

Monday	Tuesday	Wednesday	Thursday	
1-Sep	2-Sep	3-Sep	4-Sep	5-Sep
Italian Salad* 2x meat <b>no cheese</b> w/ Tostito Chips	Hamburger + or Cheeseburger (GF Bun) (Grill) <b>OR</b> Nacho Box	Bean & Cheese Tacos 2 each on Corn Tortillas (I-21)	2 Yogurt w/Tostito Chips <b>OR</b> Pork & Cheese Tamales*	Stuffed Baked Potato <b>No Garlic Knot</b> w/ GF Bread
		OR 2 Yogurt w/Tostito Chips		<b>OR</b> Nacho Box
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Fruit (1)	Fruit (1)	Fruit (1)	Fruits(1)	Fruit (1)
Milk	Milk	Milk	Milk	Milk
8-Sep	9-Sep	10-Sep	11-Sep	12-Sep
Bacon Cheeseburger+* on GF Bread	GF Rotini(I-31B) w/ Meatsauce or Marinara	Bean & Cheese Tacos 2 each	2 Yogurt w/Tostito Chips	Italian Salad* w/Tostito Chips
OR Italian Salad* - <b>No Croutons</b> w/Tostito Chips	<b>w/ GF Bread</b>	on Corn Tortillas (I-21)	<b>OR</b> Pork & Cheese Tamales*	<b>No croutons or crackers</b>
		OR 2 Yogurt w/Tostito Chips		<b>OR</b> Nacho Box
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)
Milk	Milk	Milk	Milk	Milk
15-Sep	16-Sep	17-Sep	18-Sep	19-Sep
Meatball Sub <b>w/ GF Bread</b>	Stuffed Baked Potato <b>No Garlic Knot</b>	Crispy Beef Tacos w/ Spanish Rice (S/J)	2 Yogurt w/Tostito Chips	Beef & Cheese Nachos or
OR Italian Salad* w/Tostito Chips <b>No croutons or crackers</b>	w/ GF Bread	OR Wowbutter Sandwich+ <b>on GF Bread</b>	<b>OR</b> Pork & Cheese Tamales*	Cheese Nachos (S/J)
	OR Hummus Bento Box <b>No Flatbread</b> w/Tostito Chips			<b>OR</b> Nacho Box
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)
Milk	Milk	Milk	Milk	Milk
22-Sep	23-Sep	24-Sep	25-Sep	26-Sep
Sloppy Joe+ <b>on GF Bun</b>	Hamburger + or Cheeseburger+ (GF Bun) (Grill)	Beef & Cheese Nachos or	2 Yogurt w/Tostito Chips	Mac & Cheese w/ GF Rotini
OR Italian Salad* w/Tostito Chips <b>No croutons or crackers</b>	OR Hummus Bento Box <b>No Flatbread</b> w/Tostito Chips	Cheese Nachos (S/J)	<b>OR</b> Pork & Cheese Tamales*	<b>&amp; GF Bread on side</b>
Vegetable	Vegetable	Vegetable	Slush OK!!	<b>OR</b> Nacho Box
Fruit (1)	Fruit (1)	Fruit (1)	Vegetable	Vegetable
Milk	Milk	Milk	Fruit (1)	Fruit (1)
			Milk	Milk
29-Sep	30-Sep	1-Oct	2-Oct	3-Oct
Italian Salad* 2x meat <b>no cheese</b> w/ Tostito Chips	Hamburger + or Cheeseburger+ (GF Bun) (Grill) Hummus Bento Box <b>No Flatbread</b>	Bean & Cheese Tacos 2 each on Corn Tortillas (I-21)	2 Yogurt w/Tostito Chips <b>OR</b> Pork & Cheese Tamales*	Stuffed Baked Potato <b>No Garlic Knot</b> w/ GF Bread
	w/Tostito Chips	OR 2 Yogurt w/Tostito Chips		<b>OR</b> Nacho Box
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Fruit (1)	Fruit (1)	Fruit (1)	Fruits(1)	Fruit (1)
Milk	Milk	Milk	Milk	Milk
<b>DO NOT SERVE:</b> broccoli w/cheese, gravy on mashed potatoes, potato wedges, spicy hashbrowns, stir-fry vegetables, cornbread, roll, croutons				
<b>Gluten-Free Vegetables:</b> savory green beans, pinto beans, baked beans, cheesy garlic mashed potatoes, mashed potatoes (no gravy), savory peas, sweet potato fries, corn, smile fries, emoji fries, tater tots, lettuce, spinach, tomato, celery, carrots, red peppers, cucumber, jicama, tossed salad, raw vegetable medley				
<b>Gluten-Free Condiments:</b> catsup, mayonnaise, mustard, ranch, tajin, jalapenos, salsa, Italian salad dressing packet, ranch dressing packet, pico de gallo				
All regular fruit offerings are gluten-free (applesauce, banana, diced peaches, watermelon, strawberries & cream, fruit cocktail, blueberries & cream, sliced peaches, fresh apples, apple slices, watermelon raisins, orange, blue raspberry juice freeze, sliced pears, raisins, Craisins)				

GF Cold Entrée Choices & Grill Choices				
Italian Salad* w/Tostito Chips	Hummus Bento Box No Flatbread	2 Yogurt w/Tostito Chips	2 Yogurt w/Tostito Chips	Nacho Box
No croutons or crackers	w/Tostito Chips	Wowbutter Sandwich+ on GF Bread		Italian Salad* w/Tostito Chips
Wowbutter Sandwich+ on GF Bread	Hamburger + or Cheeseburger+ (GF Bun) (Grill)		Pork & Cheese Tamales* (Grill)	No croutons or crackers
BREAKFAST: Pick 3-4 items from the list - (1 item must be a fruit or juice)				
1 Cereal*	*Gluten-Free Cereal:		Recipe	Recipe Code in PE
GF Toast w Jelly	Cinnamon Chex		Fritos	7811431
Yogurt	Honey Cheerios		GF Loaf Bread	3704030
Sausage Patty	Blueberry Chex		Hamburger on GF Bun	I-9D
			Italian Chef Salad - GF	I-17D
Juice			Rotini GF & Cheese	I-31
Fruit			String Cheese (Mozzarella)	2602550
			Tortilla Chips	7811032
			Tostito Chip Bag	1107530
Milk, (plain in PK sites)			Turkey Coins	4332330
			Yogurt	2606031 & 2606131