



RMSEL Field Notes

Week of 1/12/26

“We are crew, not passengers”

Important Dates

January

1/16- Leaders and Achievers 7-7:30am, invite only

1/16- Broncos Spirit Day

1/19- MLK Jr. Day NO SCHOOL

1/20- Study Short Cuts (MS and HS students and parents) 4-5pm, room 201

1/22- High School Information night for all prospective high school students and their families, 3:30 - 4:15 in the Community Room

1/26- Chipotle Dining Night Out

Tiff's Riff's – Executive Director Update

Dear RMSEL Community,

Huge shout out to the Teacher Appreciation Committee for providing the RMSEL staff with an amazing winter celebration at the Punch Bowl Social. Staff was able to connect, play games, bowl, and share a meal last Thursday. This was such an incredible relationship building opportunity that would not have been possible without the hard work of this committee. Thank you!!

From this point forward, we are combining the Executive Director Letter with Field Notes to avoid doubling the amount of documents parents and families have to click on to obtain weekly school-wide updates.

Click [HERE](#) for Semester 1 Parent/Guardian Feedback survey. Please complete by 1/16/26.

RMSEL Ripple Effect This Week

Small acts of kindness that make the world a better place

- High School Woodchoppers are headed to the Pine Ridge Reservation to deliver more life saving wood this week. This will be their 3rd delivery this school year.
- 6th Grade met with the 2nd & 3rd Grade buddies this week!

School Wide Events, Updates and Celebrations



BELAY FUND REQUEST

RMSEL Families are in need of a little extra support this year. Please donate to the Belay Fund if you can to provide financial support to other RMSEL Families by completing this [form](#) and submitting to Tiffany at talmon@rmisel.org.



High School Information Night

Thinking about RMSEL for your high school choice? Come to the High School Information night from 3:30 to 4:15 pm in the Community Room on 1/22/26



SAVE THE DATE- March 7, 6-9pm

RMSEL's largest (and most fun!), adult only fundraiser is just around the corner. Auction details coming soon. Get a sitter if you need one. We hope to see you there!

Denver Health Pediatrics at Denver Public Schools School-based Health



Our school-based health centers (SBHC) offer no-cost child and adolescent care. Services are available to any Denver Public Schools (DPS) student or sibling. These clinics offer convenient care that limits the amount of time students are out of class and parents/guardians have to be off work. Students can get same-day or next-day appointments.

SERVICES

- Well child checks
- Routine lab tests and immunizations
- Prescriptions and medications
- Care for chronic conditions like asthma and depression
- Health education
- Individual, group and family mental health counseling
- Drug and alcohol counseling
- Care for acute injury and illness
- Dental screenings, fillings, sealants, routine cleanings and X-rays (at select locations)

PARENTAL CONSENT

A parent or guardian must sign a consent form before their student may use SBHC services. Once this is done, the student can use clinics at any time during the current school year. Supporting family communication is a core value of Denver Health Pediatrics. Clinic staff encourage patients to discuss health care with their parents. To sign the consent form, use the QR code below. You can also sign a paper copy in our clinics.

In accordance with Colorado state law, SBHCs allow DPS students (if requested) to consent themselves into certain confidential services. This includes behavioral and reproductive/sexual health services. Parent or guardian consent is required for all

LOCATIONS

Abraham Lincoln
2285 S. Federal Blvd.
Bruce Randolph
3905 Steele St.
Dr. Martin Luther King Jr.
19535 E. 46th Ave.
East
1600 City Park
Esplanade
Evie Garrett Dennis
4800 Telluride St.
Florence Crittenton
65 S. Zuni St.
George Washington
655 S. Monaco Pkwy.
John F. Kennedy
2855 S. Lamar St.
Kepler
911 S. Hazel Ct.
Kunsmiller
2250 S. Quitman Way
Lake
1620 Lowell Blvd.
Manual
2000 E. 1st Ave.

Denver Health Pediatrics at Denver Public Schools: School-based Health

Need a prescription refill or physical? Check out NO COST services available to all RMSEL students [here!](#)



Show your Broncos Spirit on 1/16 as Denver heads to the playoffs! Wear your orange and blue and Broncos gear Jan 16th to support our home team!!!

January 12th marked our annual School Wide RMSEL Spelling Bee.

Thank you to Cody for the sound system and set up. Thanks to our judge, Melissa Dunsmore, co-organizer, Margaret Bierman, and pronouncer Mike Wheeler.

Students competed in a vigorous spelling bee. Words which catapulted spellers to the top include: *CONSCIENCE*, *GALORE*, *GERANIUM*, *SCHEMA*, *FRANKENSTEIN*, *SILHOUETTE*, AND *TUBERCULOSIS*.

RMSEL Spelling Bee winners:

1st Place: Michael B. (Jenny's crew)

2nd Place: Abby J. (Haley's crew)

3rd Place: Everett M. (Kate's crew)



Attendance Challenge!

We have partnered with the Colorado Rapids to reward and incentivize attendance here at RMSEL by giving students who attend school for 95% or more days, from January 12th - February 13th, a complimentary ticket to a Colorado Rapids match.

Students who qualify will receive a ticket link voucher to redeem their complimentary ticket. Additional tickets can be purchased at a discounted rate. Vouchers will be redeemable for qualifying Spring 2026 games.

Substitutes

Help our students (including yours!) thrive by joining our substitute teaching team. See the joy of learning up close and make a difference today! Great substitutes look just like you. With flexible hours and earning up to \$160 a day, substitute teaching is an ideal way to connect with the community and set students up for success.

- Becoming a Substitute Teacher is as easy as 1, 2, 3!
- Submit your fingerprints to CBI for CDE licensure
- Apply under the authorization type you qualify for (1, 3, or 5-year)
- Visit the RMSEL Main Office to apply!

To begin the process of being a substitute teacher in Colorado, visit cdeinfo.org/substitute. We look forward to seeing you in the classroom!

DINING NIGHT OUT

FUNDRAISER WITH CHIPOTLE

MONDAY, JAN 26TH

4 - 8 PM

Help raise funds for RMSEL while enjoying a night out with your family. **25% of all proceeds from the evening come back to RMSEL.** 4-8 PM Dine in or carry out at S.

Monaco location only. Mention at checkout that you are in with RMSEL fundraiser. For online orders use

code:

3BNEH73

820 S.
Monaco Pkwy
Unit 1B



Volunteer and Donations Needed Signup Links



College Pennants Needed

The high school is looking to celebrate the college experience and expose our students to the wide range of colleges and universities to choose from. We would like to highlight schools that RMSEL students have gone on to attend, as well as schools that our current teachers and staff have attended. Please help us decorate our halls by purchasing a University Pennant from the links [HERE](#). If you want to see your alma mater represented, feel free to add it to the list and send that too!



Crosswalk Duty: Sign up [HERE](#) to help kids safely cross the street before and after school.



Bagel Sign-Up: We need volunteers to run bagels from Einstein's at Yale and Colorado to the staff lounge, as well as **providing cream cheese** and cleaning up at the end of the week. To sign up, click [HERE](#).



Do you have landscape connections? If so, we are looking for a donation of 32 cubic feet of potting soil to fill our new planter boxes out front. Please email ptsc@rmsel.org.



Have extra file folders? Allie, our 2/3 Crew Leader, would love donations of file folders. If you are willing to donate please drop them off to her classroom anytime!



2/3 Crews are looking for parents who may be in the field of water. As they study water conservation they would love to arrange some exciting interviews and field work around water conservation. Please email Allie (asandler@rmsel.org) if you, or someone you know, might be in the field of water and able to help.

RMSEL Athletics



Girls Basketball:

Kicked off the season with tryouts. Everyone came and gave it their all and are gearing up for the start of the season. Parents of students on the girls basketball team, please make sure you get your payment in by Friday (1/16)!

Practices: Monday, Wednesday, and Thursday at 3:20-4:30 PM. Fridays from 6:00 am-7:10 am, please try and be there on time so your student is not waiting outside to be let in.

UPCOMING GAMES:

Thursday 1/29 AWAY Game @ Southeast Christian School

Varsity start time @ 4:15pm JV start time @ 5:15pm

Address for Game: 9650 Jordan Rd, Parker, Co 80134

Tuesday 2/3 AWAY Game @ Legacy

Varsity start time @ 4:15pm JV start time @ 5:15pm

Address for Game: 1975 Legacy Circle, Elizabeth, Co 80107 (Legacy GYM entrance is through the blue double doors located on the (BACK) SE side of the school. Red Gym signs are up to help)

Tuesday 2/5 AWAY Game against Renaissance Secondary School @ Frontier Center

Varsity start time @ 4:00pm JV start time @ 5:00pm

Address for Game: 589 S Banner St, Elizabeth, CO 80107

RMSEL Bits and Pieces

- [Building hours](#)
- [Attendance](#)
- [Belay Fund](#)
- [Email changes](#)
- [Fundraising links](#)
- [Volunteer and Bus Certification](#)
- [Order a yard sign](#)
- [Lost and Found Information](#)
- [Clothing Donation Bin](#)
- [Digital Directory](#)
- [Service Hours](#)
- [PTSC website and links](#)
- [Order clothing labels](#)
- [Recommended Gear List](#)