

Wellness Committee Meeting #3 SY 2024-2025 Minutes:

Meeting began at: 12:30 PM on Tuesday, March 25th

Attendance:

Charity Campbell
Avery Palomera
Tendayi Gentile
Heather King
Michelle Boll

Meeting Overview:

- Recap on the committee's current wellness goals for the current SY
 - Increase in nutrition education initiatives
 - Nutrition education awareness and availability using marketing and promotions

Topics of Discussion:

1. Continued Progress in Goals
 - a. National Nutrition Month – March 2025
 - i. Highlighting menu items and increased awareness of the food groups with marketing materials like recipes, signs, and banners.
 - ii. Press release sent out before promo started.
 - iii. Principals added it to their family and staff newsletters.
 1. 03/03 – fruit group – coconut water
 2. 3/07 – grain group – orzo salad
 3. 3/14 – protein group – tri-colored bell pepper salad
 4. 3/21 – dairy group – cottage cheese Jell-O
 5. 3/28 – protein group – mung bean salad
 - a. Maria will be completing a press release on this to spread awareness of the event to all stakeholders

Next Meeting

May 2025 – time to be determined

Meeting concluded at 1:10 PM March 25th