



Glide Elementary School Menu October 2025

Students must choose 3 of 4 Breakfast Items
1 MUST BE FRUIT or Vegetable, A Minimum of a ½ cup

Everyday Lunch Choices

Peanut or Sun Butter & Jelly Sandwich

**Lunch: Students must choose 3 of the 5 components &
1 Must be a ½ cup of Fruit or Vegetable**

Daily Offering Bar Features: fresh & canned fruits & vegetables daily and 1% white milk or fat free chocolate milk.
All grains offered are whole grain.

Breakfast and lunch are available at No Charge to Students

		1	2	3
		Breakfast: Cinnamon Pancake Bites, or Bagel with Cream Cheese Lunch: Meatball Sub, or Chicken Caesar Salad Wrap	Breakfast: Sausage, Egg, & Cheese English Muffin, or Peachy Overnight Oatmeal Lunch: Crispy Chicken Sandwich w/Tots, or Crispy Chicken Ranch Wrap	No School on Friday
6	7	8	9	10
Breakfast: Ham, Egg, & Cheese on English Muffin, or Peachy Parfait Lunch: Cheese/Hamburger with HB Patty, or Chef Salad w/WG Roll	Breakfast: Wild blueberry Smoothie w/Graham cracker or Bagel w/Cream Cheese Lunch: Beef Burrito Grande Burrito, or Turkey & Cheese Sandwich	Breakfast: Mini Maple Waffles, or Yogurt w/Graham Cracker Lunch: BBQ Pork Sandwich w/HB Patty or Taco Salad w/WG Chips	Breakfast: Pancake on a Stick or Peachy Overnight Oats Lunch: Bagel Pizza or Fishpatrick's Farm to Table Tuna Sandwich	No School on Friday
13	14	15	16	17
Breakfast: Ham, Egg, & Cheese on English Muffin or Yogurt w/Graham Cracker Lunch: Crispy Chicken Sandwich w/HB Patty, or Chef Salad w/WG Roll	Breakfast: Breakfast Burrito or Frudel Lunch: Chicken Penne Pasta w/WG Roll or Chef Salad w/WG Roll	Breakfast: Blueberry Sunshine Smoothie w/Graham Cracker or Chocolate Chip Breakfast round Lunch: Bean & Cheese Burrito or Turkey & Cheese Sandwich	Parent Teacher Conferences No School	No School on Friday
20	21	22	23	24
Breakfast: Mini Maple Waffles or Bagel w/Cream Cheese Lunch: Cheese/Hamburger w/HB Patty or Chef Salad w/W Roll	Breakfast: Wild Blueberry Smoothie w/Graham Cracker or Chocolate Chip Breakfast Round Lunch: Walking Nachos or Turkey & Cheese Sandwich	Breakfast: Pancakes w/Fruit Compote or Peachy Overnight Oats Lunch: BBQ Pork Sandwich w/HB Patty or Taco Salad w/WG Chips	Breakfast: Apple Frudel or Peachy Parfait Lunch: Bagel Pizza or Fishpatrick's Farm to Table Tuna Sandwich	No School on Friday
27	28	29	30	October 31
Breakfast: Ham, Egge, & Cheese on English Muffin or Yogurt w/Graham Cracker Lunch: Crispy Chicken Sandwich w/HB Patty or Chef Salad w/WG Roll	Breakfast: Apple Frudel or Breakfast Burrito Lunch: Pork Burrito or Turkey & Cheese Sandwich	Breakfast: Blueberry Muffin w/String Cheese or Peachy Parfait Lunch: Cheesy Breadsticks w/Marinara or Chef Salad w/WG Roll	Breakfast: Hulk Smoothie or Bagel w/Cream Cheese Lunch: Corn Dog w/HB Patty or Ham & Cheese Sandwich Yogurt Dirt Cup Dessert	No School on Friday 



Menu subject to change

**This institution is an equal
opportunity provider.**