



**North East Independent School District
San Antonio, Texas**

Notice of Meeting of the NEISD School Health Advisory Council

*Notice is hereby given that a meeting of the North East Independent School District School Health Advisory Council (SHAC) will be held on **April 16, 2025, at 12:15 p.m.** The SHAC will meet in the Board Room on the first floor of the Richard A. Middleton Education Center, 8961 Tesoro Drive, San Antonio, Texas 78217.*

Items will not necessarily be discussed or considered in the order they are printed.

The mission of the SHAC is to provide advice and recommendations/counsel prior to decisions pertaining to the areas of health education curriculum appropriate for specific grade levels that may include a coordinated school health program designed to prevent obesity, cardiovascular disease, and Type II diabetes through coordination of: health education, physical education, nutritional services, parental involvement, staff wellness, environmental health, mental/emotional wellness, and health services.

1. Welcome
2. Review and possible approval of March 19, 2025, SHAC Meeting Minutes
3. Standing Committee Reports
 - a. Classroom Health & Sex Education
 - b. Fitness & Physical Activity
 - c. Nutrition
 - d. Safe & Healthy School
4. Presentation regarding "Youth Aware of Mental Health" awareness program by Guidance Services
5. Discussion and Possible Action regarding "Youth Aware of Mental Health" awareness program
6. Discussion and Possible Action regarding proposed Bylaw changes to submit to the Board of Trustees for consideration for the 2025-2026 school year
7. Adjournment

After the SHAC Meeting adjourns, the Standing Committees will hold Work Sessions.
Please note that these sessions are not open to the public.

CERTIFICATE AS TO POSTING OR GIVING OF NOTICE

*On this the **11th** day of **April** no later than 4:45 PM a copy of this notice was posted on a bulletin board located at a place readily accessible and convenient to the public at the Richard A. Middleton Education Center, 8961 Tesoro Drive, San Antonio, Texas, as well as the administrative offices of each campus.*

For More Information

Email: shac@neisd.net

Website: www.neisd.net/shac