



Buena Vista Middle School Breakfast and Lunch Menu

Week of June 1st-June 4th (Free for Students) (Week 2)
Menu created by Ordo - Made fresh daily by On the Roll Catering



Breakfast 1

☞ Breakfast
Cinnamon Toast Crunch & String Cheese with Applesauce
Peanut free Vegetarian
Seafood free Tree-nut free
Egg free Sesame free
Whole Grain



Breakfast 2

☞ Breakfast
Cinnamon Rice Chex with Applesauce
Vegan Peanut free Vegetarian
Gluten free Seafood free
Tree-nut free Soy free
Dairy free Egg free
Sesame free Whole Grain



Breakfast 3

☞ Breakfast
English Muffin & Jam with Applesauce
Vegan Peanut free Vegetarian
Seafood free Tree-nut free
Dairy free Egg free
Sesame free Whole Grain



Lunch 1

☞ Lunch
Grilled Cheese with Baked Beans & Apple (K-8)
Peanut free Vegetarian
Seafood free Tree-nut free
Sesame free Whole Grain



Lunch 2

☞ Lunch
BBQ Pork Sandwich with Baked Beans & Apple (K-8)
Peanut free Seafood free
Tree-nut free Dairy free
Egg free Whole Grain



Breakfast 1

☞ Breakfast
Housemade Blueberry Granola Bar with Pear
Peanut free Vegetarian
Seafood free Tree-nut free
Soy free Sesame free
Whole Grain



Breakfast 2

☞ Breakfast
Cinnamon Toast Crunch & String Cheese with Pear
Peanut free Vegetarian
Seafood free Tree-nut free
Egg free Sesame free
Whole Grain



Breakfast 3

☞ Breakfast
Cinnamon Rice Chex with Pear
Vegan Peanut free Vegetarian
Gluten free Seafood free
Tree-nut free Soy free
Dairy free Egg free
Sesame free Whole Grain



Lunch 1

☞ Lunch
Edamame & Veggie Fried Rice with Fresh Green Beans & Orange Wedges (K-8)
Vegan Peanut free Vegetarian
Seafood free Tree-nut free
Dairy free Egg free
Sesame free Whole Grain



Lunch 2

☞ Lunch
Chicken & Veggie Fried Rice with Fresh Green Beans & Orange Wedges (K-8)
Peanut free Seafood free
Tree-nut free Dairy free
Egg free Sesame free
Whole Grain

 <p>Breakfast 1</p>	 <p>Breakfast 2</p>	 <p>Breakfast 3</p>	 <p>Lunch 1</p>	 <p>Lunch 2</p>
<p>☞ Breakfast Whole Grain Snickerdoodle Muffin with Orange Wedges</p> <p>Peanut free Vegetarian</p> <p>Seafood free Tree-nut free</p> <p>Soy free Sesame free</p> <p>Whole Grain</p>	<p>☞ Breakfast Cinnamon Toast Crunch & String Cheese with Orange Wedges</p> <p>Peanut free Vegetarian</p> <p>Seafood free Tree-nut free</p> <p>Egg free Sesame free</p> <p>Whole Grain</p>	<p>☞ Breakfast Cinnamon Rice Chex with Orange Wedges</p> <p>Vegan Peanut free Vegetarian</p> <p>Gluten free Seafood free</p> <p>Tree-nut free Soy free</p> <p>Dairy free Egg free</p> <p>Sesame free Whole Grain</p>	<p>☞ Lunch Cheesy Baked Pasta with Steamed Broccoli & Apple (K-8)</p> <p>Peanut free Vegetarian</p> <p>Seafood free Tree-nut free</p> <p>Soy free Egg free Sesame free</p> <p>Whole Grain</p>	<p>☞ Lunch Italian Meat Sauce over Penne with Steamed Broccoli & Apple (K-8)</p> <p>Peanut free Seafood free</p> <p>Tree-nut free Dairy free</p> <p>Egg free Sesame free</p> <p>Whole Grain</p>

 <p>Breakfast 1</p>	 <p>Breakfast 2</p>	 <p>Breakfast 3</p>	 <p>Lunch 1</p>	 <p>Lunch 2</p>
<p>☞ Breakfast Cinnamon Rice Chex with Apple</p> <p>Peanut free Vegetarian</p> <p>Gluten free Seafood free</p> <p>Tree-nut free Soy free</p> <p>Dairy free Egg free</p> <p>Sesame free Whole Grain</p>	<p>☞ Breakfast Housemade Maple Oat Bar with Apple</p> <p>Peanut free Vegetarian</p> <p>Seafood free Tree-nut free</p> <p>Soy free Sesame free</p> <p>Whole Grain</p>	<p>☞ Breakfast Cinnamon Toast Crunch & String Cheese with Apple</p> <p>Peanut free Vegetarian</p> <p>Seafood free Tree-nut free</p> <p>Egg free Sesame free</p> <p>Whole Grain</p>	<p>☞ Lunch Cheese Quesadilla with Baby Carrots & Banana (K-8)</p> <p>Peanut free Vegetarian</p> <p>Seafood free Tree-nut free</p> <p>Egg free Sesame free</p> <p>Whole Grain</p>	<p>☞ Lunch Chicken Nuggets & Whole Grain Roll with Baby Carrots & Banana (K-8)</p> <p>Peanut free Tree-nut free</p> <p>Whole Grain</p>

All meals are prepared utilizing a novel approach developed and managed by Ordo Inc. All district meals are prepared by On the Go Catering. The vast majority of meals are made from scratch daily, meet the strict USDA standards for the National School Lunch Program, and provide a superior experience compared to traditional, district-prepared meals. For more information, please contact Bernard Burchette, Chief Business Official, at bburchette@susd.net or 831-455-2550 x 333.