



FALL SPORTS

2026 SCHEDULE



GIRLS VOLLEYBALL

Date	Day	Opponent	Location	Time
9/22	Tue	Rio Linda Prep	Home	3:00 PM
9/24	Thu	Norwood	Home	3:00 PM
9/29	Tue	Smythe	Home	3:00 PM
10/1	Thu	Foothill Ranch	Home	3:00 PM
10/6	Tue	Rio Tierra	Away	3:00 PM
10/8	Thu	Rio Linda Prep	Away	3:00 PM
10/13	Tue	Norwood	Away	3:00 PM
10/15	Thu	Smythe	Home	3:00 PM
10/20	Tue	Foothill Ranch	Away	3:00 PM
10/22	Thu	Rio Tierra	Home	3:00 PM
10/27	Tue	Playoffs	TBA	3:00 PM
10/29	Thu	Championship	TBA	TBA



FLAG FOOTBALL

Date	Day	Opponent	Location	Time
9/22	Tue	Rio Linda Prep	Home	3:00 PM
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10/27	Tue	Playoffs	TBA	3:00 PM
10/29	Thu	Championship	TBA	TBA



CROSS COUNTRY

Date	Day	Meet	Location	Time
9/25	Fri	TRUSD Meet #1	Foothill Ranch	3:00 PM
10/2	Fri	TRUSD Meet #2	Foothill Ranch	3:00 PM
10/9	Fri	TRUSD Meet #3	Foothill Ranch	3:00 PM
10/16	Fri	TRUSD Meet #4	Foothill Ranch	3:00 PM
10/23	Fri	TRUSD Championship (1.25 mi)	Foothill Ranch	3:00 PM



CHEER

Date	Day	Event	Location	Time
11/14	Sat	Cheer Competition (K-6 Showcase)	MLKTA	9:00 AM – 12:00 PM



**CHEER WILL BE AT
ALL FLAG FOOTBALL GAMES
THIS SEASON.**