

Junior Grade Level Meeting

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Q & A will follow our presentation
on IB and College

Please hold your questions until the
end. Please write down any question
you have throughout the
presentation for the Q & A session

Junior Grade Level 4-Yr Bound College Information Meeting September 10, 2025

Mr. Rebello: All HCA, Study Skills
Students and Last names A-L

Ms. Yeager: All DAA, ELD Students and
Last names M-Z

Stress of the College Process

David Hawkins, director of public policy and research at NACAC, said that "everything seems more amplified, from the applications, to the frequency and intensity of marketing, to the emphasis on various factors in admissions. Uncertainty seems to be the common theme." In some ways, Hawkins said, it's as if colleges and students were "chasing each other around a round table."

Read

more: <http://www.insidehighered.com/news/2012/11/29/study-documents-admissions-trends-over-last-10-years#ixzz2fqhMM3tO>

Inside Higher Ed

BUT... the vast majority of college admit 2/3rd of their applicants

Weekly Email Newsletter

- Strongly recommended to read all Naviance emails
It is the main source of information surrounding the college application process specific to Sequoia
- ALL student opportunities that come through College/Career Center are published in email

IF a student is not receiving the email, after checking SPAM folder, email Rebello/Yeager

PARENTS: If you use a different email, you need to change it on Infinite through Counseling Office to change it on Naviance



General Minimum Admission Requirements: CSU/UC/Private Colleges

| | CSU | UC | Private Colleges/Common Application |
|---------------------------|---|---|--|
| Minimum Course Work | A-G Completion | A-G Completion | Varies but most is very similar to UC/CSU A-G Requirements |
| Minimum GPA | 2.5 Weighted | 3.0 Weighted | Most do not have GPA Requirement |
| Minimum SAT/ACT | Not used in admissions at this time | Not used in the admissions at this time | No minimum score Some schools are currently test optional. We strongly encourage you to visit each school's website and/or ask admissions rep about this. |
| School Documents | None when application is submitted | None when application is submitted | Transcript School Report from Counselor School Profile |
| Letters of Recommendation | Not required | Not required | Varies but most require |
| Admission Factors | Based on GPA and A-G Course work Some school use other factors | Look at 13 factors "Comprehensive Review" or "Holistic Review" includes review of transcript, personal written work, a list of activities | Varies but Comprehensive Review" or "Holistic Review" includes review of transcript, personal written work, a list of activities |
| Other | | Some UC majors (IE:performing arts & nursing) require supplemental info | Some schools REQUIRE Supplemental essays and questions |

Application Terms

Application Review Terms

- Some colleges only use course work, grades, and test scores
 - CSU
- **Holistic Review** - look at the whole person within context of applicant's life (including educational, family and community experiences)
- **Comprehensive Review** - certain factors beyond course work, grades, and test scores
 - UC Berkeley uses 13 Comprehensive Review Factors in their holistic review process

Competitive Admissions Terms

- **Impacted:** More students apply than space available (term mainly used within California public school admissions)
- **Eligibility:** Meets all minimum requirements
 - GPA, Coursework, etc.
- **Selectivity:** % of admits/applications
 - Lower %, the harder it is to be admitted
 - Highly Selective 4-20%
 - Selective 20-30%
- **Eligibility v Selectivity**
 - If planning on going to an impacted or competitive school, must go beyond the minimum eligibility

CSU Eligibility v Selectivity

EXAMPLE

San Mateo County Local Campuses:

San Francisco State and Cal State East Bay

– If meet minimum eligibility, will be admitted

17/23 in all majors were not impacted (Fall 2023)

Impacted CSU Campuses:

SLO*, San Diego, Long Beach, Fullerton, San Jose, Fresno

- selective/competitive 3.5 GPA ^

Good News:

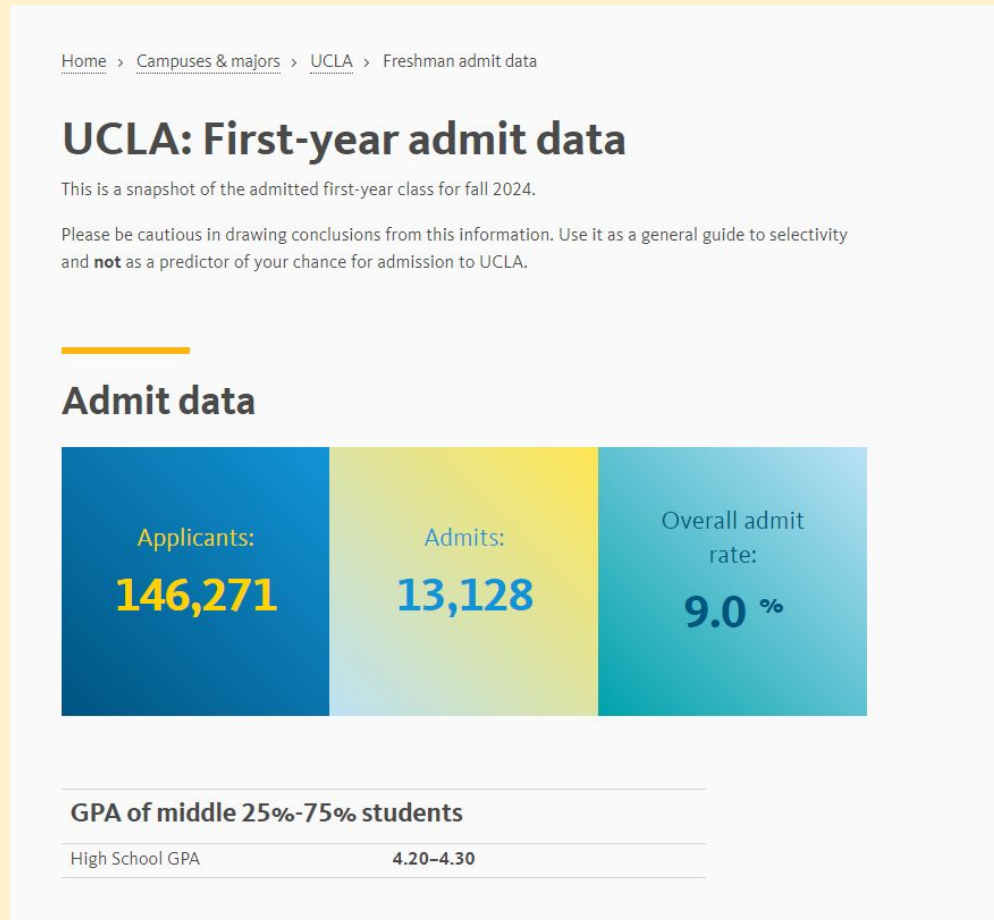
94% of CA applicants were admitted to CSU if met admission requirement

Look at Percentiles over Averages for Selectivity

Warning by UCLA to use data
with caution

50% of students fall between the
25%-75% percentiles range

25% of the students are higher
25% of the students are lower



What Makes YOU a More Competitive Applicant Beyond Grades and Test Scores?

1. Take advantage of available opportunities/resources
2. Show Leadership
3. Commitment and Passion
4. School Fit: Through research create a meaningful list – Know why you want to apply to each college and do you fit into their profile



1. Taking Advantages of Opportunities and Resources at School, Home and in Your Community:

Rigorous Courses

- Colleges consider how you challenged yourself during high school. *Did you take IB courses? College Classes?*

Clubs and Activities

- Colleges consider your other responsibilities outside of academics. *How have you been involved? How long?*

Internships, Contests, Outside Programs

- Colleges consider what opportunities you've taken advantage of. *What were your outside commitments?*

Academic School Programs

- After school tutoring, AVID, Boys and Girls Club, Concurrent Enrollment, Robotics

2. Show Leadership



- Show examples of
 - responsibility
 - maturity
 - decision making and follow through
 - growth
- Leadership is used VERY BROADLY in the application process
 - President of a club
 - Captain of a team
 - Babysitting brothers and sisters
 - Working

3. Show Commitment and Passion

- Involved and committed to things you enjoy
 - You will more likely participate in activities over time if you enjoy and find meaning in what you are doing
- Breadth versus Compiling a list of activities
 - Doing a few things over a period of time that you enjoy over doing a lot of activities (Playing “the game”)
- Show increased involvement and leadership over time
 - Club member moves to leadership position that can demonstrate impact/accomplishment

3. More on Showing Commitment and Passion

- Colleges want to GET TO KNOW YOU and **what you can bring to their campus.**
- Do not participate in activities **ONLY** because you think “Looks good on a college application”
 - Pursue extracurricular activities that are meaningful to you
 - Colleges will see through “check box” applicant
- Do not have regrets about what you do in high school. **A happy student is a better applicant.**

Recommended Resources

[Effective Altruism](#): You do not have to start your own nonprofit organization

[Do Something](#): Youth-Led Movement for Good

[Give Well](#): Charities that save or improve lives the most per dollar

How to figure out your “super powers”/purpose

[Purpose Challenge](#): 4 twenty minute activities

Naviance AchieveWorks Assessments under the Self Discovery tab

11th Grade To Do or Continue Doing:

| | 9 th | 10 th | 11 th | 12 th |
|----------------|--|--|--|--|
| Inside School | Tryout clubs and activities | Choose one or two activities you want to commit to in high school Become an active participant! | Become a formal leader or plan an event within the club. Give back (fundraiser, collaboration) | As a leader, make responsible decisions that create an impact at school |
| Outside School | <ul style="list-style-type: none"> •Learn about community service opportunities •Continue outside activities of interest | <ul style="list-style-type: none"> •Commit to a volunteer opportunity for 1 hr a week •Continue outside activities of interest | <ul style="list-style-type: none"> •Continue volunteering •Continue outside activities of interest | <ul style="list-style-type: none"> •Continue Volunteering •Continue outside activities of interest |

It is not too late to get involved!

GROWTH → → → → → → → → → → → →

Creating a College List

What kind of schools are out there?

Which ones fit you best?

4. School Fit: Stages of Creating a List

- **Informing** – Learn characteristics that colleges offer **AND**
 - What characteristics do you want in a college?
- **Exploring** – Researching colleges on College Board's Big Future or Naviance, visiting schools, attending college virtual visits at Sequoia and in the area
- **Defining** – Beginning of senior year, students should have list of 12-15
- **Shaping** – By October of senior year, list should be no more than 9 colleges – look at admissibility and ability to complete applications

Stage 1 Informing: What do schools offer?

Students empower yourselves to learn and know about schools (don't focus on the name of the school at this point)

- Try not to settle for: *I want to go to Stanford because it is a good school*
- Instead think about: *What does Stanford have to offer me and my interests, future goals and beyond?*

Learn about the general characteristics different schools offer

- Small, big, rural, liberal arts, research institute

“College is a match to be made, not a prize to be won” - Frank Sachs,
Director of College Counseling at the Blake School & Former
President of NACAC

How to “Inform” Yourself

- Sign up for College Representative visits at Sequoia (listed on Naviance) - can also be found in our weekly newsletter
- Sign up for college representative visits in the area- (check newsletter)
- Attend college fairs
 - (check newsletter)



Local Events: Go to College Website To Find Upcoming Events or Find in Weekly Newsletter



You are invited to a Virtual Counselor Session with representatives from **Columbia University**, the **University of Chicago**, the **University of Texas at Austin**, the **University of Michigan**, and **Yale University**. The representatives will discuss news and notes from their campuses and will engage in a conversation about selective college admissions and financial aid.

Stage 2: Exploring

How to find colleges with the characteristics you want

- Look at the website and check for virtual visits/information sessions
- Also look at the “Student Profile” on school’s website
- Add colleges on your Naviance account under “colleges I’m thinking about” – so you don’t forget

Exploring

From Pomona College's website:

With an average size of 14, most classes here are taught as seminars, in which the professor serves not as the source of all knowledge, but as a participant in a common search for understanding. In the lively discussions that are the heart of these classes, you will be free to draw your own conclusions and express and defend your own ideas.

Make Yourself Known

“DEMONSTRATED INTEREST”

Contact schools –

- Sign up on school’s websites;

This can get you on the radar of possible visit in the area!

The screenshot displays the Tufts University website with a blue header. The header includes the Tufts logo, 'Undergraduate Admissions', and navigation links for 'Apply', 'Visit', 'Academics', 'Life at Tufts', 'Tuition & Aid', and 'Tufts Blogs'. A search icon is located on the right. Below the header, a large banner features the word 'JUMBO' in white on a dark blue background, with the text 'FULL COURT PRESS Student-Athletes in Unlikely Places' and a 'Read the Article' link. To the right of the banner, there is a section titled 'Medieval R...' with a 'Learn More' button. Below the banner, a blue bar contains the text 'eduStyle Awards have spoken! Welc...'. The main content area is divided into three columns. The left column, titled 'FEATURED BLOG POSTS', features a post titled 'Matchup: Edinburgh vs. Boston' by Brian Pilchik, with a 'Read The Entire Post' button. The middle column, titled 'IMPORTANT DATES', lists 'Nov 1. Early Decision Deadline I' and 'Jan 3. Early Decision II / Regular Decision Deadline'. The right column, titled 'HELPFUL RESOURCES', lists 'Plan Your Visit', 'Contact an Officer', 'Track Your Application', and 'Join the Mailing List'. At the bottom, there is a section titled 'When in Greek...' by Hayden Lizotte.

Tufts Undergraduate Admissions Apply Visit Academics Life at Tufts Tuition & Aid Tufts Blogs

JUMBO
FULL COURT PRESS
Student-Athletes in Unlikely Places
[Read the Article](#)

Medieval R...
The role of medieva...
of a German nation...
and early twentieth...
adaptations of the I...
Middle-High German...
material by Hebbel...
[Learn More](#)

eduStyle Awards have spoken! Welc...

FEATURED BLOG POSTS

Matchup: Edinburgh vs. Boston
by Brian Pilchik
Granted, 10 days in any country probably isn't enough time to develop a thorough understanding. Yet, with the novelty of British phrases and coinage still fresh in my mind...
[Read The Entire Post](#)

IMPORTANT DATES

Nov 1. Early Decision Deadline I

Jan 3. Early Decision II / Regular Decision Deadline

HELPFUL RESOURCES

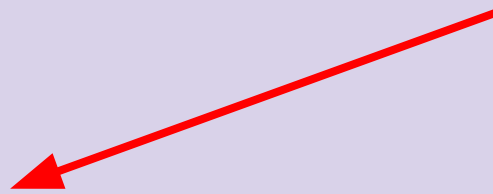
- [Plan Your Visit](#)
- [Contact an Officer](#)
- [Track Your Application](#)
- [Join the Mailing List](#)

When in Greek...
by Hayden Lizotte

Using Naviance

**How Do You Use Naviance as a
Junior?**

Naviance **Colleges** tab:



Naviance

Home Self-Discovery Careers **Colleges** Planner

Terri's Future Planning

Plan Your Future

College Home

Find Your fit

SuperMatch College Search

College Match

College Events

Scattergrams

Advanced College Search

College Lookup

Research Colleges

Colleges I'm Thinking About

College Visits

College Compare

College Resources

Acceptance History

Enrichment Programs

College Maps

Apply to College

Colleges I'm Applying to

Letters of Recommendation

Test Scores

Scholarships & Money

College-Specific Scholarships

National Scholarship Search

Scholarship Search

Favorite Scholarships

Tasks from My School

| Task Or To-Do | Priority | Date |
|--|----------|----------|
| <input checked="" type="checkbox"/> Complete Class of 2018 Senior Exit Survey Task | None | 07/15/24 |
| <input checked="" type="checkbox"/> Class of 2016 Senior Exit Survey Task | None | |

What's New

The George Washington University will be visiting your school on Tuesday, September

- Add new colleges to **Colleges I'm Thinking About** (research using **Scattergrams**)
- Sign up for a **College Visit**
- Research Scholarships on **Scholarship List**

Naviance **About Me** tab:

The screenshot shows the Naviance 'About Me' tab. The top navigation bar includes 'Home', 'Self-Discovery', 'Careers', 'Colleges', 'Planner', and 'About me'. The 'About me' tab is active, and a dropdown menu is open, listing options: 'About me home', 'Documents and notes', 'Document resources', 'Resume', 'Goals', 'Portfolio', 'Journal', 'Test scores', and 'Documents shared with me'. A red arrow points to the 'About me' tab in the top bar. Another red arrow points to the 'Resume' option in the dropdown menu. A third red arrow points to the 'TV' icon in the top right corner. The main content area on the left shows a 'No Path Selected' message with a 'Select Path' button. The right sidebar contains 'Surveys' (with sub-items 'Surveys from your school' and 'Game plan survey') and a section titled 'this tool that allows mission process. It i /ith you. Every Navi eck your email regu tiis/Yeager where al on is presented. Op ships, and scholars! f with this program.' Below this is a signature block: 'Regards, The Counseling Department and College & Career Center' with a link 'Additional Information from Yo'.

Update: **Resume**

Complete Required Surveys: **Surveys from Your School**

– Counselor, LOR and Senior Exit Survey (includes requesting final transcripts)

Colleges I'm Thinking About

If the school is on your list and visits SHS you will be emailed

Find out more information by clicking on these links

The screenshot shows a web interface for managing college interests. At the top, a green confirmation banner states '1 colleges successfully added'. Below this is a header 'Colleges I'm thinking about' with a search bar. A sidebar on the left contains 'Quick Links' and 'MY COLLEGES'. The main area features a table of colleges with columns for College, Delivery type, Added By, Expected Difficulty, Application Deadlines, and Interest. A red arrow points to the 'MORE' button for the first college, which has opened a dropdown menu with options: 'SEND AN EMAIL', 'SCATTERGRAMS', 'VISIT WEBSITE', and 'MORE'.

Confirmation
1 colleges successfully added

Colleges I'm thinking about Search for colleges

+ Add Colleges to List Compare Me

UPDATE INTEREST MOVE TO APPLICATION LIST REMOVE + = extended profile available

| College | Delivery type | Added By | Expected Difficulty* | Application Deadlines | Interest |
|---|---------------|----------|----------------------|------------------------------------|----------|
| <input type="checkbox"/> California State Polytechnic University-Pomona | | Student | N/A | Other (Fall Admission) 30 November | N/A |
| <input type="checkbox"/> University of Michigan-Ann Arbor | | Student | N/A | Multiple Deadlines | N/A |
| <input type="checkbox"/> University of Southern California - School of Cinematic Arts | | Student | N/A | N/A | N/A |

MY COLLEGES

Upcoming college events

Colleges match

Colleges Visits

Colleges I'm thinking about

Colleges I'm applying to

Letters of recommendation

SEND AN EMAIL

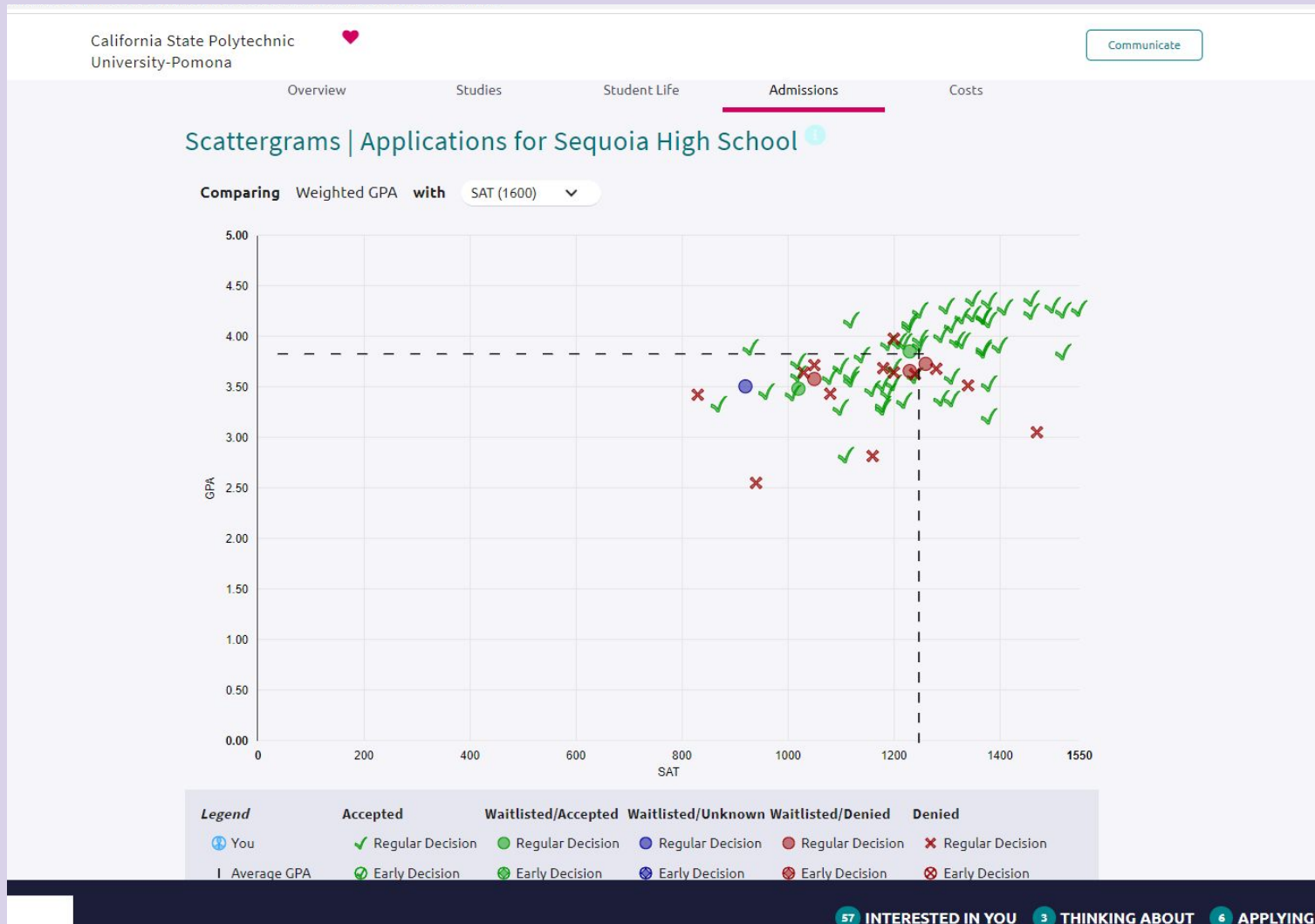
SCATTERGRAMS

VISIT WEBSITE

MORE

Colleges I'm Thinking About

Scattergrams compares you to SHS grads



Sign Up for a College Visit at SHS

The screenshot shows the Naviance Student interface. The top navigation bar includes 'English', 'Give feedback', 'new messages', and 'LOG OUT'. The main header has 'Naviance | Student' and a navigation menu with 'Home', 'Colleges', 'Careers', 'About Me', and 'My Planner'. A left sidebar contains 'Quick Links' and 'MY COLLEGES' sections. The 'College Visits' section on the right lists five upcoming visits with dates, times, and 'Register Now' buttons. A red arrow points to the 'Register Now' button for Lehigh University.

| Month | Date | Time | College | Location | Register By | Action |
|-----------|--------|---------|-----------------------------|-------------------------------------|---------------------------------|--------------|
| AUGUST | Tue 28 | 10:30AM | Lehigh University | College and Career Center, Room 115 | Tuesday, Aug 28 2018, 12:30PM | Register Now |
| AUGUST | Thu 30 | 09:30AM | University of Delaware | College and Career Center, Room 115 | Wednesday, Aug 29 2018, 11:30AM | Register Now |
| SEPTEMBER | Tue 04 | 02:15PM | Azusa Pacific University | College and Career Center, Room 115 | Tuesday, Sep 4 2018, 04:15AM | Register Now |
| SEPTEMBER | Wed 05 | 08:00AM | University of San Francisco | College and Career Center, Room 115 | Tuesday, Sep 4 2018, 10:00AM | Register Now |
| SEPTEMBER | Wed 05 | 09:30AM | Carnegie Mellon University | College and Career Center, Room 115 | Tuesday, Sep 4 2018, 11:30AM | Register Now |

Click
Register Now

Students
need to ask
permission
from their
teacher to
attend a visit
during class

While students can attend visits to almost all colleges, when an admission officer schedules a visit with Sequoia he/she is mostly likely going to be reading your application if it is a private college.

Standardized Testing

Testing policies are constantly changing!

Students need to research each
individual college's policies

11th Grade Testing Timeline

| | How to Sign Up | 9 th | 10 th | 11 th | 12 th |
|---------------|---|-----------------|------------------|--|-------------------|
| PSAT | No registration Taken during school day | | | Oct 22 | |
| SAT Reasoning | Register on own www.sat.org or Take at School Day SAT | | | Spring March, May School Day - March 25th (subject to change) | Fall If needed |
| ACT | Register on own www.act.org Pay fee | | | Spring Feb, April | Fall If needed |
| IB | Register with Niño-Sears individually | | | April/May | April/May |

Test Optional Schools

- If you feel standardized exams do not represent who you are, you might want to think about schools that do not require exams.
- The list is always changing but Fair Test is a good site to look at
<http://fairtest.org/university/optional>

This year over 2070 4yr accredited colleges are test optional/free

PSAT/SAT SCHOOL DAY

- **PSAT** - all juniors will take on Wed, Oct 22
- **SAT School Day** - juniors must sign up with the College and Career Center
- Students need to use their **school issued Chromebook**
- Students have to **complete a Digital Readiness check** using Bluebook app
- Students are not required to create a College Board account but will need one in order to send scores in the future
- **Specific information will be in the newsletter**

Financial Aid

Financial Aid/Financial Fit – Start Now

- Every college website has a financial aid **Net Price Calculator**
- [Federal Student Aid Estimator](#) Will estimate your eligibility for Federal Student Aid
- Parents can look at financial aid available (Both Merit and Need Based) at different colleges
 - Merit – look at minimum GPA and SAT/ACT test scores
- [WUE](#) Western Undergraduate Exchange
- **Public colleges in the middle/southern parts of US** want California students – many good options like schools in the Big 12 and South East Conference (big football schools without the big price tag – Go Crimson Tide!)
- [Colleges That Change Lives](#) Offer college research that includes affordability

Four More Financial Aid Sites

Websites to Look At:

- [College Affordability and Transparency Center](#)
- [CollegeData](#)
- [College Board Pay for College](#)
- [MyinTuition](#)

Things to Think About Now!

- How are your **grades**? Do you have any D's or F's that would make you ineligible to apply for college?
- Plan out SAT or ACT (Do you need to take?)
- How competitive of an applicant am I?
- **Am I using the resources available to me at Sequoia and in my community?**
- Make a positive impact in community and classrooms
- Enter Contests and Scholarships in an area of interest
- During the 2nd Semester, What teacher could write my Letter of Recommendation?
- Use Naviance for both research and organization - Colleges I'm Thinking About and Resume

Figure out what you want and make a solid list by the end of your junior year

- **EVERY COLLEGE IS DIFFERENT!**

Junior Specific College Related Events 2025-2026 at SHS

October 22 - PSAT

November Recording- PSAT Passback: Understand Results and Next Steps

March 11 or 18 - Mandatory Meeting for Students Planning on Applying to a College that Requires Letters of Recommendation and/or School Report

March 25 - School Day SAT Test at SHS

Spring - Grades 9-11 Financial Aid Meeting (Date TBD)

April/May - College Camp Flex Sessions (Date TBD)

Summer College Camp - one day in June and three days in Aug

How We Can Help

- Students can make appointments
 - Best to wait until 2nd Semester after Senior Application Period is Over
- Please Attend SHS College Sponsored Events
 - Flex Sessions
 - Evening Presentations



College & Career
Preparedness



Academics & Art
Enrichment



Mental Health &
Wellness



SHSEF

SEQUOIA HIGH SCHOOL
EDUCATION FOUNDATION

- Support for High-Level IB Classes
- Credentialed College Counselor
- On-campus PSAT & SAT (11th)
- Equipment for IB Chemistry Lab and supplies for IB Art and other arts courses
- Release time for teachers to write college recommendations
- Funding for College Counselors to visit schools & promote Sequoia students
- After school math tutoring
- Teacher and student minigrants
- Mental Health Counselor

Help SHSEF reach its
\$650,000 fundraising
goal!

DONATE TODAY!



The logo of Sequoia High School, featuring a stylized 'S' inside a square frame, is centered in the background of the top banner.

¡Bienvenidos! Bienvenue! Welcome to **Sequoia High School's**
International Baccalaureate Programme

Junior IB Information Meeting
September 11, 2024

Your Sequoia IB Team



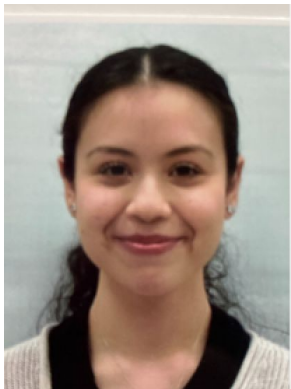
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College & Career
Preparedness



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Please visit our website

<https://www.sequoiahs.org/PARENTS--COMMUNITY/IB-Programme/index.html>

The screenshot shows a web browser displaying the Sequoia High School website. The address bar shows the URL: [sequoiahs.org/PARENTS--COMMUNITY/IB-Programme/index.html](https://www.sequoiahs.org/PARENTS--COMMUNITY/IB-Programme/index.html). The browser's tab bar includes several open tabs: "Inbox (206) - enin...", "Sequoia High Sch...", "Today: Todoist", "Sequoia Union Hig...", "ManageBac | Elisa...", "Sequoia Master S...", "Sequoia CA Live D...", and "My IB Home".

The website's header is a dark purple bar. It contains a search bar labeled "SEARCH SITE" with a magnifying glass icon. To the right of the search bar are navigation links: "DISTRICT", "SCHOOLS", "LANGUAGE", and a series of icons for "Naviance", "Calendar", "Staff Directory", "CANVAS", "Google Login", and "Infinite Campus".

Below the header is a large banner image of a school building surrounded by trees. On the left side of the banner is the Sequoia Union High School District logo, which is a circular emblem with a tree in the center and the words "SEQUOIA UNION HIGH SCHOOL DISTRICT" and "UNALUTY" around it. To the right of the logo, the text "Sequoia High School" is displayed in a large, dark purple font. Below this, the address "1201 Brewster Ave., Redwood City, CA 94062" and the phone number "650.367.9780" are listed.

Below the banner is a dark purple navigation bar with white text links: "HOME", "DEPARTMENT", "ABOUT", "PARENTS & COMMUNITY", "COUNSELING", "POLICIES", "RESOURCES", "STUDENT LIFE", and "9TH/NEW STUDENT ORIENTATION".

Below the navigation bar is a breadcrumb trail: "HOME > PARENTS & COMMUNITY > IB Programme".

The main content area is divided into two columns. The left column has a dark grey header with the text "PARENTS & COMMUNITY". Below this header is a list of links: "Guides for IC, Canvas & Zoom", "Freshman and New Student Orientation 2023-24/Orientación Para Estudiantes Nuevos y de 9º Grado", "Incoming 9th Graders/New Students", "8th Grade Shadowing Program", and "Assessment Calendar". The right column features a large blue banner with a stylized purple "S" logo in the background. The text on the banner reads: "¡Bienvenidos! Bienvenue! Welcome to Sequoia High School's International Baccalaureate Programme".

Sequoia IB Academic Integrity Policy

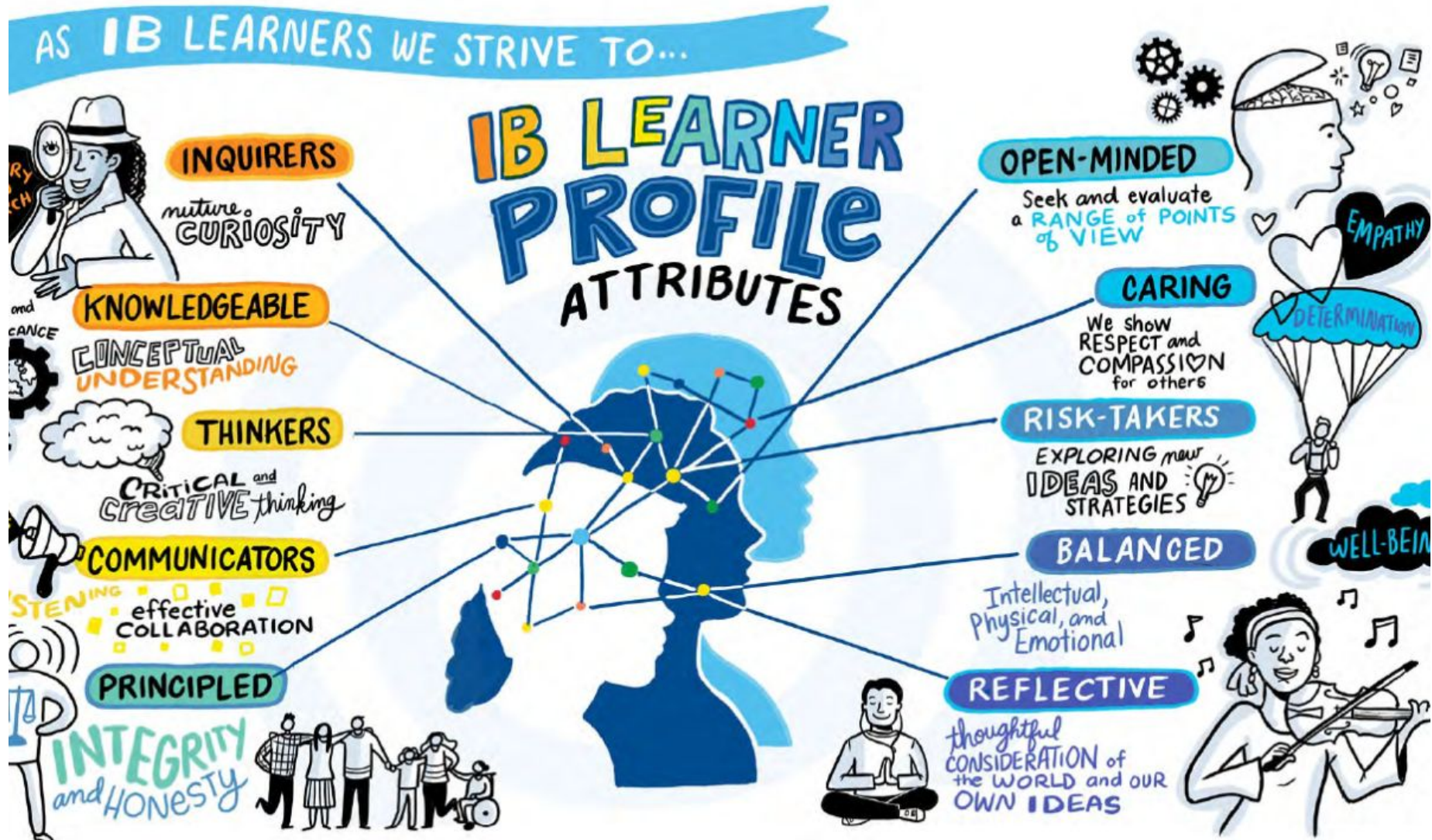


- All students participating in IB courses and programming required to read and sign the pledge.
- Policy includes updated guidance on the use of artificial intelligence.
- Policy available in English and Spanish on IB page on school website.
- Thank you for reviewing this important policy with your Sequoia student.

IB Terminology

- **IB** = International Baccalaureate
- **Anticipated Candidate** = 11th grader participating in full IB Diploma Program
- **Diploma Candidate (DP)** = 12th grader participating in full IB Diploma Program
- **Course Student** = A student taking one or more individual IB courses, not the full diploma
- **IB for All** = Sequoia believes every student should take at least one IB course before graduating

Why participate in IB at Sequoia?



Why participate in IB at Sequoia?

- IB prepares students with skills to be successful in college and beyond:
 - critical thinking
 - writing and communication (IOs)
 - independent research skills (IAs)
 - time management, and much more.
- Students develop an international perspective, appreciation of other cultures, viewpoints, truths.
- *Possible* credit in college, saving money and time.
- *Possible* placement in more advanced course in college.

Skills to take from IB

DePaul University's Brian Spittle




Help... my junior is struggling

- **Think through the challenge and find help.**
 - help your student learn how to reach out to staff *early*– email, talk in person
 - book time with counselors, TRC, with IB Office
 - tutorials, flex time, Varsity Tutoring, peer study groups
- **Try free tutoring**
 - Varsity Tutoring
 - Afterschool tutoring
 - Flex Period Help
 - Join or build a peer study group

Help... my junior is struggling

- **Test out some solutions: what's getting in the way?**
 - **Change where you do your homework!** Try the Library, Starbucks, The Media Center
 - **Break homework into smaller steps.** It's easier to tackle 4 pages of reading each night than panic staring at 30 pages on Sunday night when you have the Sunday scaries!
 - **Do 25 minutes of focused work at a time**– use a timer! Then take a 5 min break. Then back to 25 more min...
 - **Get homework done earlier** in the day, even 10 min here and there during the day can mean getting to bed earlier.
 - **Find a study buddy** for a weekly study session.
 - **Move the phone** somewhere else. Out of sight out of mind!

Help... my junior is struggling

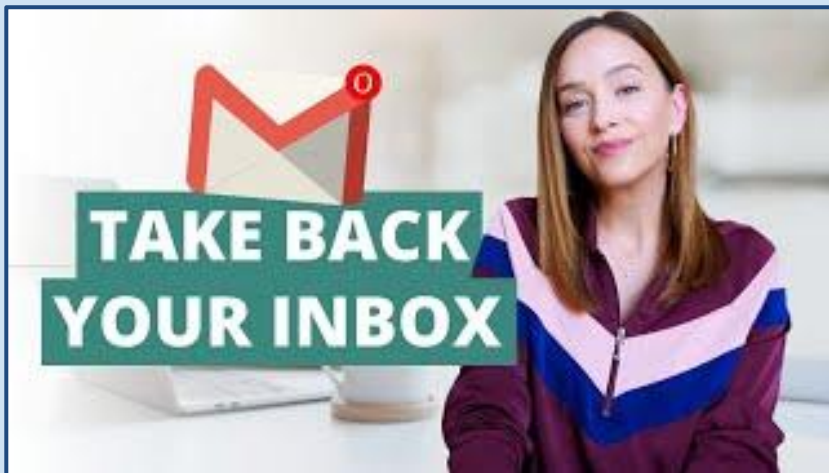
- **Listen to your student's concerns and decision if they arrive at the thoughtful conclusion that they need to adjust *out* of an IB Class.**
 - consider bandwidth, stress level, health
 - practice the skill of saying "no" to say "yes"
 - encourage them to talk to the teacher
 - encourage them to talk to their school counselor
 - *Send them to me in Room 130!* 

Tips to support your Junior

- **Coach your student** from the *sidelines*.
- **Learn together**, empathize, talk about failures and fixes.
 - set aside time to **process** email each day– to take *action*, not just *look* at it– plus a longer session on the weekend.
 - learn how to **manage** your email inbox so that it works for you – how to use filters, unsubscribe, change notification settings ([how to do that for Canvas](#)), separate email accounts.

Tips to support your Junior

Conquering email:



<https://youtu.be/LNjhlGg1h9k?si=aGeYEHXIHm6qQTQR>



<https://youtu.be/oLdHnWLbn4A?si=glrpeYqSnucj0wBd>

Tips to support your junior

Figure out what **calendar system** works *for you*.

- You **cannot** keep it all in your head anymore.
- You **cannot** rely on parents, Canvas, your teachers to remind you/manage your time.
 - put in all commitments and appointments into the calendar: block class time, work time for each subject, exercise, fun time, family time, chores, sleep!
 - add in helpful, timely reminders
 - troubleshoot, make changes if there are not enough hours in your day
 - productivity apps like Todoist, Notion, Google Tasks can help
 - paper calendars/planners? Wipe boards? iPhone alarms

Try it for a while, reflect on what works, what doesn't, adjust or try something new as needed.

IB & Assessment



What's in an IB Score?

Your final IB score is made up of:

1. Internal Assessments (IAs)

- Formal IB Assessments
- IAs are carried out by the IB Teacher throughout the entire course (1 or 2 years)
- IA assignments vary by course
- Example: IB English IAs = Individual Oral, HL Essay

2. Spring “May” Exams

- Exams vary by course
- Example: HL Eng= Paper 1 & 2 vs. HL History= Paper 1, 2 & 3

What are IAs?

Sequoia IB Diploma Student



Diego
Sequoia Class of 2021

Six IB Courses (3 HL/3 SL or 4 HL/2 SL)
Plus the IB DP Core

Group 1: Language A
(English Language & Literature)

Group 2: Language B Acquisition
(Spanish, French, SL or HL)

Group 3: Individuals & Societies
(History HL)

Group 4: Experimental Science
(Physics SL, ESS SL, Biology HL, soon)

Group 5: Mathematics
(Math Applications, Math Analysis)

Group 6: The Arts/Elective
(Visual Arts SL or HL, Psych Management SL, 2nd Science)

Extended Essay (2 year independent research paper)

CAS Highlight (Experiences/Project)

Theories of Knowledge (TOK) PT Essay

CAS Highlight (Experiences/Project)

Theories of Knowledge (TOK) PT Essay

CAS Highlight (Experiences/Project)

Theories of Knowledge (TOK) PT Essay

CAS Highlight (Experiences/Project)

Theories of Knowledge (TOK) PT Essay

Sequoia IB Diploma Students • S



Javier
Sequoia Class of 2021

Six IB Courses (3 HL/3 SL or 4 HL/2 SL)
Plus the IB DP Core

Group 1: Language A
(English Language & Literature)

Group 2: Language B Acquisition
(Spanish, French)

Group 3: Individuals & Societies
(History)

Group 4: Experimental Sciences
(Physics, ESS, Bio, Chem)

Group 5: Mathematics
(Math Applications, Math Analysis)

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Theories of Knowledge (TOK) PT Essay

CAS Highlight (Experiences/Project)

Theories of Knowledge (TOK) PT Essay

CAS Highlight (Experiences/Project)

Sequoia IB Diploma Student



Aminah
Sequoia Class of 2021

Six IB Courses (3 HL/3 SL or 4 HL/2 SL)
Plus the IB DP Core

Group 1: Language A
(English Language & Literature)

Group 2: Language B Acquisition
(Spanish, French, SL or HL)

Group 3: Individuals & Societies
(History HL)

Group 4: Experimental Sciences
(Physics SL, ESS SL, Biology, soon)

Group 5: Mathematics
(Math Applications, Math Analysis)

Group 6: The Arts/Elective
(Visual Arts SL or HL, Psych Management SL, 2nd Science)

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Theories of Knowledge (TOK) PT Essay

CAS Highlight (Experiences/Project)

Theories of Knowledge (TOK) PT Essay

CAS Highlight (Experiences/Project)

Theories of Knowledge (TOK) PT Essay

Sequoia IB Diploma Students • Sample IB DP Portfolios



Jessica
Sequoia Class of 2021

Six IB Courses (3 HL/3 SL or 4 HL/2 SL)
Plus the IB DP Core

Group 1: Language A
(English Language & Literature)

Group 2: Language B Acquisition
(Spanish, French)

Group 3: Individuals & Societies
(History)

Group 4: Experimental Sciences
(Physics, ESS, Bio, Chem)

Group 5: Mathematics
(Math Applications, Math Analysis)

Group 6: The Arts/Elective
(Visual Arts, Psychology, Business Management SL, 2nd Science)

Extended Essay (2 year independent research paper)

CAS Highlight (Experiences/Project)

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Theories of Knowledge (TOK) PT Essay

CAS Highlight (Experiences/Project)

Theories of Knowledge (TOK) PT Essay

CAS Highlight (Experiences/Project)

Sequoia IB Diploma Students • Sample IB DP Portfolios



Maya
Sequoia Class of 2021

Six IB Courses (3 HL/3 SL or 4 HL/2 SL)
Plus the IB DP Core

Group 1: Language A
(English Language & Literature)

Group 2: Language B Acquisition
(Spanish, French)

Group 3: Individuals & Societies
(History)

Group 4: Experimental Sciences
(Physics, ESS, Bio, Chem)

Group 5: Mathematics
(Math Applications, Math Analysis)

Group 6: The Arts/Elective
(Visual Arts, Psychology, Business Management SL, 2nd Science)

Extended Essay (2 year independent research paper)

CAS Highlight (Experiences/Project)

Theories of Knowledge (TOK) PT Essay

CAS Highlight (Experiences/Project)

Theories of Knowledge (TOK) PT Essay

CAS Highlight (Experiences/Project)

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Theories of Knowledge (TOK) PT Essay

CAS Highlight (Experiences/Project)

Theories of Knowledge (TOK) PT Essay

CAS Highlight (Experiences/Project)

Theories of Knowledge (TOK) PT Essay

Sequoia IB Diploma Students • Sample IB DP Portfolios



Naye
Sequoia Class of 2021

Six IB Courses (3 HL/3 SL or 4 HL/2 SL)
Plus the IB DP Core

Group 1: Language A
(English Language & Literature)

Group 2: Language B Acquisition
(Spanish, French)

Group 3: Individuals & Societies
(History)

Group 4: Experimental Sciences
(Physics, ESS, Bio, Chem)

Group 5: Mathematics
(Math Applications, Math Analysis)

Group 6: The Arts/Elective
(Visual Arts, Psychology, Business Management SL, 2nd Science)

Extended Essay (2 year independent research paper)

CAS Highlight (Experiences/Project)

Theories of Knowledge (TOK) PT Essay

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CAS Highlight (Experiences/Project)

Theories of Knowledge (TOK) PT Essay

CAS Highlight (Experiences/Project)

Theories of Knowledge (TOK) PT Essay

CAS Highlight (Experiences/Project)

Theories of Knowledge (TOK) PT Essay

Sequoia IB Diploma Students • Sample IB DP Portfolios



Wilson
Sequoia Class of 2022

Six IB Courses (3 HL/3 SL or 4 HL/2 SL)
Plus the IB DP Core

Group 1: Language A
(English Language & Literature)

Group 2: Language B Acquisition
(Spanish, French)

Group 3: Individuals & Societies
(History)

Group 4: Experimental Sciences
(Physics, ESS, Bio, Chem)

Group 5: Mathematics
(Math Applications, Math Analysis)

Group 6: The Arts/Elective
(Visual Arts, Psychology, Business Management SL, 2nd Science)

Extended Essay (2 year independent research paper)

CAS Highlight (Experiences/Project)

Theories of Knowledge (TOK) PT Essay

CAS Highlight (Experiences/Project)

Theories of Knowledge (TOK) PT Essay

CAS Highlight (Experiences/Project)

Theories of Knowledge (TOK) PT Essay

CAS Highlight (Experiences/Project)

Theories of Knowledge (TOK) PT Essay

| Titles of IB Internal Assessments & IB DP Core Work |
|--|
| Line of Inquiry, Perspective in Macbeth: How does the immoral attainment of power lead to insanity? |
| IO: Experiencias en la Playa (Spanish) |
| To what extent did the Peace Corps improve America's international image in the 1960s? |
| The Effect of Balloon Volume on Fall Time (Physics) |
| U.S. Presidential Election Investigation: How Accurate is the Public Opinion? |
| To what extent was Uber's influence needed to support the passage of California Proposition 22? |
| To what extent did LEGO violate their core values in order to save the company by obtaining the Star Wars license? |
| Co-organized a student IB CAS Recital comprised of duets and solos |
| How do human scientists and historians give knowledge meaning through the telling of stories? |

Sample IA topics from Alums



Wilson

Sequoia Class of 2022

**Six IB Courses (3 HL/3 SL or 4 HL/2 SL)
Plus the IB DP Core**

Group 1: Language A
(English Language & Literature)

Titles of IB Internal Assessments & IBDP Core Work

Line of Inquiry, Perspective in Macbeth: How does the immoral attainment of power lead to insanity?

Sample IA topics from Alums



Haylee

Sequoia Class of 2024

**Six IB Courses (3 HL/3 SL or 4 HL/2 SL)
Plus the IB DP Core**

Titles of IB Internal Assessments & IBDP Core Work

Group 2: Language B Acquisition
(Spanish, French. SL or HL)

IO: Experiencias de Migración (Spanish)

Sample IA topics from Alums



Logan

Sequoia Class of 2021

| Six IB Courses (3 HL/3 SL or 4 HL/2 SL) Plus the IB DP Core | Titles of IB Internal Assessments & IBDP Core Work |
|--|---|
| Group 3: Individuals & Societies (History) | To what extent were the actions taken by the House Un-American Activities Committee in pursuing and convicting the Hollywood Ten justified? |

Sample IA topics from Alums



Nayeli

Sequoia Class of 2022

| Six IB Courses (3 HL/3 SL or 4 HL/2 SL) Plus the IB DP Core | Titles of IB Internal Assessments & IBDP Core Work |
|--|--|
| Group 4: Experimental Sciences (Physics, ESS, Bio, Chem) | How does vegetation in different ecosystems affect turbidity levels of water in different locations in the Bay Area? (Ess) |

Sample IA topics from Alums



Javier

Sequoia Class of 2021

| Six IB Courses (3 HL/3 SL or 4 HL/2 SL) Plus the IB DP Core | Titles of IB Internal Assessments & IBDP Core Work |
|---|--|
| Group 5: Mathematics (Math Applications, Math Analysis) | The Effect of Signing Star Major League Baseball Players on Teammates' Performance |

Sample IA topics from Alums



Maya

Sequoia Class of 2021

**Six IB Courses (3 HL/3 SL or 4 HL/2 SL)
Plus the IB DP Core**

Group 6: The Arts/Elective

(Visual Arts, Psychology, Business Management, 2nd
Science)

Titles of IB Internal Assessments & IBDP Core Work

To what extent does the decision to buy Fitbit increase
Google's platform in the healthcare industry?(Business
Management)

Sample IA topics from Alums



Jessica

Sequoia Class of 2023

**Six IB Courses (3 HL/3 SL or 4 HL/2 SL)
Plus the IB DP Core**

Titles of IB Internal Assessments & IBDP Core Work

Group 6: The Arts/Elective

(Visual Arts, Psychology, Business Management, 2nd Science)

Moments in Time: Comparative Study of Sangwon, Afremov, and Mitchell's paintings (Visual Art)

Sample IA topics from Alums



Diego

Sequoia Class of 2023

| Six IB Courses (3 HL/3 SL or 4 HL/2 SL) Plus the IB DP Core | Titles of IB Internal Assessments & IBDP Core Work |
|---|---|
| Group 6: The Arts/Elective (Visual Arts SL or HL, Psychology SL, Business Management SL, 2nd Science) | The Effect of Schema Categorization on Episodic Memory (Psychology) |

IA Late Work Policy

- **IAs are due when they are due.** No exceptions.
- IAs include oral assessments (IOs).
- If any IA is not turned in on the due date, it cannot be submitted to the IB organization. Students will have an incomplete assessment (N grade) for that subject area.
- Students who receive extended time on assessments through a 504 or IEP will receive (if needed) 72 additional hours to turn in an official IA without penalty.
 - The 72 hours starts at the time the IA was due and includes non-school days. For example: IA due Friday 2nd period (8:30 AM) so IA is due following Monday at 8:30 AM.

IA Due Dates

- Please **visit this page to see all of Sequoia's IB IA deadlines for this school year.**

(Link coming soon to these slides and to website!)

- Find *your* classes, copy *those* key due dates into your family and personal calendars to make sure you don't run into trouble with timing conflicts.

- Aim to complete your IA early so that if an emergency happens, you won't be late!

| | | | | DUE: Internal SEQ IB Deadline |
|--------------------|-----------------|--------------------------------|---|--|
| Date | Subject | Responsible | Action | * Subject to adjustments by IB Teacher |
| August | | | | |
| | IB Diploma CORE | DP '25 Students | CAS Reflections due (all 3) | August 1 @ 5:00pm |
| 8/14 | | | First Day of Classes | |
| 8/29 | | | Back to School Night? | |
| 8/30 | | | Minimum Day | |
| September | | | | |
| Month of September | | All IB Students | Students read, sign and submit Academic Integrity Policy & Pledge to IB Office via Google Form. | October 1 |
| 9/2 | | | Labor Day Holiday No School | |
| 9/11 | | | Minimum Day | |
| 9/13 | | | Q1 Progress Reports due | |
| 9/30 | | | Last day to add any class or last day to drop without penalty on transcript. | |
| 9/30 | | | Professional Development Day | |
| October | | | | |
| | IB Diploma CORE | DP '25 & DP'26 Students | CAS Reflections due (all 3) | October 1 @ 5:00pm |
| 10/11 | | | Q1 Grades Due | |
| 10/14 | | | Indigenous Peoples Day | |
| 10/29 | | | Minimum Day | |
| | | Parents/Students | Spring Exam Accommodations Applications + Supporting Documentation due to IB Office (504) | October 16 |
| | IB Diploma CORE | DP '25 Students | Final Extended Essay Due | October 28 |
| November | | | | |
| 11/1 | | | Last day to drop an IB class in a testing year | |
| 11/8 | | | Q2 progress reports due | |
| 11/11 | | | Veterans Day Observed | |
| 11/13 | | | Last day to drop any class with penalty on transcript | |
| | | IB Students Taking Spring Exam | IB Exam Fee Payment due to Treasurer | November 15 |

Spring Exams for Juniors

- Students can take up to 2 SL exams junior year.
- SL level only (No HL exams until senior year)
- Only courses juniors can possibly test in:
 - IB Physics SL
 - IB Business & Management SL
 - IB Psychology SL
 - IB Chemistry SL
 - IB Math Applications SL/ HL Y1 – only if not continuing w/ HL Y2 in 12th
 - IB Math Analysis SL/ HL Y1 – only if not continuing w/ HL Y2 in 12th

I'm in IB Math Year 1 – should I test?

- All 11th graders in SL/ HL Y1 have the option to test SL in 11th **IF** they do not want to pursue IB Math HL Y2 in 12th.
- Students pursuing a STEM field should take HL in 12th.
- The only option during 12th besides IB Math is Data Science.
- Students should take 4 years of math.
- We also value student choice and availability of options for best fit.
- Students can choose to take a community college math course instead in 12th through Concurrent Enrollment.
- If a student decides to test in SL in 11th, but *does* continue to the HL course, that's ok! It's great practice! They will sit for the HL exam in 12th and will rewrite their IA.

IB Spring Exams

- The IB experience includes completing IB coursework, submitting IAs and sitting for spring exams.
- IB Exams will take place at Sequoia, in person, weekdays from **April 28th through May 20th, 2026.**
 - There are no make up exam dates.
 - Do not schedule travel, sports, religious or family events during these weekdays.
 - Stay healthy. We will help you if you feel unwell.
- Exam days and times are available on our IB Page on the school website as [a chart listed in rows](#) or in [month calendar format](#).

IB Spring Exams



SEQUOIA HS • IB SPRING EXAM SCHEDULE • 2026

| MON | TUE | WED | THU | FRI |
|--|--|---|---|---|
| APRIL 27 <i>No exams</i> | 28 <i>No exam am</i> Physics SL, Paper One, 12:30–3:15pm | 29 Physics SL, Paper Two, 8:30–11:15am Bus. Management SL, Paper One, 12:30–3:15pm | 30 Business Management SL, Paper Two, 8:30–11:15am ESS SL, Paper One, 12:30–3:00pm | MAY 1 <i>No exams</i> |
| 4 ESS SL, Paper Two, 8:30–12:00pm <i>History HL, Papers One & Two, 12:30–5:30pm</i> | 5 History HL Paper Three, 8:30am–1:00pm <i>No exam pm</i> | 6 <i>No exam am</i> Psychology SL, Paper One, 12:30–4:00pm | 7 Psychology SL, Paper Two, 8:30–11:00am English Lang & Lit HL, Paper 1, 12:30–4:30pm | 8 English Lang & Lit HL, Paper Two, 8:30am–12:00pm <i>No exam pm</i> |
| 11 <i>No exam am</i> Biology HL, Paper One, 12:30–4:00pm | 12 Biology HL Paper Two, 8:30am–12:45pm <i>No exam pm</i> | 13 <i>No exam am</i> Spanish SL&HL, Papers One & Two (Reading), 12:30–5:00pm | 14 Spanish SL&HL, Paper Two (Listen), 8:30–11:00am <i>Math Analysis SL&HL, Math Apps SL&HL, Paper 1, 12:30–4:15pm</i> | 15 Math Ana SL&HL, & Math Apps SL&HL, Paper Two, 8:30–12:00pm <i>Chemistry SL, Paper One, 12:30–3:30 pm</i> |
| 18 Chemistry SL, Paper Two, 8:30–11:15am <i>No exam pm</i> | 19 <i>No exam am</i> French SL&HL, Papers One & Two (Reading), 12:30–5:15pm | 20 French SL&HL, Paper 2 (Listening), 8:30–11:00am <i>Math Analysis HL, and Math Apps HL, Paper Three, 12:30–3:00pm</i> | <ul style="list-style-type: none"> • Room locations TBD. • Arrive at exam room 10–15 min before start time. • Exams may run late-- please plan accordingly. • All students released from exam room at same time. <i>No one can exit early.</i> • No make-up exams or alternate dates/times. • Prom is scheduled for Sat. May 2nd | |

IB Exam Scores

- IB scores on a scale of 1 – 7
- 4–7 = passing scores
- N score= A student is missing an exam component (from May or from IA). Non passing.
- Exam results released to students in early July.
- For those headed to college, exam scores released to colleges electronically mid-July.
- Diplomas and certificates are available in IB Office at the end of August, beginning of September.

IB Spring Exams – We need your help



Parents, we are counting on you!

Please plan on donating one or two half days to
Sequoia during exam month

April 28th through May 20th, 2026.

You will receive an email in March asking you to sign
up to assist with one or two exams.

IB Exam Registration



How do students sign up for exams?

- The IB Office be registering students for exams in September during flex and sometimes in your IB Classes.
- Watch for flex assignments or an email with flex instructions.

IB Registration Process

- Deadline to register is November 1, 2025.
- Any changes to IB registration due by November 1st
 - Contact the IB Office with changes.
- IB exam letters with exact fees/invoice will be mailed in September and October
- IB does not offer any make-up or alternate exam dates.
- Remember, November 1st is an important deadline. After that date, students enrolled in IB course in a testing year will remain in that course till the end of the school year.

IB Exam Fees

| Number of Exams | Total Exam Fee \$ | Total FRPL Exam Fee \$ (Only for students who qualify for FRPL) |
|------------------------|--------------------------|---|
| 1 | 140 | 25 |
| 2 | 280 | 50 |
| 3 | 420 | 75 |
| 4 | 560 | 100 |
| 5 | 700 | 125 |
| 6 | 840 | 150 |

Additional IB Fees

If you are in the Diploma Program, you do not pay CAS, EE, TOK fees.

IB exam letters with this year's exact fees will be mailed in September and October.

IB Spring Exam Payment

- Payment is due **by** November 15th
- Payment by:
 - **Check** made out to “Sequoia High School”
 - Put student’s name and IB Exam(s) on memo line
 - Mail to: Sequoia High School IB Program
Attention: Linda Gordon, Treasurer
1201 Brewster Ave., Redwood City, CA 94062
 - **Cash:**
 - Bring cash payment to Linda Gordon in Treasurer’s Office
 - Request a receipt
 - **Online via MySchoolBucks:**
 - Instructions available soon.
 - Do **not** pay on Infinite Campus

Payment Help

- Students in “Free Reduced Price Lunch” program this school year qualify for reduced exam costs this school year.
 - Sign up in the Family Center today! Contact Ms. Macias at (650) 367-9780 Ext. 63110 or by email emacias@seq.org.
 - Complete your “meal application” here: <https://www.seq.org/STUDENTS--PARENTS/Online-Services/Meal-Applications/index.html>
- If your family applied for FRPL but does not qualify, and yet has special financial circumstances, please contact IB Office so we can make alternate arrangements for payment. We can set up payment plans.

IEP & 504 Plans: Accommodations for Spring Exams



IB Exam Accommodations

IAs

- 504/IEP students can access 72-hour extension on IAs.
 - The 72-hour extension starts at the time the IA was due and includes non-school days. (eg. IA due Friday 2nd period which starts at 8:30 AM so IA is due Monday at 8:30 AM.)
- Students with IEP/504s are encouraged to meet with their teachers at the time the IA is *assigned* to map out their IA plan to reduce stress.

IB Exam Accommodations

Spring IB Exams

- Students must apply for exam accommodations through the IB Office.
- Students are not guaranteed the same accommodations they receive in their Sequoia 504/IEP.
- Testing accommodation decisions are made by the IB organization.
- Approved accommodations cover student for both junior and senior year. You only need to apply once.

Applying for IB Exam Accommodations

Per IB Policy, the following items are due to the IB Office no later than Oct 15th:

1. A psychological/psycho-educational/medical report is required from a licensed professional including the diagnosis and test/techniques used.
2. Educational evidence (504 or IEP in place prior).
3. IB Application for Special Needs Assessment Form completed by licensed professional.

Click [HERE](#) for specific instructions on how to apply.

IB Diploma Student: What do I need?



Diploma Award Requirements

Reasons a student would not be awarded the Diploma:

1. CAS requirements have not been met.
2. Candidate's total points are fewer than 24.
3. An N has been given for theory of knowledge, extended essay or for a contributing subject.
4. A grade E has been awarded for one or both of theory of knowledge and the extended essay.
5. There is a grade 1 awarded in a subject/level.

Diploma Award Requirements

Reasons a student would not be awarded Diploma (continued):

6. Grade 2 has been awarded three or more times (HL or SL).
7. Grade 3 or below has been awarded four or more times (HL or SL).
8. Candidate has gained fewer than 12 points on HL subjects (for candidates who register for four HL subjects, the three highest grades count).
9. Candidate has gained fewer than 9 points on SL subjects (candidates who register for two SL subjects must gain at least 5 points at SL).

IB & College



Research: College IB Policies & Scholarships

IB University Credit Policy

- If college credits are important to you, research IB credit policy in your college search
- Ask college reps, “What is your IB credit policy?” or look up on the university website
- Varies university by university
 - Even varies within university systems (ex: UC)
 - Even varies by major and department

IB Specific Scholarships

- Ask college reps, “Do you have any IB scholarships?” or look up on the financial aid university website

Advanced Placement (AP): **Caution**

Sequoia High School does not administer AP Exams.

If a student is self-studying for AP, they need to find their own location to take those tests.

The College and Career Center does not recommend self-studying and taking AP tests for subjects offered at Sequoia in IB, at any level of IB. For students who are applying to international programs, they should consult with the College and Career Center immediately.

Advanced Placement (AP): **Caution**

We are aware that in the community, people are giving advice that you must take AP tests to be competitive in college admissions. **This is contrary to all conversations with college admissions representatives.**

Colleges are evaluating you based on the context of the school you go to.

“But someone told me an AP score at the end of junior year helps me with showing my skills/talents?” If your IB course is a two year course, colleges are looking at your course schedule and grades you receive. They are not looking for an AP or IB exam score at the end of junior year. Better to spend your energy doing a GREAT job in your IB course.

Thank you!

This presentation will be available soon on Sequoia's Website.

Please feel free to log off or continue for general Q&A.

For individual questions, please contact:

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IB Coordinator

eninosears@seq.org

Joel Rebello (he/him)

College & Career Advisor

jrebello@seq.org

Teresa Yeager (she/her/ella)

College & Career Advisor

tyeager@seq.org