



October is National Farm-to-School Month, a wonderful time to celebrate the connections between schools and fresh, local food from California farms! Throughout this month, be on the lookout for delicious, locally grown fruits brought to us by our featured farmers.

October 16th is California Crunch Day. Caff.org/crunch



MONDAY



Breakfast: Cereal Day! w/ String Cheese or Seeds
Lunch: BBQ Chicken Drumstick w/ Corn Bread or Cheese Pizza Bagel Bites

06

TUESDAY



Breakfast: Egg & Fiesta Cheese Croissant or Sunrise Muffin Top
Lunch: Chicken Salad w/ Pita or Cheese Pizza

07

WEDNESDAY

Breakfast: Orange Creamsicle Smoothie w/ Graham Crackers
Lunch: Turkey & Cheese Sub or Southwest Quinoa Salad

01

Breakfast: Very Berry Yogurt Parfait w/ Granola
Lunch: Chicken Sandwich or Bagel Bistro Box

08

THURSDAY

Breakfast: Breakfast Taco Crisp-Up or Chocolate Crescent
Lunch: Mandarin Chicken Salad or Cheesy Breadstick w/ Marinara Sauce

02

Breakfast: Pancake & Chicken Sausage Sandwich or Berry Scone
Lunch: Chicken Quesadilla or Cuban Black Beans & Rice

09

FRIDAY

Breakfast: Pancake Bites
Lunch: Spaghetti and Meat Sauce or Bean and Cheese Burrito

03

Breakfast: Maple Waffle
Lunch: Beef Meatballs and Garlic Knot or Korean Tofu Rice Bowl

10

No School

13

Breakfast: Breakfast Pizza or Cereal Day! w/ String Cheese or Seeds
Lunch: Chicken Nuggets w/ Dinner Roll or Yogurt Power Pack

14

Breakfast: Blueberry Muffin
Lunch: Cheeseburger or Impossible Burger

15

Breakfast: Breakfast Taco Crisp-Up or Chocolate Crescent
Lunch: Mandarin Chicken Salad or Cheesy Breadstick w/ Marinara Sauce

16

Breakfast: Pancake Bites
Lunch: Spaghetti and Meat Sauce or Bean and Cheese Burrito

17

Breakfast: Cereal Day! w/ String Cheese or Seeds
Lunch: BBQ Chicken Drumstick w/ Corn Bread or Cheese Pizza Bagel Bites

20

Breakfast: Egg & Fiesta Cheese Croissant or Sunrise Muffin Top
Lunch: Chicken Salad w/ Pita or Cheese Pizza

21

Breakfast: Very Berry Yogurt Parfait w/ Granola
Lunch: Chicken Sandwich or Bagel Bistro Box

22

Breakfast: Pancake & Chicken Sausage Sandwich or Berry Scone
Lunch: Chicken Quesadilla or Cuban Black Beans & Rice

23

Breakfast: Maple Waffle
Lunch: Beef Meatballs and Garlic Knot or Korean Tofu Rice Bowl

24

Breakfast: Cereal Day! w/ String Cheese or Seeds
Lunch: Chicken Nuggets w/ Dinner Roll or Yogurt Power Pack

27

Breakfast: Breakfast Pizza or Blueberry Muffin
Lunch: Cheeseburger or Impossible Burger

28

Breakfast: Orange Creamsicle Smoothie w/ Graham Crackers
Lunch: Turkey & Cheese Sub or Southwest Quinoa Salad

29

Breakfast: Breakfast Taco Crisp-Up or Chocolate Crescent
Lunch: Mandarin Chicken Salad or Cheesy Breadstick w/ Marinara Sauce

30

Breakfast: Pancake Bites
Lunch: Beef Pretzel Dog or Bean and Cheese Burrito

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Menu items are subject to change.

Fruits and milk are offered at breakfast daily. Fruits, vegetables, and milk are offered at lunch daily.

"This institution is an equal opportunity provider."

OCTOBER 2025