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Welcome to High School

Important resources
available to help support
you throughout your high
school journey!



Your High School Toolkit

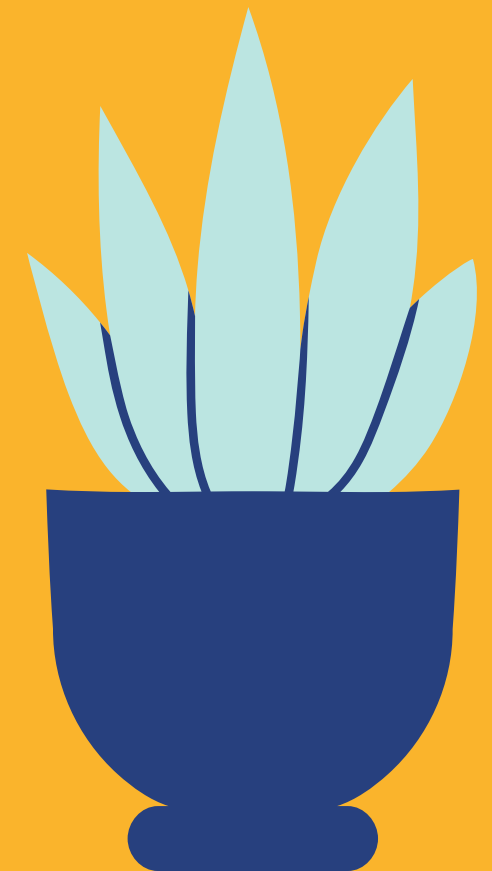
Objectives for Today

...

Identify resources available to help you be the best version of yourself, socially and emotionally.

Learn how to access resources available to help support you academically.

Learn how to access resources available to help you be college and career ready.



Just some of your resources here at CUHS:

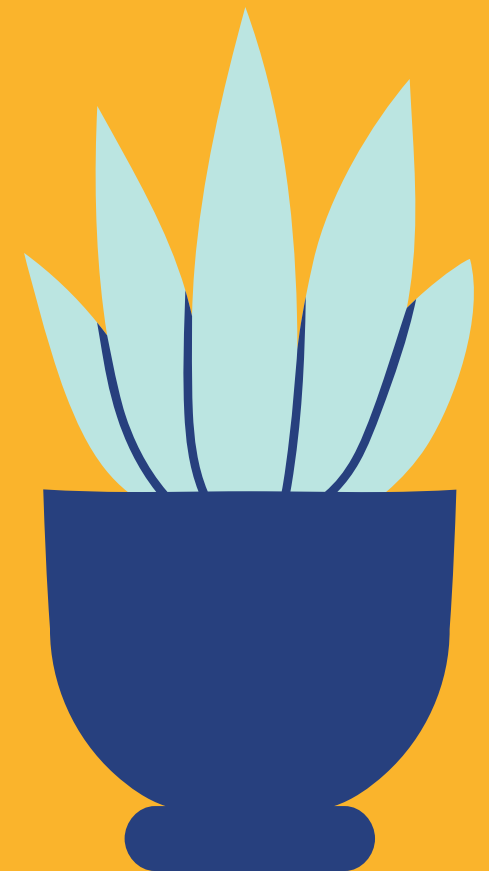
Your School Counselor

The HOPE Center/ Wellness Center

Teachers/AST

STARS

Career Center



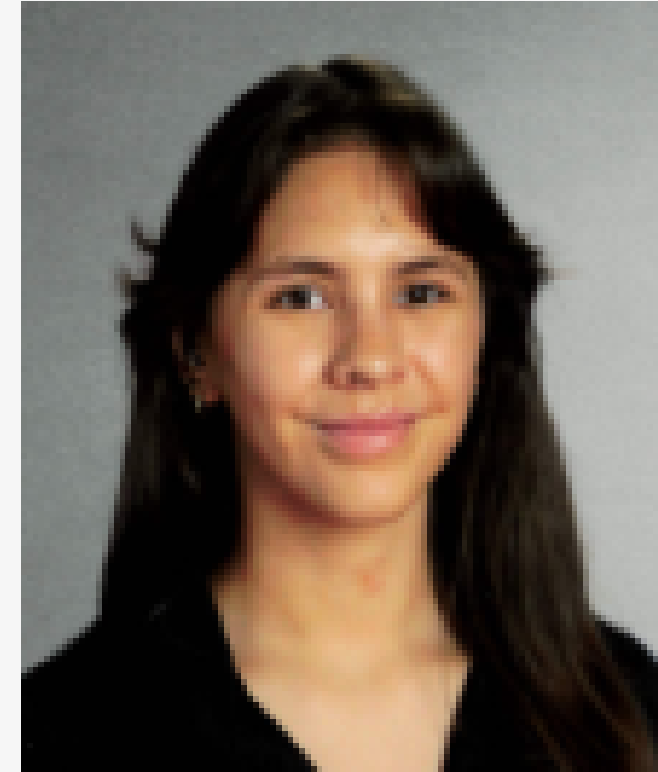
...

Meet Your School Counselors



Mrs. Torres

Serves all
students with
the last names
between A-Di
and students
in ELD



Ms. Tellez

Serves all
students with
last names
between
Dj-M



Mrs. Lawrence

Serves all
students with
last names
between
N-Z

School Counselors



- Help you develop skills needed for academic success
- Help you develop skills needed for college and career readiness
- Help you develop skills needed for social-emotional success



School Counselors

...

How does your school counselor help you with your academic success?

- Meets with you in the 9th grade to develop your individual educational plan
- Monitor your academic progress
- Provide strategies to help in school
- Monitor your graduation status
- Refer you for additional resources when needed



School Counselors

...

How does your school counselor help you with your college and career readiness?

- Educates you about various post-secondary options.
- Help you explore interest inventories to help with your career choice (s).
- Monitor your individual educational plan.



School Counselors

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How does your school counselor help you with your college and career readiness?

- Helps with college applications and financial aid applications.
- Refers you for additional resources when needed.



School Counselors

...

How does your school counselor help you with social-emotional development?

- Work with you one-on-one if you are experiencing personal problems
- Teach you skills to resolve or manage your situation
- Facilitate conflict resolution meetings



School Counselors

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How does your school counselor help you with social-emotional development?

- Provide a safe place to talk about how you are feeling.
- Provide you assessments to determine the risk of self-harm or at risk for suicide.
- Refer you for additional support if needed.



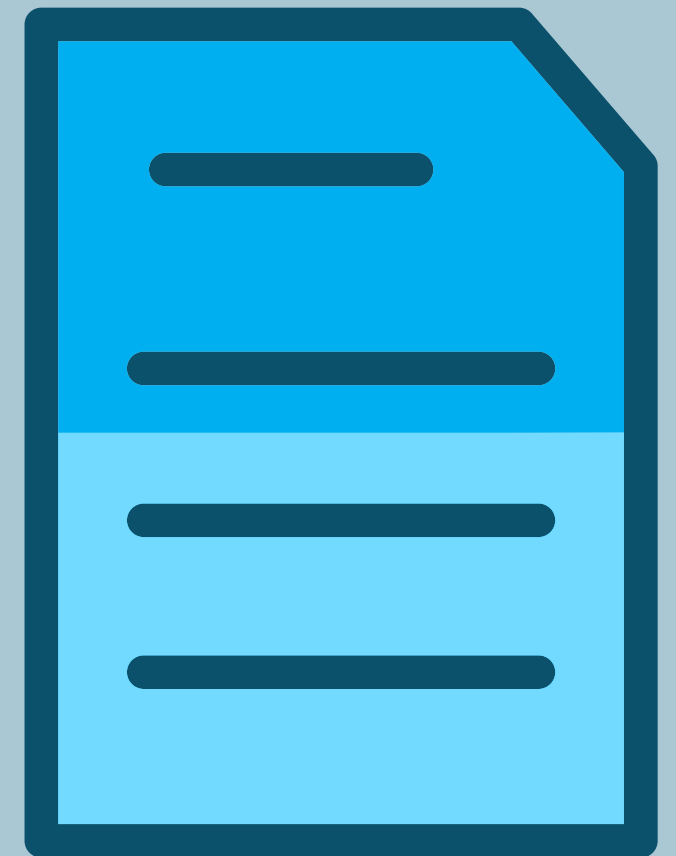
How to meet with your School Counselor



Option 1: Complete the Google Form Request for Counseling Appointment

Instructions:

- Go to the school website
- Click on the Counseling tab
- Go to Counseling Home
- Click your counselor's name
- Fill out



How to meet with your School Counselor

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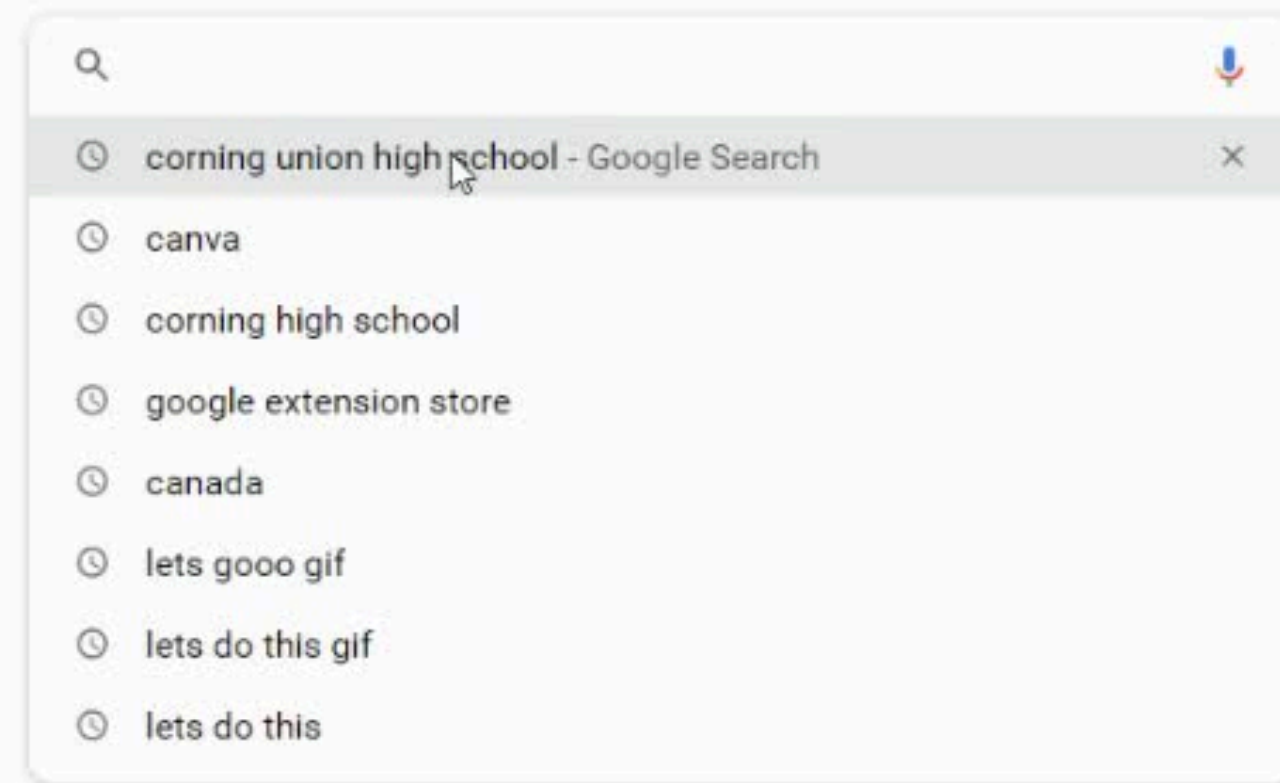
Option 2: Complete the Google Form Request For Counseling Appointment through any of your google classroom



Instructions:

- Go to your google classroom
- Find the Google Form and fill it out

It takes 75 seconds to make an appointment with your School Counselor



How to meet with your School Counselor

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Option 3: Stop by to talk to your counselor during lunch. The school counselors are available to meet with students during lunch time.



The HOPE Center

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- Provides mental health support to students in crisis
- Offer Licensed Therapists to help you cope with great challenges in life
- Therapists offer one on one counseling sessions weekly or biweekly



The Wellness Center

YOU ARE
NOT ALONE

Wellness Staff:

Mrs. Miller

Mr. Barriga

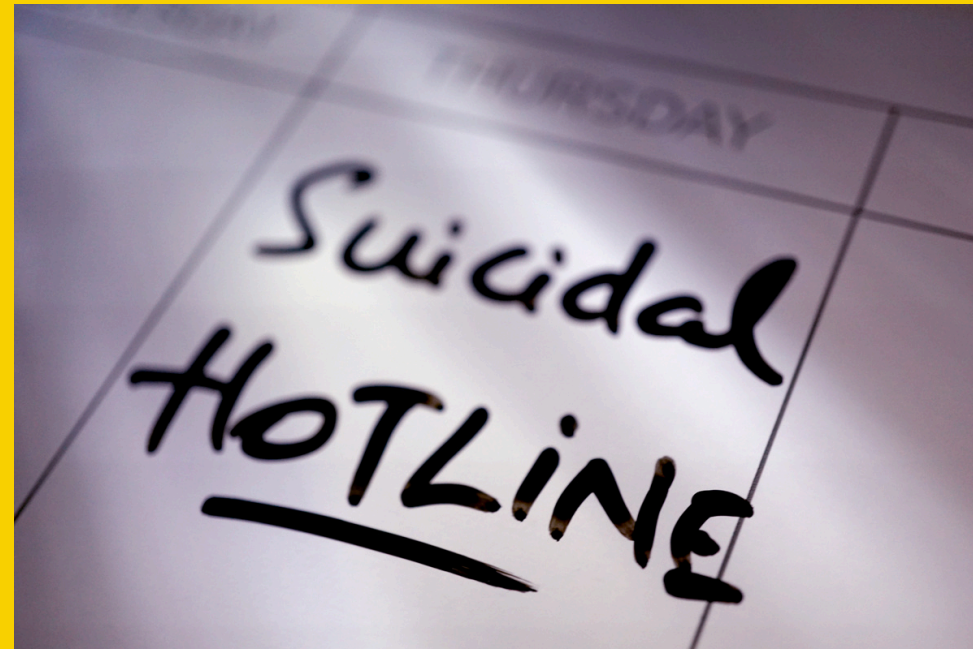
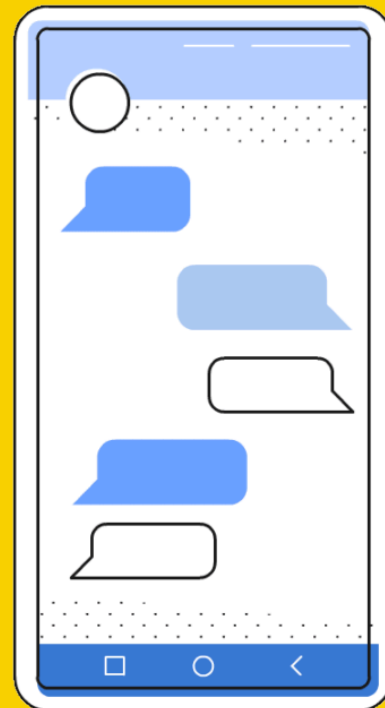


How to make an appointment

**Ask your School
Counselor to refer
you for an
appointment**



Mental Wellness Tab



Where is the Mental Wellness Tab?

The screenshot shows the Corning Union High School website. The top navigation bar includes links for HOME, DAILY CARDINAL, CUHS INFO, CARDINAL NEST, DOCUMENTS AND FORMS, COUNSELING, and ATHLETICS. The COUNSELING menu is open, displaying a list of options: Counseling Home, Admissions Requirements, Explore Colleges, Money for School, Transcript Requests, Scholarships, Scholarship Apps, CSU Local Scholarship Listing, UC Local Scholarship Listing, Cal Grant Opt-Out Form, Mental Wellness, and Human Trafficking Video. The Mental Wellness option is highlighted. Two large yellow arrows are overlaid on the image: one pointing right towards the ParentSquare section and another pointing left towards the Counseling menu.

CORNING UNION HIGH SCHOOL
HOME OF THE CARDINALS

HOME DAILY CARDINAL CUHS INFO CARDINAL NEST DOCUMENTS AND FORMS **COUNSELING** ATHLETICS

QUICK LINKS

- Aeries Web Teacher Portal
- Aeries Parent/Student Portal
- Staff/Student Email
- Alternative Income Meal Application
- COVID-19 Related Documents
- Alumni
- Frontline Absence Management

The final phase of classroom construction is under way. Click [here](#) to view the progress.

Click [here](#) to watch the graduation ceremony.

If you have any questions please send an email to questions@corninghs.org and a staff member will respond as soon as possible.

ParentSquare

Graduation Photos

Please click on the link to view the photos. These photos may be used for promotional purposes. <http://www.corninghs.org/graduation>

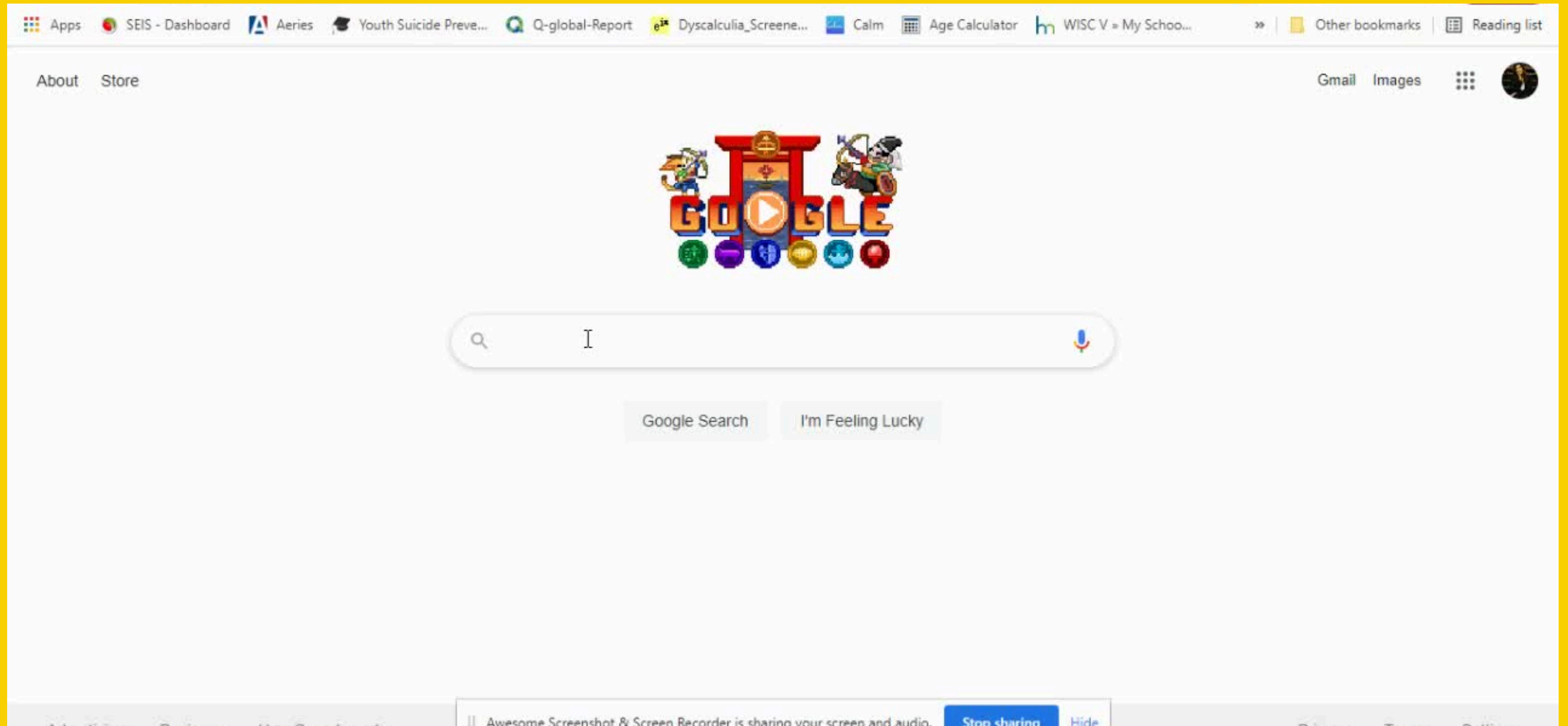
Counseling Menu:

- Counseling Home
- Admissions Requirements
- Explore Colleges
- Money for School
- Transcript Requests
- Scholarships
- Scholarship Apps
- CSU Local Scholarship Listing
- UC Local Scholarship Listing
- Cal Grant Opt-Out Form
- Mental Wellness**
- Human Trafficking Video

GRADING SCHEDULE

Day	Start	End
Thursday, August 12	8:00	3:00
Friday, August 13	8:00	3:00
Saturday, August 14	8:00	3:00
Sunday, August 15	8:00	3:00
Monday, August 16	8:00	3:00
Tuesday, August 17	8:00	3:00
Wednesday, August 18	8:00	3:00
Thursday, August 19	8:00	3:00

How to get there



ATTENDANCE

OF UNEXCUSED ABSENCES=CREDITS LOSS

#Of Unexcused Absences	Credits Loss	Credits Earned
0-8	0	5
9-11	1	4
12-14	2	3
15-17	3	2
18-20	4	1
21 or more	5	0

***3 tardies=1 absence**

Did you know



Corning Union High School does NOT tolerate bullying



**Bullying can happen in
different ways.**

What are some ways you can think of?

Bullying Includes:

Bullying includes actions such as making threats, spreading rumors, attacking someone physically or verbally, and excluding someone from a group on purpose.



**What do you do if you are being
bullied or you see it happening
to someone else?**



Report it!

Our school website has an anonymous reporting link so that you can let the Principals know.

The screenshot shows the Corning Union High School website. The header is red with the school logo and name. The navigation bar includes links for HOME, DAILY CARDINAL, CUHS INFO, CARDINAL NEST, DOCUMENTS AND FORMS, COUNSELING, and ATHLETICS. The CUHS INFO menu is open, showing a list of links including 'Report Bullying'. A 'QUICK LINK' section on the left contains various links, including 'Aeries Web Teacher', 'Aeries Parent/Student', 'Staff/Student Email', 'COVID-19 Related Documents', 'Alumni', 'Online Absence Management', and 'Library Resources'. A 'ROTATING SCHEDULE' section on the right displays a calendar for August. Two large black arrows point to the 'Report Bullying' link in the CUHS INFO menu and the 'QUICK LINK' section.

CORNING UNION HIGH SCHOOL
HOME OF THE CARDINALS

HOME DAILY CARDINAL **CUHS INFO** CARDINAL NEST DOCUMENTS AND FORMS COUNSELING ATHLETICS

QUICK LINK

- > Aeries Web Teacher
- > Aeries Parent/Student
- > Staff/Student Email
- > COVID-19 Related Documents
- > Alumni
- > Online Absence Management
- > Library Resources

Our School
ParentSquare
Our Mission
Administration
Library Resources
Alumni
STARs Program
CUHS Events Calendar
Our Teachers
CUHS Calendars
Report Bullying

County TK-12 Public School COVID-19 Public Health Guidance and Staff Expectations & Enforcement Plan

phase of classroom construction is under way. to view the progress.

parentSquare

Rotating Schedule

Today

Thursday, August 12
ABCDEFG
Friday, August 13
ABCDEFG
Monday, August 16
ABCDEF
Tuesday, August 17
GABCDE
Wednesday, August 18
FGAB
Thursday, August 19

+ Google Calendar

Reporting is anonymous



What is your name (Optional)

Please note: Anonymous reports are accepted however they must provide sufficient evidence to justify the commencement of an investigation. Formal disciplinary action may not be based solely on an anonymous complaint.

¿Cual es tu nombre (opcional)?

Favor de notar: Informes anónimos son aceptados sin embargo deben proporcionar suficiente evidencia para justificar el inicio de una investigación. Acción disciplinaria formal no puede estar basada simplemente en una queja anónima.

If you are not a student at this campus and would like someone to contact you, please add your phone number here. (Optional)

Si usted no es alumno en esta escuela y gustaría que alguien se comunicara con usted, favor de añadir su número telefónico aquí (opcional)

Reporting is anonymous

Lets try it together

<https://www.corninghs.org/reportbullying>

And don't forget...



THANKYOU

**Now that you had an opportunity to hear about
resources at CUHS lets take a post test.**

