

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

|                          |                     |               |    |
|--------------------------|---------------------|---------------|----|
| Menu Name:               | Nutrient Info Lunch | Include Cost: | No |
| Site:                    |                     |               |    |
| Use Alternate Menu Name: | No                  |               |    |

Monday - 01/05/2026                      Reimbursable Meal Total 3

|                                                    | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|----------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|
| 990167 Week 1                                      |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 001712 2-Grilled Cheese - breakfast                | ea           | 1         | 361                      | 9.03                   | 951                    | 4.00             | 0.00                          | 22.08     | 0.00       | 25          | 34.00    | 4.00      | 13.00     | *0          | 210.0                  | 0.00       | 1.50      |
| 990454 2-French Toast Sticks, WG                   | Serving      | 1         | 240                      | 1.00                   | 260                    | 12.00            | 0.00                          | 7.00      | 0.00       | 10          | 38.00    | 2.00      | 6.00      | *N/A*       | 21.0                   | 0.00       | 0.00      |
| 990422 2-Breakfast Bar Oat Chocolate Chip, Benefit | EACH         | 1         | 280                      | 3.00                   | 230                    | 19.00            | 0.00                          | 8.00      | 0.00       | 15          | 47.00    | 3.00      | 5.00      | *N/A*       | 30.0                   | 0.00       | 2.00      |
| 990291 2-Cereal, Cocoa Puffs w/ graham cracker     | bowl         | 1         | 225                      | 0.50                   | 213                    | 14.65            | 0.00                          | 4.92      | 0.00       | 0           | 44.53    | 3.98      | 2.98      | *N/A*       | 16.0                   | 0.00       | 2.00      |
| 990392 Other                                       |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 001039 TOTAL                                       |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 000493 2-Pear, diced, canned                       | 1/2 cup      | 1         | 63                       | 0.00                   | 0                      | 0.00             | 0.00                          | 0.00      | 0.00       | 0           | 17.12    | 2.70      | 0.00      | *N/A*       | 11.7                   | 1.08       | 0.00      |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.)      | 1/2 cup      | 1         | 60                       | 0.00                   | 0                      | 12.00            | 0.00                          | 0.00      | 0.00       | 0           | 13.00    | 0.00      | 0.00      | *N/A*       | 0.0                    | 70.00      | 0.00      |
| 001036 .                                           |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 001039 TOTAL                                       |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 990404 j-Cracker Graham                            | Serving      | 1         | 120                      | 0.50                   | 100                    | 7.00             | 0.00                          | 3.50      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*       | 16.0                   | 0.00       | 2.00      |
| 001876 2-Milk, White, Crystal Creamery             | 8 oz         | 2         | 130                      | 1.50                   | 160                    | 15.00            | 0.00                          | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      |

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

|                                         | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz         | 1         | 120                      | 0.00                   | 150                    | 19.00            | 0.00                          | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      |
| Weighted Daily Average                  |              |           | 576                      | 5.68                   | 741                    | 39.22            | 0.00                          | 16.83     | 0.00       | 28          | 89.55    | 5.90      | 18.99     | *0          | 468.2      | 24.49      | 2.62      |
| % of Calories                           |              |           |                          | 8.88%                  |                        | 27.24%           | 0.00%                         | 26.3%     | 0.0%       |             | 62.2%    |           | 13.2%     |             |            |            |           |
| Weekly Nutrient Guideline               |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |

Tuesday - 01/06/2026

Reimbursable Meal Total 3

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| 990167 Week 1                                 |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 990620 2-Burrito Ham Egg Potato & Cheese      | serving      | 1         | 354                      | 8.23                   | 669                    | 1.85             | *0.00                         | 18.22     | 0.00       | 153         | 26.62    | 1.35      | 18.71     | *N/A*       | 285.2      | *0.00      | 1.89      |
| 990617 2-Banana Muffin-Batter WG              | Servings     | 1         | 316                      | 1.42                   | 201                    | 20.47            | 15.61                         | 12.26     | 0.00       | 37          | 48.65    | 3.34      | 5.17      | 0           | 95.5       | 0.00       | 1.73      |
| 990500 2-Bagel w/ Cream Cheese 3 oz           | serving      | 1         | 281                      | 3.54                   | 542                    | 3.00             | 0.00                          | 5.56      | 0.00       | 15          | 49.05    | 2.00      | 10.03     | *N/A*       | 28.4       | 0.00       | 2.60      |
| 990633 Vanilla Bean Cereal Bites              | each         | 1         | 250                      | 2.00                   | 0                      | 6.00             | 2.00                          | 13.00     | 0.00       | 5           | 26.00    | 10.00     | 14.00     | 0           | 104.0      | 0.00       | 2.70      |
| 990392 Other                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 001039 TOTAL                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 990357 2-Grapes, fresh                        | 1/2 cup      | 1         | 58                       | 0.10                   | 2                      | 14.04            | 0.00                          | 0.30      | 0.00       | 0           | 14.82    | 0.78      | 0.54      | *N/A*       | 12.1       | 3.46       | 0.25      |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.) | 1/2 cup      | 1         | 60                       | 0.00                   | 0                      | 12.00            | 0.00                          | 0.00      | 0.00       | 0           | 13.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 70.00      | 0.00      |
| 001036 .                                      |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 001039 TOTAL                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

|                                         | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|
| 990404 j-Cracker Graham                 | Serving      | 1         | 120                      | 0.50                   | 100                    | 7.00             | 0.00                          | 3.50      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*       | 16.0                   | 0.00       | 2.00      |
| 001876 2-Milk, White, Crystal Creamery  | 8 oz         | 2         | 130                      | 1.50                   | 160                    | 15.00            | 0.00                          | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      |
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz         | 1         | 120                      | 0.00                   | 150                    | 19.00            | 0.00                          | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      |
| 001666 2-Sauce, Taco, packet, 9 gram    | 1 each       | 1         | 5                        | 0.00                   | 95                     | 0.00             | 0.00                          | 0.00      | 0.00       | 0           | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      |
| Weighted Daily Average                  |              |           | 608                      | 6.26                   | 693                    | 37.79            | *5.87                         | 19.28     | 0.00       | 82          | 84.71    | 6.49      | 26.15     | *0          | 547.1                  | *25.29     | 3.85      |
| % of Calories                           |              |           |                          | 9.27%                  |                        | 24.86%           | *0.00%                        | 28.5%     | 0.0%       |             | 55.7%    |           | 17.2%     |             |                        |            |           |
| Weekly Nutrient Guideline               |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=0       |            |             |          |           |           |             |                        |            |           |

Wednesday - 01/07/2026

Reimbursable Meal Total 3

|                                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|
| 990167 Week 1                                        |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 990621 2-Egg, Sausage, & Cheese English Muffin       | ea           | 1         | 301                      | 5.98                   | 785                    | 0.92             | 0.92                          | 15.99     | 0.00       | 159         | 24.16    | 1.84      | 15.22     | *0          | 156.0                  | 0.06       | 0.97      |
| 000840 2-Pancake on a Stick                          | Each         | 1         | 242                      | 4.54                   | 374                    | 5.05             | 0.00                          | 15.15     | 0.00       | 25          | 18.18    | 1.01      | 7.07      | *N/A*       | 30.3                   | 0.00       | 0.91      |
| 001711 2-PB&J - Breakfast                            | 1 each       | 1         | 576                      | 5.29                   | 582                    | 26.02            | 0.00                          | 26.19     | 0.00       | 0           | 69.18    | 7.02      | 20.09     | *N/A*       | 97.0                   | 0.00       | 2.46      |
| 990226 2-Cereal, Cinn Toast Crunch w/ graham cracker | bowl         | 1         | 230                      | 1.00                   | 260                    | 15.00            | 0.00                          | 6.50      | 0.00       | 0           | 43.00    | 4.00      | 2.00      | *N/A*       | 96.0                   | 4.80       | 5.60      |
| 990392 Other                                         |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 001039 TOTAL                                         |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 000108 2-Apple, fresh, wh, 163 ct                    | 1/2 cup      | 1         | 53                       | 0.00                   | 1                      | 10.51            | 0.00                          | 0.17      | 0.00       | 0           | 13.98    | 2.40      | 0.26      | *N/A*       | 6.0                    | 4.61       | 0.12      |

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| 001411 2-Juice, Orange Tangerine, 100% (4oz.) | 1/2 cup      | 1         | 60                       | 0.00                   | 0                      | 12.00            | 0.00                          | 0.00      | 0.00       | 0           | 13.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 70.00      | 0.00      |
| 001036 .                                      |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 001039 TOTAL                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 990404 j-Cracker Graham                       | Serving      | 1         | 120                      | 0.50                   | 100                    | 7.00             | 0.00                          | 3.50      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*       | 16.0       | 0.00       | 2.00      |
| 001876 2-Milk, White, Crystal Creamery        | 8 oz         | 2         | 130                      | 1.50                   | 160                    | 15.00            | 0.00                          | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      |
| 001879 2-Milk, Chocolate, Crystal Cream       | 8 oz         | 1         | 120                      | 0.00                   | 150                    | 19.00            | 0.00                          | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      |
| Weighted Daily Average                        |              |           | 654                      | 6.77                   | 857                    | 41.83            | 0.31                          | 24.17     | 0.00       | 73          | 85.50    | 6.09      | 24.88     | *0          | 500.4      | 27.29      | 4.14      |
| % of Calories                                 |              |           |                          | 9.32%                  |                        | 25.58%           | 0.00%                         | 33.3%     | 0.0%       |             | 52.3%    |           | 15.2%     |             |            |            |           |
| Weekly Nutrient Guideline                     |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |

Thursday - 01/08/2026

Reimbursable Meal Total 3

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| 990167 Week 1                                 |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 990623 2-Pancake Sausage Cheese Sandwich      | Serving      | 1         | 369                      | 4.00                   | 780                    | 26.77            | 0.00                          | 13.00     | 0.00       | 38          | 56.68    | 2.00      | 12.50     | *0          | 65.0       | 0.06       | 0.05      |
| 990615 2-Yogurt Fruit Cup-Peaches             | servings     | 1         | 354                      | 0.67                   | 251                    | 25.10            | 0.00                          | 3.95      | 0.00       | 7           | 67.80    | 3.71      | 15.21     | *N/A*       | 302.2      | 1.31       | 1.40      |
| 990594 2-Breakfast Scone Dough Chocolate Chip | each         | 1         | 465                      | 10.40                  | 345                    | 36.50            | 0.00                          | 16.90     | 0.00       | 35          | 73.90    | 2.00      | 5.50      | *N/A*       | 160.0      | 1.80       | 2.34      |
| 990402 2-Cereal, Cinn Chex w/ graham cracker  | 1 each       | 1         | 230                      | 0.50                   | 260                    | 13.00            | 0.00                          | 6.00      | 0.00       | 0           | 44.00    | 3.00      | 2.00      | *N/A*       | 94.0       | 0.00       | 9.20      |
| 990392 Other                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| 001039 TOTAL                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 000813 2-Raisins,Individual-1.5oz box         | 1/2 cup equ  | 1         | 114                      | 0.00                   | 9                      | 0.00             | 0.00                          | 0.00      | 0.00       | 0           | 27.18    | 1.75      | 0.88      | *N/A*       | 17.5       | 0.00       | 0.95      |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.) | 1/2 cup      | 1         | 60                       | 0.00                   | 0                      | 12.00            | 0.00                          | 0.00      | 0.00       | 0           | 13.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 70.00      | 0.00      |
| 001036 .                                      |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 001039 TOTAL                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 990404 j-Cracker Graham                       | Serving      | 1         | 120                      | 0.50                   | 100                    | 7.00             | 0.00                          | 3.50      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*       | 16.0       | 0.00       | 2.00      |
| 001876 2-Milk, White, Crystal Creamery        | 8 oz         | 2         | 130                      | 1.50                   | 160                    | 15.00            | 0.00                          | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      |
| 001879 2-Milk, Chocolate, Crystal Cream       | 8 oz         | 1         | 120                      | 0.00                   | 150                    | 19.00            | 0.00                          | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      |
| 990206 2-Syrup-only                           | each         | 1         | 109                      | 0.00                   | 20                     | 20.77            | 0.00                          | 0.00      | 0.00       | 0           | 28.68    | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      |
| Weighted Daily Average                        |              |           | 734                      | 6.36                   | 745                    | 63.38            | 0.00                          | 16.12     | 0.00       | 38          | 128.75   | 4.82      | 22.03     | *0          | 584.9      | 25.19      | 5.43      |
| % of Calories                                 |              |           |                          | 7.80%                  |                        | 34.54%           | 0.00%                         | 19.8%     | 0.0%       |             | 70.2%    |           | 12.0%     |             |            |            |           |
| Weekly Nutrient Guideline                     |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |

Friday - 01/09/2026                      Reimbursable Meal Total 3

|                                                | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| 990167 Week 1                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 990588 2-Hot Ham & Cheese Breakfast (Pork Ham) | each         | 1         | 248                      | 3.52                   | 686                    | 5.02             | 0.00                          | 8.53      | 0.00       | 31          | 34.03    | 3.00      | 14.59     | *0          | 265.0      | 0.00       | 1.85      |
| 990542 2-Muffin, Double Chocolate Chip         | each         | 1         | 227                      | 0.89                   | 124                    | 18.36            | 0.00                          | 5.95      | 0.00       | 30          | 39.69    | 3.08      | 3.77      | *N/A*       | 3.5        | 0.20       | 0.99      |

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| 990557 2-Burrito, Los Cabos                   | each         | 1         | 296                      | 4.05                   | 499                    | 1.09             | 0.00                          | 8.94      | 0.00       | 18          | 40.86    | 8.81      | 15.12     | *N/A*       | 200.0      | 1.20       | 2.70      |
| 990634 Cocoa Cereal Bites                     | each         | 1         | 270                      | 2.00                   | 0                      | 7.00             | 3.00                          | 15.00     | 0.00       | 5           | 28.00    | 9.00      | 14.00     | 0           | 104.0      | 0.00       | 2.70      |
| 990392 Other                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 001039 TOTAL                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 990403 2-Berry Cup Mixed Frozen USDA          | 1/2 cup equ  | 1         | 2551                     | 0.00                   | 0                      | 453.59           | 0.00                          | 0.00      | 0.00       | 0           | 566.99   | 56.70     | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.) | 1/2 cup      | 1         | 60                       | 0.00                   | 0                      | 12.00            | 0.00                          | 0.00      | 0.00       | 0           | 13.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 70.00      | 0.00      |
| 001036 .                                      |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 001039 TOTAL                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 990404 j-Cracker Graham                       | Serving      | 1         | 120                      | 0.50                   | 100                    | 7.00             | 0.00                          | 3.50      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*       | 16.0       | 0.00       | 2.00      |
| 001876 2-Milk, White, Crystal Creamery        | 8 oz         | 2         | 130                      | 1.50                   | 160                    | 15.00            | 0.00                          | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      |
| 001879 2-Milk, Chocolate, Crystal Cream       | 8 oz         | 1         | 120                      | 0.00                   | 150                    | 19.00            | 0.00                          | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      |
| Weighted Daily Average                        |              |           | 1384                     | 4.65                   | 626                    | 184.35           | 1.00                          | 15.64     | 0.00       | 39          | 265.86   | 27.53     | 25.83     | *0          | 562.8      | 24.60      | 3.53      |
| % of Calories                                 |              |           |                          | 3.02%                  |                        | 53.28%           | 0.00%                         | 10.2%     | 0.0%       |             | 76.8%    |           | 7.5%      |             |            |            |           |
| Weekly Nutrient Guideline                     |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |

Monday - 01/12/2026

Reimbursable Meal Total 3

|               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| 990168 Week 2 |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

|                                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| 003025 2-Pizza, Breakfast, I/W-Piazza             | each         | 1         | 407                      | 4.53                   | 611                    | 6.79             | 0.00                          | 13.58     | 0.00       | 23          | 38.47    | 4.53      | 20.37     | *N/A*       | 339.4      | 8.15       | 2.44      |
| 990635 Bussin' Quesadilla                         | servings     | 1         | 360                      | 8.23                   | 749                    | 2.83             | *0.00                         | 18.22     | 0.00       | 153         | 22.89    | 1.17      | 21.34     | *N/A*       | 297.4      | 1.60       | 3.08      |
| 990387 2-Donut, WG, Powdered, Sugar, IW, 1932     | Serving      | 1         | 320                      | 5.00                   | 260                    | 24.00            | 0.00                          | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 40.0       | 0.00       | 1.40      |
| 990585 2-Cereal, Blueberry Chex w/ graham cracker | bowl         | 1         | 240                      | 0.50                   | 260                    | 13.00            | 0.00                          | 6.00      | 0.00       | 0           | 44.00    | 2.00      | 2.00      | *N/A*       | 96.0       | 3.60       | 10.20     |
| 990392 Other                                      |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 001039 TOTAL                                      |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 000493 2-Pear, diced, canned                      | 1/2 cup      | 1         | 63                       | 0.00                   | 0                      | 0.00             | 0.00                          | 0.00      | 0.00       | 0           | 17.12    | 2.70      | 0.00      | *N/A*       | 11.7       | 1.08       | 0.00      |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.)     | 1/2 cup      | 1         | 60                       | 0.00                   | 0                      | 12.00            | 0.00                          | 0.00      | 0.00       | 0           | 13.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 70.00      | 0.00      |
| 001036 .                                          |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 001039 TOTAL                                      |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 990404 j-Cracker Graham                           | Serving      | 1         | 120                      | 0.50                   | 100                    | 7.00             | 0.00                          | 3.50      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*       | 16.0       | 0.00       | 2.00      |
| 001876 2-Milk, White, Crystal Creamery            | 8 oz         | 2         | 130                      | 1.50                   | 160                    | 15.00            | 0.00                          | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      |
| 001879 2-Milk, Chocolate, Crystal Cream           | 8 oz         | 1         | 120                      | 0.00                   | 150                    | 19.00            | 0.00                          | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      |
| 001661 2-Ketchup, packet, 9 gram                  | 1 each       | 1         | 10                       | 0.00                   | 65                     | 1.00             | 0.00                          | 0.00      | 0.00       | 0           | 2.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      |
| Weighted Daily Average                            |              |           | 653                      | 7.25                   | 838                    | 38.54            | *0.00                         | 19.43     | 0.00       | 72          | 87.16    | 5.13      | 25.90     | *0          | 633.5      | 28.94      | 6.50      |
| % of Calories                                     |              |           |                          | 9.99%                  |                        | 23.61%           | *0.00%                        | 26.8%     | 0.0%       |             | 53.4%    |           | 15.9%     |             |            |            |           |
| Weekly Nutrient Guideline                         |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |

Tuesday - 01/13/2026

Reimbursable Meal Total 3

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|
| 990168 Week 2                                 |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 003507 2-Burrito Chorizo Egg & Potato         | each         | 1         | 407                      | 6.45                   | 613                    | 1.89             | *0.00                         | 14.83     | 0.00       | 133         | 42.51    | 2.36      | 18.13     | *N/A*       | 145.8                  | 0.19       | 2.38      |
| 990541 2-Muffin, Blueberry                    | each         | 1         | 221                      | 0.89                   | 114                    | 16.37            | 0.00                          | 5.95      | 0.00       | 30          | 38.20    | 3.27      | 3.87      | *N/A*       | 8.4                    | 1.19       | 1.09      |
| 990500 2-Bagel w/ Cream Cheese 3 oz           | serving      | 1         | 281                      | 3.54                   | 542                    | 3.00             | 0.00                          | 5.56      | 0.00       | 15          | 49.05    | 2.00      | 10.03     | *N/A*       | 28.4                   | 0.00       | 2.60      |
| 990632 Cinna Cereal Bites                     | each         | 1         | 250                      | 2.00                   | 0                      | 6.00             | 2.00                          | 13.00     | 0.00       | 5           | 26.00    | 10.00     | 14.00     | 0           | 104.0                  | 0.00       | 2.70      |
| 990392 Other                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 001039 TOTAL                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 990357 2-Grapes, fresh                        | 1/2 cup      | 1         | 58                       | 0.10                   | 2                      | 14.04            | 0.00                          | 0.30      | 0.00       | 0           | 14.82    | 0.78      | 0.54      | *N/A*       | 12.1                   | 3.46       | 0.25      |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.) | 1/2 cup      | 1         | 60                       | 0.00                   | 0                      | 12.00            | 0.00                          | 0.00      | 0.00       | 0           | 13.00    | 0.00      | 0.00      | *N/A*       | 0.0                    | 70.00      | 0.00      |
| 001036 .                                      |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 001039 TOTAL                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 990404 j-Cracker Graham                       | Serving      | 1         | 120                      | 0.50                   | 100                    | 7.00             | 0.00                          | 3.50      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*       | 16.0                   | 0.00       | 2.00      |
| 001876 2-Milk, White, Crystal Creamery        | 8 oz         | 2         | 130                      | 1.50                   | 160                    | 15.00            | 0.00                          | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      |
| 001879 2-Milk, Chocolate, Crystal Cream       | 8 oz         | 1         | 120                      | 0.00                   | 150                    | 19.00            | 0.00                          | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      |
| 001666 2-Sauce, Taco, packet, 9 gram          | 1 each       | 1         | 5                        | 0.00                   | 95                     | 0.00             | 0.00                          | 0.00      | 0.00       | 0           | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      |
| Weighted Daily Average                        |              |           | 594                      | 5.49                   | 645                    | 36.44            | *0.67                         | 16.05     | 0.00       | 73          | 86.53    | 6.80      | 25.52     | *0          | 471.6                  | 25.75      | 3.79      |
| % of Calories                                 |              |           |                          | 8.32%                  |                        | 24.54%           | *0.00%                        | 24.3%     | 0.0%       |             | 58.3%    |           | 17.2%     |             |                        |            |           |
| Weekly Nutrient Guideline                     |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=0       |            |             |          |           |           |             |                        |            |           |

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

Wednesday - 01/14/2026      Reimbursable Meal Total 3

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|
| 990168 Week 2                                 |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 001712 2-Grilled Cheese - breakfast           | ea           | 1         | 361                      | 9.03                   | 951                    | 4.00             | 0.00                          | 22.08     | 0.00       | 25          | 34.00    | 4.00      | 13.00     | *0          | 210.0                  | 0.00       | 1.50      |
| 990594 2-Breakfast Scone Dough Chocolate Chip | each         | 1         | 465                      | 10.40                  | 345                    | 36.50            | 0.00                          | 16.90     | 0.00       | 35          | 73.90    | 2.00      | 5.50      | *N/A*       | 160.0                  | 1.80       | 2.34      |
| 001711 2-PB&J - Breakfast                     | 1 each       | 1         | 576                      | 5.29                   | 582                    | 26.02            | 0.00                          | 26.19     | 0.00       | 0           | 69.18    | 7.02      | 20.09     | *N/A*       | 97.0                   | 0.00       | 2.46      |
| 990402 2-Cereal, Cinn Chex w/ graham cracker  | 1 each       | 1         | 230                      | 0.50                   | 260                    | 13.00            | 0.00                          | 6.00      | 0.00       | 0           | 44.00    | 3.00      | 2.00      | *N/A*       | 94.0                   | 0.00       | 9.20      |
| 990392 Other                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 001039 TOTAL                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 000108 2-Apple, fresh, wh, 163 ct             | 1/2 cup      | 1         | 53                       | 0.00                   | 1                      | 10.51            | 0.00                          | 0.17      | 0.00       | 0           | 13.98    | 2.40      | 0.26      | *N/A*       | 6.0                    | 4.61       | 0.12      |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.) | 1/2 cup      | 1         | 60                       | 0.00                   | 0                      | 12.00            | 0.00                          | 0.00      | 0.00       | 0           | 13.00    | 0.00      | 0.00      | *N/A*       | 0.0                    | 70.00      | 0.00      |
| 001036 .                                      |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 001039 TOTAL                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 990404 j-Cracker Graham                       | Serving      | 1         | 120                      | 0.50                   | 100                    | 7.00             | 0.00                          | 3.50      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*       | 16.0                   | 0.00       | 2.00      |
| 001876 2-Milk, White, Crystal Creamery        | 8 oz         | 2         | 130                      | 1.50                   | 160                    | 15.00            | 0.00                          | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      |
| 001879 2-Milk, Chocolate, Crystal Cream       | 8 oz         | 1         | 120                      | 0.00                   | 150                    | 19.00            | 0.00                          | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      |
| Weighted Daily Average                        |              |           | 748                      | 9.57                   | 903                    | 52.68            | 0.00                          | 26.61     | 0.00       | 32          | 107.69   | 6.81      | 23.62     | *0          | 561.0                  | 26.27      | 5.99      |
| % of Calories                                 |              |           |                          | 11.51 %                |                        | 28.17%           | 0.00%                         | 32.0%     | 0.0%       |             | 57.6%    |           | 12.6%     |             |                        |            |           |
| Weekly Nutrient Guideline                     |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=0       |            |             |          |           |           |             |                        |            |           |

# Base Menu Spreadsheet

East Side Union High School District

Portion Values

Jan 5, 2026 thru Jan 30, 2026

Thursday - 01/15/2026

Reimbursable Meal Total 3

|                                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|---------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|
| 990168 Week 2                                     |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 990537 2-Bagel, Egg & Cheese                      | each         | 1         | 351                      | 4.52                   | 762                    | 3.00             | 0.00                          | 11.58     | 0.00       | 139         | 49.04    | 2.00      | 13.54     | *0          | 65.0                   | 0.00       | 2.65      |
| 001281 2-Cinnamon Roll 2.5oz RICH'S               | each         | 1         | 275                      | 1.00                   | 210                    | 28.55            | 0.00                          | 3.50      | 0.00       | 0           | 57.26    | 1.00      | 5.00      | *N/A*       | 10.2                   | 0.00       | 1.80      |
| 990183 2-UBR Ultimate Breakfast Round             | each         | 1         | 250                      | 2.00                   | 200                    | 15.97            | 0.00                          | 6.99      | 0.00       | 5           | 41.93    | 5.99      | 4.99      | *N/A*       | 29.9                   | 0.00       | 1.60      |
| 990586 2-Cereal, Honey Cheerios w/ graham cracker | 1 oz         | 1         | 239                      | 1.08                   | 321                    | 13.54            | 0.00                          | 5.81      | 0.00       | 0           | 42.46    | 3.08      | 4.08      | *N/A*       | 187.7                  | 3.60       | 4.55      |
| 990392 Other                                      |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 001039 TOTAL                                      |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 000813 2-Raisins, Individual-1.5oz box            | 1/2 cup equ  | 1         | 114                      | 0.00                   | 9                      | 0.00             | 0.00                          | 0.00      | 0.00       | 0           | 27.18    | 1.75      | 0.88      | *N/A*       | 17.5                   | 0.00       | 0.95      |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.)     | 1/2 cup      | 1         | 60                       | 0.00                   | 0                      | 12.00            | 0.00                          | 0.00      | 0.00       | 0           | 13.00    | 0.00      | 0.00      | *N/A*       | 0.0                    | 70.00      | 0.00      |
| 001036 .                                          |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 001039 TOTAL                                      |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 990404 j-Cracker Graham                           | Serving      | 1         | 120                      | 0.50                   | 100                    | 7.00             | 0.00                          | 3.50      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*       | 16.0                   | 0.00       | 2.00      |
| 001876 2-Milk, White, Crystal Creamery            | 8 oz         | 2         | 130                      | 1.50                   | 160                    | 15.00            | 0.00                          | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      |

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

|                                         | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz         | 1         | 120                      | 0.00                   | 150                    | 19.00            | 0.00                          | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      |
| Weighted Daily Average                  |              |           | 596                      | 4.03                   | 690                    | 43.02            | 0.00                          | 12.12     | 0.00       | 60          | 101.96   | 5.27      | 19.50     | *0          | 475.4      | 25.33      | 4.64      |
| % of Calories                           |              |           |                          | 6.09%                  |                        | 28.87%           | 0.00%                         | 18.3%     | 0.0%       |             | 68.4%    |           | 13.1%     |             |            |            |           |
| Weekly Nutrient Guideline               |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |

Friday - 01/16/2026

Reimbursable Meal Total 3

|                                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| 990168 Week 2                                        |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 990385 2-Waffle Buttery Maple                        | Each         | 1         | 250                      | 4.00                   | 290                    | 15.00            | 14.00                         | 9.00      | 0.00       | 35          | 37.00    | 2.00      | 6.00      | *N/A*       | 40.0       | 0.00       | 1.50      |
| 990580 2-Muffin, English w/Sausage, Cheese           | each         | 1         | 240                      | 4.50                   | 720                    | 0.00             | 0.00                          | 10.00     | 0.00       | 33          | 25.00    | 3.00      | 13.50     | *0          | 155.0      | 0.06       | 1.65      |
| 990544 2-Yogurt w/ Blueberries                       | serving      | 1         | 259                      | 1.00                   | 201                    | 18.32            | 0.00                          | 4.97      | 0.00       | 5           | 47.76    | 2.95      | 7.00      | *N/A*       | 239.0      | 4.60       | 2.13      |
| 990226 2-Cereal, Cinn Toast Crunch w/ graham cracker | bowl         | 1         | 230                      | 1.00                   | 260                    | 15.00            | 0.00                          | 6.50      | 0.00       | 0           | 43.00    | 4.00      | 2.00      | *N/A*       | 96.0       | 4.80       | 5.60      |
| 990392 Other                                         |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 001039 TOTAL                                         |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 990403 2-Berry Cup Mixed Frozen USDA                 | 1/2 cup equ  | 1         | 2551                     | 0.00                   | 0                      | 453.59           | 0.00                          | 0.00      | 0.00       | 0           | 566.99   | 56.70     | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.)        | 1/2 cup      | 1         | 60                       | 0.00                   | 0                      | 12.00            | 0.00                          | 0.00      | 0.00       | 0           | 13.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 70.00      | 0.00      |
| 001036 .                                             |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 001039 TOTAL                                         |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

|                                         | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| 990404 j-Cracker Graham                 | Serving      | 1         | 120                      | 0.50                   | 100                    | 7.00             | 0.00                          | 3.50      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*       | 16.0       | 0.00       | 2.00      |
| 001876 2-Milk, White, Crystal Creamery  | 8 oz         | 2         | 130                      | 1.50                   | 160                    | 15.00            | 0.00                          | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      |
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz         | 1         | 120                      | 0.00                   | 150                    | 19.00            | 0.00                          | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      |
| Weighted Daily Average                  |              |           | 1364                     | 4.67                   | 680                    | 189.97           | 4.67                          | 12.99     | 0.00       | 36          | 269.25   | 23.55     | 19.50     | *0          | 548.7      | 27.29      | 4.41      |
| % of Calories                           |              |           |                          | 3.08%                  |                        | 55.71%           | 0.00%                         | 8.6%      | 0.0%       |             | 79.0%    |           | 5.7%      |             |            |            |           |
| Weekly Nutrient Guideline               |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |

Monday - 01/19/2026

Reimbursable Meal Total 3

|                                                    | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|----------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| 990167 Week 1                                      |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 001712 2-Grilled Cheese - breakfast                | ea           | 1         | 361                      | 9.03                   | 951                    | 4.00             | 0.00                          | 22.08     | 0.00       | 25          | 34.00    | 4.00      | 13.00     | *0          | 210.0      | 0.00       | 1.50      |
| 990454 2-French Toast Sticks, WG                   | Serving      | 1         | 240                      | 1.00                   | 260                    | 12.00            | 0.00                          | 7.00      | 0.00       | 10          | 38.00    | 2.00      | 6.00      | *N/A*       | 21.0       | 0.00       | 0.00      |
| 990422 2-Breakfast Bar Oat Chocolate Chip, Benefit | EACH         | 1         | 280                      | 3.00                   | 230                    | 19.00            | 0.00                          | 8.00      | 0.00       | 15          | 47.00    | 3.00      | 5.00      | *N/A*       | 30.0       | 0.00       | 2.00      |
| 990291 2-Cereal, Cocoa Puffs w/ graham cracker     | bowl         | 1         | 225                      | 0.50                   | 213                    | 14.65            | 0.00                          | 4.92      | 0.00       | 0           | 44.53    | 3.98      | 2.98      | *N/A*       | 16.0       | 0.00       | 2.00      |
| 990392 Other                                       |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 001039 TOTAL                                       |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 000493 2-Pear, diced, canned                       | 1/2 cup      | 1         | 63                       | 0.00                   | 0                      | 0.00             | 0.00                          | 0.00      | 0.00       | 0           | 17.12    | 2.70      | 0.00      | *N/A*       | 11.7       | 1.08       | 0.00      |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.)      | 1/2 cup      | 1         | 60                       | 0.00                   | 0                      | 12.00            | 0.00                          | 0.00      | 0.00       | 0           | 13.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 70.00      | 0.00      |

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

|                                         | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| 001036 .                                |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 001039 TOTAL                            |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 990404 j-Cracker Graham                 | Serving      | 1         | 120                      | 0.50                   | 100                    | 7.00             | 0.00                          | 3.50      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*       | 16.0       | 0.00       | 2.00      |
| 001876 2-Milk, White, Crystal Creamery  | 8 oz         | 2         | 130                      | 1.50                   | 160                    | 15.00            | 0.00                          | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      |
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz         | 1         | 120                      | 0.00                   | 150                    | 19.00            | 0.00                          | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      |
| Weighted Daily Average                  |              |           | 576                      | 5.68                   | 741                    | 39.22            | 0.00                          | 16.83     | 0.00       | 28          | 89.55    | 5.90      | 18.99     | *0          | 468.2      | 24.49      | 2.62      |
| % of Calories                           |              |           |                          | 8.88%                  |                        | 27.24%           | 0.00%                         | 26.3%     | 0.0%       |             | 62.2%    |           | 13.2%     |             |            |            |           |
| Weekly Nutrient Guideline               |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |

Tuesday - 01/20/2026

Reimbursable Meal Total 3

|                                          | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| 990167 Week 1                            |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 990620 2-Burrito Ham Egg Potato & Cheese | serving      | 1         | 354                      | 8.23                   | 669                    | 1.85             | *0.00                         | 18.22     | 0.00       | 153         | 26.62    | 1.35      | 18.71     | *N/A*       | 285.2      | *0.00      | 1.89      |
| 990617 2-Banana Muffin-Batter WG         | Servings     | 1         | 316                      | 1.42                   | 201                    | 20.47            | 15.61                         | 12.26     | 0.00       | 37          | 48.65    | 3.34      | 5.17      | 0           | 95.5       | 0.00       | 1.73      |
| 990500 2-Bagel w/ Cream Cheese 3 oz      | serving      | 1         | 281                      | 3.54                   | 542                    | 3.00             | 0.00                          | 5.56      | 0.00       | 15          | 49.05    | 2.00      | 10.03     | *N/A*       | 28.4       | 0.00       | 2.60      |
| 990633 Vanilla Bean Cereal Bites         | each         | 1         | 250                      | 2.00                   | 0                      | 6.00             | 2.00                          | 13.00     | 0.00       | 5           | 26.00    | 10.00     | 14.00     | 0           | 104.0      | 0.00       | 2.70      |
| 990392 Other                             |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 001039 TOTAL                             |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| 990357 2-Grapes, fresh                        | 1/2 cup      | 1         | 58                       | 0.10                   | 2                      | 14.04            | 0.00                          | 0.30      | 0.00       | 0           | 14.82    | 0.78      | 0.54      | *N/A*       | 12.1       | 3.46       | 0.25      |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.) | 1/2 cup      | 1         | 60                       | 0.00                   | 0                      | 12.00            | 0.00                          | 0.00      | 0.00       | 0           | 13.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 70.00      | 0.00      |
| 001036 .                                      |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 001039 TOTAL                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 990404 j-Cracker Graham                       | Serving      | 1         | 120                      | 0.50                   | 100                    | 7.00             | 0.00                          | 3.50      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*       | 16.0       | 0.00       | 2.00      |
| 001876 2-Milk, White, Crystal Creamery        | 8 oz         | 2         | 130                      | 1.50                   | 160                    | 15.00            | 0.00                          | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      |
| 001879 2-Milk, Chocolate, Crystal Cream       | 8 oz         | 1         | 120                      | 0.00                   | 150                    | 19.00            | 0.00                          | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      |
| 001666 2-Sauce, Taco, packet, 9 gram          | 1 each       | 1         | 5                        | 0.00                   | 95                     | 0.00             | 0.00                          | 0.00      | 0.00       | 0           | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      |
| Weighted Daily Average                        |              |           | 608                      | 6.26                   | 693                    | 37.79            | *5.87                         | 19.28     | 0.00       | 82          | 84.71    | 6.49      | 26.15     | *0          | 547.1      | *25.29     | 3.85      |
| % of Calories                                 |              |           |                          | 9.27%                  |                        | 24.86%           | *0.00%                        | 28.5%     | 0.0%       |             | 55.7%    |           | 17.2%     |             |            |            |           |
| Weekly Nutrient Guideline                     |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |

Wednesday - 01/21/2026      Reimbursable Meal Total 3

|                                                | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| 990167 Week 1                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 990621 2-Egg, Sausage, & Cheese English Muffin | ea           | 1         | 301                      | 5.98                   | 785                    | 0.92             | 0.92                          | 15.99     | 0.00       | 159         | 24.16    | 1.84      | 15.22     | *0          | 156.0      | 0.06       | 0.97      |
| 000840 2-Pancake on a Stick                    | Each         | 1         | 242                      | 4.54                   | 374                    | 5.05             | 0.00                          | 15.15     | 0.00       | 25          | 18.18    | 1.01      | 7.07      | *N/A*       | 30.3       | 0.00       | 0.91      |
| 001711 2-PB&J - Breakfast                      | 1 each       | 1         | 576                      | 5.29                   | 582                    | 26.02            | 0.00                          | 26.19     | 0.00       | 0           | 69.18    | 7.02      | 20.09     | *N/A*       | 97.0       | 0.00       | 2.46      |

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

|                                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| 990226 2-Cereal, Cinn Toast Crunch w/ graham cracker | bowl         | 1         | 230                      | 1.00                   | 260                    | 15.00            | 0.00                          | 6.50      | 0.00       | 0           | 43.00    | 4.00      | 2.00      | *N/A*       | 96.0       | 4.80       | 5.60      |
| 990392 Other                                         |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 001039 TOTAL                                         |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 000108 2-Apple, fresh, wh, 163 ct                    | 1/2 cup      | 1         | 53                       | 0.00                   | 1                      | 10.51            | 0.00                          | 0.17      | 0.00       | 0           | 13.98    | 2.40      | 0.26      | *N/A*       | 6.0        | 4.61       | 0.12      |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.)        | 1/2 cup      | 1         | 60                       | 0.00                   | 0                      | 12.00            | 0.00                          | 0.00      | 0.00       | 0           | 13.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 70.00      | 0.00      |
| 001036 .                                             |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 001039 TOTAL                                         |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 990404 j-Cracker Graham                              | Serving      | 1         | 120                      | 0.50                   | 100                    | 7.00             | 0.00                          | 3.50      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*       | 16.0       | 0.00       | 2.00      |
| 001876 2-Milk, White, Crystal Creamery               | 8 oz         | 2         | 130                      | 1.50                   | 160                    | 15.00            | 0.00                          | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      |
| 001879 2-Milk, Chocolate, Crystal Cream              | 8 oz         | 1         | 120                      | 0.00                   | 150                    | 19.00            | 0.00                          | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      |
| Weighted Daily Average                               |              |           | 654                      | 6.77                   | 857                    | 41.83            | 0.31                          | 24.17     | 0.00       | 73          | 85.50    | 6.09      | 24.88     | *0          | 500.4      | 27.29      | 4.14      |
| % of Calories                                        |              |           |                          | 9.32%                  |                        | 25.58%           | 0.00%                         | 33.3%     | 0.0%       |             | 52.3%    |           | 15.2%     |             |            |            |           |
| Weekly Nutrient Guideline                            |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |

Thursday - 01/22/2026                      Reimbursable Meal Total 3

|                                          | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| 990167 Week 1                            |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 990623 2-Pancake Sausage Cheese Sandwich | Serving      | 1         | 369                      | 4.00                   | 780                    | 26.77            | 0.00                          | 13.00     | 0.00       | 38          | 56.68    | 2.00      | 12.50     | *0          | 65.0       | 0.06       | 0.05      |

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|
| 990615 2-Yogurt Fruit Cup-Peaches             | servings     | 1         | 354                      | 0.67                   | 251                    | 25.10            | 0.00                          | 3.95      | 0.00       | 7           | 67.80    | 3.71      | 15.21     | *N/A*       | 302.2                  | 1.31       | 1.40      |
| 990594 2-Breakfast Scone Dough Chocolate Chip | each         | 1         | 465                      | 10.40                  | 345                    | 36.50            | 0.00                          | 16.90     | 0.00       | 35          | 73.90    | 2.00      | 5.50      | *N/A*       | 160.0                  | 1.80       | 2.34      |
| 990402 2-Cereal, Cinn Chex w/ graham cracker  | 1 each       | 1         | 230                      | 0.50                   | 260                    | 13.00            | 0.00                          | 6.00      | 0.00       | 0           | 44.00    | 3.00      | 2.00      | *N/A*       | 94.0                   | 0.00       | 9.20      |
| 990392 Other                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 001039 TOTAL                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 000813 2-Raisins,Individual-1.5oz box         | 1/2 cup equ  | 1         | 114                      | 0.00                   | 9                      | 0.00             | 0.00                          | 0.00      | 0.00       | 0           | 27.18    | 1.75      | 0.88      | *N/A*       | 17.5                   | 0.00       | 0.95      |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.) | 1/2 cup      | 1         | 60                       | 0.00                   | 0                      | 12.00            | 0.00                          | 0.00      | 0.00       | 0           | 13.00    | 0.00      | 0.00      | *N/A*       | 0.0                    | 70.00      | 0.00      |
| 001036 .                                      |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 001039 TOTAL                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 990404 j-Cracker Graham                       | Serving      | 1         | 120                      | 0.50                   | 100                    | 7.00             | 0.00                          | 3.50      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*       | 16.0                   | 0.00       | 2.00      |
| 001876 2-Milk, White, Crystal Creamery        | 8 oz         | 2         | 130                      | 1.50                   | 160                    | 15.00            | 0.00                          | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      |
| 001879 2-Milk, Chocolate, Crystal Cream       | 8 oz         | 1         | 120                      | 0.00                   | 150                    | 19.00            | 0.00                          | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      |
| 990206 2-Syrup-only                           | each         | 1         | 109                      | 0.00                   | 20                     | 20.77            | 0.00                          | 0.00      | 0.00       | 0           | 28.68    | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      |
| Weighted Daily Average                        |              |           | 734                      | 6.36                   | 745                    | 63.38            | 0.00                          | 16.12     | 0.00       | 38          | 128.75   | 4.82      | 22.03     | *0          | 584.9                  | 25.19      | 5.43      |
| % of Calories                                 |              |           |                          | 7.80%                  |                        | 34.54%           | 0.00%                         | 19.8%     | 0.0%       |             | 70.2%    |           | 12.0%     |             |                        |            |           |
| Weekly Nutrient Guideline                     |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=0       |            |             |          |           |           |             |                        |            |           |

Friday - 01/23/2026

Reimbursable Meal Total 3

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

|                                                | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|
| 990167 Week 1                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 990588 2-Hot Ham & Cheese Breakfast (Pork Ham) | each         | 1         | 248                      | 3.52                   | 686                    | 5.02             | 0.00                          | 8.53      | 0.00       | 31          | 34.03    | 3.00      | 14.59     | *0          | 265.0                  | 0.00       | 1.85      |
| 990542 2-Muffin, Double Chocolate Chip         | each         | 1         | 227                      | 0.89                   | 124                    | 18.36            | 0.00                          | 5.95      | 0.00       | 30          | 39.69    | 3.08      | 3.77      | *N/A*       | 3.5                    | 0.20       | 0.99      |
| 990557 2-Burrito, Los Cabos                    | each         | 1         | 296                      | 4.05                   | 499                    | 1.09             | 0.00                          | 8.94      | 0.00       | 18          | 40.86    | 8.81      | 15.12     | *N/A*       | 200.0                  | 1.20       | 2.70      |
| 990634 Cocoa Cereal Bites                      | each         | 1         | 270                      | 2.00                   | 0                      | 7.00             | 3.00                          | 15.00     | 0.00       | 5           | 28.00    | 9.00      | 14.00     | 0           | 104.0                  | 0.00       | 2.70      |
| 990392 Other                                   |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 001039 TOTAL                                   |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 990403 2-Berry Cup Mixed Frozen USDA           | 1/2 cup equ  | 1         | 2551                     | 0.00                   | 0                      | 453.59           | 0.00                          | 0.00      | 0.00       | 0           | 566.99   | 56.70     | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.)  | 1/2 cup      | 1         | 60                       | 0.00                   | 0                      | 12.00            | 0.00                          | 0.00      | 0.00       | 0           | 13.00    | 0.00      | 0.00      | *N/A*       | 0.0                    | 70.00      | 0.00      |
| 001036 .                                       |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 001039 TOTAL                                   |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 990404 j-Cracker Graham                        | Serving      | 1         | 120                      | 0.50                   | 100                    | 7.00             | 0.00                          | 3.50      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*       | 16.0                   | 0.00       | 2.00      |
| 001876 2-Milk, White, Crystal Creamery         | 8 oz         | 2         | 130                      | 1.50                   | 160                    | 15.00            | 0.00                          | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      |
| 001879 2-Milk, Chocolate, Crystal Cream        | 8 oz         | 1         | 120                      | 0.00                   | 150                    | 19.00            | 0.00                          | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      |
| Weighted Daily Average                         |              |           | 1384                     | 4.65                   | 626                    | 184.35           | 1.00                          | 15.64     | 0.00       | 39          | 265.86   | 27.53     | 25.83     | *0          | 562.8                  | 24.60      | 3.53      |
| % of Calories                                  |              |           |                          | 3.02%                  |                        | 53.28%           | 0.00%                         | 10.2%     | 0.0%       |             | 76.8%    |           | 7.5%      |             |                        |            |           |
| Weekly Nutrient Guideline                      |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=0       |            |             |          |           |           |             |                        |            |           |

Monday - 01/26/2026

Reimbursable Meal Total 3

# Base Menu Spreadsheet

East Side Union High School District

## Portion Values

Jan 5, 2026 thru Jan 30, 2026

|                                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|---------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|
| 990168 Week 2                                     |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 003025 2-Pizza, Breakfast, I/W-Piazza             | each         | 1         | 407                      | 4.53                   | 611                    | 6.79             | 0.00                          | 13.58     | 0.00       | 23          | 38.47    | 4.53      | 20.37     | *N/A*       | 339.4                  | 8.15       | 2.44      |
| 990635 Bussin' Quesadilla                         | servings     | 1         | 360                      | 8.23                   | 749                    | 2.83             | *0.00                         | 18.22     | 0.00       | 153         | 22.89    | 1.17      | 21.34     | *N/A*       | 297.4                  | 1.60       | 3.08      |
| 990387 2-Donut, WG, Powdered, Sugar, IW, 1932     | Serving      | 1         | 320                      | 5.00                   | 260                    | 24.00            | 0.00                          | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 40.0                   | 0.00       | 1.40      |
| 990585 2-Cereal, Blueberry Chex w/ graham cracker | bowl         | 1         | 240                      | 0.50                   | 260                    | 13.00            | 0.00                          | 6.00      | 0.00       | 0           | 44.00    | 2.00      | 2.00      | *N/A*       | 96.0                   | 3.60       | 10.20     |
| 990392 Other                                      |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 001039 TOTAL                                      |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 000493 2-Pear, diced, canned                      | 1/2 cup      | 1         | 63                       | 0.00                   | 0                      | 0.00             | 0.00                          | 0.00      | 0.00       | 0           | 17.12    | 2.70      | 0.00      | *N/A*       | 11.7                   | 1.08       | 0.00      |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.)     | 1/2 cup      | 1         | 60                       | 0.00                   | 0                      | 12.00            | 0.00                          | 0.00      | 0.00       | 0           | 13.00    | 0.00      | 0.00      | *N/A*       | 0.0                    | 70.00      | 0.00      |
| 001036 .                                          |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 001039 TOTAL                                      |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 990404 j-Cracker Graham                           | Serving      | 1         | 120                      | 0.50                   | 100                    | 7.00             | 0.00                          | 3.50      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*       | 16.0                   | 0.00       | 2.00      |
| 001876 2-Milk, White, Crystal Creamery            | 8 oz         | 2         | 130                      | 1.50                   | 160                    | 15.00            | 0.00                          | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      |
| 001879 2-Milk, Chocolate, Crystal Cream           | 8 oz         | 1         | 120                      | 0.00                   | 150                    | 19.00            | 0.00                          | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      |
| 001661 2-Ketchup, packet, 9 gram                  | 1 each       | 1         | 10                       | 0.00                   | 65                     | 1.00             | 0.00                          | 0.00      | 0.00       | 0           | 2.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      |
| Weighted Daily Average                            |              |           | 653                      | 7.25                   | 838                    | 38.54            | *0.00                         | 19.43     | 0.00       | 72          | 87.16    | 5.13      | 25.90     | *0          | 633.5                  | 28.94      | 6.50      |
| % of Calories                                     |              |           |                          | 9.99%                  |                        | 23.61%           | *0.00%                        | 26.8%     | 0.0%       |             | 53.4%    |           | 15.9%     |             |                        |            |           |
| Weekly Nutrient Guideline                         |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=0       |            |             |          |           |           |             |                        |            |           |

# Base Menu Spreadsheet

East Side Union High School District

Portion Values

Jan 5, 2026 thru Jan 30, 2026

Tuesday - 01/27/2026

Reimbursable Meal Total 3

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|
| 990168 Week 2                                 |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 003507 2-Burrito Chorizo Egg & Potato         | each         | 1         | 407                      | 6.45                   | 613                    | 1.89             | *0.00                         | 14.83     | 0.00       | 133         | 42.51    | 2.36      | 18.13     | *N/A*       | 145.8                  | 0.19       | 2.38      |
| 990541 2-Muffin, Blueberry                    | each         | 1         | 221                      | 0.89                   | 114                    | 16.37            | 0.00                          | 5.95      | 0.00       | 30          | 38.20    | 3.27      | 3.87      | *N/A*       | 8.4                    | 1.19       | 1.09      |
| 990500 2-Bagel w/ Cream Cheese 3 oz           | serving      | 1         | 281                      | 3.54                   | 542                    | 3.00             | 0.00                          | 5.56      | 0.00       | 15          | 49.05    | 2.00      | 10.03     | *N/A*       | 28.4                   | 0.00       | 2.60      |
| 990632 Cinna Cereal Bites                     | each         | 1         | 250                      | 2.00                   | 0                      | 6.00             | 2.00                          | 13.00     | 0.00       | 5           | 26.00    | 10.00     | 14.00     | 0           | 104.0                  | 0.00       | 2.70      |
| 990392 Other                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 001039 TOTAL                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 990357 2-Grapes, fresh                        | 1/2 cup      | 1         | 58                       | 0.10                   | 2                      | 14.04            | 0.00                          | 0.30      | 0.00       | 0           | 14.82    | 0.78      | 0.54      | *N/A*       | 12.1                   | 3.46       | 0.25      |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.) | 1/2 cup      | 1         | 60                       | 0.00                   | 0                      | 12.00            | 0.00                          | 0.00      | 0.00       | 0           | 13.00    | 0.00      | 0.00      | *N/A*       | 0.0                    | 70.00      | 0.00      |
| 001036 .                                      |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 001039 TOTAL                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |                        |            |           |
| 990404 j-Cracker Graham                       | Serving      | 1         | 120                      | 0.50                   | 100                    | 7.00             | 0.00                          | 3.50      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*       | 16.0                   | 0.00       | 2.00      |
| 001876 2-Milk, White, Crystal Creamery        | 8 oz         | 2         | 130                      | 1.50                   | 160                    | 15.00            | 0.00                          | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      |
| 001879 2-Milk, Chocolate, Crystal Cream       | 8 oz         | 1         | 120                      | 0.00                   | 150                    | 19.00            | 0.00                          | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      |

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| 001666 2-Sauce, Taco, packet, 9 gram | 1 each       | 1         | 5                        | 0.00                   | 95                     | 0.00             | 0.00                          | 0.00      | 0.00       | 0           | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      |
| Weighted Daily Average               |              |           | 594                      | 5.49                   | 645                    | 36.44            | *0.67                         | 16.05     | 0.00       | 73          | 86.53    | 6.80      | 25.52     | *0          | 471.6      | 25.75      | 3.79      |
| % of Calories                        |              |           |                          | 8.32%                  |                        | 24.54%           | *0.00%                        | 24.3%     | 0.0%       |             | 58.3%    |           | 17.2%     |             |            |            |           |
| Weekly Nutrient Guideline            |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |

Wednesday - 01/28/2026                      Reimbursable Meal Total 3

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| 990168 Week 2                                 |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 001712 2-Grilled Cheese - breakfast           | ea           | 1         | 361                      | 9.03                   | 951                    | 4.00             | 0.00                          | 22.08     | 0.00       | 25          | 34.00    | 4.00      | 13.00     | *0          | 210.0      | 0.00       | 1.50      |
| 990594 2-Breakfast Scone Dough Chocolate Chip | each         | 1         | 465                      | 10.40                  | 345                    | 36.50            | 0.00                          | 16.90     | 0.00       | 35          | 73.90    | 2.00      | 5.50      | *N/A*       | 160.0      | 1.80       | 2.34      |
| 001711 2-PB&J - Breakfast                     | 1 each       | 1         | 576                      | 5.29                   | 582                    | 26.02            | 0.00                          | 26.19     | 0.00       | 0           | 69.18    | 7.02      | 20.09     | *N/A*       | 97.0       | 0.00       | 2.46      |
| 990402 2-Cereal, Cinn Chex w/ graham cracker  | 1 each       | 1         | 230                      | 0.50                   | 260                    | 13.00            | 0.00                          | 6.00      | 0.00       | 0           | 44.00    | 3.00      | 2.00      | *N/A*       | 94.0       | 0.00       | 9.20      |
| 990392 Other                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 001039 TOTAL                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 000108 2-Apple, fresh, wh, 163 ct             | 1/2 cup      | 1         | 53                       | 0.00                   | 1                      | 10.51            | 0.00                          | 0.17      | 0.00       | 0           | 13.98    | 2.40      | 0.26      | *N/A*       | 6.0        | 4.61       | 0.12      |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.) | 1/2 cup      | 1         | 60                       | 0.00                   | 0                      | 12.00            | 0.00                          | 0.00      | 0.00       | 0           | 13.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 70.00      | 0.00      |
| 001036 .                                      |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 001039 TOTAL                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

|                                         | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| 990404 j-Cracker Graham                 | Serving      | 1         | 120                      | 0.50                   | 100                    | 7.00             | 0.00                          | 3.50      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*       | 16.0       | 0.00       | 2.00      |
| 001876 2-Milk, White, Crystal Creamery  | 8 oz         | 2         | 130                      | 1.50                   | 160                    | 15.00            | 0.00                          | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      |
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz         | 1         | 120                      | 0.00                   | 150                    | 19.00            | 0.00                          | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      |
| Weighted Daily Average                  |              |           | 748                      | 9.57                   | 903                    | 52.68            | 0.00                          | 26.61     | 0.00       | 32          | 107.69   | 6.81      | 23.62     | *0          | 561.0      | 26.27      | 5.99      |
| % of Calories                           |              |           |                          | 11.51 %                |                        | 28.17%           | 0.00%                         | 32.0%     | 0.0%       |             | 57.6%    |           | 12.6%     |             |            |            |           |
| Weekly Nutrient Guideline               |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |

Thursday - 01/29/2026

Reimbursable Meal Total 3

|                                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| 990168 Week 2                                     |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 990537 2-Bagel, Egg & Cheese                      | each         | 1         | 351                      | 4.52                   | 762                    | 3.00             | 0.00                          | 11.58     | 0.00       | 139         | 49.04    | 2.00      | 13.54     | *0          | 65.0       | 0.00       | 2.65      |
| 001281 2-Cinnamon Roll 2.5oz RICH'S               | each         | 1         | 275                      | 1.00                   | 210                    | 28.55            | 0.00                          | 3.50      | 0.00       | 0           | 57.26    | 1.00      | 5.00      | *N/A*       | 10.2       | 0.00       | 1.80      |
| 990183 2-UBR Ultimate Breakfast Round             | each         | 1         | 250                      | 2.00                   | 200                    | 15.97            | 0.00                          | 6.99      | 0.00       | 5           | 41.93    | 5.99      | 4.99      | *N/A*       | 29.9       | 0.00       | 1.60      |
| 990586 2-Cereal, Honey Cheerios w/ graham cracker | 1 oz         | 1         | 239                      | 1.08                   | 321                    | 13.54            | 0.00                          | 5.81      | 0.00       | 0           | 42.46    | 3.08      | 4.08      | *N/A*       | 187.7      | 3.60       | 4.55      |
| 990392 Other                                      |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 001039 TOTAL                                      |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 000813 2-Raisins,Individual-1.5oz box             | 1/2 cup equ  | 1         | 114                      | 0.00                   | 9                      | 0.00             | 0.00                          | 0.00      | 0.00       | 0           | 27.18    | 1.75      | 0.88      | *N/A*       | 17.5       | 0.00       | 0.95      |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.)     | 1/2 cup      | 1         | 60                       | 0.00                   | 0                      | 12.00            | 0.00                          | 0.00      | 0.00       | 0           | 13.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 70.00      | 0.00      |

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

|                                         | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| 001036 .                                |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 001039 TOTAL                            |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 990404 j-Cracker Graham                 | Serving      | 1         | 120                      | 0.50                   | 100                    | 7.00             | 0.00                          | 3.50      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*       | 16.0       | 0.00       | 2.00      |
| 001876 2-Milk, White, Crystal Creamery  | 8 oz         | 2         | 130                      | 1.50                   | 160                    | 15.00            | 0.00                          | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      |
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz         | 1         | 120                      | 0.00                   | 150                    | 19.00            | 0.00                          | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      |
| Weighted Daily Average                  |              |           | 596                      | 4.03                   | 690                    | 43.02            | 0.00                          | 12.12     | 0.00       | 60          | 101.96   | 5.27      | 19.50     | *0          | 475.4      | 25.33      | 4.64      |
| % of Calories                           |              |           |                          | 6.09%                  |                        | 28.87%           | 0.00%                         | 18.3%     | 0.0%       |             | 68.4%    |           | 13.1%     |             |            |            |           |
| Weekly Nutrient Guideline               |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |

Friday - 01/30/2026

Reimbursable Meal Total 3

|                                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| 990168 Week 2                                        |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 990385 2-Waffle Buttery Maple                        | Each         | 1         | 250                      | 4.00                   | 290                    | 15.00            | 14.00                         | 9.00      | 0.00       | 35          | 37.00    | 2.00      | 6.00      | *N/A*       | 40.0       | 0.00       | 1.50      |
| 990580 2-Muffin, English w/Sausage, Cheese           | each         | 1         | 240                      | 4.50                   | 720                    | 0.00             | 0.00                          | 10.00     | 0.00       | 33          | 25.00    | 3.00      | 13.50     | *0          | 155.0      | 0.06       | 1.65      |
| 990544 2-Yogurt w/ Blueberries                       | serving      | 1         | 259                      | 1.00                   | 201                    | 18.32            | 0.00                          | 4.97      | 0.00       | 5           | 47.76    | 2.95      | 7.00      | *N/A*       | 239.0      | 4.60       | 2.13      |
| 990226 2-Cereal, Cinn Toast Crunch w/ graham cracker | bowl         | 1         | 230                      | 1.00                   | 260                    | 15.00            | 0.00                          | 6.50      | 0.00       | 0           | 43.00    | 4.00      | 2.00      | *N/A*       | 96.0       | 4.80       | 5.60      |
| 990392 Other                                         |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 001039 TOTAL                                         |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| 990403 2-Berry Cup Mixed Frozen USDA          | 1/2 cup equ  | 1         | 2551                     | 0.00                   | 0                      | 453.59           | 0.00                          | 0.00      | 0.00       | 0           | 566.99   | 56.70     | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.) | 1/2 cup      | 1         | 60                       | 0.00                   | 0                      | 12.00            | 0.00                          | 0.00      | 0.00       | 0           | 13.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 70.00      | 0.00      |
| 001036 .                                      |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 001039 TOTAL                                  |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |             |            |            |           |
| 990404 j-Cracker Graham                       | Serving      | 1         | 120                      | 0.50                   | 100                    | 7.00             | 0.00                          | 3.50      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*       | 16.0       | 0.00       | 2.00      |
| 001876 2-Milk, White, Crystal Creamery        | 8 oz         | 2         | 130                      | 1.50                   | 160                    | 15.00            | 0.00                          | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      |
| 001879 2-Milk, Chocolate, Crystal Cream       | 8 oz         | 1         | 120                      | 0.00                   | 150                    | 19.00            | 0.00                          | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      |
| Weighted Daily Average                        |              |           | 1364                     | 4.67                   | 680                    | 189.97           | 4.67                          | 12.99     | 0.00       | 36          | 269.25   | 23.55     | 19.50     | *0          | 548.7      | 27.29      | 4.41      |
| % of Calories                                 |              |           |                          | 3.08%                  |                        | 55.71%           | 0.00%                         | 8.6%      | 0.0%       |             | 79.0%    |           | 5.7%      |             |            |            |           |
| Weekly Nutrient Guideline                     |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |

|                   |  | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|-------------------|--|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|
| Weighted Averages |  | 791                      | 6                      | 742                    | 73               | *1.25                         | 17.92     | 0.00       | 53          | 130.70   | 9.84      | 23.19     | *0          | 535        | *26.04     | 4.49      |
| % of Calories     |  |                          | 6.91%                  |                        | 36.77%           | *0.00%                        | 20.4%     | 0.0%       |             | 66.1%    |           | 11.7%     |             |            |            |           |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
\* - denotes combined nutrient totals with either missing or incomplete nutrient data  
<sup>1</sup> - denotes required nutrient values  
Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.