

Our schools and District believe that clubs have an important place in students' lives. Besides extending and reinforcing the instructional program, these activity groups can give students practice in democratic self-government, provide social and recreational activities, and enhance school spirit and students' sense of belonging. Clubs operate in one of two ways in our schools: (1) as school supported extracurricular activities (authorized under [Board Policy 6145](#)) or (2) as student-initiated clubs that are recognized by the school but do not receive any school funding (authorized under [Board Policy 6145.5](#)). Clubs listed with are authorized under [Board Policy 6145.5](#).

Student Club/ Extracurricular Activity Name	Description	Club Duration	Advisor	Meeting Days	Room
Academic Decathlon (Aca Deca)	Students prepare to be tested in ten different content areas for the Sacramento County Academic Decathlon Competition.	Year Long	Megan Newton	Weekly	O8
Black Student Union (BSU)	The Black Student Union fosters student growth and development through diversity, academics, community services and outreach. In the Elk Grove Unified School District (EGUSD), the BSU is developed to promote a positive representation of the Black/African American community, along with promoting student leadership, outreach, and empowerment.	Year Long	Zimmerman & Clarissa Hylton	Thursday and monthly during Flextime	R8
California Scholarship Federation (CSF)	The mission is to recognize and encourage academic achievement and community service among middle and high school students in California.	Year Long	Katie Mitchell	Monthly	R11
Chemistry Club	Sponsored by the ACS, Chem Club encourages the	Year Long	Arlene	Second	D205

	investigation of chemistry topics through everyday phenomena.		Laurison	Friday of the month	
Chinese Student Association (CSA)	To promote and explore Chinese culture on Sheldon campus through the celebration of Chinese customs, traditions, and cultural events.	Year Long	Paul Huang	Monthly	D112
Dungeons and Dragons Club	Dungeons and Dragons Club is a club dedicated to introducing students to Dungeons and Dragons (and other tabletop role playing games), and giving students an opportunity to play the game with peers.	Year Long	Robert Au	Every other Monday	library
Engineering Club	Students spread awareness about Engineering and STEM fields, host guest speakers, run a mentoring program with Beitzel Elementary, and other community service activities.	Year Long		First or Second Wednesday of the month	E002
EvoSol Pediatrics Club		Year Long			
Filipino Pamayanan Club (FPC)	Filipino Pamayanan Club: to honor and educate about the Filipino Culture	Year Long	Melissa McHale	Once a month	E10
Girls United		Year Long			
Girls Who Code		Year Long			
Hearts and Hands		Year Long			
Hmong Club	Hmong Club is a student organization dedicated to celebrating, preserving, and sharing Hmong culture and traditions within our community. The club provides a	Year Long	Phil Goodwin	Once a month	O1

	welcoming space for students to connect and build pride in their cultural identity while promoting cultural awareness.				
Henna Club		Year Long	Mrs. Vasquez		
Key Club	This club is a student led club that emphasizes outreach and giving back to the community. Here students participate in a multitude of community service events to become and help the community that they live in. Students learn leaderships, communication, time management, and confidence skills that will help them in all aspects of life.	Year Long	Sunayana Dutta	Bi-Weekly	P-6
Korean Music Club (KMC)	Korean Music Club gathers through the community of K-pop music enjoyers and fans at Sheldon; in the club, fans are able to collaborate and make friends during the club's performances, events, and other gatherings throughout the year.	Year Long	Mark Zemke	Every other Friday (Bimonthly)	D101
La Raza	The La Raza club celebrates the cultures of the Spanish-speaking world. Making connections with all students.	Year Long	Rose Rocha	Monthly	R013
Lion Dance Club	The goal of the Lion Dance Club is to celebrate the traditional art form of Vietnamese and Chinese culture. The Lion Dance Club also shares this tradition with the school and the surrounding community through their performances at school	Year Long	Zach Newton	Monthly	E13

	cultural events.				
Mathletes	We are a competitive academic club. We compete in 7 competitions against all 24 high schools in the Sacramento area. We also promote math with other activities, such as, but not limited to “California Mathletes exams” monthly and the “American Mathematics Competition” once per year	Year Long	Mr. Wallace	Thursdays	D102
Mock Trial	The Mock Trial club prepares participants for competition. Mock Trial competition simulates a trial-level proceeding in which students play the role of pre-trial counsel, prosecution and defense attorneys, witnesses, court clerks, and bailiffs before a single presiding judge and two to three scoring judges who score individuals based on their legal arguments and presentations.	Year Long	Ann Mazzaferro	In-season: Mon mornings/Fridays after school. Off-Season: as needed.	P-11
Muslim Student Association (MSA)	Students meet to connect about their faith, educate their peers, and build community.	Year Long	Katie Mitchell	Monthly	R11
National Honors Society (NHS)	National Honor Society (NHS) membership has been the true mark of student achievement for over 100 years, but it goes far beyond a report card. By empowering, championing, and recognizing well-rounded students, NHS provides schools with a values-based framework to elevate a culture of scholarship, service, leadership, and character.	Year Long	Dan Rau		Q2

New Roots Club					
Nesian Nation	The Nesian Nation is dedicated to the preservation, perpetuation, and protection of Polynesian, Micronesian, and Melanesian culture.	Year Long	Hulita Fusitu'a	Two Wednesdays a month	Q-5
Pacific Islander's Club (PIC)	This club strives to spread and educate about Pacific Island culture. We hope to accomplish this through cultural dances, foods, traditions, etc. We hold numerous social events throughout the school-year (ex. potlucks). Additionally, we showcase performances all originating from various Pacific Islander cultures to not only educate our dancers and its audience, but to also spread the meaning and importance of each one. We aim to provide all of our members with a safe place to immerse themselves into learning and trying new things! + getting to create new friendships!	Year Long	Hulita Fusitu'a	Monthly Performances are every Tuesday and Thursday	Q-5
Physics Club	The physics club is dedicated to the promotion of physics as a fun topic. We build based on physics principles and have guest speakers in the field. Physics Club also participated in elementary outreach, sharing our love of physics with younger students.	Year Long	Christine Martin	Monthly on Mondays	D106
Racket Club		Year Long	Mr. Bumbaca	Weekly	

Red Cross Club	Students practice and exemplify humanitarian values through mission-related service projects.	Year Long	Francisco Patiño	Every other Tuesday	R007
Soroptimist Club (S-Club)	S Club is a volunteer organization.	Year Long	Christine Martin	Every Friday	D106
Science Olympiad	We are a competitive academic team participating in study events and building events, encouraging collaboration, teamwork, and scientific discovery.	Year Long	Paul Huang	Daily	D112
Sheldon Breakers Club	This club allows opportunities for students to experience breakdancing, including: learning about breakdancing culture, learning to dance, participating in community-building with other breakdancers, and performing for the school and local community.	Year Long	Jerry Vang	Weekly (Mondays @ 3:45 PM)	K4
Sheldon eSports	Esports clubs enhance student engagement and teamwork. Focusing on foundational skills and strategic depth and broader competition.	Year Long	Michael Yee	Practices/competitions occur in-game (online)	D103
Sikh Honors and Service Society (SHSS)	Sikh Honor Society- Internships, Opportunities	Year Long	Raylene DeMars	Wednesdays	K3
Sports Medicine		Year Long	Mr. Reed		P2
Student Equity Council	Student Equity Council (SEC) is a K-12 student program that aims to provide an important forum for	Year Long	Jessica Redden	Monthly	K1

	students from historically marginalized groups to build equity leadership and advocacy skills, identify and address equity issues in their school community, and provide input into school-wide and district-wide equity initiatives				
Teal Army Club		Year Long	Kaila Prestridge	Weekly	H1
Thai, Laos, Cambodian Club (TLC Club)	The TLC Club stands for Thai, Laos, Cambodia and was made with the purpose of representing and spreading Southeast Asian culture.	Year Long	Jaci McAleer	Quarterly Meetings and Practice on Wednesdays after school	O3
UNICEF	UNICEF, the United Nations International Children's Emergency Fund, is a continuously growing organization and movement promoting the well-being and rights of children worldwide. Our club has worked towards the ultimate goal of UNICEF through service events, spreading awareness, and educating our community about the global issues happening to children in need.	Year Long	Xuan Tran	Monthly	E-16
Vietnamese Student Association (VSA)	VSA strives to spread and educate our campus community on Vietnamese culture. We hold meetings once a month and students are able to be directly involved by joining our cultural fan dance.	Year Long	Xuan Tran	Mondays, once a month	E-16