

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

Menu Name: MIDDLE SCHOOL BREAKFAST Include Cost: Yes
 Site:
 Use Alternate Menu Name: No

Monday - 03/02/2026 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002690 EGG & CHEESE BISCUIT	SERVING	50	380	10.50	780	*0.00	*N/A*	23.00	0.00	145	30.00	2.00	13.00	*N/A*	100.0	0.00	1.08	\$0.000
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	50	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	50	201	3.04	382	6.01	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	30	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	30	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	30	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	30	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	20	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	20	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	20	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	20	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ	EACH	10	300	3.50	270	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	40.0	0.00	1.10	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003176 SANDWICH, PB & CHOCOLATE WG 2.6 OZ	EACH	10	298	3.45	273	10.99	9.53	16.24	0.01	0	32.04	3.74	9.30	*N/A*	46.3	0.00	1.08	\$0.000
002777 SANDWICH, PB & GRAPE WG 2.6OZ	EACH	5	300	3.00	280	14.00	*N/A*	17.00	0.00	0	32.00	4.00	8.00	*N/A*	20.0	0.00	1.44	\$0.000
002778 SANDWICH, PB & STRAWWG 2.6OZ	EACH	5	300	3.50	370	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	44.0	0.00	1.00	\$0.000
002277 SANDWICH, SB & GRAPE WG 2.8OZ	EACH	5	310	2.00	250	*N/A*	*N/A*	17.00	0.00	0	33.00	5.00	10.00	*N/A*	40.0	0.00	2.70	\$0.000
003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE)	EACH	5	570	7.00	430	13.00	11.00	33.00	*N/A*	*N/A*	49.00	9.00	20.00	*N/A*	262.0	*N/A*	4.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	10	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	15	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	10	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	10	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	10	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21.00	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	150	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			594	3.75	517	*61.93	*4.75	10.47	*0.00	*27	112.28	7.09	16.49	*1	445.6	*31.51	3.22	\$0.000
% of Calories				5.68%		*41.70 %	*3.20%	15.9%	*0.0%		75.6%		11.1%					
Weekly Nutrient Guideline			400 - 550	<10	600		<10											

Tuesday - 03/03/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	50	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	25	525	10.67	1033	*0.74	*N/A*	27.16	*0.00	94	44.27	6.63	28.23	*0	4.4	2.46	*2.88	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	25	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002754 YOGURT PARFAIT,BLUEBERRIES BWG	SERVING	50	309	7.13	183	*19.34	*5.34	11.47	0.00	3	49.97	4.00	5.00	*0	166.8	3.60	1.80	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	30	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	30	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000

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Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	10	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	10	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	10	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	10	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	10	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	10	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	10	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	30	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ	EACH	10	300	3.50	270	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	40.0	0.00	1.10	\$0.000
003176 SANDWICH, PB & CHOCOLATE WG 2.6 OZ	EACH	10	298	3.45	273	10.99	9.53	16.24	0.01	0	32.04	3.74	9.30	*N/A*	46.3	0.00	1.08	\$0.000
002777 SANDWICH, PB & GRAPE WG 2.6OZ	EACH	5	300	3.00	280	14.00	*N/A*	17.00	0.00	0	32.00	4.00	8.00	*N/A*	20.0	0.00	1.44	\$0.000
002778 SANDWICH, PB & STRAWWG 2.6OZ	EACH	5	300	3.50	370	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	44.0	0.00	1.00	\$0.000
002277 SANDWICH, SB & GRAPE WG 2.8OZ	EACH	5	310	2.00	250	*N/A*	*N/A*	17.00	0.00	0	33.00	5.00	10.00	*N/A*	40.0	0.00	2.70	\$0.000
003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE)	EACH	5	570	7.00	430	13.00	11.00	33.00	*N/A*	*N/A*	49.00	9.00	20.00	*N/A*	262.0	*N/A*	4.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	15	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	10	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000

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Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	5	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	5	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	150	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21.00	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			610	3.77	510	*63.60	*5.13	10.21	*0.00	*16	116.59	6.97	16.95	*1	470.5	*32.05	*3.41	\$0.000
% of Calories				5.56%		*41.70 %	*3.36%	15.1%	*0.0%		76.5%		11.1%					
Weekly Nutrient Guideline			400 - 550	<10	600		<10											

Wednesday - 03/04/2026

Reimbursable Meal Total 500

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Portion Values

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	75	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003167 BRK SANDWICH, HAM AND EGG CROISSANT 2.2OZ	SERVING	75	307	4.07	925	*3.00	*0.00	13.27	*0.00	161	31.70	2.00	17.07	*N/A*	86.7	0.00	1.61	\$0.000
001869 BRKFST, MINI CINNIS	EACH	30	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	30	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	15	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	15	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	20	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	20	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	20	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	20	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ	EACH	10	300	3.50	270	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	40.0	0.00	1.10	\$0.000
003176 SANDWICH, PB & CHOCOLATE WG 2.6 OZ	EACH	10	298	3.45	273	10.99	9.53	16.24	0.01	0	32.04	3.74	9.30	*N/A*	46.3	0.00	1.08	\$0.000
002777 SANDWICH, PB & GRAPE WG 2.6OZ	EACH	5	300	3.00	280	14.00	*N/A*	17.00	0.00	0	32.00	4.00	8.00	*N/A*	20.0	0.00	1.44	\$0.000
002778 SANDWICH, PB & STRAWWG 2.6OZ	EACH	5	300	3.50	370	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	44.0	0.00	1.00	\$0.000
002277 SANDWICH, SB & GRAPE WG 2.8OZ	EACH	5	310	2.00	250	*N/A*	*N/A*	17.00	0.00	0	33.00	5.00	10.00	*N/A*	40.0	0.00	2.70	\$0.000
003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE)	EACH	5	570	7.00	430	13.00	11.00	33.00	*N/A*	*N/A*	49.00	9.00	20.00	*N/A*	262.0	*N/A*	4.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	15	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	10	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	5	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	5	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	15	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	15	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21.00	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	150	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			599	3.50	589	*62.58	*5.57	10.18	*0.00	*37	112.43	6.28	17.88	*2	473.0	*31.71	3.28	\$0.000
% of Calories				5.26%		*41.79 %	*3.72%	15.3%	*0.0%		75.1%		11.9%					
Weekly Nutrient Guideline			400 - 550	<10	600		<10											

Thursday - 03/05/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	75	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
001255 BRKFST, SAUSAGE & EGG BISCUIT	EACH	75	350	7.50	690	*0.00	*N/A*	20.00	0.00	155	29.00	2.00	14.00	*N/A*	100.0	0.00	1.44	\$0.000
001869 BRKFST, MINI CINNIS	EACH	30	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	30	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	30	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	30	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	15	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	15	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	10	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	15	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	15	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	10	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	10	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	30	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ	EACH	10	300	3.50	270	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	40.0	0.00	1.10	\$0.000
003176 SANDWICH, PB & CHOCOLATE WG 2.6 OZ	EACH	10	298	3.45	273	10.99	9.53	16.24	0.01	0	32.04	3.74	9.30	*N/A*	46.3	0.00	1.08	\$0.000
002777 SANDWICH, PB & GRAPE WG 2.6OZ	EACH	5	300	3.00	280	14.00	*N/A*	17.00	0.00	0	32.00	4.00	8.00	*N/A*	20.0	0.00	1.44	\$0.000
002778 SANDWICH, PB & STRAWWG 2.6OZ	EACH	5	300	3.50	370	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	44.0	0.00	1.00	\$0.000
002277 SANDWICH, SB & GRAPE WG 2.8OZ	EACH	5	310	2.00	250	*N/A*	*N/A*	17.00	0.00	0	33.00	5.00	10.00	*N/A*	40.0	0.00	2.70	\$0.000
003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE)	EACH	5	570	7.00	430	13.00	11.00	33.00	*N/A*	*N/A*	49.00	9.00	20.00	*N/A*	262.0	*N/A*	4.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	15	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	10	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	5	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	5	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21.00	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	150	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			615	4.02	565	*61.51	*5.27	11.14	*0.00	*36	114.28	6.48	17.56	*2	483.2	*31.71	3.40	\$0.000
% of Calories				5.88%		*40.01 %	*3.43%	16.3%	*0.0%		74.3%		11.4%					
Weekly Nutrient Guideline			400 - 550	<10	600		<10											

Friday - 03/06/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000380 BRKFST, CINN ROLL 5 OZ BRGFRD	ROLL	50	278	3.05	717	*8.88	*0.00	9.47	*0.00	14	41.29	2.02	7.49	*0	71.6	0.01	2.02	\$0.000
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	10	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	10	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	10	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	10	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	10	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	50	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	50	201	3.04	382	6.01	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	30	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	30	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	15	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	15	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	20	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	20	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	20	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	20	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ	EACH	10	300	3.50	270	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	40.0	0.00	1.10	\$0.000
003176 SANDWICH, PB & CHOCOLATE WG 2.6 OZ	EACH	10	298	3.45	273	10.99	9.53	16.24	0.01	0	32.04	3.74	9.30	*N/A*	46.3	0.00	1.08	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002777 SANDWICH, PB & GRAPE WG 2.6OZ	EACH	5	300	3.00	280	14.00	*N/A*	17.00	0.00	0	32.00	4.00	8.00	*N/A*	20.0	0.00	1.44	\$0.000
002778 SANDWICH, PB & STRAWWG 2.6OZ	EACH	5	300	3.50	370	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	44.0	0.00	1.00	\$0.000
002277 SANDWICH, SB & GRAPE WG 2.8OZ	EACH	5	310	2.00	250	*N/A*	*N/A*	17.00	0.00	0	33.00	5.00	10.00	*N/A*	40.0	0.00	2.70	\$0.000
003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE)	EACH	5	570	7.00	430	13.00	11.00	33.00	*N/A*	*N/A*	49.00	9.00	20.00	*N/A*	262.0	*N/A*	4.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	15	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	10	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	5	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	5	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	15	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	15	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21.00	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	150	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			592	3.08	493	*65.22	*6.80	9.96	*0.00	*16	114.45	6.83	15.54	*1	455.5	*31.27	3.03	\$0.000
% of Calories				4.68%		*44.07 %	*4.59%	15.1%	*0.0%		77.3%		10.5%					
Weekly Nutrient Guideline			400 - 550	<10	600		<10											

Monday - 03/09/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002690 EGG & CHEESE BISCUIT	SERVING	50	380	10.50	780	*0.00	*N/A*	23.00	0.00	145	30.00	2.00	13.00	*N/A*	100.0	0.00	1.08	\$0.000
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	50	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	50	201	3.04	382	6.01	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	30	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	30	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	30	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	30	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	20	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	20	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	20	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	20	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ	EACH	10	300	3.50	270	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	40.0	0.00	1.10	\$0.000
003176 SANDWICH, PB & CHOCOLATE WG 2.6 OZ	EACH	10	298	3.45	273	10.99	9.53	16.24	0.01	0	32.04	3.74	9.30	*N/A*	46.3	0.00	1.08	\$0.000
002777 SANDWICH, PB & GRAPE WG 2.6OZ	EACH	5	300	3.00	280	14.00	*N/A*	17.00	0.00	0	32.00	4.00	8.00	*N/A*	20.0	0.00	1.44	\$0.000
002778 SANDWICH, PB & STRAWWG 2.6OZ	EACH	5	300	3.50	370	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	44.0	0.00	1.00	\$0.000
002277 SANDWICH, SB & GRAPE WG 2.8OZ	EACH	5	310	2.00	250	*N/A*	*N/A*	17.00	0.00	0	33.00	5.00	10.00	*N/A*	40.0	0.00	2.70	\$0.000
003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE)	EACH	5	570	7.00	430	13.00	11.00	33.00	*N/A*	*N/A*	49.00	9.00	20.00	*N/A*	262.0	*N/A*	4.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	10	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	15	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	10	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	10	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	10	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21.00	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	150	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			594	3.75	517	*61.93	*4.75	10.47	*0.00	*27	112.28	7.09	16.49	*1	445.6	*31.51	3.22	\$0.000
% of Calories				5.68%		*41.70 %	*3.20%	15.9%	*0.0%		75.6%		11.1%					
Weekly Nutrient Guideline			400 - 550	<10	600		<10											

Tuesday - 03/10/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	50	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	25	525	10.67	1033	*0.74	*N/A*	27.16	*0.00	94	44.27	6.63	28.23	*0	4.4	2.46	*2.88	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002772 BRKFST, STRAW MINI BAGELS	EACH	25	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002754 YOGURT PARFAIT,BLUEBERRIES BWG	SERVING	50	309	7.13	183	*19.34	*5.34	11.47	0.00	3	49.97	4.00	5.00	*0	166.8	3.60	1.80	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	30	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	30	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	10	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	10	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	10	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	10	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	10	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	10	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	10	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	30	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ	EACH	10	300	3.50	270	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	40.0	0.00	1.10	\$0.000
003176 SANDWICH, PB & CHOCOLATE WG 2.6 OZ	EACH	10	298	3.45	273	10.99	9.53	16.24	0.01	0	32.04	3.74	9.30	*N/A*	46.3	0.00	1.08	\$0.000
002777 SANDWICH, PB & GRAPE WG 2.6OZ	EACH	5	300	3.00	280	14.00	*N/A*	17.00	0.00	0	32.00	4.00	8.00	*N/A*	20.0	0.00	1.44	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002778 SANDWICH, PB & STRAWWG 2.6OZ	EACH	5	300	3.50	370	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	44.0	0.00	1.00	\$0.000
002277 SANDWICH, SB & GRAPE WG 2.8OZ	EACH	5	310	2.00	250	*N/A*	*N/A*	17.00	0.00	0	33.00	5.00	10.00	*N/A*	40.0	0.00	2.70	\$0.000
003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE)	EACH	5	570	7.00	430	13.00	11.00	33.00	*N/A*	*N/A*	49.00	9.00	20.00	*N/A*	262.0	*N/A*	4.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	15	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	10	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	5	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	5	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	150	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21.00	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	395	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			610	3.77	510	*63.60	*5.13	10.21	*0.00	*16	116.59	6.97	16.95	*1	470.5	*32.05	*3.41	\$0.000
% of Calories				5.56%		*41.70 %	*3.36%	15.1%	*0.0%		76.5%		11.1%					
Weekly Nutrient Guideline			400 - 550	<10	600		<10											

Wednesday - 03/11/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	75	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003167 BRK SANDWICH, HAM AND EGG CROISSANT 2.2OZ	SERVING	75	307	4.07	925	*3.00	*0.00	13.27	*0.00	161	31.70	2.00	17.07	*N/A*	86.7	0.00	1.61	\$0.000
001869 BRKFST, MINI CINNIS	EACH	30	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	30	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	15	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	15	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	20	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	20	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	20	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	20	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ	EACH	10	300	3.50	270	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	40.0	0.00	1.10	\$0.000
003176 SANDWICH, PB & CHOCOLATE WG 2.6 OZ	EACH	10	298	3.45	273	10.99	9.53	16.24	0.01	0	32.04	3.74	9.30	*N/A*	46.3	0.00	1.08	\$0.000
002777 SANDWICH, PB & GRAPE WG 2.6OZ	EACH	5	300	3.00	280	14.00	*N/A*	17.00	0.00	0	32.00	4.00	8.00	*N/A*	20.0	0.00	1.44	\$0.000
002778 SANDWICH, PB & STRAWWG 2.6OZ	EACH	5	300	3.50	370	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	44.0	0.00	1.00	\$0.000
002277 SANDWICH, SB & GRAPE WG 2.8OZ	EACH	5	310	2.00	250	*N/A*	*N/A*	17.00	0.00	0	33.00	5.00	10.00	*N/A*	40.0	0.00	2.70	\$0.000
003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE)	EACH	5	570	7.00	430	13.00	11.00	33.00	*N/A*	*N/A*	49.00	9.00	20.00	*N/A*	262.0	*N/A*	4.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	15	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	10	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	5	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	5	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	15	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	15	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21.00	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	150	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			599	3.50	589	*62.58	*5.57	10.18	*0.00	*37	112.43	6.28	17.88	*2	473.0	*31.71	3.28	\$0.000
% of Calories				5.26%		*41.79 %	*3.72%	15.3%	*0.0%		75.1%		11.9%					
Weekly Nutrient Guideline			400 - 550	<10	600		<10											

Thursday - 03/12/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	75	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
001255 BRKFST, SAUSAGE & EGG BISCUIT	EACH	75	350	7.50	690	*0.00	*N/A*	20.00	0.00	155	29.00	2.00	14.00	*N/A*	100.0	0.00	1.44	\$0.000
001869 BRKFST, MINI CINNIS	EACH	30	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002771 BRKFST, APPLE FRUDEL	EACH	30	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	30	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	30	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	15	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	15	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	10	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	15	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	15	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	10	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	10	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	30	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ	EACH	10	300	3.50	270	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	40.0	0.00	1.10	\$0.000
003176 SANDWICH, PB & CHOCOLATE WG 2.6 OZ	EACH	10	298	3.45	273	10.99	9.53	16.24	0.01	0	32.04	3.74	9.30	*N/A*	46.3	0.00	1.08	\$0.000
002777 SANDWICH, PB & GRAPE WG 2.6OZ	EACH	5	300	3.00	280	14.00	*N/A*	17.00	0.00	0	32.00	4.00	8.00	*N/A*	20.0	0.00	1.44	\$0.000
002778 SANDWICH, PB & STRAWWG 2.6OZ	EACH	5	300	3.50	370	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	44.0	0.00	1.00	\$0.000
002277 SANDWICH, SB & GRAPE WG 2.8OZ	EACH	5	310	2.00	250	*N/A*	*N/A*	17.00	0.00	0	33.00	5.00	10.00	*N/A*	40.0	0.00	2.70	\$0.000
003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE)	EACH	5	570	7.00	430	13.00	11.00	33.00	*N/A*	*N/A*	49.00	9.00	20.00	*N/A*	262.0	*N/A*	4.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)	Cost
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	15	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	10	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	5	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	5	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21.00	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	150	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			615	4.02	565	*61.51	*5.27	11.14	*0.00	*36	114.28	6.48	17.56	*2	483.2	*31.71	3.40	\$0.000
% of Calories				5.88%		*40.01 %	*3.43%	16.3%	*0.0%		74.3%		11.4%					
Weekly Nutrient Guideline			400 - 550	<10	600		<10											

Friday - 03/13/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000380 BRKFST, CINN ROLL 5 OZ BRGFRD	ROLL	50	278	3.05	717	*8.88	*0.00	9.47	*0.00	14	41.29	2.02	7.49	*0	71.6	0.01	2.02	\$0.000
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	10	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	10	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	10	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	10	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	10	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	50	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	50	201	3.04	382	6.01	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	30	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	30	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	15	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	15	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	20	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	20	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	20	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	20	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ	EACH	10	300	3.50	270	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	40.0	0.00	1.10	\$0.000
003176 SANDWICH, PB & CHOCOLATE WG 2.6 OZ	EACH	10	298	3.45	273	10.99	9.53	16.24	0.01	0	32.04	3.74	9.30	*N/A*	46.3	0.00	1.08	\$0.000
002777 SANDWICH, PB & GRAPE WG 2.6OZ	EACH	5	300	3.00	280	14.00	*N/A*	17.00	0.00	0	32.00	4.00	8.00	*N/A*	20.0	0.00	1.44	\$0.000
002778 SANDWICH, PB & STRAWWG 2.6OZ	EACH	5	300	3.50	370	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	44.0	0.00	1.00	\$0.000
002277 SANDWICH, SB & GRAPE WG 2.8OZ	EACH	5	310	2.00	250	*N/A*	*N/A*	17.00	0.00	0	33.00	5.00	10.00	*N/A*	40.0	0.00	2.70	\$0.000
003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE)	EACH	5	570	7.00	430	13.00	11.00	33.00	*N/A*	*N/A*	49.00	9.00	20.00	*N/A*	262.0	*N/A*	4.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	15	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	10	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	5	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	5	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	15	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	15	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21.00	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	150	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			592	3.08	493	*65.22	*6.80	9.96	*0.00	*16	114.45	6.83	15.54	*1	455.5	*31.27	3.03	\$0.000
% of Calories				4.68%		*44.07 %	*4.59%	15.1%	*0.0%		77.3%		10.5%					
Weekly Nutrient Guideline			400 - 550	<10	600		<10											

Monday - 03/16/2026

Reimbursable Meal Total 500

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002690 EGG & CHEESE BISCUIT	SERVING	50	380	10.50	780	*0.00	*N/A*	23.00	0.00	145	30.00	2.00	13.00	*N/A*	100.0	0.00	1.08	\$0.000
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	50	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	50	201	3.04	382	6.01	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	30	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	30	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	30	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	30	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	20	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	20	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	20	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	20	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ	EACH	10	300	3.50	270	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	40.0	0.00	1.10	\$0.000
003176 SANDWICH, PB & CHOCOLATE WG 2.6 OZ	EACH	10	298	3.45	273	10.99	9.53	16.24	0.01	0	32.04	3.74	9.30	*N/A*	46.3	0.00	1.08	\$0.000
002777 SANDWICH, PB & GRAPE WG 2.6OZ	EACH	5	300	3.00	280	14.00	*N/A*	17.00	0.00	0	32.00	4.00	8.00	*N/A*	20.0	0.00	1.44	\$0.000
002778 SANDWICH, PB & STRAWWG 2.6OZ	EACH	5	300	3.50	370	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	44.0	0.00	1.00	\$0.000
002277 SANDWICH, SB & GRAPE WG 2.8OZ	EACH	5	310	2.00	250	*N/A*	*N/A*	17.00	0.00	0	33.00	5.00	10.00	*N/A*	40.0	0.00	2.70	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE)	EACH	5	570	7.00	430	13.00	11.00	33.00	*N/A*	*N/A*	49.00	9.00	20.00	*N/A*	262.0	*N/A*	4.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	10	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	15	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	10	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	10	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	10	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21.00	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	150	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			594	3.75	517	*61.93	*4.75	10.47	*0.00	*27	112.28	7.09	16.49	*1	445.6	*31.51	3.22	\$0.000
% of Calories				5.68%		*41.70 %	*3.20%	15.9%	*0.0%		75.6%		11.1%					
Weekly Nutrient Guideline			400 - 550	<10	600		<10											

Tuesday - 03/17/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	50	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	25	525	10.67	1033	*0.74	*N/A*	27.16	*0.00	94	44.27	6.63	28.23	*0	4.4	2.46	*2.88	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	25	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002754 YOGURT PARFAIT,BLUEBERRIES BWG	SERVING	50	309	7.13	183	*19.34	*5.34	11.47	0.00	3	49.97	4.00	5.00	*0	166.8	3.60	1.80	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	30	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	30	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	10	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	10	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	10	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	10	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	10	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	10	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	10	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	30	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ	EACH	10	300	3.50	270	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	40.0	0.00	1.10	\$0.000
003176 SANDWICH, PB & CHOCOLATE WG 2.6 OZ	EACH	10	298	3.45	273	10.99	9.53	16.24	0.01	0	32.04	3.74	9.30	*N/A*	46.3	0.00	1.08	\$0.000
002777 SANDWICH, PB & GRAPE WG 2.6OZ	EACH	5	300	3.00	280	14.00	*N/A*	17.00	0.00	0	32.00	4.00	8.00	*N/A*	20.0	0.00	1.44	\$0.000
002778 SANDWICH, PB & STRAWWG 2.6OZ	EACH	5	300	3.50	370	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	44.0	0.00	1.00	\$0.000
002277 SANDWICH, SB & GRAPE WG 2.8OZ	EACH	5	310	2.00	250	*N/A*	*N/A*	17.00	0.00	0	33.00	5.00	10.00	*N/A*	40.0	0.00	2.70	\$0.000
003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE)	EACH	5	570	7.00	430	13.00	11.00	33.00	*N/A*	*N/A*	49.00	9.00	20.00	*N/A*	262.0	*N/A*	4.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	15	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	10	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	5	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	5	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	150	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21.00	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			610	3.77	510	*63.60	*5.13	10.21	*0.00	*16	116.59	6.97	16.95	*1	470.5	*32.05	*3.41	\$0.000
% of Calories				5.56%		*41.70 %	*3.36%	15.1%	*0.0%		76.5%		11.1%					
Weekly Nutrient Guideline			400 - 550	<10	600		<10											

Wednesday - 03/18/2026

Reimbursable Meal Total 500

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	75	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003167 BRK SANDWICH, HAM AND EGG CROISSANT 2.2OZ	SERVING	75	307	4.07	925	*3.00	*0.00	13.27	*0.00	161	31.70	2.00	17.07	*N/A*	86.7	0.00	1.61	\$0.000
001869 BRKFST, MINI CINNIS	EACH	30	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	30	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	15	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	15	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	20	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	20	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	20	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	20	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ	EACH	10	300	3.50	270	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	40.0	0.00	1.10	\$0.000
003176 SANDWICH, PB & CHOCOLATE WG 2.6 OZ	EACH	10	298	3.45	273	10.99	9.53	16.24	0.01	0	32.04	3.74	9.30	*N/A*	46.3	0.00	1.08	\$0.000
002777 SANDWICH, PB & GRAPE WG 2.6OZ	EACH	5	300	3.00	280	14.00	*N/A*	17.00	0.00	0	32.00	4.00	8.00	*N/A*	20.0	0.00	1.44	\$0.000
002778 SANDWICH, PB & STRAWWG 2.6OZ	EACH	5	300	3.50	370	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	44.0	0.00	1.00	\$0.000
002277 SANDWICH, SB & GRAPE WG 2.8OZ	EACH	5	310	2.00	250	*N/A*	*N/A*	17.00	0.00	0	33.00	5.00	10.00	*N/A*	40.0	0.00	2.70	\$0.000
003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE)	EACH	5	570	7.00	430	13.00	11.00	33.00	*N/A*	*N/A*	49.00	9.00	20.00	*N/A*	262.0	*N/A*	4.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	15	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	10	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	5	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	5	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	15	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	15	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21.00	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	150	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			599	3.50	589	*62.58	*5.57	10.18	*0.00	*37	112.43	6.28	17.88	*2	473.0	*31.71	3.28	\$0.000
% of Calories				5.26%		*41.79 %	*3.72%	15.3%	*0.0%		75.1%		11.9%					
Weekly Nutrient Guideline			400 - 550	<10	600		<10											

Thursday - 03/19/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	75	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
001255 BRKFST, SAUSAGE & EGG BISCUIT	EACH	75	350	7.50	690	*0.00	*N/A*	20.00	0.00	155	29.00	2.00	14.00	*N/A*	100.0	0.00	1.44	\$0.000
001869 BRKFST, MINI CINNIS	EACH	30	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	30	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	30	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	30	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	15	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	15	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	10	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	15	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	15	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	10	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	10	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	30	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ	EACH	10	300	3.50	270	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	40.0	0.00	1.10	\$0.000
003176 SANDWICH, PB & CHOCOLATE WG 2.6 OZ	EACH	10	298	3.45	273	10.99	9.53	16.24	0.01	0	32.04	3.74	9.30	*N/A*	46.3	0.00	1.08	\$0.000
002777 SANDWICH, PB & GRAPE WG 2.6OZ	EACH	5	300	3.00	280	14.00	*N/A*	17.00	0.00	0	32.00	4.00	8.00	*N/A*	20.0	0.00	1.44	\$0.000
002778 SANDWICH, PB & STRAWWG 2.6OZ	EACH	5	300	3.50	370	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	44.0	0.00	1.00	\$0.000
002277 SANDWICH, SB & GRAPE WG 2.8OZ	EACH	5	310	2.00	250	*N/A*	*N/A*	17.00	0.00	0	33.00	5.00	10.00	*N/A*	40.0	0.00	2.70	\$0.000
003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE)	EACH	5	570	7.00	430	13.00	11.00	33.00	*N/A*	*N/A*	49.00	9.00	20.00	*N/A*	262.0	*N/A*	4.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	15	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	10	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	5	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	5	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21.00	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	150	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			615	4.02	565	*61.51	*5.27	11.14	*0.00	*36	114.28	6.48	17.56	*2	483.2	*31.71	3.40	\$0.000
% of Calories				5.88%		*40.01 %	*3.43%	16.3%	*0.0%		74.3%		11.4%					
Weekly Nutrient Guideline			400 - 550	<10	600		<10											

Monday - 03/23/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002690 EGG & CHEESE BISCUIT	SERVING	50	380	10.50	780	*0.00	*N/A*	23.00	0.00	145	30.00	2.00	13.00	*N/A*	100.0	0.00	1.08	\$0.000
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	50	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	50	201	3.04	382	6.01	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	30	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	30	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	30	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	30	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	20	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	20	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	20	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	20	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ	EACH	10	300	3.50	270	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	40.0	0.00	1.10	\$0.000
003176 SANDWICH, PB & CHOCOLATE WG 2.6 OZ	EACH	10	298	3.45	273	10.99	9.53	16.24	0.01	0	32.04	3.74	9.30	*N/A*	46.3	0.00	1.08	\$0.000
002777 SANDWICH, PB & GRAPE WG 2.6OZ	EACH	5	300	3.00	280	14.00	*N/A*	17.00	0.00	0	32.00	4.00	8.00	*N/A*	20.0	0.00	1.44	\$0.000
002778 SANDWICH, PB & STRAWWG 2.6OZ	EACH	5	300	3.50	370	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	44.0	0.00	1.00	\$0.000
002277 SANDWICH, SB & GRAPE WG 2.8OZ	EACH	5	310	2.00	250	*N/A*	*N/A*	17.00	0.00	0	33.00	5.00	10.00	*N/A*	40.0	0.00	2.70	\$0.000
003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE)	EACH	5	570	7.00	430	13.00	11.00	33.00	*N/A*	*N/A*	49.00	9.00	20.00	*N/A*	262.0	*N/A*	4.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	10	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002637 CEREAL, CINNTOASTERS 2GB	BOWL	15	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	10	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	10	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	10	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21.00	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	150	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			594	3.75	517	*61.93	*4.75	10.47	*0.00	*27	112.28	7.09	16.49	*1	445.6	*31.51	3.22	\$0.000
% of Calories				5.68%		*41.70 %	*3.20%	15.9%	*0.0%		75.6%		11.1%					
Weekly Nutrient Guideline			400 - 550	<10	600		<10											

Tuesday - 03/24/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	50	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	25	525	10.67	1033	*0.74	*N/A*	27.16	*0.00	94	44.27	6.63	28.23	*0	4.4	2.46	*2.88	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	25	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002754 YOGURT PARFAIT,BLUEBERRIES BWG	SERVING	50	309	7.13	183	*19.34	*5.34	11.47	0.00	3	49.97	4.00	5.00	*0	166.8	3.60	1.80	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	30	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	30	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	10	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	10	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	10	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	10	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	10	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	10	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	10	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	30	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ	EACH	10	300	3.50	270	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	40.0	0.00	1.10	\$0.000
003176 SANDWICH, PB & CHOCOLATE WG 2.6 OZ	EACH	10	298	3.45	273	10.99	9.53	16.24	0.01	0	32.04	3.74	9.30	*N/A*	46.3	0.00	1.08	\$0.000
002777 SANDWICH, PB & GRAPE WG 2.6OZ	EACH	5	300	3.00	280	14.00	*N/A*	17.00	0.00	0	32.00	4.00	8.00	*N/A*	20.0	0.00	1.44	\$0.000
002778 SANDWICH, PB & STRAWWG 2.6OZ	EACH	5	300	3.50	370	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	44.0	0.00	1.00	\$0.000
002277 SANDWICH, SB & GRAPE WG 2.8OZ	EACH	5	310	2.00	250	*N/A*	*N/A*	17.00	0.00	0	33.00	5.00	10.00	*N/A*	40.0	0.00	2.70	\$0.000
003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE)	EACH	5	570	7.00	430	13.00	11.00	33.00	*N/A*	*N/A*	49.00	9.00	20.00	*N/A*	262.0	*N/A*	4.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	15	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	10	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	5	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	5	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	150	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21.00	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			610	3.77	510	*63.60	*5.13	10.21	*0.00	*16	116.59	6.97	16.95	*1	470.5	*32.05	*3.41	\$0.000
% of Calories				5.56%		*41.70 %	*3.36%	15.1%	*0.0%		76.5%		11.1%					
Weekly Nutrient Guideline			400 - 550	<10	600		<10											

Wednesday - 03/25/2026

Reimbursable Meal Total 500

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	75	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003167 BRK SANDWICH, HAM AND EGG CROISSANT 2.2OZ	SERVING	75	307	4.07	925	*3.00	*0.00	13.27	*0.00	161	31.70	2.00	17.07	*N/A*	86.7	0.00	1.61	\$0.000
001869 BRKFST, MINI CINNIS	EACH	30	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	30	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	15	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	15	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	20	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	20	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	20	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	20	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ	EACH	10	300	3.50	270	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	40.0	0.00	1.10	\$0.000
003176 SANDWICH, PB & CHOCOLATE WG 2.6 OZ	EACH	10	298	3.45	273	10.99	9.53	16.24	0.01	0	32.04	3.74	9.30	*N/A*	46.3	0.00	1.08	\$0.000
002777 SANDWICH, PB & GRAPE WG 2.6OZ	EACH	5	300	3.00	280	14.00	*N/A*	17.00	0.00	0	32.00	4.00	8.00	*N/A*	20.0	0.00	1.44	\$0.000
002778 SANDWICH, PB & STRAWWG 2.6OZ	EACH	5	300	3.50	370	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	44.0	0.00	1.00	\$0.000
002277 SANDWICH, SB & GRAPE WG 2.8OZ	EACH	5	310	2.00	250	*N/A*	*N/A*	17.00	0.00	0	33.00	5.00	10.00	*N/A*	40.0	0.00	2.70	\$0.000
003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE)	EACH	5	570	7.00	430	13.00	11.00	33.00	*N/A*	*N/A*	49.00	9.00	20.00	*N/A*	262.0	*N/A*	4.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	15	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	10	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	5	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	5	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	15	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	15	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21.00	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	150	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			599	3.50	589	*62.58	*5.57	10.18	*0.00	*37	112.43	6.28	17.88	*2	473.0	*31.71	3.28	\$0.000
% of Calories				5.26%		*41.79 %	*3.72%	15.3%	*0.0%		75.1%		11.9%					
Weekly Nutrient Guideline			400 - 550	<10	600		<10											

Thursday - 03/26/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	75	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
001255 BRKFST, SAUSAGE & EGG BISCUIT	EACH	75	350	7.50	690	*0.00	*N/A*	20.00	0.00	155	29.00	2.00	14.00	*N/A*	100.0	0.00	1.44	\$0.000
001869 BRKFST, MINI CINNIS	EACH	30	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	30	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	30	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	30	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	15	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	15	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	10	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	15	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	15	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	10	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	10	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	30	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ	EACH	10	300	3.50	270	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	40.0	0.00	1.10	\$0.000
003176 SANDWICH, PB & CHOCOLATE WG 2.6 OZ	EACH	10	298	3.45	273	10.99	9.53	16.24	0.01	0	32.04	3.74	9.30	*N/A*	46.3	0.00	1.08	\$0.000
002777 SANDWICH, PB & GRAPE WG 2.6OZ	EACH	5	300	3.00	280	14.00	*N/A*	17.00	0.00	0	32.00	4.00	8.00	*N/A*	20.0	0.00	1.44	\$0.000
002778 SANDWICH, PB & STRAWWG 2.6OZ	EACH	5	300	3.50	370	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	44.0	0.00	1.00	\$0.000
002277 SANDWICH, SB & GRAPE WG 2.8OZ	EACH	5	310	2.00	250	*N/A*	*N/A*	17.00	0.00	0	33.00	5.00	10.00	*N/A*	40.0	0.00	2.70	\$0.000
003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE)	EACH	5	570	7.00	430	13.00	11.00	33.00	*N/A*	*N/A*	49.00	9.00	20.00	*N/A*	262.0	*N/A*	4.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	15	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	10	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	5	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	5	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21.00	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	150	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			615	4.02	565	*61.51	*5.27	11.14	*0.00	*36	114.28	6.48	17.56	*2	483.2	*31.71	3.40	\$0.000
% of Calories				5.88%		*40.01 %	*3.43%	16.3%	*0.0%		74.3%		11.4%					
Weekly Nutrient Guideline			400 - 550	<10	600		<10											

Friday - 03/27/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000380 BRKFST, CINN ROLL 5 OZ BRGFRD	ROLL	50	278	3.05	717	*8.88	*0.00	9.47	*0.00	14	41.29	2.02	7.49	*0	71.6	0.01	2.02	\$0.000
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	10	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	10	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	10	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	10	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	10	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	50	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	50	201	3.04	382	6.01	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	30	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	30	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	15	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	15	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	20	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	20	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	20	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	20	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ	EACH	10	300	3.50	270	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	40.0	0.00	1.10	\$0.000
003176 SANDWICH, PB & CHOCOLATE WG 2.6 OZ	EACH	10	298	3.45	273	10.99	9.53	16.24	0.01	0	32.04	3.74	9.30	*N/A*	46.3	0.00	1.08	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002777 SANDWICH, PB & GRAPE WG 2.6OZ	EACH	5	300	3.00	280	14.00	*N/A*	17.00	0.00	0	32.00	4.00	8.00	*N/A*	20.0	0.00	1.44	\$0.000
002778 SANDWICH, PB & STRAWWG 2.6OZ	EACH	5	300	3.50	370	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	44.0	0.00	1.00	\$0.000
002277 SANDWICH, SB & GRAPE WG 2.8OZ	EACH	5	310	2.00	250	*N/A*	*N/A*	17.00	0.00	0	33.00	5.00	10.00	*N/A*	40.0	0.00	2.70	\$0.000
003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE)	EACH	5	570	7.00	430	13.00	11.00	33.00	*N/A*	*N/A*	49.00	9.00	20.00	*N/A*	262.0	*N/A*	4.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	15	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	10	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	5	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	5	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	15	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	15	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21.00	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	150	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			592	3.08	493	*65.22	*6.80	9.96	*0.00	*16	114.45	6.83	15.54	*1	455.5	*31.27	3.03	\$0.000
% of Calories				4.68%		*44.07 %	*4.59%	15.1%	*0.0%		77.3%		10.5%					
Weekly Nutrient Guideline			400 - 550	<10	600		<10											

Monday - 03/30/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002690 EGG & CHEESE BISCUIT	SERVING	50	380	10.50	780	*0.00	*N/A*	23.00	0.00	145	30.00	2.00	13.00	*N/A*	100.0	0.00	1.08	\$0.000
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	50	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	50	201	3.04	382	6.01	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	30	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	30	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	30	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	30	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	20	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	20	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	20	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	20	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ	EACH	10	300	3.50	270	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	40.0	0.00	1.10	\$0.000
003176 SANDWICH, PB & CHOCOLATE WG 2.6 OZ	EACH	10	298	3.45	273	10.99	9.53	16.24	0.01	0	32.04	3.74	9.30	*N/A*	46.3	0.00	1.08	\$0.000
002777 SANDWICH, PB & GRAPE WG 2.6OZ	EACH	5	300	3.00	280	14.00	*N/A*	17.00	0.00	0	32.00	4.00	8.00	*N/A*	20.0	0.00	1.44	\$0.000
002778 SANDWICH, PB & STRAWWG 2.6OZ	EACH	5	300	3.50	370	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	44.0	0.00	1.00	\$0.000
002277 SANDWICH, SB & GRAPE WG 2.8OZ	EACH	5	310	2.00	250	*N/A*	*N/A*	17.00	0.00	0	33.00	5.00	10.00	*N/A*	40.0	0.00	2.70	\$0.000
003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE)	EACH	5	570	7.00	430	13.00	11.00	33.00	*N/A*	*N/A*	49.00	9.00	20.00	*N/A*	262.0	*N/A*	4.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	10	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	15	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	10	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	10	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	10	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21.00	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	150	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			594	3.75	517	*61.93	*4.75	10.47	*0.00	*27	112.28	7.09	16.49	*1	445.6	*31.51	3.22	\$0.000
% of Calories				5.68%		*41.70 %	*3.20%	15.9%	*0.0%		75.6%		11.1%					
Weekly Nutrient Guideline			400 - 550	<10	600		<10											

Tuesday - 03/31/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	50	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	25	525	10.67	1033	*0.74	*N/A*	27.16	*0.00	94	44.27	6.63	28.23	*0	4.4	2.46	*2.88	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002772 BRKFST, STRAW MINI BAGELS	EACH	25	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002754 YOGURT PARFAIT,BLUEBERRIES BWG	SERVING	50	309	7.13	183	*19.34	*5.34	11.47	0.00	3	49.97	4.00	5.00	*0	166.8	3.60	1.80	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	30	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	30	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	10	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	10	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	10	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	10	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	10	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	10	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	10	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	30	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ	EACH	10	300	3.50	270	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	40.0	0.00	1.10	\$0.000
003176 SANDWICH, PB & CHOCOLATE WG 2.6 OZ	EACH	10	298	3.45	273	10.99	9.53	16.24	0.01	0	32.04	3.74	9.30	*N/A*	46.3	0.00	1.08	\$0.000
002777 SANDWICH, PB & GRAPE WG 2.6OZ	EACH	5	300	3.00	280	14.00	*N/A*	17.00	0.00	0	32.00	4.00	8.00	*N/A*	20.0	0.00	1.44	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002778 SANDWICH, PB & STRAWWG 2.6OZ	EACH	5	300	3.50	370	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	44.0	0.00	1.00	\$0.000
002277 SANDWICH, SB & GRAPE WG 2.8OZ	EACH	5	310	2.00	250	*N/A*	*N/A*	17.00	0.00	0	33.00	5.00	10.00	*N/A*	40.0	0.00	2.70	\$0.000
003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE)	EACH	5	570	7.00	430	13.00	11.00	33.00	*N/A*	*N/A*	49.00	9.00	20.00	*N/A*	262.0	*N/A*	4.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	15	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	10	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	5	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	5	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	5	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	150	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21.00	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	395	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			610	3.77	510	*63.60	*5.13	10.21	*0.00	*16	116.59	6.97	16.95	*1	470.5	*32.05	*3.41	\$0.000
% of Calories				5.56%		*41.70 %	*3.36%	15.1%	*0.0%		76.5%		11.1%					
Weekly Nutrient Guideline			400 - 550	<10	600		<10											

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages	602	4	535	*62.84	*5.39	10.41	*0.00	*26	114.03	6.75	16.93	*1	465	*31.68	*3.28	\$0.000
% of Calories		5.47%		*41.75 %	*3.58%	15.6%	*0.0%		75.8%		11.2%					

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.