

Planned Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

Menu Name: MIDDLE SCHOOL LUNCH Include Cost: Yes
 Site: 5 - GRAY AVENUE
 Use Alternate Menu Name: No

Monday - 03/02/2026 Reimbursable Meal Total 475

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002963 CHICKEN BUFFALO PATTY ON BUN	EACH	50	102	0.00	1029	0.03	*N/A*	2.52	0.00	65	0.27	0.04	20.07	*N/A*	0.5	0.00	0.01	\$0.000
001946 CHICKEN PATTY ON BUN (RC)	EACH	50	182	2.00	423	0.03	*N/A*	9.02	0.00	20	12.27	3.04	12.07	*N/A*	0.5	0.00	1.81	\$0.000
003182 CHICKEN, TENDERS BREADED GOLDEN FLAT LARGE	SERVING 2 EACH	50	200	1.00	710	*N/A*	*N/A*	7.00	0.00	35	16.00	0.00	17.00	*N/A*	0.0	0.00	1.08	\$0.000
002993 MAC & CHEESE PREMIUM JTM	6oz	50	317	8.90	781	3.00	*N/A*	16.00	0.00	46	28.00	2.00	15.00	*N/A*	368.0	0.00	1.00	\$0.000
003228 BREAD DINNER ROLL WG FRANZ (1 SVG = 2 ROLLS)	2 PIECES	20	140	0.00	180	2.00	*N/A*	1.00	0.00	0	26.00	2.00	6.00	*N/A*	28.0	0.00	2.00	\$0.000
002847 PULL-APART ITALIAN GARLIC	PACKAGES	30	304	6.08	527	5.06	*N/A*	13.16	0.00	30	32.40	2.02	14.18	*N/A*	344.3	0.00	1.82	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	78	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	30	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	18	582	*7.11	1010	*0.46	*0.00	25.96	*0.00	30	63.08	8.26	25.02	*0	113.6	18.28	4.60	\$0.000
002997 HS PIZZA, MEAT LOVERS	SLICES	0	579	*9.38	1427	*3.51	*0.80	23.09	*0.00	56	60.68	6.94	31.02	*6	68.4	15.86	6.75	\$0.000
000934 PIZZA, HAWIIAN	SLICES	18	474	*5.10	1070	*2.88	*0.80	11.45	*0.00	42	64.47	7.04	27.66	*0	70.8	14.15	5.10	\$0.000
002996 HS PIZZA, SMOKEHOUSE	SLICES	0	529	*5.85	1263	*0.40	*0.00	15.67	*0.03	61	64.81	6.92	30.80	*2	77.9	6.68	3.64	\$0.000
001374 SALAD ADULT, CHEF	SERVINGS	0	455	6.74	882	*3.02	*0.00	23.62	*0.00	57	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.000

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001376 SALAD, TACO HS	EACH	0	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	106	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	20	681	13.91	1541	*8.24	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	0	537	6.87	1179	*6.00	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	0	700	17.00	1213	*6.00	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	0	856	7.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	41	846	8.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	20	12870	56.10	21323	*133.86	*0.00	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	20	12980	55.60	21223	*134.86	*0.00	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	0	12899	58.10	21468	129.26	*0.00	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	0	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	0	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	375	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	0	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	9	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	325	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	150	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	0	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			1881	*15.61	3206	*45.47	*2.54	67.51	*0.00	51	253.51	18.87	51.15	*67	1293.3	45.98	*11.01	\$0.000
% of Calories				*7.47%		*9.67%	*0.54%	32.3%	*0.0%		53.9%		10.9%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Tuesday - 03/03/2026

Reimbursable Meal Total 475

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	0	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	0	507	12.93	1269	*3.00	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	10	660	12.00	1780	6.00	0.00	36.00	0.00	70	63.00	0.00	22.00	*N/A*	112.0	0.00	3.92	\$0.000
002649 HS KFC BOWL	EACH	40	347	4.71	1165	*3.26	*N/A*	15.43	0.00	35	35.42	4.64	17.83	*N/A*	164.0	22.38	2.03	\$0.000
003340 CHICKEN, TERIYAKI SMOKED RICE YANGS	SERVING	0	468	1.00	484	*9.00	*9.00	4.00	*0.00	70	84.00	1.00	21.50	*N/A*	35.0	*0.00	4.66	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	0	207	2.07	581	7.26	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$0.000
003007 HS SALAD MACARONI SYSCO	3/4C	0	321	3.63	819	6.22	*N/A*	21.77	0.00	16	25.92	2.07	5.18	*N/A*	0.0	0.00	1.49	\$0.000
002949 HOT POCKET SANDWICH PEPPERONI	EACH	96	291	6.02	572	3.01	*N/A*	12.04	0.00	25	36.13	1.00	9.03	*N/A*	100.4	0.00	2.71	\$0.000
002590 BURRITO, BEAN&CHSEIWSWG6.05 OZ	EACH	15	323	4.27	458	2.38	*N/A*	11.65	0.00	18	42.18	7.71	15.13	*N/A*	192.9	11.86	3.00	\$0.000

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002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	78	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	30	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	18	582	*7.11	1010	*0.46	*0.00	25.96	*0.00	30	63.08	8.26	25.02	*0	113.6	18.28	4.60	\$0.000
001374 SALAD ADULT, CHEF	SERVINGS	3	455	6.74	882	*3.02	*0.00	23.62	*0.00	57	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.000
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	106	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	20	681	13.91	1541	*8.24	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	0	537	6.87	1179	*6.00	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	0	700	17.00	1213	*6.00	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	0	856	7.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	52	846	8.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	20	12870	56.10	21323	*133.86	*0.00	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	20	12980	55.60	21223	*134.86	*0.00	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	0	12899	58.10	21468	129.26	*0.00	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	375	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	0	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	0	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	0	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	9	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000

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002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	325	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	150	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	0	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			1818	*12.64	2972	*46.89	*3.14	65.49	*0.03	41	246.52	17.28	46.28	*67	1276.6	*43.69	*10.05	\$0.000
% of Calories				*6.26%		*10.32 %	*0.69%	32.4%	*0.0%		54.2%		10.2%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Wednesday - 03/04/2026

Reimbursable Meal Total 475

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002474 CHICKEN, NUGGETS 5EA RC	SERVING 5 EACH	50	180	2.00	420	0.00	*N/A*	9.00	0.00	20	12.00	3.00	12.00	*N/A*	40.0	0.00	1.80	\$0.000
003182 CHICKEN, TENDERS BREADED GOLDEN FLAT LARGE	SERVING 2 EACH	50	200	1.00	710	*N/A*	*N/A*	7.00	0.00	35	16.00	0.00	17.00	*N/A*	0.0	0.00	1.08	\$0.000
000912 CORN DOG, CHICKEN WG 4 OZ (SYSCO CLASSIC)	SERVING	48	240	2.50	390	*N/A*	*N/A*	8.00	0.00	40	30.00	5.00	9.00	*N/A*	80.0	0.00	1.80	\$0.000
003077 TAMALES TWO CHEESE & GREEN CHILI LOS CABOS	1 TAMALES	15	345	9.47	712	1.58	0.00	18.01	0.00	36	29.67	2.56	15.95	*N/A*	418.6	2.45	0.87	\$0.000
003079 TAMALES SHREDDED BEEF SALSA ROJA & CHEESE LOS CABOS	1 TAMALES	0	342	7.68	640	1.99	0.00	16.29	0.00	45	29.96	3.17	18.93	*N/A*	210.2	1.35	2.27	\$0.000

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003078 TAMALES CHICKEN SALSA VERDE CHEESE LOS CABOS	1 TAMALES	15	309	6.53	622	1.06	0.00	13.76	0.00	56	28.40	2.70	17.27	*N/A*	202.6	3.59	1.37	\$0.000
002004 PIZZA, PEPPERONI WG 14" YUCSD	SLICE	78	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$0.000
002002 PIZZA, CHEESE WG 14" YUCSD	SLICES	30	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	18	582	*7.11	1010	*0.46	*0.00	25.96	*0.00	30	63.08	8.26	25.02	*0	113.6	18.28	4.60	\$0.000
001374 SALAD ADULT, CHEF	SERVINGS	3	455	6.74	882	*3.02	*0.00	23.62	*0.00	57	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.000
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	106	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	20	681	13.91	1541	*8.24	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	0	537	6.87	1179	*6.00	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	0	700	17.00	1213	*6.00	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	0	856	7.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	55	846	8.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	20	12870	56.10	21323	*133.86	*0.00	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	20	12980	55.60	21223	*134.86	*0.00	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	0	12899	58.10	21468	129.26	*0.00	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	0	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	0	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	375	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	0	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000

Planned Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000943 ICE CREAM, RASPBERRY SHERBET	SERVING	0	80	0.50	12	*N/A*	*N/A*	1.00	0.00	0	18.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	9	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	325	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	150	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	0	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			1877	*15.30	3059	*46.20	*3.31	68.04	*0.03	45	254.06	19.43	48.27	*67	1266.9	46.96	*10.90	\$0.000
% of Calories				*7.34%		*9.85%	*0.71%	32.6%	*0.0%		54.1%		10.3%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Thursday - 03/05/2026

Reimbursable Meal Total 475

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	72	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	10	660	12.00	1780	6.00	0.00	36.00	0.00	70	63.00	0.00	22.00	*N/A*	112.0	0.00	3.92	\$0.000
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	20	507	12.93	1269	*3.00	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	0	207	2.07	581	7.26	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$0.000

Planned Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003007 HS SALAD MACARONI SYSCO	3/4C	20	321	3.63	819	6.22	*N/A*	21.77	0.00	16	25.92	2.07	5.18	*N/A*	0.0	0.00	1.49	\$0.000
001488 CHICKEN, ORANGE MANDARIN nood	SERVING	100	350	0.83	489	*N/A*	*N/A*	7.87	*0.00	40	54.16	3.45	18.00	*N/A*	18.0	1.28	3.08	\$0.000
002189 BREADSTICK, CHEESE 4 BITES	4 EACH	40	280	4.00	540	0.00	*N/A*	12.00	0.00	20	28.00	4.00	16.00	*N/A*	240.0	0.00	1.44	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	78	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	30	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	18	582	*7.11	1010	*0.46	*0.00	25.96	*0.00	30	63.08	8.26	25.02	*0	113.6	18.28	4.60	\$0.000
001374 SALAD ADULT, CHEF	SERVINGS	3	455	6.74	882	*3.02	*0.00	23.62	*0.00	57	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.000
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	106	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	20	681	13.91	1541	*8.24	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	0	537	6.87	1179	*6.00	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	0	700	17.00	1213	*6.00	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	0	856	7.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	21	846	8.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	20	12870	56.10	21323	*133.86	*0.00	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	20	12980	55.60	21223	*134.86	*0.00	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	0	12899	58.10	21468	129.26	*0.00	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	0	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES	SERVINGS (6)	324	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000

Planned Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	0	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	0	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	9	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	325	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	150	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	0	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			1819	*12.10	2809	*43.12	*1.38	63.69	*0.03	58	247.11	17.80	50.97	*67	1282.4	39.55	*12.42	\$0.000
% of Calories				*5.99%		*9.48%	*0.30%	31.5%	*0.0%		54.3%		11.2%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Friday - 03/06/2026

Reimbursable Meal Total 475

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003221 CHICKEN BREAST CHUNK FRITTER FC-TYSON (WING SYSCO)	SERVING	140	240	2.00	570	0.00	0.00	12.00	*N/A*	40	14.00	1.00	18.00	*N/A*	20.0	*N/A*	1.00	\$0.000
002423 CHICKEN, POPCORN WG 10 EACH RO	SERVING (10)	40	393	3.00	759	*2.00	*N/A*	18.00	0.00	81	34.00	6.00	24.00	*N/A*	78.0	0.00	3.08	\$0.000

Planned Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003076 BURRITO BEEF BEAN AND CHEESE LOS CABOS	1 BURRITO	15	331	3.73	452	1.37	0.00	10.60	0.00	23	42.03	7.57	16.81	*N/A*	111.0	1.34	3.89	\$0.000
003073 QUESADILLA TWO CHEESE & GREEN CHILI LOS CACOS	SERVINGS	0	323	6.94	405	1.07	0.00	14.03	0.00	40	32.31	4.45	16.89	*N/A*	25.1	2.01	10.04	\$0.000
002677 SANDWICH, GRILLED CHEESE	EACH	40	477	16.33	928	*2.00	*N/A*	31.33	*0.00	80	23.00	3.00	25.00	*N/A*	36.0	0.00	1.00	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	96	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	30	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	18	582	*7.11	1010	*0.46	*0.00	25.96	*0.00	30	63.08	8.26	25.02	*0	113.6	18.28	4.60	\$0.000
001374 SALAD ADULT, CHEF	SERVINGS	3	455	6.74	882	*3.02	*0.00	23.62	*0.00	57	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.000
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	106	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	20	681	13.91	1541	*8.24	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	0	537	6.87	1179	*6.00	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	0	700	17.00	1213	*6.00	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	0	856	7.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	28	846	8.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	20	12870	56.10	21323	*133.86	*0.00	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	20	12980	55.60	21223	*134.86	*0.00	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	0	12899	58.10	21468	129.26	*0.00	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	0	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	0	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000

Planned Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc (mg)	Vit-C (mg)	Iron (mg)	Cost
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	0	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	375	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	9	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	325	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	150	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	0	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			1919	*16.52	3185	*43.90	*1.80	71.38	*0.03	60	252.26	18.99	53.01	*67	1261.3	*46.42	*11.13	\$0.000
% of Calories				*7.75%		*9.15%	*0.38%	33.5%	*0.0%		52.6%		11.0%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages	1863	*14.43	3046	*45.12	*2.43	67.22	*0.02	51	250.69	18.47	49.94	*67	1276	*44.52	*11.10	\$0.000
% of Calories		*6.97%		*9.69%	*0.52%	32.5%	*0.0%		53.8%		10.7%					

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.