%	*0.00%	28.1%	0.0%		54.2%		18.4%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Tuesday - 01/20/2026 Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003305 STREET TACO BEEF	SERVING	300	397	8.87	304	*0.65	*0.00	21.71	*2.39	82	27.01	3.23	26.33	*0	34.0	1.99	*0.61	\$0.000
000270 VEG, CORN CANNED - USDA	#8 SCOOP	300	65	0.00	15	*N/A*	*N/A*	1.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
003138 PINEAPPLE RAW	1/2C SERVING	300	60	0.00	1	11.40	0.00	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			652	10.34	478	*27.05	*0.00	25.28	*2.39	97	67.73	6.68	38.72	*0	442.6	5809.15	*0.69	\$0.000
% of Calories				14.27 %		*16.60 %	*0.00%	34.9%	*3.3%		41.6%		23.8%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Wednesday - 01/21/2026 Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003056 CHICKEN WHITE CHEDDAR PENNE	HEAPING #8 SCOO	300	388	9.52	922	*0.72	*0.00	16.91	*0.00	58	34.72	2.56	20.34	*0	294.9	*1.93	1.11	\$0.000
002476 VEG, BROCCOLI STEAMED	.5 CUP	300	26	0.00	22	1.00	*N/A*	0.00	0.00	0	5.00	3.00	3.00	*N/A*	0.0	0.00	0.00	\$0.000
003123 BREAD GARLIC KNOT WG 2OZ	SERVINGS	300	180	1.50	190	4.00	3.00	5.00	0.00	0	27.00	3.00	5.00	*N/A*	20.0	0.00	1.60	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			811	12.52	1293	*31.17	*3.00	24.59	*0.00	72	104.72	11.97	39.20	*1	739.7	*36.48	3.00	\$0.000
% of Calories				13.89 %		*15.37 %	*0.00%	27.3%	*0.0%		51.6%		19.3%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Thursday - 01/22/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002856 CORN DOG, MINI CHICK TYSON	SERVING (6)	300	315	3.64	570	6.06	*N/A*	16.98	*N/A*	49	27.89	2.42	14.55	*N/A*	24.3	0.00	1.75	\$0.000
002987 POTATO MCCAIN REG CRINKLE FRY	SERVINGS	300	120	0.50	35	0.00	*N/A*	5.00	0.00	0	20.01	1.00	1.00	*N/A*	10.0	0.00	0.30	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			652	5.64	764	*31.51	*0.00	24.66	*0.00	63	85.90	6.83	26.42	*1	459.1	34.55	2.34	\$0.000
% of Calories				7.79%		*19.33 %	*N/A*	34.0%	*0.0%		52.7%		16.2%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Friday - 01/23/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002949 HOT POCKET SANDWICH PEPPERONI	EACH	300	291	6.02	572	3.01	*N/A*	12.04	0.00	25	36.13	1.00	9.03	*N/A*	100.4	0.00	2.71	\$0.000
000391 POTATO, SMILES	SERVINGS (6)	300	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002669 FRUIT, APPLESAUCE USDA	#8 SCOOP	300	58	0.00	2	12.44	*N/A*	0.00	0.00	0	15.84	1.13	0.00	*N/A*	0.0	2.71	2.04	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			609	7.99	913	30.45	*N/A*	19.11	0.00	40	88.00	4.20	20.97	*0	497.0	6.27	5.14	\$0.000
% of Calories				11.81 %		20.00%	*N/A*	28.2%	0.0%		57.8%		13.8%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Monday - 01/26/2026

Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002678 BURGER, CHEESE	EACH	300	339	6.50	559	3.00	*N/A*	15.50	0.00	47	29.00	5.00	22.00	*N/A*	63.0	0.00	2.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	300	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
003207 FRUIT, APRICOT CUP FROZEN (USDA 100261)	SERVINGS	50	125	0.00	0	27.00	*N/A*	0.00	0.00	0	32.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.540
002825 FRUIT, MIXED BERRY FROZEN (USDA 110859)	SERVING	50	90	0.00	0	16.00	*N/A*	0.00	0.00	0	20.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$11.400
002187 FRUIT, PEACH CUP FROZEN (USDA 100241)	SERVING	50	90	0.00	0	19.00	*N/A*	0.00	0.00	0	21.00	2.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*	\$12.540
003208 FRUIT, STRAWBERRIES CUP FROZEN (USDA 100256)	SERVINGS	150	80	0.00	0	16.00	*N/A*	0.00	0.00	0	21.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.825
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			730	9.47	1077	36.33	*N/A*	27.07	0.00	62	86.70	8.07	34.10	*0	*459.7	*4.76	*2.40	\$12.492
% of Calories				11.68 %		19.91%	*N/A*	33.4%	0.0%		47.5%		18.7%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Tuesday - 01/27/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003075 BURRITO BEAN AND CHEESE LOS CABOS	1 BURRITO	300	321	3.54	475	1.75	0.00	8.79	0.00	15	44.17	8.17	16.71	*N/A*	171.1	1.64	3.85	\$0.000
000270 VEG, CORN CANNED - USDA	#8 SCOOP	300	65	0.00	15	*N/A*	*N/A*	1.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
003138 PINEAPPLE RAW	1/2C SERVING	300	60	0.00	1	11.40	0.00	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			576	5.01	649	*28.15	*0.00	12.36	0.00	29	84.89	11.62	29.10	*0	579.8	5808.80	3.94	\$0.000
% of Calories				7.83%		*19.55 %	*0.00%	19.3%	0.0%		59.0%		20.2%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Wednesday - 01/28/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001862 PIZZA, WG PEP 5"	EACH	150	360	7.00	570	4.00	*N/A*	16.00	0.00	35	34.00	3.00	20.00	*N/A*	400.0	9.00	1.80	\$0.000
001861 PIZZA, WG CHEESE 5"	EACH	150	360	8.00	510	4.00	*N/A*	17.00	0.00	35	34.00	3.00	20.00	*N/A*	450.0	6.00	2.70	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	300	16	0.00	140	1.00	*N/A*	0.00	0.00	0	3.00	2.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
003301 HAPPY BIRTHDAY CAKE (DEVILS FOOD)	SERVINGS	282	451	6.26	506	*55.39	*55.35	11.98	0.00	0	81.02	1.04	2.13	*N/A*	11.0	0.00	2.33	\$0.000
003302 HAPPY BIRTHDAY CAKE (DEVILS FOOD) GLUTEN FREE	SERVINGS	18	450	6.25	503	55.30	*55.26	11.96	0.00	0	80.82	1.04	2.12	*N/A*	10.6	0.00	2.32	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			1043	15.26	1345	*85.84	*55.35	31.16	0.00	50	156.00	9.45	34.00	*1	860.8	42.05	4.88	\$0.000
% of Calories				13.17 %		*32.92 %	*N/A*	26.9%	0.0%		59.8%		13.0%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Thursday - 01/29/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003259 FRENCH TOAST STICKS CINNAMON WG	3 STICKS	300	210	2.50	310	9.00	8.00	7.00	0.00	125	29.00	2.00	8.00	*N/A*	52.0	0.00	2.00	\$191.455
000349 SYRUP, PANCAKE	TABLESPOON	300	50	0.00	22	6.50	*N/A*	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
003258 EGG, HARDCOOKED AND PEELED (SYSCO)	EACH	300	70	1.50	55	0.00	0.00	5.00	0.00	165	0.00	0.00	6.00	*N/A*	22.0	*N/A*	0.50	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	300	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
001501 POTATO, HASHBROWN OVAL PATTY	SERVING	1	140	1.50	290	*N/A*	*N/A*	8.00	0.00	0	15.00	2.00	3.00	*N/A*	0.0	1.20	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	150	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	50	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	50	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
002180 JUICE, GRAPE 4.23 OZ SUNCUP	EACH	50	80	0.00	10	19.00	*N/A*	0.00	0.00	0	20.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			720	6.01	610	*54.78	*8.00	15.70	*0.00	308	117.21	5.41	28.88	*1	*697.1	*34.55	2.79	\$191.455
% of Calories				7.51%		*30.43 %	*4.44%	19.6%	*0.0%		65.1%		16.0%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Friday - 01/30/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003074 Homestyle Chicken Nugget (GK)	5 Each	300	182	1.62	328	0.00	*N/A*	9.90	0.00	34	9.50	0.00	13.50	*N/A*	22.0	87.00	1.00	\$0.000
000391 POTATO, SMILES	SERVINGS (6)	300	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002669 FRUIT, APPLESAUCE USDA	#8 SCOOP	300	58	0.00	2	12.44	*N/A*	0.00	0.00	0	15.84	1.13	0.00	*N/A*	0.0	2.71	2.04	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			500	3.59	669	27.44	*N/A*	16.97	0.00	48	61.37	3.20	25.43	*0	418.7	93.27	3.43	\$0.000
% of Calories				6.46%		21.95%	*N/A*	30.5%	0.0%		49.1%		20.3%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		*685	*8.08	*884	*37.47	*5.86	*21.43	*0.13	*85	*92.51	*6.93	*29.73	*0	*577.3	*1249.71	*3.39	\$22.126
% of Calories			*10.62%		*21.88 %	*N/A*	*28.2%	*0.2%		*54.0%		*17.4%					

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.