

# MARCH 2026

## RIO DEL ORO ELEMENTARY SCHOOL

Questions or concerns  
 Contact Nutrition Services  
 (530) 743-4428 or  
[m@elona@plnsd.org](mailto:m@elona@plnsd.org)

| Monday   | Tuesday  | Wednesday  | Thursday  | Friday   |
|--|--|--|---|--|
| 2<br>Pancake Sandwich<br>Bagel w/ Cream Cheese<br>Cereal Bowl – Benefit Bar<br>Variety of Fruit & Juice    | 3<br>Breakfast Bowl<br>Bagel w/ Cream Cheese<br>Cereal Bowl – Benefit Bar<br>Variety of Fruit & Juice    | 4<br>Mini Pancakes<br>Bagel w/ Cream Cheese<br>Cereal Bowl – Benefit Bar<br>Variety of Fruit & Juice                 | 5<br>Banana Muffin<br>Bagel w/ Cream Cheese<br>Cereal Bowl – Benefit Bar<br>Variety of Fruit & Juice          | 6<br>Mini Cinni<br>Bagel w/ Cream Cheese<br>Cereal Bowl – Benefit Bar<br>Variety of Fruit & Juice  |
| 9<br>Breakfast Sandwich<br>Bagel w/ Cream Cheese<br>Cereal Bowl – Benefit Bar<br>Variety of Fruit & Juice  | 10<br>Waffle & Sausage<br>Bagel w/ Cream Cheese<br>Cereal Bowl – Benefit Bar<br>Variety of Fruit & Juice | 11<br>Pancake & Sausage on a Stick<br>Bagel w/ Cream Cheese<br>Cereal Bowl – Benefit Bar<br>Variety of Fruit & Juice | 12<br>Chocolate Chip Muffin<br>Bagel w/ Cream Cheese<br>Cereal Bowl – Benefit Bar<br>Variety of Fruit & Juice | 13<br>Mini Cinni<br>Bagel w/ Cream Cheese<br>Cereal Bowl – Benefit Bar<br>Variety of Fruit & Juice |
| 16<br>Breakfast Pizza<br>Bagel w/ Cream Cheese<br>Cereal Bowl – Benefit Bar<br>Variety of Fruit & Juice    | 17<br>Mini Donuts<br>Bagel w/ Cream Cheese<br>Cereal Bowl – Benefit Bar<br>Variety of Fruit & Juice      | 18<br>Chicken Biscuit<br>Bagel w/ Cream Cheese<br>Cereal Bowl – Benefit Bar<br>Variety of Fruit & Juice              | 19<br>Banana Muffin<br>Bagel w/ Cream Cheese<br>Cereal Bowl – Benefit Bar<br>Variety of Fruit & Juice         | 20<br>Mini Cinni<br>Bagel w/ Cream Cheese<br>Cereal Bowl – Benefit Bar<br>Variety of Fruit & Juice |
| 23<br>Pancake Sandwich<br>Bagel w/ Cream Cheese<br>Cereal Bowl – Benefit Bar<br>Variety of Fruit & Juice   | 24<br>Breakfast Bowl<br>Bagel w/ Cream Cheese<br>Cereal Bowl – Benefit Bar<br>Variety of Fruit & Juice   | 25<br>Mini Pancakes<br>Bagel w/ Cream Cheese<br>Cereal Bowl – Benefit Bar<br>Variety of Fruit & Juice                | 26<br>Chocolate Chip Muffin<br>Bagel w/ Cream Cheese<br>Cereal Bowl – Benefit Bar<br>Variety of Fruit & Juice | 27<br>Mini Cinni<br>Bagel w/ Cream Cheese<br>Cereal Bowl – Benefit Bar<br>Variety of Fruit & Juice |
| 30<br>Breakfast Sandwich<br>Bagel w/ Cream Cheese<br>Cereal Bowl – Benefit Bar<br>Variety of Fruit & Juice | 31<br>Waffle & Sausage<br>Bagel w/ Cream Cheese<br>Cereal Bowl – Benefit Bar<br>Variety of Fruit & Juice |                                  |   |  |
| <p><b>All meals are served with the choice of 1% white milk or nonfat chocolate milk.</b></p>              |  |  |   |  |

Please be advised – All menus are subject to change without notice due to distribution shortages and product unavailability.  
 We will continue our best efforts to serve our students with the best products available.  
 We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.  
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| Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
|---|---|---|---|---|
| <p>Chicken Nuggets w/ roll <b>2</b><br/>Or Black Bean Burgers<br/>Green Beans<br/>Celery Sticks–Salad–Carrots<br/>Variety of Fruit</p>  | <p>French Toast &amp; Sausage <b>3</b><br/>Or French Toast &amp; Yogurt<br/>Hash Browns<br/>Celery Sticks– Salad - Carrots<br/>Variety of Fruit</p>             | <p>Pull Apart w/ Marinara <b>4</b><br/>Or Macaroni &amp; Cheese w/ Roll<br/>Steamed Corn<br/>Broccoli – Salad - Carrots<br/>Variety of Fruit</p>  | <p>Hamburger <b>5</b><br/>Or Pretzel &amp; Cheese<br/>Baked Beans<br/>Celery Sticks–Salad–Carrots<br/>Variety of Fruit</p>        | <p>Domino's Smart Slice Cheese <b>6</b><br/>Or Pepperoni Pizza<br/>Caesar Salad – Cucumber<br/>Sticks Baby Carrots<br/>Variety of Fruit<br/>Cookie</p>  |
| <p>Chicken Sandwich <b>9</b><br/>Or Grilled Cheese Sandwich<br/>Green Beans<br/>Celery Sticks–Salad–Carrots<br/>Variety of Fruit</p>    | <p>Chicken Taquitos <b>10</b><br/>Or Cheese Quesadilla<br/>Refried Beans<br/>Cauliflower – Salad - Carrots<br/>Variety of Fresh Fruit</p>                       | <p>Orange Chicken <b>11</b><br/>Or Egg Roll w/ cheese stick<br/>Brown Rice – Edamame<br/>Broccoli – Salad - Carrots<br/>Variety of Fruit</p>      | <p>Corn Dog <b>12</b><br/>Or Pull Apart w/ Marinera<br/>Potato Wedges<br/>Celery Sticks–Salad–Carrots<br/>Variety of Fruit</p>    | <p>Domino's Smart Slice Cheese <b>13</b><br/>Or Pepperoni Pizza<br/>Caesar Salad – Cucumber<br/>Sticks Baby Carrots<br/>Variety of Fruit<br/>Cookie</p> |
| <p>Chicken Tenders w/ roll <b>16</b><br/>Or Sunbutter Sandwich<br/>Green Beans<br/>Celery Sticks–Salad–Carrots<br/>Variety of Fruit</p> | <p>Taco Nada <b>17</b><br/>Or Bean &amp; Cheese Burrito<br/>Spanish Rice<br/>Cauliflower – Salad - Carrots<br/>Variety of Fresh Fruit<br/>Goldfish Crackers</p> | <p>Chicken Sandwich <b>18</b><br/>Or Pretzel &amp; Cheese<br/>Steamed Corn<br/>Broccoli – Salad - Carrots<br/>Variety of Fruit</p>                | <p>Cheeseburger <b>19</b><br/>Or Grilled Cheese Sandwich<br/>Baked Beans<br/>Celery Sticks–Salad–Carrots<br/>Variety of Fruit</p> | <p>Domino's Smart Slice Cheese <b>20</b><br/>Or Pepperoni Pizza<br/>Caesar Salad – Cucumber<br/>Sticks Baby Carrots<br/>Variety of Fruit<br/>Cookie</p> |
| <p>Chicken Nuggets w/ roll <b>23</b><br/>Or Black Bean Burgers<br/>Green Beans<br/>Celery Sticks–Salad–Carrots<br/>Variety of Fruit</p> | <p>French Toast &amp; Sausage <b>24</b><br/>Or French Toast &amp; Yogurt<br/>Hash Browns<br/>Celery Sticks– Salad - Carrots<br/>Variety of Fruit</p>            | <p>Pull Apart w/ Marinara <b>25</b><br/>Or Macaroni &amp; Cheese w/ Roll<br/>Steamed Corn<br/>Broccoli – Salad - Carrots<br/>Variety of Fruit</p> | <p>Hamburger <b>26</b><br/>Or Pretzel &amp; Cheese<br/>Baked Beans<br/>Celery Sticks–Salad–Carrots<br/>Variety of Fruit</p>       | <p>Domino's Smart Slice Cheese <b>27</b><br/>Or Pepperoni Pizza<br/>Caesar Salad – Cucumber<br/>Sticks Baby Carrots<br/>Variety of Fruit<br/>Cookie</p> |
| <p>Chicken Sandwich <b>30</b><br/>Or Grilled Cheese Sandwich<br/>Green Beans<br/>Celery Sticks–Salad–Carrots<br/>Variety of Fruit</p>   | <p>Chicken Taquitos <b>31</b><br/>Or Cheese Quesadilla<br/>Refried Beans<br/>Cauliflower – Salad - Carrots<br/>Variety of Fresh Fruit</p>                       | <p></p>   |   |   |

All meals are served with the choice of 1% white milk or nonfat chocolate milk.

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