

February

Heart Health Month!

Favs Menu

HIGH SCHOOL MENU CHOICES

BREAKFAST: Entrée, Fruit, Juice, Milk | **LUNCH:** Entrée, Veggie (Pick 2), Fruit (Pick 2), Milk

* Indicates Pork Product
+ Possible trace of sesame due to manufacturer

Choice of milk with breakfast & lunch
• 1% White • Fat-Free Chocolate
• Lactose-Free • Soy Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 National Tater Tot Day! Waffle Breakfast Sandwich OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Bacon Cheeseburger+ Italian Salad* Yogurt & Granola Combo Nacho Box  Tater Tots Burger Trimmings Broccoli Salad* Fresh Kiwi / Blueberries w/Cream	3 Bacon & Egg Taco OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Sweet Asian Chicken w/Fried Rice Crispy Chicken Salad Wowbutter Sandwich+ Combo Breaded Chicken Wrap w/Boss Sauce Stir Fry Vegetables Raw Vegetable Medley w/Dip Celery Sticks & Grape Tomatoes Orange Smiles / Sliced Pears	4 Biscuit & Chicken OR Pick 2: Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk Crispy Beef Tacos w/Spanish Rice Asian Chicken Salad Hummus & Cheese Bento Box Yogurt & Granola Combo Ranchero Beans Taco Trimmings Crispy Carrots & Grape Tomatoes Granny Smith Apple / Sliced Peaches	5 Sausage Kolache* OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk Meatza Pizza* or Cheese Pizza Italian Salad* Wowbutter Sandwich+ Combo Nacho Box Italian Green Beans Mixed Green Salad w/Ranch Cucumber & Jicama Sticks w/Tajin Fresh Banana / Strawberry Applesauce	6 Dutch Waffle OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Chicken Tenders w/Cornbread Spicy Chicken Salad Yogurt & Chex Combo Spicy Chicken Wrap w/Ranch Mashed Potatoes w/Gravy Broccoli w/Cheese Red Bell Pepper & Crispy Carrots Sliced Apples / Fruit Cocktail
9 Confetti Pancakes OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk BYO: Beef or Chicken Burrito Italian Salad* Yogurt & Granola Combo Nacho Box Zesty Tomatoes & Cucumbers Guacamole Salad Celery Sticks & Crispy Carrots Apple Crisps / Diced Peaches	10 Bean & Cheese Taco OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Asian Noodle Bowl+ w/Egg Roll Crispy Chicken Salad Wowbutter Sandwich+ Combo Breaded Chicken Wrap w/Boss Sauce Savory Green Peas Hummus & Carrots Cucumber Slices w/Tajin Sliced Apples / Strawberries w/Cream	11  Rodeo Kick-Off! Biscuit w/Gravy & Sausage* OR Pick 2: Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk Cheese or Beef & Cheese Nachos Asian Chicken Salad Hummus & Cheese Bento Box Yogurt & Granola Combo Ranchero Beans Mexican Street Corn Celery Sticks & Grape Tomatoes Seedless Grapes / Natural Applesauce	12 Random Acts of Kindness Day! Homemade Cinnamon Roll OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk Chicken & Waffles Italian Salad* Wowbutter Sandwich+ Combo Yogurt & Chex Combo Smile Fries Baked Beans Crispy Carrots & Red Bell Peppers Fresh Banana / Fiesta Raisins	13 Valentine Special! Pink Donut Holes & Sausage* OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Pink Sauce Spaghetti w/ or w/o Meatballs w/Cheesy Bread Spicy Chicken Salad, Nacho Box Spicy Chicken Wrap w/Ranch Savory Green Beans Tossed Salad w/Ranch Raw Vegetable Medley w/Dip Orange Smiles / Sliced Pears
16 School Holiday 	17 Slush Day! Chorizo & Egg Taco OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk BBQ or Buffalo Boneless Wings & Mac N Chz Crispy Chicken Salad Wowbutter Sandwich+ Combo Breaded Chicken Wrap w/Boss Sauce Broccoli w/Cheese Mixed Green Salad w/Ranch Celery Sticks & Carrots w/Dip Paradise Punch Slush / Natural Applesauce	18 Blueberry Muffin & Sausage* OR Pick 2: Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk Cheese Enchiladas w/Chili & Spanish Rice Buffalo Chicken Salad Hummus & Cheese Bento Box Yogurt & Granola Combo Ranchero Beans Crispy Carrots w/Dip Red Bell Peppers & Grape Tomatoes Sliced Apples / Strawberry Craisins	19 Pumpkin Bread OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk Chicken OR Chara Masala w/Spiced Rice & Naan Italian Salad* Wowbutter Sandwich+ Combo Yogurt & Chex Combo Buttered Corn Hummus & Carrots Cucumber & Jicama Sticks w/Tajin Fresh Banana / Strawberries w/Cream	20 Ham & Cheese Croissant* OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Chicken Nuggets w/Homemade Roll Spicy Chicken Salad Nacho Box Spicy Chicken Wrap w/Ranch Mashed Potatoes w/Gravy Savory Green Peas Celery Sticks & Grape Tomatoes Granny Smith Apple / Sliced Peaches
23 Chicken & Waffles OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk BYO Stuffed Baked Potato Italian Salad* Yogurt & Granola Combo Nacho Box Broccoli w/Cheese Zesty Tomatoes & Cucumbers Raw Vegetable Medley w/Dip Orange Smiles / Sliced Pears	24 Sausage, Potato & Egg Taco* OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk General Tso Chicken+ w/Fried Rice Crispy Chicken Salad Wowbutter Sandwich+ Combo Breaded Chicken Wrap w/Boss Sauce Stir Fry Vegetables Tossed Salad w/Ranch Celery Sticks & Grape Tomatoes Apple Crisps / Fruit Cocktail	25 Pancake Sausage Wraps OR Pick 2: Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk Frito Pie w/Cornbread Asian Chicken Salad Hummus & Cheese Bento Box Yogurt & Granola Combo Ranchero Beans Mexican Street Corn Cucumber Slices w/Tajin Seedless Grapes / Natural Applesauce	26 Homemade Cinnamon Roll OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk Fettuccini Chicken Alfredo w/Garlic Bread Italian Salad* Wowbutter Sandwich+ Combo Yogurt & Chex Combo Savory Green Beans Red Bell Peppers & Grape Tomatoes Crispy Carrots w/Dip Sliced Apples / Sour Watermelon Raisins	27 National Strawberry Day! Sausage & Cheese Flatbread OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Steak Fingers w/Homemade Roll Spicy Chicken Salad Nacho Box Spicy Chicken Wrap w/Ranch Mashed Potatoes w/Gravy Savory Green Peas Crispy Carrots & Grape Tomatoes Orange Smiles / Strawberries w/Cream

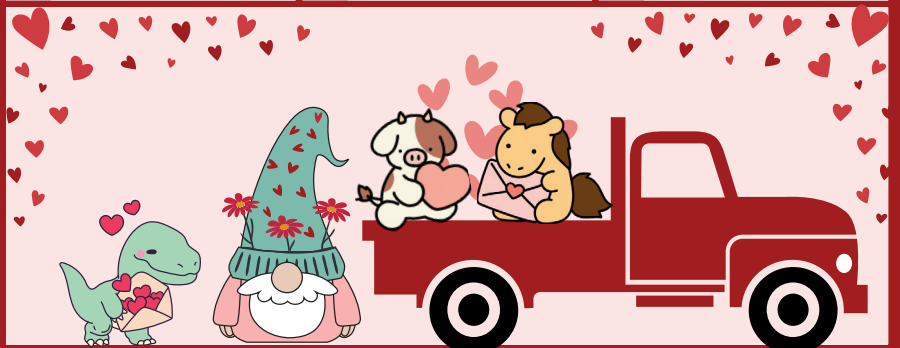
School Nutrition Services is hiring \$14.11 hour starting



Visit: schoolcafe.com/
NorthEastISD or download the School Café App to access meal account information, make payments & apply for free or reduced-price meals.

Menu subject to change

No fees for cash or checks paid directly to the cafeteria



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