

2026



# SEPTEMBER



BREAKFAST

GRADES  
5 - 12

| MON                                                      | TUE                                                           | WED                                                          | THU                                                                          | FRI                                                                    |
|----------------------------------------------------------|---------------------------------------------------------------|--------------------------------------------------------------|------------------------------------------------------------------------------|------------------------------------------------------------------------|
|                                                          | 1<br>Breakfast Pizza<br>Scone*<br>Parfait*                    | 2<br>Breakfast Burrito*<br>Plain Bagel<br>Parfait*           | 3<br>Pancakes<br>& Sausage Links<br>WUSD Muffin*<br>Parfait*                 | 4<br>Sausage, Egg<br>& Cheese Bagel*<br>Banana Bread Slice<br>Parfait* |
| 7<br>LABOR DAY                                           | 8<br>Pancakes<br>& Sausage Links<br>Scone*<br>Parfait*        | 9<br>Breakfast Burrito*<br>Plain Bagel<br>Parfait*           | 10<br>French Toast Casserole<br>& Sausage Links*<br>WUSD Muffin*<br>Parfait  | 11<br>Sausage & Cheese<br>Biscuit*<br>Benefit Bar<br>Parfait*          |
| 14<br>Ham & Cheese Bagel*<br>Benefit Bar<br>Parfait*     | 15<br>Sheet Pancake<br>& Sausage Patty*<br>Cereal<br>Parfait* | 16<br>Breakfast Burrito*<br>Buttermilk Bar<br>Parfait*       | 17<br>French Toast Sticks<br>& Sausage Links<br>WUSD Muffin<br>Parfait       | 18<br>Sausage, Egg<br>& Cheese Croissant*<br>Mini Donut<br>Parfait*    |
| 21<br>Ham & Cheese Croissant*<br>Benefit Bar<br>Parfait* | 22<br>Cinnamon Roll*<br>Plain Bagel<br>Parfait*               | 23<br>Breakfast Burrito*<br>Concha, Variety Pack<br>Parfait* | 24<br>French Toast Casserole<br>& Sausage Links*<br>WUSD Muffin*<br>Parfait* | 25<br>Pancake Sandwich*<br>Scone*<br>Parfait*                          |

All Willows Unified School District (WUSD) students receive one free breakfast & lunch daily.

Breakfast includes:

- Choice of 1% Low-Fat White Milk or Fat-Free Chocolate Milk
- Choice of two 1/2-cup servings of Fruit

Dietary meal accommodations and food allergy modifications are available upon request. Please complete a CNP-925 form and return it to your school nurse.

Made/Assembled In-House\*

Menu is subject to change without notice.

THIS INSTITUTION IS AN EQUAL  
OPPORTUNITY PROVIDER.

2026



# SEPTEMBER



WIS LUNCH

| MON                                                            | TUE                                               | WED                                                      | THU                                                              | FRI                                                          |
|----------------------------------------------------------------|---------------------------------------------------|----------------------------------------------------------|------------------------------------------------------------------|--------------------------------------------------------------|
|                                                                | 1<br>Walking Taco*<br>Ham & Cheese Croissant*     | 2<br>Ground Lasagna<br>& Dinner Roll*<br>Grilled Cheese* | 3<br>Orange Chicken & Rice*<br>Ham & Cheese Sub*                 | 4<br>Pizza<br>Italian Sub*                                   |
| 7<br>LABOR DAY                                                 | 8<br>Hot Dog*<br>Ham & Cheese Sub*                | 9<br>Spaghetti*<br>Grilled Cheese*                       | 10<br>BBQ Chicken<br>& Dinner Roll*<br>Turkey & Cheese Sub*      | 11<br>Pizza<br>Spicy Chicken Sandwich*                       |
| 14<br>Hamburger*<br>Turkey & Cheese Sub*                       | 15<br>Pozole & Chips*<br>Corn Dog                 | 16<br>Macaroni & Cheese*<br>Italian Sub*                 | 17<br>Baked Chicken<br>& Dinner Roll*<br>Grilled Cheese*         | 18<br>Chicken Nuggets<br>& Breadstick<br>Papa Murphy's Pizza |
| 21<br>Chicken Patty Sandwich*<br>Turkey & Cheese<br>Croissant* | 22<br>Chicken Quesadilla*<br>Turkey & Cheese Sub* | 23<br>Chicken Alfredo*<br>Grilled Cheese*                | 24<br>Teriyaki Slam<br>Dunkers & Rice*<br>Ham & Cheese Ciabatta* | 25<br>Pepperoni Pizza<br>Nachos*                             |

All Willows Unified School District (WUSD) students receive one free breakfast & lunch daily.

#### Lunch Includes:

- Choice of 1% Low-Fat White Milk or Fat-Free Chocolate Milk
- $\frac{3}{4}$ -cup serving of Vegetables
- $\frac{1}{2}$ -cup serving of Fruit
- Salad Bar

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