

Paw Prints 8/20/2025







Principal's Message

Welcome to the 2025-2026 school year!

We're so excited to kick off another wonderful year at Greenhills Elementary. Our teachers and staff have been busy preparing for a joyful start, and with the continued support of our PTC and DADs Club, we're building an even stronger sense of community.

This year's theme, "Watch Us Grow," celebrates the many ways our students, staff, and families learn and thrive together. From small daily successes to big moments of discovery, growth will be at the heart of everything we do.

We're also proud to share that **Greenhills is** celebrating 60 years of learning, friendships, and community. As we honor our history, we're excited to continue growing toward an even brighter future.

Warmly,
Helena Johnson
Principal, Greenhills Elementary



Greenhills Back To School Night is Thursday, the 21st!

Principal's Welcome:

5:30-5:55 pm Welcome (*In Multi-Purpose Room*)

<u>Parents/Guardians of Transitional</u> <u>Kindergarten, Kindergarten, First Grade, and</u> <u>Multi-Age Students</u>:

6:00-6:40 pm Classroom Presentations

<u>Parents/Guardians of Second and Third</u> <u>Grade Students:</u>

6:50-7:30 pm Classroom Presentations

We look forward to seeing all of you on Back to School Night. We know that a strong connection between the school and the home is a clear indicator of a child's success in school.

Back to School Night is a Parent/Guardian only event.



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Important Safety Reminders!

Morning Drop-Off: 7:35-7:48 a.m:

- Students may be dropped off starting at 7:35 a.m. Please do not arrive or enter campus before this time.
- After hanging up their backpack at their classroom hook, students will participate in our morning Walk & Talk routine:
- a. TK, Kindergarten, Multi-Age, and 1st Grade: Walk around the track to the left of the main play structure.
- b. 2nd & 3rd: Walk around the yellow track to the right of the play structure.
- X Please note: Students may not play on the structure before school.
- Staff in PINK or YELLOW safety vests will be supervising on the blacktop.
- A warning bell will ring at 7:48 a.m. to signal students to line up and meet their teacher.

Car Drop-Off Guidelines:

- Car drop-off is allowed only in the school parking lot.
- X No student drop-offs are permitted on Greenhills Way.
- If using the car lane, please remain in your vehicle to keep traffic moving.
- Staff are available to assist with unloading if needed.

Afternoon Pick-Up:

- Please make sure to communicate any transportation or after-school plan changes directly with your child's teacher. TK & MA Families: Please wait outside of the gate until the bell rings. Your student's teacher will open the doors at dismissal and you can pick your child up from the classroom door.
- Please DO NOT wait on campus before or after the dismissal bell.
- Refrain from coming onto the blacktop or cutting across the blacktop
- Once you have picked up your student, please exit campus to keep it secure for our other Cubs still learning.

Kinder Families: Please pick up your student from the front of the school. Do not come to the classroom door.

- 1st-3rd Grade Families: Families may meet students at their classroom door at dismissal.
- Car pick-up is allowed only in the school parking lot.



A Safety Reminders

- Please slow down and follow all traffic laws near the school.
- X No double parking or speeding—student safety is our top priority.
- Need help? Look for staff in PINK or YELLOW safety vests...



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New to Sami? Watch the Welcome video here:

Welcome Video

Check out the 5 minute exercise breaks here:

Brain Breaks



Fall Picture day is Tuesday the 26th!

Notes from the Health Office

Birthday Treats!

We know that many of our parents like to celebrate birthdays and other occasions with special treats. We encourage parents to celebrate with non-food items such as stickers, pencils, themed erasers, or other trinkets, rather than food. If food is sent in to share with students, pre-packaged items with an ingredient label is necessary. Please notify your child's teacher at least one week in advance regarding any food items being brought in to share for special occasions. This allows the teacher time to notify families of celebrations involving food so that families may decide to opt out or provide alternative treats for students with food allergies

and/or health concerns.

Treats being delivered without a week's notice will be turned away.

After approval from your child's teacher, please give the items directly to the office staff for delivery to the classroom. Please instruct your child not to share food with other classmates. If you come into the classroom as a parent volunteer, we ask for your cooperation in ensuring that tables are wiped after activities and students are assisted in

wiped after activities and students are assisted in hand washing. We also ask that you check with the teacher before offering any food to students.

Thank you in advance for making the class environment a safe and healthy place for the students. By working together, we can make a difference for our children.

Thank you so much for your cooperation!



Cubs Counseling Corner, August 2025 Welcome!

Welcome to the 2025-2026 school year. This year, Greenhills will have a counselor on site daily!

My name is **Ashley Reichardt** and I am excited to be returning to Greenhills for my 13th school year in the Eureka Union School District. This year, my role at Greenhills is to facilitate the Toolbox Program, collaborate with families and staff regarding student needs, and support



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students through classroom, group, and individual lessons. I look forward to seeing the Cubs when I am on campus Mondays-Thursdays! If you have any questions or need information on local resources, please email me at areichardt@eurekausd.org.

My name is **Corinn Naghavi**. I am thrilled to join Greenhills this year, my 5th year in the district. I will be supporting students on Fridays and providing some classroom lessons to our TK students on Tuesdays. I look forward to seeing all of your students around campus and getting to know them all as the year progresses.

The Toolbox Program

This year, the Cubs will be relearning/learning the Toolbox program.

Toolbox "supports children in understanding and managing their own emotional, social, and academic success.

The foundation of TOOLBOX is 12 human capacities that reside within all of us. Through its simple and profound metaphor of Tools, TOOLBOX brings forward a set of skills and practices that help students access their own inner resilience at any time, in any context" (www.toolboxproject.com).

During the month of September, the students will be learning the first 2 tools- the Breathing Tool and Quiet/Safe Place Tool. Please email areichardt@eurekausd.org or cnaghavi@eurekausd.org for more information and a copy of the 12 Tools Poster.

Lunch Clubs

Lunch Club will resume this school year! Lunch Club is a structured recess opportunity for students on specific days of the week throughout the school year. Lunch Club creates a smaller group for positive engagement to practice positive communication, initiating play and problem solving. More information regarding this opportunity to come!

Ways to Help Your Student Transition to the New School Year

The start of a new school year is an exciting time! However, many students (and other family members) may experience some level of anxiety. Here are a few ways to help your Cub transition back to school:

Validate feelings before jumping to reassurance: acknowledge, accept, and empathize with the feelings your child is experiencing. Once you name the feeling, you can help with problem solving.

Let your Cub know you believe in them!
Remind your child of ways they have been brave, or challenges they have faced in the past.
Establish a routine: routines and rituals help students to cope. A calm routine in the morning helps to set the tone for the day; additionally, a routine after school helps the student and caregiver reconnect.

Create a "goodbye" ritual: come up with a special way to separate at school and stick with it! *Tip-lingering can make separation anxiety worse for your student. School staff is available to help if needed!*

Remind yourself that this is an adjustment for your child and family. However, with support from you and school staff, your child will adapt.



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Establish a "reconnection" ritual: Ask your child open-ended questions about school, such as: "How did you make someone smile today?" or "What was your favorite thing you learned?"

Manage your own feelings of anxiety: Your child picks up on your emotions and can feel anxious if you show anxiety. Good news! If you show curiosity and excitement, your child may feel the same way about the start of school!

Community Resource Spotlight

211 Placer (call 211, text zip code 898211) Placer County's 24/7 comprehensive resource for referrals for food/housing assistance, mental health care, employment services and more.



SAVE THE DATE!!

JOGATHON 2025 will be Friday, October 10th!

Upcoming Dates	
August	
21	Back to School Night
26	Fall Pictures
28	Bus Evacuation Drill
29	No School-Prof Development Day
September	•
1	No School–Labor Day
2	PTC Meeting
8	EUSD Board Meeting
30	PTC Meeting