

# MAY



# NEAC MENU



## MENU CHOICES

**BREAKFAST:** Entrée, Fruit, Juice, Milk, **LUNCH:** Entrée, Veggie (Pick2), Fruit (Pick 2)

\* Indicates Pork Product  
+ Possible trace of sesame due to manufacturer

**Choice of milk with breakfast & lunch**  
• 1% White  
• Lactose-Free  
• Fat-Free Chocolate  
• Soy Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>School Nutrition Services is hiring \$14.11 hour starting</b></p> <p>Visit: <a href="http://schoolcafe.com/">schoolcafe.com/</a> NorthEastSD or download the School Café App to access meal account information, make payments &amp; apply for free or reduced-price meals.</p> 				
<p><b>Menu subject to change</b> No fees for cash or checks paid directly to the cafeteria</p> 				
<p><b>1</b> <b>School Lunch Hero Day!</b></p> <p>Sausage &amp; Cheese Flatbread OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice &amp; Milk</p> <p>Steak Fingers w/Cornbread Yogurt &amp; Granola Combo</p> <p>Mashed Potatoes w/Gravy Crispy Carrots &amp; Grape Tomatoes <b>Fresh Strawberries</b> Sour Watermelon Raisins</p>	<p><b>4</b> <b>May the 4th be with you...</b></p> <p>Pancake Sausage Wraps OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice &amp; Milk</p> <p>Hamburger+ / Cheeseburger+ Yogurt &amp; Granola Combo</p> <p>Tater Tots Burger Trimmings <b>* NEW! Fresh Watermelon Blueberries w/Cream</b></p>	<p><b>5</b></p> <p>Bean &amp; Cheese Taco OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice &amp; Milk</p> <p>Pepperoni* or Cheese Pizza Wowbutter Sandwich+ w/Cheese Stick Crispy Chicken Salad</p> <p>Baked Beans Celery Sticks &amp; Grape Tomatoes Orange Smiles Sliced Pears</p>	<p><b>6</b> <b>Staff Appreciation Day!</b></p> <p>1 Extra Taco for Staff</p> <p>Biscuit &amp; Chicken OR Pick 2: Cereal, Yogurt or NutriGrain Bar Fruit, Juice &amp; Milk</p> <p>Crispy Beef Tacos w/Spanish Rice Yogurt &amp; Chex Combo</p> <p>Ranchero Beans Taco Trimmings Granny Smith Apple Sliced Peaches</p>	<p><b>7</b></p> <p>Donut Holes &amp; Sausage* OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice &amp; Milk</p> <p>Breaded Ravioli &amp; Cheese Sticks w/Marinara Wowbutter Sandwich+ w/Cheese Stick Italian Salad*</p> <p>Italian Green Beans Raw Vegetable Medley w/Dip Fresh Banana Strawberry Applesauce</p>
<p><b>11</b></p> <p>Confetti Pancakes OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice &amp; Milk</p> <p>Corn Dog Yogurt &amp; Granola Combo</p> <p>Spicy Hashbrowns Celery Sticks &amp; Crispy Carrots Gala Apple Sliced Peaches</p>	<p><b>12</b></p> <p>Chorizo &amp; Egg Taco OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice &amp; Milk</p> <p>Sweet Asian Chicken w/Fried Rice Wowbutter Sandwich+ w/Cheese Stick Crispy Chicken Salad</p> <p>Crispy Carrots w/Dip Cucumber Slices w/Tajin Sliced Apples Strawberries w/Cream</p>	<p><b>13</b> <b>Nat'l Fruit Cocktail Day!</b></p> <p>Biscuit &amp; Sausage* OR Pick 2: Cereal, Yogurt or NutriGrain Bar Fruit, Juice &amp; Milk</p> <p>Cheese or Beef &amp; Cheese Nachos Yogurt &amp; Chex Combo</p> <p>Ranchero Beans Celery Sticks &amp; Grape Tomatoes Seedless Grapes <b>Fruit Cocktail</b></p>	<p><b>14</b></p> <p>Ham &amp; Cheese Croissant* OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice &amp; Milk</p> <p>Pizza Cheese Sticks w/Marinara Wowbutter Sandwich+ w/Cheese Stick Italian Salad*</p> <p>Broccoli w/Cheese Tossed Salad w/Ranch Fresh Banana Sour Watermelon Raisins</p>	<p><b>15</b></p> <p>Sunrise Egg, Sausage &amp; Potato Bowl* OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice &amp; Milk</p> <p>Chicken &amp; Waffles Yogurt &amp; Granola Combo</p> <p>Baked Beans Raw Vegetable Medley w/Dip Granny Smith Apple Sliced Pears</p>
<p><b>18</b></p> <p>Pancake Sausage Wraps OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice &amp; Milk</p> <p>Sausage Dog+ Yogurt &amp; Granola Combo</p> <p>Tater Tots Crispy Carrots &amp; Grape Tomatoes Fresh Watermelon Fruit Cocktail</p>	<p><b>19</b></p> <p>Bean &amp; Cheese Taco OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice &amp; Milk</p> <p>BBQ Boneless Wings &amp; Cornbread Wowbutter Sandwich+ w/Cheese Stick Crispy Chicken Salad</p> <p>Broccoli w/Cheese Raw Vegetable Medley w/Dip Seedless Grapes Natural Applesauce</p>	<p><b>20</b></p> <p>Blueberry Muffin &amp; Sausage* OR Pick 2: Cereal, Yogurt or NutriGrain Bar Fruit, Juice &amp; Milk</p> <p>Cheese Enchiladas w/Spanish Rice Yogurt &amp; Chex Combo</p> <p>Ranchero Beans Crispy Carrot w/Dip Sliced Apples Strawberry Craisins</p>	<p><b>21</b> <b>Nat'l Strawberry &amp; Cream Day!</b></p> <p>Dutch Waffle OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice &amp; Milk</p> <p>Pepperoni* or Cheese Pizza Wowbutter Sandwich+ w/Cheese Stick Italian Salad*</p> <p>Buttered Corn Tossed Salad w/Ranch Fresh Banana <b>Strawberries w/Cream</b></p>	<p><b>22</b></p> <p>Ham &amp; Cheese Croissant* OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice &amp; Milk</p> <p>Chicken Nuggets w/Cornbread Yogurt &amp; Granola Combo</p> <p>Mashed Potatoes w/Gravy Celery Sticks &amp; Grape Tomatoes Fresh Strawberries Sliced Peaches</p>
<p><b>25</b></p> <p><b>School Holiday</b></p> 	<p><b>26</b></p> <p>Sausage*, Potato &amp; Egg Taco OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice &amp; Milk</p> <p>General Tso Chicken+ w/Fried Rice Wowbutter Sandwich+ w/Cheese Stick Crispy Chicken Salad</p> <p>Savory Green Beans Tossed Salad w/Ranch Variety of Fruit</p>	<p><b>27</b></p> <p>Donut Holes &amp; Sausage* OR Pick 2: Cereal, Yogurt or NutriGrain Bar Fruit, Juice &amp; Milk</p> <p>Frito Pie w/Cornbread Yogurt &amp; Chex Combo</p> <p>Ranchero Beans Variety of Fresh Veggies Variety of Fruit</p>	<p><b>28</b></p> <p>Manager's Choice OR Pick 2: Cereal, Cereal Bar, Yogurt or Pop Tart Fruit, Juice &amp; Milk</p> <p>Breaded Chicken Sandwich+ Wowbutter Sandwich+ w/Cheese Stick</p> <p>Buttered Corn Variety of Fresh Veggies Variety of Fruit</p> 	<p><b>29</b> <b>Last Day of School!</b></p> <p>Pick 2: Cereal, Cereal Bar, Yogurt or Pop Tart Fruit, Juice &amp; Milk</p> <p>Pizza Cheese Sticks w/Marinara</p> <p>Variety of Fresh Veggies Variety of Fruit</p>