

# PE Teachers & Aquatics Coaches



Register for 2025/2026 Lifeguard Training Class

(619) 644-8181 There are limited spots available per course.

## Lifeguard Training Dates

### Recertification Courses:

July 25th & 26th  
August 4th & 5th  
January 29 & 30th

A portion of this recertification is done online (approx. 4-5 hours) and must be completed **prior to the start** of the first in person meeting.

### Full Lifeguard Certification Courses:

August 6th, 7th, & 8th  
October 24th, 25th, & 26th

A portion of this recertification is done online (approx. 8-10 hours) and must be completed **prior to the start** of the first in person meeting.

**This will be a blended learning class that includes: Lifeguard Training, CPR for the Professional Rescuer and First Aid**