

Menu Name:

PRE-SCHOOL SNACK

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Friday - 08/01/2025

Reimbursable Meal Total 500

|                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001280 SNACK, CHEX MIX CHEDDAR    | EACH         | 500       | 140                      | 0.50                   | 260                    | *N/A*            | *N/A*            | 3.50      | 0.00       | 0           | 27.00    | 1.00      | 3.00      | *N/A*       | 20.0       | 0.00       | 0.36      | \$0.000 |
| 000982 JUICE, APPLE 4 OZ SUNCUP   | SERVING      | 250       | 60                       | 0.00                   | 10                     | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 14.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000789 JUICE, ORANGE, 4 OZ SUNCUP | CARTON       | 250       | 60                       | 0.00                   | 0                      | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 13.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 42.00      | 0.00      | \$0.000 |
| Weighted Daily Average            |              |           | 200                      | 0.50                   | 265                    | *N/A*            | *N/A*            | 3.50      | *0.00      | 0           | 40.50    | 1.00      | 3.00      | 0           | 20.0       | 21.00      | 0.36      | \$0.000 |
| % of Calories                     |              |           |                          | 2.25%                  |                        | *N/A*            | *N/A*            | 15.8%     | *0.0%      |             | 81.0%    |           | 6.0%      |             |            |            |           |         |
| Weekly Nutrient Guideline         |              |           | 350 - 0                  | <10                    | 540                    |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 08/04/2025

Reimbursable Meal Total 500

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001275 SNACK, CHEX MIX STRWBERRY YOGT | EACH         | 500       | 120                      | 1.00                   | 55                     | 6                | *N/A*            | 3.00      | 0.00       | 0           | 23.00    | 2.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000982 JUICE, APPLE 4 OZ SUNCUP       | SERVING      | 250       | 60                       | 0.00                   | 10                     | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 14.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000789 JUICE, ORANGE, 4 OZ SUNCUP | CARTON       | 250       | 60                       | 0.00                   | 0                      | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 13.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 42.00      | 0.00      | \$0.000 |
| Weighted Daily Average            |              |           | 180                      | 1.00                   | 60                     | *6               | *N/A*            | 3.00      | *0.00      | 0           | 36.50    | 2.00      | 2.00      | 0           | 0.0        | 21.00      | 0.00      | \$0.000 |
| % of Calories                     |              |           |                          | 5.00%                  |                        | *13.3%           | *N/A*            | 15.0%     | *0.0%      |             | 81.1%    |           | 4.4%      |             |            |            |           |         |
| Weekly Nutrient Guideline         |              |           | 350 - 0                  | <10                    | 540                    |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Tuesday - 08/05/2025

Reimbursable Meal Total 500

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000386 GRAHAM, BEAR CHOC  | PACK         | 500       | 110                      | 1.00                   | 100                    | *N/A*            | *N/A*            | 3.00      | 0.00       | 0           | 20.00    | 2.00      | 2.00      | *N/A*       | 14.0       | 3.00       | 3.00      | \$0.000 |
| 000843 MILK, GALLON 1%    | CUP          | 500       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| Weighted Daily Average    |              |           | 240                      | 2.50                   | 260                    | *15              | *N/A*            | 5.50      | 0.00       | 15          | 36.00    | 2.00      | 12.00     | 0           | 414.0      | 4.20       | 3.00      | \$0.000 |
| % of Calories             |              |           |                          | 9.38%                  |                        | *25.0%           | *N/A*            | 20.6%     | 0.0%       |             | 60.0%    |           | 20.0%     |             |            |            |           |         |
| Weekly Nutrient Guideline |              |           | 350 - 0                  | <10                    | 540                    |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 08/06/2025

Reimbursable Meal Total 500

|                             | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001403 SNACK, SCOOPY GRAHAM | PACKAGE      | 500       | 120                      | 1.00                   | 115                    | *N/A*            | *N/A*            | 4.00      | 0.00       | 0           | 21.00    | 0.00      | 2.00      | *N/A*       | 100.0      | 0.00       | 0.72      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                            | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|----------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001360 FRUIT, MELON CHUNKS | #8 SCOOP     | 500       | 27                       | 0.01                   | 10                     | *2               | *N/A*            | 0.05      | *0.00      | 0           | 6.45     | 0.57      | 0.55      | *N/A*       | 5.7        | 16.74      | 0.18      | \$0.000 |
| Weighted Daily Average     |              |           | 147                      | 1.01                   | 125                    | *2               | *N/A*            | 4.05      | *0.00      | 0           | 27.45    | 0.57      | 2.55      | 0           | 105.7      | 16.74      | 0.90      | \$0.000 |
| % of Calories              |              |           |                          | 6.18%                  |                        | *5.4%            | *N/A*            | 24.8%     | *0.0%      |             | 74.7%    |           | 6.9%      |             |            |            |           |         |
| Weekly Nutrient Guideline  |              |           | 350 - 0                  | <10                    | 540                    |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 08/07/2025

Reimbursable Meal Total 500

|                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001169 SNACK, GOLDFISH CRACKERS | EACH         | 500       | 100                      | 1.00                   | 170                    | *N/A*            | *N/A*            | 3.50      | 0.00       | 4           | 14.00    | 1.00      | 3.00      | *N/A*       | 20.0       | 0.00       | 0.36      | \$0.000 |
| 002251 VEG, CARROT STICKS       | 6 STICKS     | 500       | 46                       | 0.00                   | 78                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 11.34    | 3.40      | 1.13      | *N/A*       | 34.0       | 6.80       | 0.41      | \$0.000 |
| Weighted Daily Average          |              |           | 146                      | 1.00                   | 248                    | *N/A*            | *N/A*            | 3.50      | *0.00      | 4           | 25.34    | 4.40      | 4.13      | 0           | 54.0       | 6.80       | 0.77      | \$0.000 |
| % of Calories                   |              |           |                          | 6.16%                  |                        | *N/A*            | *N/A*            | 21.6%     | *0.0%      |             | 69.4%    |           | 11.3%     |             |            |            |           |         |
| Weekly Nutrient Guideline       |              |           | 350 - 0                  | <10                    | 540                    |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 08/08/2025

Reimbursable Meal Total 500

|                              | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000829 GRAHAM, BEAR APP CINN | PACK         | 500       | 110                      | 0.50                   | 100                    | 7                | *N/A*            | 3.50      | 0.00       | 0           | 20.00    | 2.00      | 1.00      | *N/A*       | 20.0       | 3.60       | 1.80      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000230 MILK,1% WHITE      | CARTON       | 500       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| Weighted Daily Average    |              |           | 240                      | 2.00                   | 260                    | 22               | *N/A*            | 6.00      | 0.00       | 15          | 36.00    | 2.00      | 11.00     | *0          | 420.0      | 4.80       | 1.80      | \$0.000 |
| % of Calories             |              |           |                          | 7.50%                  |                        | 36.7%            | *N/A*            | 22.5%     | 0.0%       |             | 60.0%    |           | 18.3%     |             |            |            |           |         |
| Weekly Nutrient Guideline |              |           | 350 - 0                  | <10                    | 540                    |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 08/11/2025

Reimbursable Meal Total 400

|                                          | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003098 SNACK CHEX MIX TRADITIONAL 1.75OZ | SERVINGS     | 500       | 213                      | 1.52                   | 435                    | 3                | 0                | 6.07      | 0.00       | 0           | 37.45    | 2.02      | 4.05      | *N/A*       | 0.0        | 0.00       | 1.32      | \$0.000 |
| 002180 JUICE, GRAPE 4.23 OZ SC           | EACH         | 200       | 80                       | 0.00                   | 10                     | 19               | *N/A*            | 0.00      | 0.00       | 0           | 20.00    | 0.00      | 0.00      | *N/A*       | 100.0      | 0.00       | 0.00      | \$0.000 |
| 000999 JUICE, ORAN/TANG 4.23 OZ SC       | EACH         | 100       | 60                       | 0.00                   | 10                     | 13               | *N/A*            | 0.00      | 0.00       | 0           | 15.00    | 0.00      | 0.00      | *N/A*       | 190.0      | 0.00       | 0.00      | \$0.000 |
| 001001 JUICE, APPLE 4.23 OZ SC           | EACH         | 200       | 60                       | 0.00                   | 5                      | 13               | *N/A*            | 0.00      | 0.00       | 0           | 14.00    | 0.00      | 0.00      | *N/A*       | 100.0      | 0.00       | 0.00      | \$0.000 |
| Weighted Daily Average                   |              |           | 351                      | 1.90                   | 554                    | 23               | *0               | 7.59      | 0.00       | 0           | 67.56    | 2.53      | 5.06      | 0           | 147.5      | 0.00       | 1.64      | \$0.000 |
| % of Calories                            |              |           |                          | 4.87%                  |                        | 26.2%            | *0%              | 19.5%     | 0.0%       |             | 77.0%    |           | 5.8%      |             |            |            |           |         |
| Weekly Nutrient Guideline                |              |           | 350 - 0                  | <10                    | 540                    |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Tuesday - 08/12/2025

Reimbursable Meal Total 500

|                              | Portion Size  | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------|---------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000465 SNACK, POPCORN CHEESE | SERVING (BAG) | 500       | 70                       | 1.50                   | 55                     | *N/A*            | *N/A*            | 4.00      | *N/A*      | 0           | 8.00     | 2.00      | 1.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002726 FRUIT, CRAISINS WATERMELON | BAG          | 500       | 110                      | 0.00                   | 0                      | 24               | *N/A*            | 0.00      | 0.00       | 0           | 27.00    | 2.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| Weighted Daily Average            |              |           | 180                      | 1.50                   | 55                     | *24              | *N/A*            | 4.00      | *0.00      | 0           | 35.00    | 4.00      | 1.00      | 0           | 0.0        | 0.00       | 0.00      | \$0.000 |
| % of Calories                     |              |           |                          | 7.50%                  |                        | *53.3%           | *N/A*            | 20.0%     | *0.0%      |             | 77.8%    |           | 2.2%      |             |            |            |           |         |
| Weekly Nutrient Guideline         |              |           | 350 - 0                  | <10                    | 540                    |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 08/13/2025

Reimbursable Meal Total 500

|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000712 CEREAL, CINN TOASTERS 1 OZ    | BOWL         | 200       | 121                      | 0.51                   | 132                    | 9                | *N/A*            | 3.54      | 0.00       | 0           | 22.27    | 0.00      | 1.01      | *N/A*       | 101.2      | 6.08       | 9.11      | \$0.000 |
| 000706 CEREAL, FRST FLAKES BOWL 1 OZ | BOWL         | 200       | 110                      | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 1.00      | *N/A*       | 0.0        | 9.00       | 3.60      | \$0.000 |
| 000707 CEREAL, HON TOASTY O'S 1 OZ   | BOWL         | 100       | 113                      | 0.00                   | 198                    | *N/A*            | *N/A*            | 1.42      | 0.00       | 0           | 22.68    | 1.89      | 2.84      | *N/A*       | 94.5       | 5.67       | 8.50      | \$0.000 |
| 000230 MILK,1% WHITE                 | CARTON       | 500       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| Weighted Daily Average               |              |           | 245                      | 1.70                   | 316                    | *19              | *N/A*            | 4.20      | 0.00       | 15          | 39.45    | 0.38      | 11.37     | 0           | 459.4      | 8.36       | 6.79      | \$0.000 |
| % of Calories                        |              |           |                          | 6.24%                  |                        | *31.0%           | *N/A*            | 15.4%     | 0.0%       |             | 64.4%    |           | 18.6%     |             |            |            |           |         |
| Weekly Nutrient Guideline            |              |           | 350 - 0                  | <10                    | 540                    |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 08/14/2025

Reimbursable Meal Total 500

|                                          | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003091 SNACK SUN CHIP GARDEN SALSA LARGE | SERVINGS     | 500       | 210                      | 1.00                   | 210                    | 4                | 3                | 9.00      | 0.00       | 0           | 28.00    | 3.00      | 3.00      | *N/A*       | 20.0       | 0.00       | 1.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000064 FRUIT, APPLE FRESH | 1/2 APPLE    | 500       | 50                       | 0.00                   | 1                      | 10               | *N/A*            | 0.00      | 0.00       | 0           | 12.65    | 2.02      | 0.01      | *N/A*       | 10.2       | 4.58       | 0.18      | \$0.000 |
| Weighted Daily Average    |              |           | 260                      | 1.00                   | 211                    | 14               | *3               | 9.00      | 0.00       | 0           | 40.65    | 5.02      | 3.01      | *0          | 30.2       | 4.58       | 1.18      | \$0.000 |
| % of Calories             |              |           |                          | 3.46%                  |                        | 21.5%            | *4.6%            | 31.2%     | 0.0%       |             | 62.5%    |           | 4.6%      |             |            |            |           |         |
| Weekly Nutrient Guideline |              |           | 350 - 0                  | <10                    | 540                    |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 08/15/2025

Reimbursable Meal Total 500

|                                | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003166 SNACK, CRACKER RITZ 2PK | 2 PACKS      | 500       | 70                       | 1.00                   | 105                    | 1                | *N/A*            | 3.50      | 0.00       | *N/A*       | 8.00     | 0.00      | 0.00      | *N/A*       | 20.0       | 0.00       | 0.40      | \$0.000 |
| 001355 FRUIT, STRAWBERRY       | 1/2 cup      | 500       | 23                       | 0.01                   | 1                      | 4                | *N/A*            | 0.22      | 0.00       | 0           | 5.53     | 1.44      | 0.48      | *N/A*       | 11.5       | 42.34      | 0.30      | \$0.000 |
| Weighted Daily Average         |              |           | 93                       | 1.01                   | 106                    | 5                | *N/A*            | 3.72      | 0.00       | *0          | 13.53    | 1.44      | 0.48      | *0          | 31.5       | 42.34      | 0.70      | \$0.000 |
| % of Calories                  |              |           |                          | 9.77%                  |                        | 21.5%            | *N/A*            | 36.0%     | 0.0%       |             | 58.2%    |           | 2.1%      |             |            |            |           |         |
| Weekly Nutrient Guideline      |              |           | 350 - 0                  | <10                    | 540                    |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 08/18/2025

Reimbursable Meal Total 500

|                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002594 SNACK, PRETZEL STICKLETS | BAG          | 500       | 70                       | 0.00                   | 230                    | 0                | *N/A*            | 0.00      | 0.00       | 0           | 16.00    | 3.00      | 2.00      | *N/A*       | 9.0        | 0.00       | 1.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002058 FRUIT, APPLE FRESH WHOLE | 1 EACH       | 500       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| Weighted Daily Average          |              |           | 170                      | 0.00                   | 230                    | 19               | *N/A*            | 0.00      | 0.00       | 0           | 41.00    | 7.00      | 2.00      | 0           | 29.0       | 8.40       | 1.36      | \$0.000 |
| % of Calories                   |              |           |                          | 0.00%                  |                        | 44.7%            | *N/A*            | 0.0%      | 0.0%       |             | 96.5%    |           | 4.7%      |             |            |            |           |         |
| Weekly Nutrient Guideline       |              |           | 350 - 0                  | <10                    | 540                    |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Tuesday - 08/19/2025 Reimbursable Meal Total 500

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002140 SNACK, CHEEZ-IT WG | EACH         | 500       | 100                      | 1.00                   | 150                    | *N/A*            | *N/A*            | 3.50      | 0.00       | 0           | 14.00    | 1.00      | 2.00      | *N/A*       | 100.0      | 0.00       | 0.72      | \$0.000 |
| 000230 MILK,1% WHITE      | CARTON       | 500       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| Weighted Daily Average    |              |           | 230                      | 2.50                   | 310                    | *15              | *N/A*            | 6.00      | 0.00       | 15          | 30.00    | 1.00      | 12.00     | 0           | 500.0      | 1.20       | 0.72      | \$0.000 |
| % of Calories             |              |           |                          | 9.78%                  |                        | *26.1%           | *N/A*            | 23.5%     | 0.0%       |             | 52.2%    |           | 20.9%     |             |            |            |           |         |
| Weekly Nutrient Guideline |              |           | 350 - 0                  | <10                    | 540                    |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 08/20/2025 Reimbursable Meal Total 500

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003089 CRACKER WHEAT THIN | SERVINGS     | 500       | 220                      | 0.50                   | 320                    | 7                | 0                | 8.00      | 0.00       | 0           | 35.00    | 5.00      | 3.00      | *N/A*       | 50.0       | 0.00       | 1.40      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                  | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|----------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002791 CHEESE, MOZZARELLA STRING | EACH         | 500       | 80                       | 3.00                   | 200                    | 0                | *N/A*            | 6.00      | 0.00       | 20          | 1.00     | 0.00      | 6.00      | *N/A*       | 220.0      | 0.00       | 0.00      | \$0.000 |
| Weighted Daily Average           |              |           | 300                      | 3.50                   | 520                    | 7                | *0               | 14.00     | 0.00       | 20          | 36.00    | 5.00      | 9.00      | 0           | 270.0      | 0.00       | 1.40      | \$0.000 |
| % of Calories                    |              |           |                          | 10.50 %                |                        | 9.3%             | *0%              | 42.0%     | 0.0%       |             | 48.0%    |           | 12.0%     |             |            |            |           |         |
| Weekly Nutrient Guideline        |              |           | 350 - 0                  | <10                    | 540                    |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 08/21/2025 Reimbursable Meal Total 500

|                                  | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|----------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000833 GRAHAM, HONEY             | PACK         | 500       | 97                       | 0.47                   | 132                    | *N/A*            | *N/A*            | 3.12      | *N/A*      | 0           | 18.04    | 2.48      | 1.44      | *N/A*       | 4.4        | 3.02       | 1.69      | \$0.000 |
| 000792 YOGURT, RASP 4 OZ DANIMAL | SERVING      | 500       | 130                      | 2.00                   | 85                     | *N/A*            | *N/A*            | 3.00      | 0.00       | 15          | 20.00    | 0.00      | 6.00      | *N/A*       | 150.0      | 0.00       | 0.00      | \$0.000 |
| Weighted Daily Average           |              |           | 227                      | 2.47                   | 217                    | *N/A*            | *N/A*            | 6.12      | *0.00      | 15          | 38.04    | 2.48      | 7.44      | 0           | 154.4      | 3.02       | 1.69      | \$0.000 |
| % of Calories                    |              |           |                          | 9.79%                  |                        | *N/A*            | *N/A*            | 24.3%     | *0.0%      |             | 67.0%    |           | 13.1%     |             |            |            |           |         |
| Weekly Nutrient Guideline        |              |           | 350 - 0                  | <10                    | 540                    |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 08/22/2025 Reimbursable Meal Total 500

|                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003092 CHIP TORTILLA SCOOPS BAKED | SERVINGS     | 500       | 110                      | 0.00                   | 95                     | 0                | 0                | 3.00      | 0.00       | 0           | 19.01    | 2.00      | 2.00      | *N/A*       | 30.0       | 0.00       | 0.30      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                              | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002490 SALSA, COMMODITY 1/4C | #16 SCOOP    | 500       | 18                       | 0.00                   | 62                     | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 3.54     | 1.77      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| Weighted Daily Average       |              |           | 128                      | 0.00                   | 157                    | *0               | *0               | 3.00      | 0.00       | 0           | 22.56    | 3.77      | 2.00      | 0           | 30.0       | 0.00       | 0.30      | \$0.000 |
| % of Calories                |              |           |                          | 0.00%                  |                        | *0%              | *0%              | 21.1%     | 0.0%       |             | 70.5%    |           | 6.2%      |             |            |            |           |         |
| Weekly Nutrient Guideline    |              |           | 350 - 0                  | <10                    | 540                    |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 08/25/2025

Reimbursable Meal Total 500

|                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003090 SNACK SUN CHIP CHEDDAR LARGE | SERVINGS     | 500       | 210                      | 1.00                   | 260                    | 3                | 3                | 9.00      | 0.00       | 0           | 28.00    | 4.00      | 3.00      | *N/A*       | 20.0       | 0.90       | 0.90      | \$0.000 |
| 000984 JUICE, GRAPE 4 OZ SUNCUP     | SERVING      | 200       | 60                       | 0.00                   | 0                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000982 JUICE, APPLE 4 OZ SUNCUP     | SERVING      | 100       | 60                       | 0.00                   | 10                     | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 14.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000999 JUICE, ORAN/TANG 4.23 OZ SC  | EACH         | 200       | 60                       | 0.00                   | 10                     | 13               | *N/A*            | 0.00      | 0.00       | 0           | 15.00    | 0.00      | 0.00      | *N/A*       | 190.0      | 0.00       | 0.00      | \$0.000 |
| Weighted Daily Average              |              |           | 270                      | 1.00                   | 266                    | *8               | *3               | 9.00      | 0.00       | 0           | 43.20    | 4.00      | 3.00      | *0          | 96.0       | 0.90       | 0.90      | \$0.000 |
| % of Calories                       |              |           |                          | 3.33%                  |                        | *11.9%           | *4.4%            | 30.0%     | 0.0%       |             | 64.0%    |           | 4.4%      |             |            |            |           |         |
| Weekly Nutrient Guideline           |              |           | 350 - 0                  | <10                    | 540                    |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Tuesday - 08/26/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                          | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003094 CRACKER GRAHAM GOLD FISH CINNAMON | SERVINGS     | 500       | 120                      | 1.00                   | 140                    | 7                | 0                | 4.00      | 0.00       | 0           | 19.00    | 1.00      | 1.00      | *N/A*       | 100.0      | 0.00       | 2.00      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH              | EACH         | 500       | 90                       | 0.11                   | 1                      | 12               | *N/A*            | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | *N/A*       | 5.0        | 8.79       | 0.26      | \$0.000 |
| Weighted Daily Average                   |              |           | 210                      | 1.11                   | 141                    | 19               | *0               | 4.33      | 0.00       | 0           | 42.07    | 3.63      | 2.10      | 0           | 105.0      | 8.79       | 2.26      | \$0.000 |
| % of Calories                            |              |           |                          | 4.76%                  |                        | 36.2%            | *0%              | 18.6%     | 0.0%       |             | 80.1%    |           | 4.0%      |             |            |            |           |         |
| Weekly Nutrient Guideline                |              |           | 350 - 0                  | <10                    | 540                    |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 08/27/2025

Reimbursable Meal Total 500

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002140 SNACK, CHEEZ-IT WG | EACH         | 500       | 100                      | 1.00                   | 150                    | *N/A*            | *N/A*            | 3.50      | 0.00       | 0           | 14.00    | 1.00      | 2.00      | *N/A*       | 100.0      | 0.00       | 0.72      | \$0.000 |
| 000230 MILK,1% WHITE      | CARTON       | 500       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| Weighted Daily Average    |              |           | 230                      | 2.50                   | 310                    | *15              | *N/A*            | 6.00      | 0.00       | 15          | 30.00    | 1.00      | 12.00     | 0           | 500.0      | 1.20       | 0.72      | \$0.000 |
| % of Calories             |              |           |                          | 9.78%                  |                        | *26.1%           | *N/A*            | 23.5%     | 0.0%       |             | 52.2%    |           | 20.9%     |             |            |            |           |         |
| Weekly Nutrient Guideline |              |           | 350 - 0                  | <10                    | 540                    |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 08/28/2025

Reimbursable Meal Total 500

|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003093 CHEESE COTTAGE SM CURD 2% 4OZ | SERVINGS     | 500       | 101                      | 1.52                   | 354                    | 0                | 0                | 2.53      | 0.00       | 15          | 6.07     | 0.00      | 13.16     | *N/A*       | 151.8      | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002493 FRUIT, PEACHES CAN USDA 1/4C | #16 SCOOP    | 500       | 30                       | 0.00                   | 2                      | 6                | *N/A*            | 0.00      | 0.00       | 0           | 7.00     | 0.50      | 0.00      | *N/A*       | 3.0        | 1.90       | 0.00      | \$0.000 |
| Weighted Daily Average              |              |           | 131                      | 1.52                   | 357                    | 6                | *0               | 2.53      | 0.00       | 15          | 13.07    | 0.50      | 13.16     | 0           | 154.8      | 1.90       | 0.00      | \$0.000 |
| % of Calories                       |              |           |                          | 10.44 %                |                        | 18.3%            | *0%              | 17.4%     | 0.0%       |             | 39.9%    |           | 40.2%     |             |            |            |           |         |
| Weekly Nutrient Guideline           |              |           | 350 - 0                  | <10                    | 540                    |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 08/29/2025

Reimbursable Meal Total 500

|                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002594 SNACK, PRETZEL STICKLETS | BAG          | 500       | 70                       | 0.00                   | 230                    | 0                | *N/A*            | 0.00      | 0.00       | 0           | 16.00    | 3.00      | 2.00      | *N/A*       | 9.0        | 0.00       | 1.00      | \$0.000 |
| 002669 FRUIT, APPLESAUCE USDA   | #8 SCOOP     | 500       | 58                       | 0.00                   | 2                      | 12               | *N/A*            | 0.00      | 0.00       | 0           | 15.84    | 1.13      | 0.00      | *N/A*       | 0.0        | 2.71       | 2.04      | \$0.000 |
| Weighted Daily Average          |              |           | 128                      | 0.00                   | 232                    | 12               | *N/A*            | 0.00      | 0.00       | 0           | 31.84    | 4.13      | 2.00      | 0           | 9.0        | 2.71       | 3.04      | \$0.000 |
| % of Calories                   |              |           |                          | 0.00%                  |                        | 37.5%            | *N/A*            | 0.0%      | 0.0%       |             | 99.5%    |           | 6.2%      |             |            |            |           |         |
| Weekly Nutrient Guideline       |              |           | 350 - 0                  | <10                    | 540                    |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

|                   |  | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------|--|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| Weighted Averages |  | 205                      | 1                      | 248                    | *11              | *0               | 5.00      | *0.00      | *6          | 34.56    | 2.75      | 5.73      | *0          | 168        | 7.52       | 1.41      | \$0.000 |
| % of Calories     |  |                          | 6.23%                  |                        | *21.5%           | *0%              | 22.0%     | *0.0%      |             | 67.4%    |           | 11.2%     |             |            |            |           |         |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
\* - denotes combined nutrient totals with either missing or incomplete nutrient data  
<sup>1</sup> - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.